



# La Grande

SCHOOL DISTRICT

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[Date]

Dear Parent(s) and Guardian(s),

Each year the fifth grade students at [ ] Elementary participate in a Human Growth and Development discussion. This letter is to inform you about the topics to be covered and to request permission for your child's participation. Please have your student return this signed form on or before [Date].

The discussions will be held on [Date/Time]. The students will be divided into two separate groups. [Names] will be leading the boys discussion in [Location]. [Names] will be leading the girls discussion in [Location]. The discussions will begin with a video from the "Always Changing and Growing Up" curriculum. The boys will view the male version and the girls will view the female version. The video covers puberty, hormones, anatomy, and personal hygiene. This serves as a convenient springboard into the changes that the students can expect to see in themselves.

There is a need for dialogue at home between child and parents about the moral and social aspects of sexuality. It is the essential ingredient that cannot be covered in the classroom. Our Human Growth and Development discussion helps to promote a home discussion between students and their parent(s).

If you have any questions about the discussion or reservations about your child's participation, please contact me, the classroom teachers, or our principal. We would be happy to talk with you and share the curriculum.

Sincerely,

[Name of Staff Member]

PLEASE SIGN AND RETURN TO SCHOOL BY [Date]:

My student \_\_\_\_\_ DOES have my permission to attend the Human Growth and Development discussion.

My student \_\_\_\_\_ DOES NOT have permission to attend the Human Growth and Development discussion.

\_\_\_\_\_  
(Parent Signature)

\_\_\_\_\_  
(Date)

**OPPORTUNITY & EXCELLENCE**

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