Sexual Health Advisory Council (SHAC) Summary and Recommendation

Date: March 9, 2022

Prepared by: Scott Carpenter, LGSD Assistant Superintendent

Committee Members (Attended): Scott Carpenter, Bill Waldrop, Brett Smith, Chris Leavitt, Cortney Gunetert Chagas, Eric Freeman, Jasmine Smith, Kevin Kretschmer, Matt Wolcott, Melinda Becker, Neesha Turner, Robin Maille, Teresa Dowdy, Chesea Hurliman, Deanna Wildman, Doug Schow, Hailey Wolcott, Jacob Chamberlain, Jorden Anderson, Justin Hernandez, and Kimberly Westenskow.

Invited to Participate (Did Not Attend – Will Attend In The Future): Crystal Daggett, Jaime Cox, Julie Carpenter, Chad Carlson, Jane Francke, Savannah Altenburg, Rebecca Loman, and Lacey Hedges

Meeting Dates:

- Initial Meeting: January 13, 2022
- Whole District Committee: February 17, 2022
- K-5 Work Group: February 23, 2022 and March 2, 2022

Curriculum Resources K-12:

- Great Body Shop: K-5 Adopted Health Curriculum
- Safer Smarter Kids: K-12 Counseling Curriculum (Personal Protection)
- Second Steps: K-5 Counseling Curriculum
- Proctor and Gamble Always Changing: Grade 4-5 Sexual Education Curriculum
- Teen Health (Textbook): MS Adopted Health Curriculum
- Health for Life (Textbook and Sex Ed guide): HS Adopted Health Curriculum

Committee Recommendations

- Adoption of Oregon Health, Physical, and Sexuality Education Standards in the following areas as the LGSD Scope and Sequence:
 - Respecting Differences
 - o Healthy Relationships and Violence Prevention
 - o Sexual Health
 - o Growth and Development
- The following Oregon Health, Physical, and Sexuality Education Standards will be omitted from LGSD K-12 Sexual Education Scope and Sequence as they relate to Health instruction and are not specific to sexual education:
 - Wellness and Health Promotion
 - Safety and First Aid
 - o Alcohol, Tobacco, and Other Drug Use Prevention
 - Nutrition and Physical Activity
- Instructional focus on ODE-developed essential questions for standards mentioned above as they are openended, inclusive, and leave space for discussion to be age-appropriate based on the maturity of the students. (See attached document for full list)
- Adopting improved Sex Ed Opt Outs at K-5, MS, and HS
- Parent night(s) for Grade 4-5 parents to talk about sexual education standards and puberty conversations prior to them happening in schools.
- Expanding Grade 5 sexual education instruction to an initial Grade 4 discussion in the Spring, and an extended puberty/sexual education series (3 session) for Grade 5 students in Fall/Winter presented to male and female students separately by appropriate school staff.
- Continued use of counselors, classroom teachers, and PE/Health teachers to jointly provide information when appropriate.
- Continued use of current adopted curriculum resources and materials for instruction.
- Revisioning MS Careers class to include CIS and identified Health Units (Nutrition and Physical Activity
 and Alcohol, Tobacco, and Other Drug Use Prevention) as these are significant issues facing our MS
 student based on discipline reports, the Oregon Wellness Survey, and information from local law
 enforcement.