



# La Grande

## SCHOOL DISTRICT

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[Date]

Dear Family,

Your child will be participating in the *Safer, Smarter Kids* abuse prevention curriculum, developed by Lauren Book, M.S.Ed., along with a developmental psychologist and career educators, in his or her class over the next few weeks. This developmentally-appropriate abuse prevention curriculum will arm your child with the necessary skills to avoid physical and sexual abuse, without being explicit or in any way scary.

Parents and other responsible adults want to protect children from those who might harm them, but no child can be supervised 24 hours a day. The *Safer, Smarter Kids* curriculum will teach your child ways he or she can reduce the likelihood of being abused and ways to get help from others if needed.

The curriculum is taught in five to eight (depending on the grade level) lessons that incorporate in-class activities and videos featuring Lauren Book, M.S.Ed., child abuse survivor, prevention advocate, elementary school educator, and CEO of the Lauren's Kids foundation. Some of the topics the children will study are Personal Space, respecting themselves and others, listening to their "Guiding Voice" and telling a trusted adult when a situation makes them feel confused or uncomfortable.

If you have any more questions about the curriculum, please contact me. If you would like to learn more about the curriculum or review the *Safer, Smarter Kids* parent toolkit to learn more about the topics covered in the curriculum, please visit [SaferSmarterKids.org](http://SaferSmarterKids.org) or contact me.

Sincerely,

[Name]

School Counselor

[Contact Number or Email]

### **OPPORTUNITY & EXCELLENCE**

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