

## Apollo and Elementary Menus have gone digital! Middle and High School Menus will follow!

Visit Apollo and Elementary Menus online by visiting <a href="https://hvs.nutrislice.com/">https://hvs.nutrislice.com/</a> or by downloading the nutrislice app for free today!

## You can easily view:

- The most up-to-date menus
- Nutrition content
- Allergen alerts
- Carb counts

## Here are some step by step instructions:

- Visit <a href="https://hvs.nutrislice.com/">https://hvs.nutrislice.com/</a>
- Click on the school site you wish to view and the menu will appear.
  - o To translate the menu into Spanish click the globe/world icon and select 'Spanish'
- Printing the menu:
  - Click on the printer icon
  - Under print options you can make the font small or large, add nutritional information, filter allergens and much more!
  - At the end of options, click the 'print' button
- Nutritional Information:
  - Click on the menu item and a picture and nutrition description along with allergens will appear
- Allergens:
  - o In the upper right hand corner there select the 3 horizontal lines. An allergen list will pop up.
  - Check off the allergen you would like information on and click the 'X' to close out.
  - o Items on the menu containing the allergen will be red and crossed of.
- Carbohydrate Counts:
  - o Click on the calculator icon and weekly carb counts for menu items will display

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