

Sheridan School District

Quarterly Wellness Meeting

SHS Hospitality Room
September 15, 2021



[SSD Vision and Mission](#)

[District Wellness Policy](#)

[Wellness Committee Requirements](#)

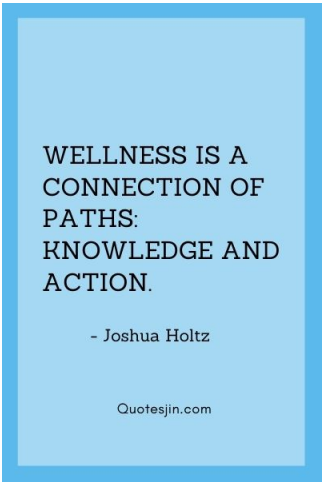
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Facilitator	Topic	Intended Results	Minutes
Alisa Gray	Welcome	Welcome committee members and review the agenda	<ul style="list-style-type: none">• Introduction of new committee members
Alisa Gray	Good Things!	Provide an opportunity to learn more about our team members	<ul style="list-style-type: none">• Daughter's academic achievement - reading growth!• Grandparent announcements - new grandbabies due in the new year!!
Lincoln Daniels	Food Policy	<ul style="list-style-type: none">• Review district food policy<ul style="list-style-type: none">◦ Adult price change	<u>District Food Policy</u> <ul style="list-style-type: none">• Goal of committee is to promote wellness of student body• Wellness Committee and roles• School Health Coordinator will assist in ensuring the District fulfills the requirements• Implement a grade appropriate nutrition education program that will develop an awareness of and appreciation for nutrition and physical activity throughout the curriculum• Follow the Arkansas Physical Education and Health Education Frameworks in grades K-12• Provide professional

			<p>development to all district staff on the topics of nutrition and/or physical activity</p> <ul style="list-style-type: none"> • Utilize the School Health Index available from the CDC to assess how well the district is doing at implementing this wellness policy and at promoting a healthy environment for its students • Food/Beverages must meet food smart snack requirements • Website requirements <ul style="list-style-type: none"> • Adult meal prices increased from \$3.85 to \$4.00
Brandon Douglas	Food Services	<ul style="list-style-type: none"> • Review upcoming school menus Nutrislice Menus • Share district food service updates 	<ul style="list-style-type: none"> • Reviewed online menus <ul style="list-style-type: none"> ○ Adult/Teacher menus will be published online ○ Student meals will be FREE for the 21-22 school year ○ Product non-availability; working with suppliers for substitute items/bulk ordering ○ Continue to review students likes/dislikes to modify menus ○ October menu will be uploaded by the end of the day • District Food Service Updates <ul style="list-style-type: none"> ○ SSD is doing better than surrounding districts ○ Catering/concessions may look a little different; excited about possible menu updates. <ul style="list-style-type: none"> ■ Money from

			<p>catering/concessions will stay in the Food Service Dept to purchase machinery/replenish supplies, etc</p> <ul style="list-style-type: none"> ○ Look at healthy options on menu ○ Utilize deli station at SHS better ○ Kudos to the food service team for an excellent job in teamwork, food preparation and presentation, and quality of cleanliness of kitchen and equipment
Janet Stockton	District News	<ul style="list-style-type: none"> ● Share any new policies and/or procedures 	<ul style="list-style-type: none"> ● Epipens/Narcan available at each building if needed
Alisa Gray	School-Based Health	<ul style="list-style-type: none"> ● District updates ● District Health and Wellness Plan 	<ul style="list-style-type: none"> ● The School Based Health Center is now open!!! <ul style="list-style-type: none"> ○ Is open on Tuesdays and Thursdays ○ Has been fully booked or overbooked ○ Requesting extra days to be open ● Public View/Feedback <ul style="list-style-type: none"> ○ Publicize exactly what services are available to students/staff ○ Students must have parental consent before treated ● Health and Wellness Plan - Please review the policy for your reference. We will look deeper into the plan at the next meeting in November.
Alisa Gray	Health and Wellness Requirements	<ul style="list-style-type: none"> ● Wellness Committee Requirements ● Review the school plan requirements for Indistar 	<p>Hints for Health and Wellness Plans</p> <ul style="list-style-type: none"> ● Alisa Gray will review submissions upon

		<ul style="list-style-type: none"> Plans to be submitted by Oct. 1, 2021. Required modules for the School Health Index <ul style="list-style-type: none"> Module 1- School Health Policies and Environment Module 2- Health Education Module 3 - Physical Education Module 4 - Nutrition Services Module 10 - Family Engagement Module 11 - Community Involvement Complete modules and submit before March 1, 2022 	<p>request</p> <ul style="list-style-type: none"> Brainstorm for ideas to combine involvement of health/wellness of student/staff PD Possibility of Health/Wellness website page
Alisa Gray	Launch	<p>Next Meeting Focus: Physical Education Curriculum</p> <p>Nov 10, 2021 - PE/Nutrition/Curriculum Rhonda Bell/Mike Moore - Pacing Guides for elementary and secondary schools</p> <p>January 26, 2022</p> <p>March 16, 2022</p>	

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Name/Campus Representing	Signature
Janet Stockton, EEE School Nurse Building Level Wellness Coordinator	
Beverly Long, SES Assistant Principal Building Level Wellness Coordinator	
Angie Walters, GT Coordinator -EEI Building Level Wellness Coordinator	
Rhonda Bell, SIS PE Teacher Building Level Wellness Coordinator	
Alan Westfall, EMS Assistant Principal Building Level Wellness Coordinator	
Mike Moore , SMS PE Teacher and Coach Building Level Wellness Coordinator	
Kim Scarbrough, SHS Assistant Principal Building Level Wellness Coordinator	

Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	
Brandon Douglas Food Service/Chartwell's	
Bryce Lunday School Board Representative	
Lauren Goins Parent Representative	
Julie Mayberry Community Representative	
Abby Stockton SHS Student Representative	
Ruthie Reaves SHS Student Representative	

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SCHOOL DISTRICT

Inspire. Empower. Serve.

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Mike Moore , SMS PE Teacher and Coach Building Level Wellness Coordinator	Mike Moore
Kim Scarbrough, SHS Assistant Principal Building Level Wellness Coordinator	Kim Scarbrough
Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	Lincoln Daniels
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	Alisa Gray

Brandon Douglas Food Service/Chartwell's	In attendance but didn't sign in
Bryce Lunday School Board Representative	
Lauren Goins Parent Representative	
Julie Mayberry Community Representative	
Abby Stockton SHS Student Representative	Abby Stockton
Ruthie Reaves SHS Student Representative	Ruthie Reaves