


**Breakfast**

# October 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Blueberry Muffin or Cereal Milk Juice Fruit	2
3	4 Breakfast Sandwich or Cereal Milk Juice Fruit	5 Cinna Minis or Cereal Milk Juice Fruit	6 Poptart & Cereal Milk Juice Fruit	7 Homemade Muffin & Cereal Milk Juice Fruit	8 French Toast Sticks or Cereal Milk Juice Fruit	9
10	11 No School Columbus Day	12 Breakfast Pizza or Cereal Milk Juice Fruit	13 Yogurt & Cereal Milk Juice Fruit	14 Bagel w/Cream Cheese or Cereal Milk Juice Fruit	15 Pancakes or Cereal Milk Juice Fruit	16
17	18 Breakfast Sandwich or Cereal Milk Juice Fruit	19 Poptart & Cereal Milk Juice Fruit	20 Nutrigrain Bar & Cereal Milk Juice Fruit	21 Blueberry Muffin or Cereal Milk Juice Fruit	22 In-Service Day No School	23
24	25 Egg Patty w/ cheese & Toast Or Cereal Milk Juice Fruit	26 Breakfast Pizza or Cereal Milk Juice Fruit	27 Yogurt & Cereal Milk Juice Fruit	28 Bagel w/Cream Cheese or Cereal Milk Juice Fruit	29 Pumpkin Muffins & Cereal Milk Juice Fruit	30
31 						Main Course: Choose 1 menu entree or cereal w/ whole grain ite. Fruit: choose up to 2 one cup fruits offered 100% juice offered Milk: choose 1