

COVID EXPOSURE GUIDELINES



A quick reference guide
for students and their
families.

Experiencing Symptoms

Students/parents should contact the school nurse at their building immediately if they begin having COVID-19 symptoms (listed below). If they are in school when symptoms begin, students will be taken to an isolation area until transportation home is secured. Absent medical documentation of an alternate diagnosis, individuals should remain in quarantine for at least 10 days and until they are fever-free for 72 hours with symptom improvement - whichever is longer.

Positive Test Result

If a student/child has tested positive for COVID-19, the parent must notify the school of the positive result immediately. COVID-positive students must be excluded from school for 10 calendar days since symptoms first appeared, from the time of the test, or from the onset of symptoms, whichever is earlier. Students should remain fever-free for 72 hours without the use of fever reducing medication and have significant improvement in symptoms prior to returning to school.

Known/Possible Exposure to COVID-Positive Individual

Regardless of vaccination status, if an unmasked student or staff member was more than 3 feet away, or was closer than 3 feet but for less than 10 minutes, that individual should monitor for symptoms.

If an unvaccinated student was directly exposed to a close contact (see below), that individual should begin a 10-day quarantine from the last known contact with that close contact.

If a vaccinated student was directly exposed to a close contact (see below), that individual just needs to monitor for symptoms.

Non-Direct Exposure

If you had exposure to a person who was exposed to a confirmed COVID-19 person (non-direct exposure), and you have no symptoms, no additional action is required at this time. Continue to monitor for symptoms.

Moderate COVID Symptoms: Fever of 100.4 (F) or higher, chills, congestion/runny nose, nausea/vomiting/diarrhea, sore throat, headache, muscle or body aches.

High Risk COVID Symptoms: New cough, difficulty breathing, loss of taste/smell.

Pending COVID Test

If a student has recently tested for COVID and is awaiting results, the individual is subject to a mandatory quarantine period while awaiting results. This typically starts from the day the test is administered until after results are returned, at minimum. In some cases, an order to quarantine may be issued to the entire household, as well.

Close Contact: A close contact is a person who has been within 3 feet of you for a period of 10 minutes or more unmasked and has tested positive or who has been unmasked and exposed to a known positive case and is exhibiting 2+ COVID-like symptoms during their infectious period (within 2 days of symptom onset or within 10 days of a positive test result).



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