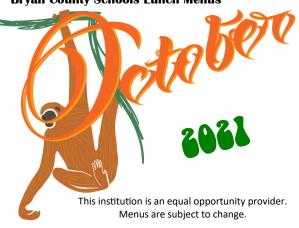
Bryan County Schools Lunch Menus





Friday, October I

Steak Fingers & Roll Mashed Potatoes & Gravy Caesar Salad Assorted Fruits Choice of Milk

Monday, October 4

Pizza
Steamed Corn
Raw Veggies & Dip
Assorted Fruits
Choice of Milk

WE'RE WILD ABOUT SCHOOL LUNCH!

We're wild about school lunch ~ and not just during National School
Lunch Week! We love ALL the components that make a delicious meal nutritious. Help us celebrate and be wild about school lunch all year long by enjoying scrumptious farm fresh vegetables and fruits, amazing entrees, and even munching on a whole grain cookie every now and then. Show your wild side....and even join us for breakfast!

Remember, you can join us for free this year!



Tuesday, October 5

Chicken & Rice Farm Fresh Vegetable Assorted Fruits Cinnamon Roll Choice of Milk



Wednesday, October 6

Beefy Cheese Nachos Lettuce/Tomatoes/Cheese Pinto Beans/Marinara Sauce Steamed Corn Assorted Fruits Choice of Milk

Thursday, October 7

Cheeseburger Lettuce/Tomatoes/Pickles French Fries Assorted Fruits Choice of Milk



Friday, October 8

Hot Dog French Fries Coleslaw Assorted Fruits Choice of Milk

Monday, October II

Fall Break HOLIDAY NO SCHOOL



Tuesday, October 12

TEACHER WORKDAY



Wednesday, October 13

Chicken Fingers
Creamed Potatoes & Gravy
Farm Fresh Vegetables
Yeast Roll
Assorted Fruits
Choice of Milk

Thursday, October 14

French Bread Pizza Marinara Sauce Loaded Potato Soup Garden Side Salad Assorted Fruits Choice of Milk

BBQ Pork Sandwich French Fries Coleslaw Baked Beans

Friday, October 15

Baked Beans Assorted Fruits Choice of Milk





What's for Lunch?



Check out the daily and monthly menus online!

Go to the district website at BryanCountySchools.org or download the app for your Apple or Android phone.

Monday, October 18

Pizza Steamed Corn Raw Veggies & Dip Assorted Fruits Choice of Milk

Tuesday, October 19

Chicken Fingers
Mashed Potatoes & Gravy
Farm Fresh Vegetables
Yeast Roll
Assorted Fruits
Choice of Milk

Butternut Squash As butternut squash ripens, it turns a deep orange and becomes sweeter and richer – perfect for soups, muffins, and breads. Butternut Squash is a good source of vitamin C, vitamin A, fiber, and potassium.

Wednesday, October 20

Beefy Cheese Nachos Lettuce/Tomatoes/Cheese Pinto Beans Marinara Sauce Steamed Corn Assorted Fruits Choice of Milk

WHAT LUNCH ARE YOU WILD ABOUT?

The numbers are in! Our top selling lunches are: hotdogs,

hamburgers, chicken & rice, and tacos! &

Favorite breakfast? Breakfast pizza!

It's made with turkey sausage

& is AmAzinG!!

Thursday, October 21

Cheeseburger Lettuce/Tomatoes/Pickles French Fries Assorted Fruits Choice of Milk

Friday, October 22

Corn Dog Long Branch Potatoes Raw Veggies & Dip Assorted Fruits School Baked Cookie Choice of Milk



Monday, October 25

Salisbury Steak & Roll Mashed Potatoes & Gravy Green Beans Assorted Fruits Choice of Milk

Tuesday, October 26

Cheesy Sticks
Chicken Noodle Soup
French Fries
Assorted Fruits
Choice of Milk

Wednesday, October 27

Chicken Nuggets & Roll Rice & Gravy Caesar Salad Assorted Fruits Choice of Milk



Blood Orange Blood oranges have a sweeter, less acidic taste than the more common navel orange. Both the skin and the flesh have a reddish hue. They can contain 40% more Vitamin C than other oranges.

Thursday, October 28

French Bread Pizza Loaded Potato Soup Garden Side Salad Assorted Fruits Choice of Milk

Friday, October 29

Hot Dog French Fries Coleslaw Assorted Fruits Choice of Milk



October Breakfast Menus

This is an equal opportunity provider. Menus are subject to change.

NO NEED TO BE SCARED TO EAT WITH US!

Students may eat for free each school day when receiving a full breakfast! Extras are available for purchase at a reasonable cost.

MONDAYS

Breakfast Pizza
OR
Cereal Selection

Fruit & Juice Choice of Milk

TUESDAYS

Doughnuts
OR
Cereal Selection

Fruit & Juice Choice of Milk

WEDNESDAYS

Breakfast Pizza
OR
Cereal Selection

Juice & Fruit Choice of Milk

THURSDAYS

Pop Tarts
OR
Cereal Selection

Juice & Fruit Choice of Milk

FRIDAYS

Mini Pancakes
OR
Cereal Selection

Fruit & Juice Choice of Milk