

2018 Student Wellness Survey

Topic	2018 District		
	Grade 6	Grade 8	Grade 11
Participation Rate	NA	NA	NA
Demographic Make-up			
Female	47.5	46.6	47.2
Male	50	50.8	46.2
Transgender		0.8	13.5
Other	2.5	1.7	6.6
COVID-19 Impacts			
I was sick with COVID-19	NA	NA	NA
Had to go to the hospital	NA	NA	NA
Lost job	NA	NA	NA
I felt sad or hopeless almost everyday for at least two weeks in a row	NA	NA	NA
I considered attempting suicide	NA	NA	NA
I struggled with CDL and school	NA	NA	NA
Had unmet mental health needs because lack of providers	NA	NA	NA
Food Security	Grade 6	Grade 8	Grade 11
Had to eat less because of insufficient money	NA	NA	NA
Free/Reduced Lunch Status	NA	NA	NA
Housing Stability	Grade 6	Grade 8	Grade 11
Stable housing with parent/guardian	NA	NA	NA
Other living situations	NA	NA	NA
Support at School	Grade 6	Grade 8	Grade 11

2020 Student Wellness Survey

Topic	2020 District		
	Grade 6	Grade 8	Grade 11
Participation Rate	98.1	81.3	71.8
Demographic Make-up			
Lesbian/Gay		2	4.5
Heterosexual/Straight		67.4	67.4
Bisexual		8.7	13.5
Something Else		12.3	7.9
Don't Know/Not Sure		9.4	6.7
COVID-19 Impacts	Grade 6	Grade 8	Grade 11
I was sick with COVID-19		10.1	18.4
Had to go to the hospital		3.4	2.3
Lost job		4.7	5.7
I felt sad or hopeless almost everyday for at least two weeks in a row		9.5	20.7
I considered attempting suicide		4.7	11.5
I struggled with CDL and school		6.8	11.5
Had unmet mental health needs because lack of providers		15.9	30
Food Security	Grade 6	Grade 8	Grade 11
Had to eat less because of insufficient money		7.5	8.6
Free/Reduced Lunch Status		42.8	39
Housing Stability	Grade 6	Grade 8	Grade 11
Stable housing with parent/guardian		96.6	95.7
Other living situations		3.4	4.3
Support at School	Grade 6	Grade 8	Grade 11

If you had a physical or mental health care problem during the school day, who would you go to at your school for help			
School Counselor	NA	NA	NA
SBHC	NA	NA	NA
School Nurse	NA	NA	NA
School Secretary	NA	NA	NA
Mental Health Therapist - School Site	NA	NA	NA
Administration	NA	NA	NA
Teacher	NA	NA	NA
Other	NA	NA	NA
No One	NA	NA	NA
I Don't Know	NA	NA	NA
ACES	Grade 6	Grade 8	Grade 11
Dirty Clothes	10.5	17.9	14.3
Food Scarcity	18.4	32.0	25.5
Mental illness or Depression	26.1	39.6	42.3
Alcohol Abuse	32.7	25.7	32.7
Jail/Prison/Deportion/Divorce	34.8	45.5	42.9
Illicit Drug Use	17.7	27.1	20.2
No Protection	17.1	27.6	15.3
Positive Youth Development	Grade 6	Grade 8	Grade 11
Physical health is good	94.0	84.0	84.0
Emotional/mental health is good	89.7	66.1	75.2
"I can do most things if I try"	86.0	78.3	89.9
1 adult who cares	83.2	71.2	80.2
Volunteer in the community	70.8	52.5	62.1
"I can work out my problems"	89.4	67.9	85.7
Academic Achievement	Grade 6	Grade 8	Grade 11

If you had a physical or mental health care problem during the school day, who would you go to at your school for help			
School Counselor	26.9	28.1	19.6
SBHC	4.8	2.7	20.7
School Nurse	28.3	15.1	14.1
School Secretary	19.3	11.6	5.4
Mental Health Therapist - School Site	8.3	4.8	4.3
Administration	9.0	8.9	6.5
Teacher	51.0	25.3	20.7
Other	8.3	7.5	3.3
No One	14.5	29.5	46.7
I Don't Know	15.9	19.2	13.0
ACES	Grade 6	Grade 8	Grade 11
Dirty Clothes	21.0	26.1	25.3
Food Scarcity	16.1	16.1	15.7
Mental illness or Depression	29.3	39.7	48.3
Alcohol/Drug Abuse	21.7	33.8	33.0
Jail/Prison/Deportion	25.0	23.2	13.3
Death of Family/Friend	64.1	63.4	63.7
No Protection	29.2	28.8	23.3
Positive Youth Development	Grade 6	Grade 8	Grade 11
Physical health is good	82.6	85.7	83.7
Emotional/mental health is good	76.0	68.5	57.6
"I can do most things if I try"	82.2	83.6	92.3
1 adult who cares	80.3	68.3	67.8
Volunteer in the community	55.6	49.3	55.2
"I can work out my problems"	73.8	72.4	82.2
Academic Achievement	Grade 6	Grade 8	Grade 11

Student mostly gets C/D/F's in school	NA	NA	NA	Student mostly gets C/D/F's in school		28.1	29.3
Missed 16 or more days of school in the last 12 months	NA	NA	NA	Missed 16 or more days of school in the last 12 months		4.1	3.3
Connectedness and Belonging	Grade 6	Grade 8	Grade 11	Connectedness and Belonging	Grade 6	Grade 8	Grade 11
Easy to talk to teachers or adults at school	86.4	54.3	65.7	Easy to talk to teachers or adults at school	76.5		
Teachers and adults are understanding	NA	NA	NA	Teachers and adults are understanding	67.4		
People notice when I'm absent	NA	NA	NA	People notice when I'm absent	96	89.6	85.7
Teachers and adults help me feel good about myself	84.9	67	72.5	Teachers and adults help me feel good about myself	85.6		
School Safety	Grade 6	Grade 8	Grade 11	School Safety	Grade 6	Grade 8	Grade 11
I feel safe at school	NA	NA	NA	I feel safe at school	94		
Missed 1+ days based on feeling unsafe	6.7	4.6	4.8	Missed 0 days based on feeling unsafe		87.4	96.7
Students at this school carry guns or knives	2.5	4.4	8.6	Students at this school carry guns or knives		9.8	16.5
Bullying	Grade 6	Grade 8	Grade 11	Bullying	Grade 6	Grade 8	Grade 11
Bullied at school in last 30 days	NA	NA	NA	Bullied at school in last 30 days	9.2	16.8	11.4
Bullied in last 30 days (inclusive)	49.2	52.5	35.5	Bullied in last 30 days (inclusive)	11.3	12.5	7.6
Bullied someone in last 12 months (inclusive)	NA	NA	NA	Bullied someone in last 12 months (inclusive)		13.2	3.3
Mental Health	Grade 6	Grade 8	Grade 11	Mental Health	Grade 6	Grade 8	Grade 11
Anxiety - Not at All	NA	NA	NA	Anxiety - Not at All		42.9	33.7
Anxiety - Several Days	NA	NA	NA	Anxiety - Several Days		29.9	33.7
Anxiety - More than Half	NA	NA	NA	Anxiety - More than Half		13.6	10.1
Anxiety - Nearly every Day	NA	NA	NA	Anxiety - Nearly every Day		13.6	22.5
	NA	NA	NA				
There is a safe place I can go outside of school	NA	NA	NA	There is a safe place I can go outside of school	93.3	91	89.1
	NA	NA	NA				
Self Harm (12 months) - 0	NA	NA	NA	Self Harm (12 months) - 0	84.9	83.7	80.2
Self Harm (12 months) - 1 or more	NA	NA	NA	Self Harm (12 months) - 1 or more	15.1	16.3	19.8
Felt sad/depressed daily for 2+ weeks in a row	23.5	29.8	39	Felt sad/depressed daily for 2+ weeks in a row	31.1	36.4	36.8

Seriously considered suicide	13.4	25	23.8	Seriously considered suicide	5.7	16.3	14.8
Attempted suicide	9.2	13.7	7.7	Attempted suicide	2.1	5.7	6.8
Firearm Access - Less than 24 hours	NA	NA	NA	Firearm Access - Less than 24 hours		59.4	66.7
Physical Safety	Grade 6	Grade 8	Grade 11	Physical Safety	Grade 6	Grade 8	Grade 11
Distracted Driving - texting/gaming while driving	NA	NA	NA	Distracted Driving - texting/gaming while driving			22
Impaired Driver - driver under influence alcohol	NA	NA	1	Impaired Driver - driver under influence alcohol		1.4	5.7
Impaired Driver - person under influence alcohol	NA	NA	3.9	Impaired Driver - person under influence alcohol			3.1
Impaired Driver - person under influence marijuana	NA	NA	NA	Impaired Driver - person under influence marijuana			54.5
Physical Health	Grade 6	Grade 8	Grade 11	Physical Health	Grade 6	Grade 8	Grade 11
5 or more servings of fruits/vegetables in the last week	NA	NA	NA	5 or more servings of fruits/vegetables in the last week	21.2	12.8	9.9
Exercise for 60 minutes for 1 or more days in past week	NA	NA	NA	Exercise for 60 minutes for 1 or more days in past week	94.5	91.6	83.1
	NA	NA	NA				
Has had sex in their lifetime	NA	NA	NA	Has had sex in their lifetime		6.9	44.7
1 or more sexual partners	NA	NA	NA	1 or more sexual partners		6.3	44
Those that had sex, used a condom	NA	NA	NA	Those that had sex, used a condom		60	62.2
	NA	NA	NA				
Sex Ed - Taught how to use condom	NA	NA	NA	Sex Ed - Taught how to use condom		35	73.3
Sex Ed - How to use other birth control	NA	NA	NA	Sex Ed - How to use other birth control		13.5	65.2
Sex Ed - Healthy/Respectful Relationships	NA	NA	NA	Sex Ed - Healthy/Respectful Relationships	53.3	91	64
	NA	NA	NA				
Sexual Violence - Pressured into sex	NA	NA	NA	Sexual Violence - Pressured into sex			13.6
Sexual Violence - Physically forced	NA	NA	NA	Sexual Violence - Physically forced			10.3
Sexual Violence - Contact with an adult	NA	NA	NA	Sexual Violence - Contact with an adult			10.2
Sexual Violence - Hurt by an adult	NA	NA	NA	Sexual Violence - Hurt by an adult			25.8
Sexual Violence - School Support	NA	NA	NA	Sexual Violence - School Support			34.5
	NA	NA	NA				
Intimate Partner Abuse - Hit/Slapped by partner	NA	NA	NA	Intimate Partner Abuse - Hit/Slapped by partner			5.7
Intimate Partner Abuse - Control or Hurt Emotionally	NA	NA	NA	Intimate Partner Abuse - Control or Hurt Emotionally			14.9

Drug Use	Grade 6	Grade 8	Grade 11	Drug Use	Grade 6	Grade 8	Grade 11
Past 30 days - used alcohol	7.6	20.6	22.4	Past 30 days - used alcohol	1.5	10.8	25
Past 30 days - used cigarette	1.7	5.8	7.5	Past 30 days - used cigarette	2	2.1	3.3
Past 30 days - used marijuana	3.6	10.5	13.1	Past 30 days - used marijuana	0.7	4.1	13.8
Past 30 days - used prescription drug	0.9	7.8	5.1	Past 30 days - used prescription drug	5.7	2.8	3.3
Past 30 days - used e-cigarette	NA	NA	16.5	Past 30 days - used e-cigarette	3.4	9	23.9
Past 30 days - used illicit drug	5.4	2	1	Past 30 days - used illicit drug		2.1	4.5
Perceived Risk - 2+ drinks daily	67.3	53.5	59.4	Perceived Risk - 2+ drinks daily	48.1	53.8	52.9
Perceived Risk - 1+ packs	85.7	80.6	82.7	Perceived Risk - 1+ packs	72.4	83.3	76.5
Perceived Risk - Marijuana Regularly	66.7	73.4	47.9	Perceived Risk - Marijuana Regularly	53.2	59.9	36.5
Perceived Risk - Prescription Drugs	92.8	84.8	92.1	Perceived Risk - Prescription Drugs	77.8	83.3	83.5
Perceived Risk - E-Cigarettes	NA	NA	43.3	Perceived Risk - E-Cigarettes			56.5
Perceived Risk - Illicit Drugs	NA	NA	NA	Perceived Risk - Illicit Drugs			84.7
Alcohol Use - Never				Alcohol Use - Never	89	68.3	42
Alcohol Use - Past 30 Days	7.6	20.6	22.4	Alcohol Use - Past 30 Days	1.5	10.8	25
Alcohol Use - Bing Drinking (5+) in past 30 days	1.7	6.7	7.5	Alcohol Use - Bing Drinking (5+) in past 30 days	1.5	5.8	17
Alcohol Use - Easy Access	13.1	29.9	57.3	Alcohol Use - Easy Access		45	60.9
Tobacco Use (30 days) - Cigarette	NA	NA	NA	Tobacco Use (30 days) - Cigarette	2	2.1	3.3
Tobacco Use (30 days) - E-Cigarette	NA	NA	NA	Tobacco Use (30 days) - E-Cigarette	3.4	9	23.9
Tobacco Use (30 days) - Chew	NA	NA	NA	Tobacco Use (30 days) - Chew			11.1
Tobacco Use (30 days) - other	NA	NA	NA	Tobacco Use (30 days) - other			7.9
Tobacco 1st Use - Never	NA	NA	NA	Tobacco 1st Use - Never		81.1	64.8
Tobacco 1st Use - E-Cigarette/Vap	NA	NA	NA	Tobacco 1st Use - E-Cigarette/Vap		14.7	26.1
Tobacco 1st Use - All Others	NA	NA	NA	Tobacco 1st Use - All Others		4.2	9.1
E-Cigarette - Used 1+ in past 30 days	NA	NA	NA	E-Cigarette - Used 1+ in past 30 days	3.4	9	23.9

Marijuana Initiation - Never	NA	NA	NA	Marijuana Initiation - Never		89.7	62.9
Marijuana Initiation - 14 years old	9.5	12.2	14.8	Marijuana Initiation - 14 years old		10.3	15.7
Marijuana Initiation - 15+	NA	NA	NA	Marijuana Initiation - 15+			21.3
Marijuana Consumption - Smoked	NA	NA	NA	Marijuana Consumption - Smoked		66.7	91.7
Marijuana Consumption - Vaporized	NA	NA	NA	Marijuana Consumption - Vaporized		66.7	41.7
Marijuana Consumption - Ate	NA	NA	NA	Marijuana Consumption - Ate		100	0
Marijuana Consumption - Dabbed	NA	NA	NA	Marijuana Consumption - Dabbed		83.3	33.3
Marijuana Consumption - Other	NA	NA	NA	Marijuana Consumption - Other		0	8.3
Marijuana - Easy to Access	6.6	24.5	54.4	Marijuana - Easy to Access		21.9	40.7
Prescription Drug - Used 1+ in past 30 days	5.7	2.8	3.3	Prescription Drug - Used 1+ in past 30 days	5.7	2.8	3.3
Prescription Drug - Easy to Access	16.8	39	29	Prescription Drug - Easy to Access		30.9	32.9
Illicit Drugs - Easy to Access	2.8	6.8	17.6	Illicit Drugs - Easy to Access			15.3

2020 State**Grade 6****Grade 8****Grade 11**

36.9

34.1

22.5

3.1

3.9

65.7

71.2

11.7

14.1

9.8

5.6

9.8

5.1

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6.6

9.7

0.8

1.2

4.9

9.5

14.1

27.1

6

8.9

6.9

11.9

14.5

29.9

Grade 6**Grade 8****Grade 11**

7.9

9

33.3

29.9

Grade 6**Grade 8****Grade 11**

98.1

98.1

1.9

1.9

Grade 6**Grade 8****Grade 11**

30.7	24.9	23.9
6.8	3.3	5.6
31.8	19.7	19.4
10.0	8.6	7.1
11.1	6.2	7.3
7.6	5.6	3.3
34.5	26.9	31.4
5.7	5.0	4.3
15.6	30.8	33.6
17.0	17.8	12.6
Grade 6	Grade 8	Grade 11
26.1	22.7	25.0
16.0	12.7	16.6
27.3	37.8	51.0
18.7	25.7	32.4
18.2	30.0	19.0
57.5	59.5	58.5
23.0	20.5	24.3
Grade 6	Grade 8	Grade 11
89.8	82.5	81.9
74.4	61.7	51.4
84.9	83.8	89.3
78.0	69.5	72.5
59.0	43.4	49.7
75.8	72.3	76.6
Grade 6	Grade 8	Grade 11

	27.3	23.6
	6.0	8.7
Grade 6	Grade 8	Grade 11
73.8		
71		
92.2	88.1	82.8
83.3		
Grade 6	Grade 8	Grade 11
94		
	60.2	68.5
	4.9	11.9
Grade 6	Grade 8	Grade 11
7	13.3	10.7
10.4	8.1	7
	6.6	5.2
Grade 6	Grade 8	Grade 11
	42.8	27.7
	32.6	28.5
	10.2	14.7
	14.3	19.1
93.6	92.7	93
84	80.5	80.9
16	19.5	19.1
28.6	33	42.9

98	14.4	16.5
3.2	5.6	5.1
	36.7	41.1
Grade 6	Grade 8	Grade 11
		14.7
	2.2	2.5
		0.9
		19.1
Grade 6	Grade 8	Grade 11
19.3	14.1	10.6
90.5	88.3	80.9
	4.2	29.6
	4	29
	55.2	54.3
	50.8	83.3
	28.9	71.6
55.1	74.3	84.3
		17.7
		6.8
		7.6
		29.3
		48.9
		3.7
		11.7

Grade 6	Grade 8	Grade 11
2.2	6.1	17
0.4	1.2	2.9
0.9	3.3	13.5
3.6	3.2	3.5
1.7	5.1	11.9
	1.7	2.8
53	54.6	63.5
70.2	73.8	81.9
58.6	51.3	37.8
73.7	79.4	86.7
		67.3
		89.8
88.1	78.2	54.8
2.2	6.1	17
0.7	2.3	7.3
	42.7	62.8
0.4	1.2	2.9
1.7	5.1	11.9
	0.6	1.3
	0.3	2.9
	86.6	73.9
	9.4	19.9
	4	6.2
1.7	5.1	11.9

90.7	68.6	
9.2	13	
	18.3	
80	74.5	
43.3	47.8	
31.7	33.1	
32.8	28.1	
3.6	3.6	
	20.6	48.6
3.6	3.2	3.5
	25.2	30.7
		14.2