## **Lockney Independent School District**

## Minutes of the Meeting of the Student Health Advisory Committee

# December 14, 2022 4:45 PM

#### **Location of the Meeting:**

Lockney Elementary School 310 SW 8th Street Lockney, Texas 79241

**Present at Meeting:** Brittany Duniven RN, Michelle Southard, Amber Graves, Dewayne Jones, Shana Hallmark, Tyler Duniven, Natalie Snowden, Kaileigh Cook

The regular meeting of the Student Health Advisory Committee of Lockney Independent School District was called to order at 4:45 AM on December 14, 2022 at Lockney Elementary School by Brittany Duniven RN.

#### I. Consideration of Open Issues

- 1. Discussion of the Better Living for Texans Program
  - a. Natalie Snowden, Family and Community Health Agent from Floyd County AgriLife Extension Office, spoke to the SHAC committee about the different programs she is able to offer our students.
    - i. Walk Across Texas 8 week program to offer elementary students this spring. Pedometers will be given to monitor steps/miles. Prizes to be given for homeroom that walks the most. This program encourages movement and the importance of exercise.
    - ii. Aspire 5 module vaping computer program from MD Anderson geared toward students ages 13 18. Junior High and High School will discuss using this program during tutorials or WIN period.
    - iii. Color Me Healthy A 9 session series for PK/Kinder aged children to focus on healthy diet and movement through color, music and exploration of the sense.
    - iv. Balancing Food and Play 4 week series for 3<sup>rd</sup> graders focusing on the consumption of fruits and vegetables, more water/milk, limiting screen time and daily physical activity. This program aligns with 3<sup>rd</sup> grade TEK standards.

#### 2. Vape Discussion

- a. Shanna Hallmark will contact UMC Trauma Nurses who came to the school in 2019 to educate students on vaping.
- 3. Shattered Dreams Discussion
  - a. Natalie Snowden informed all present of Floydada ISD's recent Shattered Dreams event. Kaleigh Cook stated our students need to experience a program like this. Natalie informed us of what this event would entail, who would all need to be involved (staff, parents, churches, EMT, hospital, police departments, makeup artist, Tx Dot, etc.), the number of students we would need to have committed (approximately 50), and a time line to begin planning. We would need to meet in February to begin planning for a fall date. SHAC committee seemed interested. Brittany Duniven RN will visit with Mr. Baum about logistics and future steps needing to take place. Brittany Duniven RN will also contact Jennifer Gonzales (Floydada ISD employee) to obtain further information.

#### 4. State Immunization Status

a. Brittany Duniven RN submitted Lockney ISD's state vaccination report on October 28.2022. LISD is 100% compliant with the state of Texas for immunization status.

### II. Agenda and Time of Next Meeting

The next meeting will be held on Wednesday, February 22, 2023 at 4:45 PM. The meeting will be held at:

Lockney Elementary School

310 SW 8th Street

Lockney, Texas 79241

The meeting was adjourned at 5:30 PM by Brittany Duniven RN.

Minutes submitted by: Brittany Duniven RN

Minutes approved by: Tyler Duniven