

# Beebe Public Schools

Oct 1, 2021 thru Oct 29, 2021

## Base Menu Spreadsheet

Pre K & Headstart lunch

## Portion Values - Detailed

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|                             | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-----------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 10/01/2021            |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Pre K & Headstart lunch     | Total        | 171       |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Chicken nuggets             | servings     | 171       | 240         | 20          | 270       | 3.00      | 1.80      | 40.0       | 0          | 0.0        | 1          | 13.0      | 16.0     | 14.0      | 2.50      | 0.00                    |
| Green beans, canned         | 1/4 cup      | 171       | 13          | 0           | 133       | 1.61      | 0.57      | 24.6       | 227        | 3.03       | *N/A*      | 0.81      | 2.74     | 0.02      | 0.02      | 0.00                    |
| Orange wedges               | 1/4 cup      | 171       | 23          | 0           | 0         | 1.15      | 0.05      | 19.2       | 108        | 25.54      | 4          | 0.45      | 5.64     | 0.06      | 0.01      | 0.00                    |
| Milk, Pre-K                 | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*      | 8.5       | 18.5     | 1.25      | 0.75      | 0.00                    |
| KETCHUP: individual         | 1 each       | 171       | 10          | 0           | 25        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 3.0      | 0.0       | 0.00      | 0.00                    |
| Juice (milk allergies only) | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*      | 0.55      | 13.56    | 0.06      | 0.01      | *0.00                   |
| Weighted Daily Average      |              |           | 406         | 27          | 558       | *5.76     | *2.42     | *383.9     | *836       | 30.48      | *5         | 22.77     | 45.96    | 15.33     | 3.28      | *0.00                   |
| % of Calories               |              |           |             |             |           |           |           |            |            |            | *5.4%      | 22.4%     | 45.3%    | 34.0%     | 7.3%      | *0.0%                   |
| Nutrient Guideline          |              |           | 550-650     |             | 1230      |           |           |            |            |            |            |           |          | <=30.0    | <10.00    |                         |

|                             |           |     |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
|-----------------------------|-----------|-----|---------|----|------|-------|-------|--------|------|-------|-------|-------|-------|--------|--------|-------|
| Mon - 10/04/2021            |           |     |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
| Pre K & Headstart lunch     | Total     | 187 |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
| Grilled cheese roll up      | 2 each    | 171 | 441     | 51 | 808  | 4.00  | *1.44 | *80.0  | *0   | *0.0  | *2    | 18.12 | 36.05 | 26.7   | 13.36  | 0.00  |
| Tater Tots                  | 1/2 cup   | 171 | 136     | 0  | 281  | 1.70  | 0.61  | *N/A*  | 0    | *N/A* | *N/A* | 1.7   | 16.16 | 6.8    | 0.00   | 0.00  |
| Fruit cocktail, Ex lt syrup | 1/4 cup   | 171 | 30      | 0  | 5    | 0.00  | 0.00  | 0.0    | 101  | 0.61  | 6     | 0.0   | 8.59  | 0.0    | 0.00   | 0.00  |
| Milk, Pre-K                 | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500  | 1.8   | *N/A* | 8.5   | 18.5  | 1.25   | 0.75   | 0.00  |
| Juice (milk allergies only) | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23  | 18.36 | *N/A* | 0.55  | 13.56 | 0.06   | 0.01   | *0.00 |
| Weighted Daily Average      |           |     | 666     | 53 | 1119 | *5.21 | *1.88 | *347.5 | *550 | *2.30 | *7    | 25.90 | 72.58 | 31.78  | 12.91  | *0.00 |
| % of Calories               |           |     |         |    |      |       |       |        |      |       | *4.2% | 15.6% | 43.6% | 43.0%  | 17.5%  | *0.0% |
| Nutrient Guideline          |           |     | 550-650 |    | 1230 |       |       |        |      |       |       |       |       | <=30.0 | <10.00 |       |

|                                |           |     |         |    |      |       |       |        |       |       |        |       |       |        |        |       |
|--------------------------------|-----------|-----|---------|----|------|-------|-------|--------|-------|-------|--------|-------|-------|--------|--------|-------|
| Tue - 10/05/2021               |           |     |         |    |      |       |       |        |       |       |        |       |       |        |        |       |
| Pre K & Headstart lunch        | Total     | 171 |         |    |      |       |       |        |       |       |        |       |       |        |        |       |
| Macaroni & cheese              | 2/3 CUP   | 171 | 408     | 58 | 988  | 0.95  | 1.10  | 530.7  | 553   | 0.92  | *9     | 22.17 | 30.48 | 21.79  | 13.08  | *0.00 |
| Broccoli cuts: frozen, steamed | 1/4 cup   | 171 | 16      | 0  | 11   | 1.09  | 0.00  | 10.9   | 0     | 16.42 | *N/A*  | 1.09  | 2.19  | 0.0    | 0.00   | 0.00  |
| Peaches, canned, Ex Lt syrup   | 1/4 cup   | 171 | 30      | 0  | 2    | 0.50  | 0.00  | 0.0    | 32    | 0.0   | 6      | 0.0   | 6.96  | 0.0    | 0.00   | 0.00  |
| Milk, Pre-K                    | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500   | 1.8   | *N/A*  | 8.5   | 18.5  | 1.25   | 0.75   | 0.00  |
| Juice (milk allergies only)    | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23   | 18.36 | *N/A*  | 0.55  | 13.56 | 0.06   | 0.01   | *0.00 |
| Weighted Daily Average         |           |     | 574     | 65 | 1132 | *2.54 | *1.10 | *841.7 | *1086 | 19.25 | *15    | 31.76 | 58.21 | 23.04  | 13.83  | *0.00 |
| % of Calories                  |           |     |         |    |      |       |       |        |       |       | *10.4% | 22.1% | 40.6% | 36.1%  | 21.7%  | *0.0% |
| Nutrient Guideline             |           |     | 550-650 |    | 1230 |       |       |        |       |       |        |       |       | <=30.0 | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Beebe Public Schools

Oct 1, 2021 thru Oct 29, 2021

## Base Menu Spreadsheet

Pre K & Headstart lunch

## Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 10/06/2021                     |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Pre K & Headstart lunch              | Total        | 171       |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Beef taco (crunchy)                  | 1 Each       | 171       | 143         | 24          | 83        | 1.30      | 1.19      | 87.6       | 1179       | 5.61       | *1         | 8.55      | 9.38     | 7.78      | 3.02      | *0.25                   |
| Refried beans, Santiago              | 1/4 cup      | 171       | 91          | 0           | 329       | 5.03      | 1.21      | 29.8       | 0          | 0.5        | 0          | 5.03      | 15.59    | 0.75      | 0.25      | 0.00                    |
| Fruit cocktail, Ex It syrup          | 1/4 cup      | 171       | 30          | 0           | 5         | 0.00      | 0.00      | 0.0        | 101        | 0.61       | 6          | 0.0       | 8.59     | 0.0       | 0.00      | 0.00                    |
| Milk, Pre-K                          | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*      | 8.5       | 18.5     | 1.25      | 0.75      | 0.00                    |
| Juice (milk allergies only)          | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*      | 0.55      | 13.56    | 0.06      | 0.01      | *0.00                   |
| Weighted Daily Average % of Calories |              |           | 384         | 31          | 547       | *6.33     | *2.40     | *417.5     | *1781      | 8.62       | *6         | 22.08     | 52.14    | 9.79      | 4.02      | *0.25                   |
|                                      |              |           |             |             |           |           |           |            |            |            | *6.4%      | 23.0%     | 54.3%    | 22.9%     | 9.4%      | *0.6%                   |
| Nutrient Guideline                   |              |           | 550-650     |             | 1230      |           |           |            |            |            |            |           |          | <=30.0    | <10.00    |                         |

|                                      |            |     |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
|--------------------------------------|------------|-----|---------|----|------|-------|-------|--------|------|-------|-------|-------|-------|--------|--------|-------|
| Thu - 10/07/2021                     |            |     |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
| Pre K & Headstart lunch              | Total      | 171 |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
| Chicken nuggets                      | servings   | 171 | 240     | 20 | 270  | 3.00  | 1.80  | 40.0   | 0    | 0.0   | 1     | 13.0  | 16.0  | 14.0   | 2.50   | 0.00  |
| Mashed potatoes                      | 1/2 cup    | 171 | 75      | 0  | 265  | 1.25  | 0.22  | 15.3   | 0    | 0.0   | 1     | 1.25  | 16.22 | 1.25   | 1.25   | 0.00  |
| Strawberry applesauce                | 1/4 cup    | 171 | 52      | 0  | 19   | 0.53  | 0.97  | 0.1    | 0    | 1.28  | *2    | 0.18  | 13.28 | 0.0    | 0.00   | *0.00 |
| Roll, WW 1 oz.                       | 1 oz. roll | 171 | 83      | 4  | 102  | 1.46  | 0.69  | 6.9    | 10   | 0.01  | *2    | 2.46  | 13.51 | 2.43   | 0.59   | *0.00 |
| Milk, Pre-K                          | HALF PINT  | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500  | 1.8   | *N/A* | 8.5   | 18.5  | 1.25   | 0.75   | 0.00  |
| Juice (milk allergies only)          | 2 cartons  | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23  | 18.36 | *N/A* | 0.55  | 13.56 | 0.06   | 0.01   | *0.00 |
| Weighted Daily Average % of Calories |            |     | 571     | 31 | 785  | *6.24 | *3.68 | *362.3 | *510 | 3.20  | *6    | 25.39 | 77.58 | 18.93  | 5.08   | *0.00 |
|                                      |            |     |         |    |      |       |       |        |      |       | *4.1% | 17.8% | 54.4% | 29.8%  | 8.0%   | *0.0% |
| Nutrient Guideline                   |            |     | 550-650 |    | 1230 |       |       |        |      |       |       |       |       | <=30.0 | <10.00 |       |

|                             |           |     |     |    |     |       |       |       |     |       |       |      |       |      |      |       |
|-----------------------------|-----------|-----|-----|----|-----|-------|-------|-------|-----|-------|-------|------|-------|------|------|-------|
| Fri - 10/08/2021            |           |     |     |    |     |       |       |       |     |       |       |      |       |      |      |       |
| Pre K & Headstart lunch     | Total     | 171 |     |    |     |       |       |       |     |       |       |      |       |      |      |       |
| Breaded mozzarella sticks   | Servings  | 171 | 310 | 15 | 540 | 0.00  | 1.62  | 375.0 | 0   | 0.0   | 3     | 19.5 | 33.0  | 12.0 | 3.75 | 0.00  |
| Pinto beans, canned         | 1/4 cup   | 171 | 58  | 0  | 80  | 2.77  | 0.67  | 32.0  | 0   | 0.05  | *0    | 3.54 | 10.25 | 0.46 | 0.08 | 0.00  |
| FRUIT, FRESH ASSORTED       | 1/2 EACH  | 171 | 35  | 0  | 1   | 1.64  | 0.08  | 9.7   | 65  | 11.09 | 7     | 0.29 | 9.07  | 0.11 | 0.02 | 0.00  |
| Milk, Pre-K                 | HALF PINT | 171 | 120 | 8  | 130 | 0.00  | 0.00  | 300.0 | 500 | 1.8   | *N/A* | 8.5  | 18.5  | 1.25 | 0.75 | 0.00  |
| Juice (milk allergies only) | 2 cartons | 1   | 59  | 0  | 4   | *0.06 | *0.16 | *3.6  | *23 | 18.36 | *N/A* | 0.55 | 13.56 | 0.06 | 0.01 | *0.00 |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Oct 1, 2021 thru Oct 29, 2021

## Base Menu Spreadsheet

Pre K & Headstart lunch

## Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)   | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|--------------|----------------|----------------|----------------|--------------|-------------------------|
| Weighted Daily Average % of Calories |              |           | 523         | 23          | 751       | *4.41     | *2.37     | *716.6     | *565       | 13.05      | *10<br>*7.6% | 31.83<br>24.3% | 70.90<br>54.2% | 13.82<br>23.8% | 4.60<br>7.9% | *0.00<br>*0.0%          |
| Nutrient Guideline                   |              |           | 550-650     |             | 1230      |           |           |            |            |            |              |                |                | <=30.0         | <10.00       |                         |

|                                      |              |     |         |    |      |       |       |        |      |       |              |                |                |                |              |                |
|--------------------------------------|--------------|-----|---------|----|------|-------|-------|--------|------|-------|--------------|----------------|----------------|----------------|--------------|----------------|
| <b>Mon - 10/11/2021</b>              |              |     |         |    |      |       |       |        |      |       |              |                |                |                |              |                |
| Pre K & Headstart lunch              | Total        | 171 |         |    |      |       |       |        |      |       |              |                |                |                |              |                |
| Chicken fries                        | servings     | 171 | 230     | 20 | 340  | 2.00  | 1.80  | 20.0   | 0    | 0.0   | 1            | 13.0           | 14.0           | 13.0           | 2.50         | 0.00           |
| Mashed potatoes                      | 1/2 cup      | 171 | 75      | 0  | 265  | 1.25  | 0.22  | 15.3   | 0    | 0.0   | 1            | 1.25           | 16.22          | 1.25           | 1.25         | 0.00           |
| Roll, WW 1.5 oz.                     | 1.5 oz. roll | 171 | 125     | 6  | 153  | 2.19  | 1.03  | 10.3   | 14   | 0.01  | *2           | 3.69           | 20.23          | 3.64           | 0.88         | *0.00          |
| FRUIT,FRESH ASSORTED                 | 1/2 EACH     | 171 | 35      | 0  | 1    | 1.64  | 0.08  | 9.7    | 65   | 11.09 | 7            | 0.29           | 9.07           | 0.11           | 0.02         | 0.00           |
| Milk, Pre-K                          | HALF PINT    | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500  | 1.8   | *N/A*        | 8.5            | 18.5           | 1.25           | 0.75         | 0.00           |
| KETCHUP: individual                  | 2 each       | 171 | 20      | 0  | 50   | 0.00  | 0.00  | 0.0    | 0    | 0.0   | *N/A*        | 0.0            | 6.0            | 0.0            | 0.00         | 0.00           |
| Juice (milk allergies only)          | 2 cartons    | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23  | 18.36 | *N/A*        | 0.55           | 13.56          | 0.06           | 0.01         | *0.00          |
| Weighted Daily Average % of Calories |              |     | 604     | 33 | 938  | *7.07 | *3.13 | *355.3 | *579 | 13.01 | *12<br>*7.7% | 26.73<br>17.7% | 84.09<br>55.6% | 19.24<br>28.7% | 5.39<br>8.0% | *0.00<br>*0.0% |
| Nutrient Guideline                   |              |     | 550-650 |    | 1230 |       |       |        |      |       |              |                |                | <=30.0         | <10.00       |                |

|                                      |           |     |         |    |      |       |       |        |       |        |              |                |                |                |               |                |
|--------------------------------------|-----------|-----|---------|----|------|-------|-------|--------|-------|--------|--------------|----------------|----------------|----------------|---------------|----------------|
| <b>Tue - 10/12/2021</b>              |           |     |         |    |      |       |       |        |       |        |              |                |                |                |               |                |
| Pre K & Headstart lunch              | Total     | 171 |         |    |      |       |       |        |       |        |              |                |                |                |               |                |
| Lunchable - Pizza - Pre K            | 1 Each    | 171 | 458     | 38 | 1315 | 2.46  | *2.45 | *45.3  | *2168 | *20.28 | *10          | 17.24          | 45.68          | 20.91          | 7.54          | 0.02           |
| Milk, Pre-K                          | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500   | 1.8    | *N/A*        | 8.5            | 18.5           | 1.25           | 0.75          | 0.00           |
| Juice (milk allergies only)          | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23   | 18.36  | *N/A*        | 0.55           | 13.56          | 0.06           | 0.01          | *0.00          |
| Weighted Daily Average % of Calories |           |     | 578     | 46 | 1445 | *2.46 | *2.45 | *345.3 | *2669 | *22.19 | *10<br>*6.7% | 25.74<br>17.8% | 64.26<br>44.5% | 22.16<br>34.5% | 8.29<br>12.9% | *0.02<br>*0.0% |
| Nutrient Guideline                   |           |     | 550-650 |    | 1230 |       |       |        |       |        |              |                |                | <=30.0         | <10.00        |                |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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## Portion Values - Detailed

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|                              | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 10/13/2021             |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Pre K & Headstart lunch      | Total        | 171       |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Chicken sandwich             | 1 Each       | 171       | 419         | 25          | 646       | 4.04      | 3.26      | 120.3      | *0         | *0.0       | *1         | 21.22     | 43.22    | 17.21     | 2.53      | 0.00                    |
| Tater Tots                   | 1/4 cup      | 171       | 68          | 0           | 140       | 0.85      | 0.31      | *N/A*      | 0          | *N/A*      | *N/A*      | 0.85      | 8.08     | 3.4       | 0.00      | 0.00                    |
| Pears: canned Ex Lt Syrup    | 1/4 cup      | 171       | 24          | 0           | 2         | 0.80      | 0.00      | 0.0        | 0          | 0.48       | 5          | 0.0       | 6.38     | 0.0       | 0.00      | 0.00                    |
| Milk, Pre-K                  | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*      | 8.5       | 18.5     | 1.25      | 0.75      | 0.00                    |
| Juice (milk allergies only)  | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*      | 0.55      | 13.56    | 0.06      | 0.01      | *0.00                   |
| Weighted Daily Average       |              |           | 631         | 33          | 918       | *5.69     | *3.57     | *420.3     | *500       | *2.38      | *6         | 30.58     | 76.26    | 21.86     | 3.28      | *0.00                   |
| % of Calories                |              |           |             |             |           |           |           |            |            |            | *3.7%      | 19.4%     | 48.3%    | 31.2%     | 4.7%      | *0.0%                   |
| Nutrient Guideline           |              |           | 550-650     |             | 1230      |           |           |            |            |            |            |           |          | <=30.0    | <10.00    |                         |
| Thu - 10/14/2021             |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Pre K & Headstart lunch      | Total        | 171       |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Chicken strips, WG           | servings     | 171       | 260         | 25          | 390       | 3.00      | 1.80      | 20.0       | 0          | 0.0        | 1          | 15.0      | 16.0     | 15.0      | 2.50      | 0.00                    |
| Mashed potatoes              | 1/2 cup      | 171       | 75          | 0           | 265       | 1.25      | 0.22      | 15.3       | 0          | 0.0        | 1          | 1.25      | 16.22    | 1.25      | 1.25      | 0.00                    |
| Fruit cocktail,Ex lt syrup   | 1/4 cup      | 171       | 30          | 0           | 5         | 0.00      | 0.00      | 0.0        | 101        | 0.61       | 6          | 0.0       | 8.59     | 0.0       | 0.00      | 0.00                    |
| Milk, Pre-K                  | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*      | 8.5       | 18.5     | 1.25      | 0.75      | 0.00                    |
| Juice (milk allergies only)  | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*      | 0.55      | 13.56    | 0.06      | 0.01      | *0.00                   |
| Weighted Daily Average       |              |           | 486         | 33          | 790       | *4.25     | *2.03     | *335.3     | *601       | 2.51       | *8         | 24.75     | 59.38    | 17.50     | 4.50      | *0.00                   |
| % of Calories                |              |           |             |             |           |           |           |            |            |            | *6.4%      | 20.4%     | 48.9%    | 32.4%     | 8.3%      | *0.0%                   |
| Nutrient Guideline           |              |           | 550-650     |             | 1230      |           |           |            |            |            |            |           |          | <=30.0    | <10.00    |                         |
| Fri - 10/15/2021             |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Pre K & Headstart lunch      | Total        | 171       |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Hot dog                      | SERVING      | 171       | 281         | 46          | 908       | 3.00      | 2.53      | 220.2      | 0          | 1.22       | *N/A*      | 14.1      | 32.01    | 12.12     | 3.04      | 0.00                    |
| Great Northern beans, canned | 1/4 cup      | 171       | 105         | 0           | 241       | 4.51      | 1.35      | 60.2       | 75         | 0.9        | *N/A*      | 6.77      | 18.05    | 0.75      | 0.00      | 0.00                    |
| Peaches, canned,Ex Lt syrup  | 1/4 cup      | 171       | 30          | 0           | 2         | 0.50      | 0.00      | 0.0        | 32         | 0.0        | 6          | 0.0       | 6.96     | 0.0       | 0.00      | 0.00                    |
| Milk, Pre-K                  | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*      | 8.5       | 18.5     | 1.25      | 0.75      | 0.00                    |
| Condiment assortment         | servings     | 171       | 34          | 3           | 120       | 0.09      | 0.04      | 1.4        | 2          | 0.01       | *0         | 0.08      | 4.13     | 2.33      | 0.25      | 0.00                    |
| Juice (milk allergies only)  | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*      | 0.55      | 13.56    | 0.06      | 0.01      | *0.00                   |
| Weighted Daily Average       |              |           | 571         | 56          | 1401      | *8.10     | *3.92     | *581.8     | *610       | 4.03       | *6         | 29.45     | 79.73    | 16.45     | 4.04      | *0.00                   |
| % of Calories                |              |           |             |             |           |           |           |            |            |            | *4.5%      | 20.6%     | 55.9%    | 25.9%     | 6.4%      | *0.0%                   |
| Nutrient Guideline           |              |           | 550-650     |             | 1230      |           |           |            |            |            |            |           |          | <=30.0    | <10.00    |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Beebe Public Schools

Oct 1, 2021 thru Oct 29, 2021

## Base Menu Spreadsheet

Pre K & Headstart lunch

## Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)  | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|----------------|--------------|-------------------------|
| Mon - 10/18/2021                     |              |           |             |             |           |           |           |            |            |            |             |                |                |                |              |                         |
| Pre K & Headstart lunch              | Total        | 171       |             |             |           |           |           |            |            |            |             |                |                |                |              |                         |
| Popcorn chicken, WG                  | serving      | 171       | 313         | 27          | 477       | 4.09      | 2.45      | 27.3       | 0          | 0.0        | 1           | 19.08          | 19.08          | 17.71          | 3.41         | 0.00                    |
| Corn: canned, yellow                 | 1/4 cup      | 171       | 60          | 0           | 167       | 1.52      | 0.20      | 2.3        | 35         | 1.37       | *3          | 1.74           | 10.88          | 1.95           | 0.70         | 0.00                    |
| Cherry applesauce                    | 1/4 cup      | 171       | 52          | 0           | 19        | 0.53      | 0.97      | 0.1        | 0          | 1.28       | *2          | 0.18           | 13.28          | 0.0            | 0.00         | *0.00                   |
| Milk, Pre-K                          | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*       | 8.5            | 18.5           | 1.25           | 0.75         | 0.00                    |
| Juice (milk allergies only)          | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*       | 0.55           | 13.56          | 0.06           | 0.01         | *0.00                   |
| Weighted Daily Average % of Calories |              |           | 546         | 35          | 792       | *6.14     | *3.62     | *329.6     | *535       | 4.56       | *7<br>*4.9% | 29.49<br>21.6% | 61.82<br>45.3% | 20.91<br>34.5% | 4.85<br>8.0% | *0.00<br>*0.0%          |
| Nutrient Guideline                   |              |           | 550-650     |             | 1230      |           |           |            |            |            |             |                |                | <=30.0         | <10.00       |                         |

|                                      |           |     |         |    |      |       |       |        |       |        |              |                |                |                |               |                |
|--------------------------------------|-----------|-----|---------|----|------|-------|-------|--------|-------|--------|--------------|----------------|----------------|----------------|---------------|----------------|
| Tue - 10/19/2021                     |           |     |         |    |      |       |       |        |       |        |              |                |                |                |               |                |
| Pre K & Headstart lunch              | Total     | 171 |         |    |      |       |       |        |       |        |              |                |                |                |               |                |
| Lunchable - Pizza - Pre K            | 1 Each    | 171 | 458     | 38 | 1315 | 2.46  | *2.45 | *45.3  | *2168 | *20.28 | *10          | 17.24          | 45.68          | 20.91          | 7.54          | 0.02           |
| Milk, Pre-K                          | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500   | 1.8    | *N/A*        | 8.5            | 18.5           | 1.25           | 0.75          | 0.00           |
| Juice (milk allergies only)          | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23   | 18.36  | *N/A*        | 0.55           | 13.56          | 0.06           | 0.01          | *0.00          |
| Weighted Daily Average % of Calories |           |     | 578     | 46 | 1445 | *2.46 | *2.45 | *345.3 | *2669 | *22.19 | *10<br>*6.7% | 25.74<br>17.8% | 64.26<br>44.5% | 22.16<br>34.5% | 8.29<br>12.9% | *0.02<br>*0.0% |
| Nutrient Guideline                   |           |     | 550-650 |    | 1230 |       |       |        |       |        |              |                |                | <=30.0         | <10.00        |                |

|                                      |           |     |         |    |      |       |       |        |      |       |             |                |                |                |              |                |
|--------------------------------------|-----------|-----|---------|----|------|-------|-------|--------|------|-------|-------------|----------------|----------------|----------------|--------------|----------------|
| Wed - 10/20/2021                     |           |     |         |    |      |       |       |        |      |       |             |                |                |                |              |                |
| Pre K & Headstart lunch              | Total     | 171 |         |    |      |       |       |        |      |       |             |                |                |                |              |                |
| Mini corn dogs, chicken WG           | 4 each    | 171 | 180     | 25 | 280  | 3.00  | 1.44  | 100.0  | 0    | 0.0   | *N/A*       | 7.0            | 19.99          | 8.0            | 2.50         | 0.00           |
| Green beans, canned                  | 1/4 cup   | 171 | 13      | 0  | 133  | 1.61  | 0.57  | 24.6   | 227  | 3.03  | *N/A*       | 0.81           | 2.74           | 0.02           | 0.02         | 0.00           |
| APPLES,Fresh                         | 1/2 EACH  | 171 | 36      | 0  | 1    | 1.66  | 0.08  | 4.1    | 37   | 3.17  | 7           | 0.18           | 9.53           | 0.12           | 0.02         | 0.00           |
| Milk, Pre-K                          | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500  | 1.8   | *N/A*       | 8.5            | 18.5           | 1.25           | 0.75         | 0.00           |
| Condiment assortment                 | servings  | 171 | 34      | 3  | 120  | 0.09  | 0.04  | 1.4    | 2    | 0.01  | *0          | 0.08           | 4.13           | 2.33           | 0.25         | 0.00           |
| Juice (milk allergies only)          | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23  | 18.36 | *N/A*       | 0.55           | 13.56          | 0.06           | 0.01         | *0.00          |
| Weighted Daily Average % of Calories |           |     | 383     | 35 | 663  | *6.36 | *2.13 | *430.2 | *767 | 8.12  | *7<br>*7.5% | 16.58<br>17.3% | 54.97<br>57.4% | 11.71<br>27.5% | 3.54<br>8.3% | *0.00<br>*0.0% |
| Nutrient Guideline                   |           |     | 550-650 |    | 1230 |       |       |        |      |       |             |                |                | <=30.0         | <10.00       |                |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Beebe Public Schools

Oct 1, 2021 thru Oct 29, 2021

## Base Menu Spreadsheet

Pre K & Headstart lunch

## Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 10/21/2021               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Pre K & Headstart lunch        | Total        | 171       |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Grilled cheese sand 1 1/2 M/MA | 1 each       | 171       | 319         | 41          | 823       | 4.00      | 1.52      | 314.0      | 408        | 0.0        | *0         | 17.42     | 32.68    | 15.29     | 8.37      | 0.00                    |
| Tater Tots                     | 1/4 cup      | 171       | 68          | 0           | 140       | 0.85      | 0.31      | *N/A*      | 0          | *N/A*      | *N/A*      | 0.85      | 8.08     | 3.4       | 0.00      | 0.00                    |
| Peaches, canned,Ex Lt syrup    | 1/4 cup      | 171       | 30          | 0           | 2         | 0.50      | 0.00      | 0.0        | 32         | 0.0        | 6          | 0.0       | 6.96     | 0.0       | 0.00      | 0.00                    |
| Milk, Pre-K                    | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*      | 8.5       | 18.5     | 1.25      | 0.75      | 0.00                    |
| Juice (milk allergies only)    | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*      | 0.55      | 13.56    | 0.06      | 0.01      | *0.00                   |
| KETCHUP: individual            | 2 each       | 171       | 20          | 0           | 50        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 6.0      | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average         |              |           | 557         | 48          | 1146      | *5.35     | *1.82     | *614.0     | *940       | *1.91      | *6         | 26.77     | 72.30    | 19.94     | 9.12      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *4.6%      | 19.2%     | 51.9%    | 32.2%     | 14.7%     | *0.0%                   |
| Nutrient Guideline             |              |           | 550-650     |             | 1230      |           |           |            |            |            |            |           |          | <=30.0    | <10.00    |                         |

|                              |           |     |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
|------------------------------|-----------|-----|---------|----|------|-------|-------|--------|------|-------|-------|-------|-------|--------|--------|-------|
| Mon - 10/25/2021             |           |     |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
| Pre K & Headstart lunch      | Total     | 171 |         |    |      |       |       |        |      |       |       |       |       |        |        |       |
| Cheeseburger-main line       | sandwich  | 171 | 308     | 39 | 496  | 1.00  | 2.91  | 218.0  | *136 | *0.0  | *0    | 19.14 | 29.23 | 12.43  | 5.29   | 0.00  |
| Corn: canned, yellow         | 1/4 cup   | 171 | 60      | 0  | 167  | 1.52  | 0.20  | 2.3    | 35   | 1.37  | *3    | 1.74  | 10.88 | 1.95   | 0.70   | 0.00  |
| Peaches, canned,Ex Lt syrup  | 1/4 cup   | 171 | 30      | 0  | 2    | 0.50  | 0.00  | 0.0    | 32   | 0.0   | 6     | 0.0   | 6.96  | 0.0    | 0.00   | 0.00  |
| Chocolate chip cookie, small | 1 each    | 171 | 74      | 5  | 63   | 0.00  | 0.38  | 0.0    | 106  | 0.0   | *N/A* | 1.06  | 12.66 | 2.64   | 1.06   | 0.00  |
| Milk, Pre-K                  | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500  | 1.8   | *N/A* | 8.5   | 18.5  | 1.25   | 0.75   | 0.00  |
| Condiment assortment         | servings  | 171 | 34      | 3  | 120  | 0.09  | 0.04  | 1.4    | 2    | 0.01  | *0    | 0.08  | 4.13  | 2.33   | 0.25   | 0.00  |
| Juice (milk allergies only)  | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23  | 18.36 | *N/A* | 0.55  | 13.56 | 0.06   | 0.01   | *0.00 |
| Weighted Daily Average       |           |     | 626     | 54 | 978  | *3.11 | *3.53 | *521.7 | *811 | *3.28 | *10   | 30.52 | 82.44 | 20.59  | 8.05   | *0.00 |
| % of Calories                |           |     |         |    |      |       |       |        |      |       | *6.3% | 19.5% | 52.7% | 29.6%  | 11.6%  | *0.0% |
| Nutrient Guideline           |           |     | 550-650 |    | 1230 |       |       |        |      |       |       |       |       | <=30.0 | <10.00 |       |

|                             |           |     |     |    |     |       |       |        |     |       |       |       |       |      |      |       |
|-----------------------------|-----------|-----|-----|----|-----|-------|-------|--------|-----|-------|-------|-------|-------|------|------|-------|
| Tue - 10/26/2021            |           |     |     |    |     |       |       |        |     |       |       |       |       |      |      |       |
| Pre K & Headstart lunch     | Total     | 171 |     |    |     |       |       |        |     |       |       |       |       |      |      |       |
| Chicken & dumplings         | servings  | 171 | 253 | 60 | 705 | 1.80  | 3.53  | *127.5 | *81 | *0.06 | *2    | 23.47 | 18.63 | 10.1 | 4.21 | *0.00 |
| Green beans, canned         | 1/4 cup   | 171 | 13  | 0  | 133 | 1.61  | 0.57  | 24.6   | 227 | 3.03  | *N/A* | 0.81  | 2.74  | 0.02 | 0.02 | 0.00  |
| Rosy apples                 | 1/4 cup   | 171 | 24  | 0  | 5   | 0.63  | 0.00  | 0.0    | 0   | 0.0   | 4     | 0.0   | 5.75  | 0.0  | 0.00 | *0.00 |
| Milk, Pre-K                 | HALF PINT | 171 | 120 | 8  | 130 | 0.00  | 0.00  | 300.0  | 500 | 1.8   | *N/A* | 8.5   | 18.5  | 1.25 | 0.75 | 0.00  |
| Juice (milk allergies only) | 2 cartons | 1   | 59  | 0  | 4   | *0.06 | *0.16 | *3.6   | *23 | 18.36 | *N/A* | 0.55  | 13.56 | 0.06 | 0.01 | *0.00 |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Beebe Public Schools

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Pre K & Headstart lunch

Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)  | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)     | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|----------------|---------------|-------------------------|
| Weighted Daily Average % of Calories |              |           | 411         | 67          | 973       | *4.04     | *4.10     | *452.2     | *809       | *5.00      | *6<br>*6.1% | 32.79<br>31.9% | 45.69<br>44.5% | 11.37<br>24.9% | 4.98<br>10.9% | *0.00<br>*0.0%          |
| Nutrient Guideline                   |              |           | 550-650     |             | 1230      |           |           |            |            |            |             |                |                | <=30.0         | <10.00        |                         |

|                                      |           |     |         |    |      |       |       |        |       |       |             |                |                |                |                |                |
|--------------------------------------|-----------|-----|---------|----|------|-------|-------|--------|-------|-------|-------------|----------------|----------------|----------------|----------------|----------------|
| <b>Wed - 10/27/2021</b>              |           |     |         |    |      |       |       |        |       |       |             |                |                |                |                |                |
| Pre K & Headstart lunch              | Total     | 171 |         |    |      |       |       |        |       |       |             |                |                |                |                |                |
| Cheese quesadilla                    | 1 each    | 171 | 288     | 29 | 695  | 1.00  | 0.99  | 411.6  | 1043  | 3.6   | *0          | 16.52          | 15.94          | 17.63          | 7.59           | 0.00           |
| Salsa, homemade                      | 1/4 cup   | 171 | 17      | 0  | 12   | 1.02  | 0.38  | 20.5   | 382   | 6.89  | *0          | 0.25           | 6.28           | 0.0            | 0.00           | *0.00          |
| Applesauce                           | 1/4 cup   | 171 | 42      | 0  | 8    | 0.51  | 0.92  | 0.0    | 0     | 1.23  | *N/A*       | 0.0            | 10.72          | 0.0            | 0.00           | 0.00           |
| Tortilla chips                       | 1 oz      | 171 | 142     | 0  | 152  | 1.01  | 0.36  | 20.2   | 0     | 0.0   | *N/A*       | 2.03           | 17.21          | 7.09           | 3.04           | 0.00           |
| Milk, Pre-K                          | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500   | 1.8   | *N/A*       | 8.5            | 18.5           | 1.25           | 0.75           | 0.00           |
| Juice (milk allergies only)          | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23   | 18.36 | *N/A*       | 0.55           | 13.56          | 0.06           | 0.01           | *0.00          |
| Weighted Daily Average % of Calories |           |     | 609     | 37 | 997  | *3.54 | *2.66 | *752.4 | *1926 | 13.62 | *0<br>*0.2% | 27.30<br>17.9% | 68.74<br>45.1% | 25.97<br>38.4% | 11.37<br>16.8% | *0.00<br>*0.0% |
| Nutrient Guideline                   |           |     | 550-650 |    | 1230 |       |       |        |       |       |             |                |                | <=30.0         | <10.00         |                |

|                                      |           |     |         |    |      |       |       |        |      |       |             |                |                |                |              |                |
|--------------------------------------|-----------|-----|---------|----|------|-------|-------|--------|------|-------|-------------|----------------|----------------|----------------|--------------|----------------|
| <b>Thu - 10/28/2021</b>              |           |     |         |    |      |       |       |        |      |       |             |                |                |                |              |                |
| Pre K & Headstart lunch              | Total     | 187 |         |    |      |       |       |        |      |       |             |                |                |                |              |                |
| Chicken nuggets                      | servings  | 171 | 240     | 20 | 270  | 3.00  | 1.80  | 40.0   | 0    | 0.0   | 1           | 13.0           | 16.0           | 14.0           | 2.50         | 0.00           |
| Mashed potatoes                      | 1/2 cup   | 171 | 75      | 0  | 265  | 1.25  | 0.22  | 15.3   | 0    | 0.0   | 1           | 1.25           | 16.22          | 1.25           | 1.25         | 0.00           |
| Fruit cocktail, Ex lt syrup          | 1/4 cup   | 171 | 30      | 0  | 5    | 0.00  | 0.00  | 0.0    | 101  | 0.61  | 6           | 0.0            | 8.59           | 0.0            | 0.00         | 0.00           |
| Milk, Pre-K                          | HALF PINT | 171 | 120     | 8  | 130  | 0.00  | 0.00  | 300.0  | 500  | 1.8   | *N/A*       | 8.5            | 18.5           | 1.25           | 0.75         | 0.00           |
| Juice (milk allergies only)          | 2 cartons | 1   | 59      | 0  | 4    | *0.06 | *0.16 | *3.6   | *23  | 18.36 | *N/A*       | 0.55           | 13.56          | 0.06           | 0.01         | *0.00          |
| KETCHUP: individual                  | 2 each    | 187 | 20      | 0  | 50   | 0.00  | 0.00  | 0.0    | 0    | 0.0   | *N/A*       | 0.0            | 6.0            | 0.0            | 0.00         | 0.00           |
| Weighted Daily Average % of Calories |           |     | 446     | 25 | 663  | *3.88 | *1.85 | *324.9 | *550 | 2.30  | *7<br>*6.4% | 20.80<br>18.7% | 60.30<br>54.1% | 15.09<br>30.5% | 4.11<br>8.3% | *0.00<br>*0.0% |
| Nutrient Guideline                   |           |     | 550-650 |    | 1230 |       |       |        |      |       |             |                |                | <=30.0         | <10.00       |                |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Beebe Public Schools

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Pre K & Headstart lunch

Portion Values - Detailed

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|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 10/29/2021               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Pre K & Headstart lunch        | Total        | 171       |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Hot dog                        | SERVING      | 171       | 281         | 46          | 908       | 3.00      | 2.53      | 220.2      | 0          | 1.22       | *N/A*      | 14.1      | 32.01    | 12.12     | 3.04      | 0.00                    |
| MIXED VEGETABLES:frozen,boiled | 1/4 CUP      | 171       | 37          | 0           | 25        | 2.00      | 0.37      | 11.4       | 1946       | 1.46       | *1         | 1.3       | 5.96     | 0.9       | 0.43      | 0.00                    |
| Orange wedges                  | 1/4 cup      | 171       | 23          | 0           | 0         | 1.15      | 0.05      | 19.2       | 108        | 25.54      | 4          | 0.45      | 5.64     | 0.06      | 0.01      | 0.00                    |
| Milk, Pre-K                    | HALF PINT    | 171       | 120         | 8           | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.8        | *N/A*      | 8.5       | 18.5     | 1.25      | 0.75      | 0.00                    |
| Juice (milk allergies only)    | 2 cartons    | 1         | 59          | 0           | 4         | *0.06     | *0.16     | *3.6       | *23        | 18.36      | *N/A*      | 0.55      | 13.56    | 0.06      | 0.01      | *0.00                   |
| Condiment assortment           | servings     | 171       | 34          | 3           | 120       | 0.09      | 0.04      | 1.4        | 2          | 0.01       | *0         | 0.08      | 4.13     | 2.33      | 0.25      | 0.00                    |
| Weighted Daily Average         |              |           | 495         | 56          | 1183      | *6.24     | *2.99     | *552.3     | *2557      | 30.12      | *6         | 24.44     | 66.32    | 16.66     | 4.48      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *4.8%      | 19.7%     | 53.6%    | 30.3%     | 8.1%      | *0.0%                   |
| Nutrient Guideline             |              |           | 550-650     |             | 1230      |           |           |            |            |            |            |           |          | <=30.0    | <10.00    |                         |

|                  |  |  |     |    |     |       |       |        |       |        |        |       |       |       |       |       |
|------------------|--|--|-----|----|-----|-------|-------|--------|-------|--------|--------|-------|-------|-------|-------|-------|
| Weighted Average |  |  | 532 | 42 | 961 | *4.96 | *2.70 | *471.5 | *1092 | *10.61 | *8     | 26.57 | 65.90 | 18.71 | 6.40  | *0.01 |
|                  |  |  |     |    |     |       |       |        |       |        | *12.7% | 20.0% | 49.5% | 31.6% | 10.8% | *0.0% |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any)                  |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|------------------------------------------|
| Calories                   | 532      |           | 550 - 650     | 97%         |           | 18        |         | Correction Required - Calories are Low   |
| Cholesterol (mg)           | 42       |           |               |             |           |           |         |                                          |
| Sodium 1 (mg)              | 961      |           | 1230          |             |           |           |         |                                          |
| Sodium 2 (mg)              | 961      |           | 935           |             |           |           | 26      | Correction Required - Sodium too High    |
| Fiber (g)                  | 4.96     |           |               |             | Missing   |           |         |                                          |
| Iron (mg)                  | 2.70     |           |               |             | Missing   |           |         |                                          |
| Calcium (mg)               | 471.5    |           |               |             | Missing   |           |         |                                          |
| Vitamin A (IU)             | 1092     |           |               |             | Missing   |           |         |                                          |
| Sugars (g)                 | 8        | 5.65%     |               |             | Missing   |           |         |                                          |
| Vitamin C (mg)             | 10.61    |           |               |             | Missing   |           |         |                                          |
| Protein (g)                | 26.57    | 19.97%    |               |             |           |           |         |                                          |
| Carbohydrate (g)           | 65.90    | 49.52%    |               |             |           |           |         |                                          |
| Total Fat (g)              | 18.71    | 31.64%    | <=30.00%      |             |           |           |         | Correction Required - Total Fat too High |
| Saturated Fat (g)          | 6.40     | 10.82%    | <10.00%       |             |           |           |         | Correction Required - Sat. Fat too High  |
| Trans Fat <sup>1</sup> (g) | 0.01     | 0.02%     |               |             | Missing   |           |         |                                          |

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