Lockney Independent School District

Minutes of the Meeting of the Student Health Advisory Committee

April 19, 2023

4:30 PM

Location of the Meeting:

Lockney Elementary School

310 SW 8th Street

Lockney, Texas 79241

Present at Meeting: Brittany Duniven RN, Anna SanMartin, Mike Michaleson, Dewayne Jones, Amber Graves, Shana Hallmark, Tyler Duniven, Michelle Southard

The regular meeting of the Student Health Advisory Committee of Lockney Independent School District was called to order at 4:30 PM on April 19, 2023 at Lockney Elementary School by Brittany Duniven RN.

I. Consideration of Open Issues

- 1. Discussion of district obtaining a Narcan policy to have Narcan on campus(es).
 - a. Brittany Duniven started the conversation stating that Narcan on school campuses has become a hot topic and, in some cases, a lifesaving necessity. Several school districts have adopted policies to have OTC Narcan available for emergency situations. If recommended by SHAC, Brittany Duniven will discuss further with Jim Baum and possibly create a policy to submit to the school board.
 - Narcan reverses opioid overdose. Examples of opioids are Fentanyl, Vicodin, Heroin and OxyContin. Narcan will not reverse the symptoms of non-opioid drugs, such as cocaine or the effects of alcohol.
 - ii. Narcan is an over the counter drug. No prescription is necessary. The shelf life for Narcan is 2-3 years with manufacturers stretching the expiration date to 3 years more recently.
 - iii. The cost is approximately \$140 for 2 nasal sprays. Prices vary.
 - Narcan works quickly; 2-3 minutes per spray to determine if overdose is reversed. Several doses may be needed to reverse the effects of opioids.
 - v. It is OK to administer Narcan, even if you are unsure the person is experiencing an opioid overdose.
 - vi. The dose is the same (1 spray q 2-3 minutes PRN) regardless of the age.
 - b. The SHAC committee unanimously agreed to pursue Narcan on each campus. Brittany Duniven will speak with Mr. Baum about policy and proceed from that point.

c. Michelle Southard mentioned having stock epinephrine available would also be ideal. Brittany Duniven to pursue looking into that as well.

II. Agenda and Time of Next Meeting

The next meeting will be held on either Wednesday, May 3, 2023 or Wednesday May 10, 2023 at 4:30 PM. The meeting will be held at: Lockney Elementary School 310 SW 8th Street Lockney, Texas 79241

The meeting was adjourned at 5:00 PM by Brittany Duniven RN. Minutes submitted by: Brittany Duniven RN Minutes approved by: Tyler Duniven