



# Cougar News



## IMPORTANT DATES TO REMEMBER:

**Friday 9/24-  
Picture Day**  
<https://www.clixne.com/>  
 Click "Order Here"  
 Click "K-12 Schools"  
 Keyword: Rochester

**Meadow Farms  
Fundraiser-Sale ends  
10/7**  
[Shop Meadow Farms](#)

**Friday 10/1-  
Popcorn Friday**  
 \$0.50/bag

**Tuesday 10/5- COTM**  
 9:30 Grades K-2  
 10:00 Grades 3-5

**Monday 10/11-  
No School**

**September 24, 2021**



**School Hours: 8 am - 3 pm**

**Christine Hebert, Principal**  
**East Rochester School**  
 773 Portland Street, Rochester, NH 03868  
 Phone (603) 332-2146  
[www.rochesterschools.com/o/ers/](http://www.rochesterschools.com/o/ers/)  
[Twitter](#) @ERSchoolnh

## Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

## FUN FACT:

The Preschool, REACH, is located on our campus.

## Lunch Menu Link

[MENU](#)

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.

# Meadow Farms Fundraising

**“helping our youth in fundraising”**

**Watch for the Meadow Farms Fundraiser to come home  
today with your child.**

**The fundraiser ends on Thursday October 7th**

**Shop online [here](#)**

**ERS PTA is bringing back Popcorn Friday and the School Store. They  
are looking for volunteers. Please contact**

**[ptaeastrochester@gmail.com](mailto:ptaeastrochester@gmail.com) or on**

**Facebook @ ERSPTA**



## **Promoting Outdoor Play/ POP!**

an initiative of the Strafford Regional Planning Commission (SRPC), encourages children and families to get outdoors and explore Strafford County. They have an interactive map and other cool elements like a Passport Program for visiting different locations (*see flyer and website for more details*). More information on POP! Can be found on their website at

[strafford.org/services/POP.php](http://strafford.org/services/POP.php)

# New MTSS Role Out

## Hallway Travelers

## Hawaii Theme



Students are earning Gold Coins for their Treasure Pail when demonstrating positive hallway behaviors. Once we reach our target, students will have a popsicle party and extra recess. Look at the "Progress Pineapple" (below) hung up in the cafeteria, they earned a lot of treasure in just one day!

