

October 2021

HIGH SCHOOL

Breakfast and Lunch Free – includes Milk (Milk Only: \$.50)
 Contact: Barbara Albi at 686-5009 OR 686-5010

MENUS SUBJECT TO
 CHANGE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LOOKING FOR A PART TIME JOB?
 We are accepting applications for Food Service Workers.
 Please see Depew Website or call for information
 686-5009 or 686-5010



4
CHICKEN AND CHEDDAR CHEESE WRAP
 Carrot Sticks
 Ranch Dressing
 Blue Berry Cup
 Ice Cold Milk

5
TACO (pork) IN A BAG / Mexican
 Seasoned Rice
 Savory Baked Beans
Sweet Peaches
 Ice Cold Milk

6
TURKEY MEATBALL SUB
 Baked French Fries
 Roasted Broccoli
Strawberry Cup
 Ice Cold Milk

7
BREADED PORK CHOP / Gravy
 Sweet Potatoes
 Dinner Roll
"Home Grown" Cabbage Coleslaw
 Applesauce / Milk

8
BREADED MOZZARELLA STICKS with Dipping Sauce
 Dinner Roll / Green Beans / Sliced Apples
 Milk

11
NO SCHOOL COLUMBUS DAY

12
TACO DELUXE
 Seasoned Rice
 Savory Baked Beans
Fresh Pears
 Ice Cold Milk

13
MINI CORN DOGS
 Pasta Salad
 Sweet Carrots
Bag of Apple Slices
 Ice Cold Milk

14
NY THURSDAY HOT DOG ON A BUN
 Oven Roasted Baby Potatoes
"Home Grown" Cabbage Coleslaw
 Welch's Slushy
 Ice Cold Milk

15
TURKEY AND CHEESE SUB With **Lettuce and Tomato**
 Cold Sweet Beets
 100% Juice
 Ice Cold Milk

18
CHICKEN SALAD PITA BREAD
 Carrot Sticks
 Ranch Dressing
 Sliced Apples
 Ice Cold Milk

19
NACHO GRANDE WITH TOSTITO
 CHIPS / Seasoned Rice / Savory Baked Beans
Fresh Pears / Milk

20
HAM & CHEDDAR CHEESE SUB
Lettuce and Tomato
 Roasted Broccoli
 Applesauce Cup
 Ice Cold Milk

21
BBQ PORK ON A BUN
 French Fries
Roasted Fresh Squash
Fresh Apple
 Ice Cold Milk

22
POPCORN CHICKEN
 Bag of Cheetos
 Dinner Roll
 Garbanzo Bean Salad
 Diced Peaches
 Ice Cold Milk

25
EGG, Turkey Ham & CHEESE ENGLISH MUFFIN SANDWICH
 Hash Brown Patty
 Steamed Broccoli
 Ice Cold Milk

26
"HOMEMADE" PIZZA SUB
 Sweet Carrots
 Chilled Diced Pears
 Ice Cold Milk

27
FRENCH TOAST STICKS & SAUSAGE
 Hash Brown Patty
 Mixed Vegetables
 100% Fruit Juice
 Ice Cold Milk

28
SPAGHETTI & MEATSAUCE
 Garlic Bread
 Green Beans
Chilled Peaches
 Ice Cold Milk

29
 Happy Halloween
"Chilling" Chicken Finger Sub / "Batty"
Baked Beans / "Frightning" Fruit / "Spider Web"
 Funnel Cakes
"Dracula's Drink" Milk

AVAILABLE DAILY: CHOOSE ONE:

- *Menu Lunch
- *Spicy Chicken WRAP – M & W
- *Chicken Patty – T
- *Steak Burger - Fridays
- *Cheese Pizza
- *PBJ Sandwich Lunch
- *Vegetable Platter
- *Salad Plate
- *Yogurt Platter

***All Lunches must include a Fruit or Vegetable, may take up to two of each daily.
FRESH FRUIT BASKET AVAILABLE EVERY DAY

Choice of Milk :
 1%, Skim or Chocolate Skim
 1%, Skim or Chocolate

BREAKFAST available daily and includes:
Choice of Milk:
 1%, Skim or Chocolate Skim

Choice of Fresh Fruit or 100% Fruit Juice:
 (Breakfast must include at least one or more fruit items, may take two)

And Choice of Bread Item:
 Bagel, Cereal, Muffin, Super Donut Or English Muffin Sandwich

This institution is an equal opportunity provider and employer