

# October 2021

## MIDDLE SCHOOL

Breakfast and Lunch Free – includes Milk (Milk Only: \$.50)

Contact: Barbara Albi at 686-5009 OR 686-5010

**MENUS SUBJECT TO CHANGE**

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**LOOKING FOR A PART TIME JOB?**  
We are accepting applications for Food Service Workers.  
Please see Depew Website or call for information  
686-5009 or 686-5010



**CHEESEBURGER** 1  
ON A BUN  
Baked French Fries  
"Home Grown" Corn  
on the Cob  
Sliced Apples  
Ice Cold Milk

**CHICKEN AND CHEDDAR CHEESE WRAP** 4  
Carrot Sticks  
Ranch Dressing  
Blue Berry Cup  
Ice Cold Milk

**TACO (pork) IN A BAG** / Mexican 5  
Seasoned Rice  
Savory Baked Beans  
Sweet Peaches  
Ice Cold Milk

**TURKEY MEATBALL SUB** 6  
Baked French Fries  
Roasted Broccoli  
Strawberry Cup  
Ice Cold Milk

**BREADED PORK CHOP** / Gravy 7  
Sweet Potatoes  
Dinner Roll  
"Home Grown" Cabbage  
Coleslaw  
Applesauce / Milk

**BREADED MOZZARELLA STICKS** with 8  
Dipping Sauce  
Dinner Roll / Green Beans / Sliced Apples  
Milk

**NO SCHOOL COLUMBUS DAY** 11

**TACO DELUXE** 12  
Seasoned Rice  
Savory Baked Beans  
Fresh Pears  
Ice Cold Milk

**MINI CORN DOGS** 13  
Pasta Salad  
Sweet Carrots  
Bag of Apple Slices  
Ice Cold Milk

**NY THURSDAY HOT DOG ON A BUN** 14  
Oven Roasted Baby Potatoes  
"Home Grown" Cabbage  
Coleslaw  
Welch's Slushy / Milk  
Ice Cold Milk

**TURKEY AND CHEESE SUB** With 15  
Lettuce and Tomato  
Cold Sweet Beets  
100% Juice  
Ice Cold Milk

**CHICKEN SALAD PITA BREAD** 18  
Carrot Sticks  
Ranch Dressing  
Sliced Apples  
Ice Cold Milk

**NACHO GRANDE WITH TOSTITO** 19  
CHIPS / Seasoned Rice / Savory Baked Beans  
Fresh Pears / Milk

**HAM & CHEDDAR CHEESE SUB** 20  
Lettuce and Tomato  
Roasted Broccoli  
Applesauce Cup  
Ice Cold Milk

**BBQ PORK ON A BUN** 21  
French Fries  
Roasted Fresh Squash  
Fresh Apple  
Ice Cold Milk

**POPCORN CHICKEN** 22  
Bag of Cheetos  
Dinner Roll  
Garbanzo Bean Salad  
Diced Peaches  
Ice Cold Milk

**EGG, Turkey Ham & CHEESE ENGLISH MUFFIN SANDWICH** 25  
Hash Brown Patty  
Steamed Broccoli  
Ice Cold Milk

**"HOMEMADE" PIZZA SUB** 26  
Sweet Carrots  
Chilled Diced Peaches  
Ice Cold Milk

**FRENCH TOAST STICKS & SAUSAGE** 27  
Hash Brown Patty  
Mixed Vegetables  
100% Fruit Juice  
Ice Cold Milk

**SPAGHETTI & MEATSAUCE** 28  
Garlic Bread  
Green Beans  
Chilled Peaches  
Ice Cold Milk

**Happy Halloween "Chilling" Chicken** 29  
Finger Sub / "Batty"  
Baked Beans / "Frightning"  
Fruit / "Spider Web"  
Funnel Cakes  
"Dracula's Drink" Milk

#### AVAILABLE DAILY: CHOOSE ONE:

- \*Menu Lunch
- \*Chicken Patty - W & F
- \*Hamburger – T
- \*Cheese Pizza
- \*PBJ Sandwich Lunch
- \*Vegetable Platter
- \*Salad Plate
- \*Yogurt Platter
- \*Soup and Sandwich

\*\*\*All Lunches must include a Fruit or Vegetable, may take up to two of each daily.

#### FRESH FRUIT BASKET AVAILABLE EVERY DAY

Choice of Milk:  
1%, Skim or Chocolate Skim

BREAKFAST  
Available daily and includes:  
Choice of Milk:  
1%, Skim or Chocolate Skim

Choice of Fresh Fruit or 100% Fruit Juice:  
(Breakfast must include at least one or more fruit items, may take two)

And Choice of Bread Item:  
Bagel, Cereal, Muffin, Super Donut Or English muffin Sandwich

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**This institution is an equal opportunity provider and employer**