

La Grande School District K-12 Sexual Health Education Scope and Sequence (Updated March 2022)

Grade	Topic Category	Grade-Level Essential Question	Who Leads? (Teacher/Counselor/ PE Teacher	Resource
K-2	Respecting Differences	What can a family look like?	Teacher/Counselor	Second Step; Great Body Shop
K-2	Respecting Differences	What are ways that people can express themselves?	Teacher/Counselor	Second Step; Great Body Shop
K-2	Respecting Differences	What are common things that bodies do?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Respecting Differences	How can we show our friends that we respect and appreciate them?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Healthy Relationships	What are some ways you practice "consent"?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Healthy Relationships	What does a good friendship feel like?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Healthy Relationships	What does a healthy relationship with an older kid or adult feel like?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Healthy Relationships	What are some rules that older kids and adults follow to keep younger kids safe?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Healthy Relationships	What can you do if an older kid or adult breaks the rules about safety?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Healthy Relationships	How do you tell someone if something bothers you or just doesn't feel 'right'?	Teacher/Counselor	Second Step, Great Body Shop
K-2	Sexual Health	How do we keep our bodies healthy and safe?	Teacher/Counselor	Safer, Smarter Kids; Great Body Shop

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K-2	Sexual Health	When should I talk to someone about my health or safety?	Teacher/Counselor	Safer, Smarter Kids; Great Body Shop
K-2	Sexual Health	Who can I go to for help if I do not feel safe in my body?	Teacher/Counselor	Safer, Smarter Kids; Great Body Shop
K-2	Growth and Development	What makes a family? How can we celebrate all kinds of families?	Teacher	Great Body Shop
K-2	Growth and Development	What do you like most about yourself?	Teacher	Great Body Shop
K-2	Growth and Development	In what ways are you different or unique from other people?	Teacher/Counselor	Second Step; Great Body Shop
K-2	Growth and Development	What are common things that bodies do?	Teacher/Specialist (PE)	Great Body Shop
K-2	Growth and Development	What jobs do different parts of our bodies do? What are some things that penises and vulvas do?	Counselor	Great Body Shop
K-2	Growth and Development	Colors, toys, clothes, etc. can be for everyone, not just boys or girls. Which colors, toys, or clothes are your favorite?	Teacher/Counselor	Second Step; Great Body Shop
K-2	Growth and Development	Who can I go to when I have questions about my body or feelings?	Teacher/Counselor	Second Step; Great Body Shop
3-5	Respecting Differences	What do we mean when we talk about someones 'identity'?	Teacher/Counselor	Great Body Shop

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3-5	Respecting Differences	What are common identities you see in your communities?	Teacher/Counselor	Great Body Shop
3-5	Respecting Differences	How can we contribute to and create a safe and respectful environment for people of all identities and backgrounds?	Teacher/Counselor	Second Step Bullying Prevention; Studies Weekly; Great Body Shop
3-5	Respecting Differences	What is oppression?	Teacher	Studies Weekly (Social Studies Curriculum)
3-5	Healthy Relationships	How are good friendships and healthy relationships with adults similar and different?	Teacher/Counselor	Safer Smarter Kids; Great Body Shop
3-5	Healthy Relationships	How does culture, media, and technology influence our ideas about healthy relationships?	Teacher/Counselor	Safer Smarter Kids; Great Body Shop
3-5	Sexual Health	How do we keep our bodies healthy and safe?	Teacher/Counselor/PE Teacher	Safer, Smarter Kids; Great Body Shop; P&G Always Changing
3-5	Sexual Health	When should I talk to someone about my health or safety?	Teacher/Counselor	Safer, Smarter Kids; Great Body Shop
3-5	Sexual Health	What are some ways to prevent HIV and other STDs?	Teacher	Great Body Shop
3-5	Sexual Health	Which adults can I go to for help or information?	Teacher/Counselor/PE Teacher	Safer, Smarter Kids; Great Body Shop; P&G Always Changing
3-5	Growth and Development	What ways are you changing as you grow older, and how do you feel about these changes?	Teacher/Counselor/PE Teacher	Great Body Shop; P&G Always Changing
3-5	Growth and Development	What are common things that bodies do?	Teacher/Counselor/PE Teacher	Great Body Shop; P&G Always Changing

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3-5	Growth and Development	What jobs do different parts of our bodies do? What are some things that penises and vulvas do?	Teacher/Counselor/PE Teacher	Great Body Shop; P&G Always Changing
3-5	Growth and Development	What makes a baby?	Teacher/Counselor/PE Teacher	Great Body Shop; P&G Always Changing
3-5	Growth and Development	Colors, toys, clothes, etc. can be for everyone, not just boys or girls. Which colors, toys, or clothes are your favorite?	Counselor	Second Step Bullying Prevention
3-5	Growth and Development	How do we know when we love someone? What are some ways to describe this? Are all kinds of love the same?	Teacher/Counselor	Second Step; Great Body Shop
3-5	Growth and Development	What makes you feel good about yourself and your body? How do family and friends influence how you feel about yourself and your body?	Teacher/Counselor	Second Step Bullying Prevention; Great Body Shop
3-5	Growth and Development	Which adults can I go to for help or information when I have questions about the changes my body is going through or feelings I have?	Teacher/Counselor	Great Body Shop; P&G Always Changing
6-8	Respecting Differences	How can power differences affect relationships?	Teachers/Counselors	Teen Health Textbook
6-8	Respecting Differences	What are some ways that people's identities play a role in bullying or violence?	Teachers/Counselors	Teen Health Textbook
6-8	Respecting Differences	How can we contribute to and create safe and respectful environments for people of all identities and backgrounds?	Teachers/Counselors	Teen Health Textbook
6-8	Respecting Differences	How does oppression impact personal and community health?	Teachers/Counselors	Teen Health Textbook

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6-8	Healthy Relationships	How do healthy relationships look different depending on the type of relationship? (ie: parent to child, teacher to child, peer to peer, friends of the same age, friends of significantly different ages, romantic partners, etc.)	Teachers/Counselors	Teen Health Textbook
6-8	Healthy Relationships	What are ways that culture, media, and technology affect our ideas about healthy relationships and sexuality?	Teachers/Counselors	Teen Health Textbook
6-8	Healthy Relationships	How can people recognize, clearly communicate, and respect their own boundaries and the boundaries of others?	Teachers/Counselors	Teen Health Textbook
6-8	Healthy Relationships	How does power affect how relationship boundaries may be manipulated?	Teachers/Counselors	Teen Health Textbook
6-8	Healthy Relationships	Why is it important that young people model healthy relationships with kids for whom they may be responsible? (babysitting, younger siblings, etc)	Teachers/Counselors	Teen Health Textbook
6-8	Healthy Relationships	What sources of support are available for young people needing more information about sexuality and/or reporting bullying, harassment, abuse, sexual thoughts about children, or dating violence and how can those sources be accessed?	Teachers/Counselors	Teen Health Textbook
6-8	Sexual Health	Where can you go to receive healthcare services?	Teachers/Counselors	Teen Health Textbook
6-8	Sexual Health	How will you know when you are healthy? What does being sexually healthy mean to you?	Teachers/Counselors	Teen Health Textbook
6-8	Sexual Health	What matters most to you, as it pertains to your sexual health?	Teachers/Counselors	Teen Health Textbook
6-8	Sexual Health	What information do you need to make a decision that is best for you?	Teachers/Counselors	Teen Health Textbook
6-8	Sexual Health	Who are three people I can go to for help or information?	Teachers/Counselors	Teen Health Textbook

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6-8	Sexual Health	What are barrier methods, and how do different people use them?	Teachers	Teen Health Textbook
6-8	Sexual Health	What are three effective methods for preventing pregnancy?	Teachers	Teen Health Textbook
6-8	Sexual Health	What are three effective ways to prevent STD transmission?	Teachers	Teen Health Textbook
6-8	Growth and Development	What ways are you changing as you grow older (physically, socially, and emotionally)? How do you feel about these changes?	Teachers	Teen Health Textbook
6-8	Growth and Development	What does it look like to form an identity that remains true and authentic for oneself? Why is it important for all people to feel respected and affirmed while being true to themselves?	Teachers	Teen Health Textbook
6-8	Growth and Development	What are the values and beliefs that guide your decisions about becoming sexually active? Where are these values and beliefs from?	Teachers	Teen Health Textbook
6-8	Growth and Development	What parts of our bodies are considered sexual and why? What are some things that these body parts do?	Teachers	Teen Health Textbook
6-8	Growth and Development	What is sex? Is sex always the same thing, or does it look different for different people? How do people decide to have or not have sex? How might having sex impact someones life?	Teachers	Teen Health Textbook
6-8	Growth and Development	What sorts of messages have you gotten about how someone should look or act, based on their gender? How do they play out in your life? Do you agree with them?	Teachers	Teen Health Textbook
6-8	Growth and Development	What makes you feel good about yourself and your body? What else around you influences how you feel about yourself and your body (family, friends, media, etc.)?	Teachers	Teen Health Textbook
6-8	Growth and Development	How do we know we are attracted to someone? How do we describe this?	Teachers	Teen Health Textbook

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6-8	Growth and Development	What are the personal values and beliefs that guide your decisions about your health and wellbeing? Where do these values and beliefs come from?	Teachers	Teen Health Textbook
6-8	Growth and Development	Which adults can I go to for help or information when I have questions about the changes my body is going through or feelings I have?	Teachers/Counselors	Teen Health Textbook
9-12	Respecting Differences	How can you promote dignity and respect for people of all identities and experiences?	Teacher	Health for Life (Adopted Curriculum) Chapter 20 - Community and Public Health
9-12	Respecting Differences	What are some of the consequences of prejudice and oppression, discrimination, racism, and sexism?	Teacher	Health for Life (Adopted Curriculum) Chapter 20 - Community and Public Health
9-12	Respecting Differences	What are ways you can work with others to create and contribute to healthier and safer communities for all people?	Teacher	Health for Life (Adopted Curriculum) Chapter 20 - Community and Public Health
9-12	Healthy Relationships	How can you tell if a relationship is healthy or unhealthy?	Teacher	Health for Life (Adopted Curriculum) 13.2 - Relationships
9-12	Healthy Relationships	How could a person avoid or end an unhealthy relationship?	Teacher	Health for Life (Adopted Curriculum) 13.2 - Relationships
9-12	Healthy Relationships	What are ways that culture, media, and technology affect our ideas about healthy relationships and sexuality?	Teacher	Health for Life (Adopted Curriculum) 13.2 - Relationships
9-12	Healthy Relationships	What makes communication skills "effective" and "ineffective" in romantic and/or sexual relationships?	Teacher	Health for Life (Adopted Curriculum) 13.2 - Relationships
9-12	Healthy Relationships	What sources of support are available for young people needing more information about sexuality and/or reporting bullying, harassment, abuse, or dating violence?	Teacher	Health for Life (Adopted Curriculum) 13.2 - Relationships

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9-12	Healthy Relationships	How does practicing affirmative consent work to prevent sexual assault and violence?	Teacher	Health for Life (Adopted Curriculum) 13.2 - Relationships
9-12	Healthy Relationships	How do the ideas of consent, power, and manipulation connect to sexual violence, such as sexual assault and child sexual abuse?	Teacher	Health for Life (Adopted Curriculum) 13.2 - Relationships
9-12	Sexual Health	How do you identify an accurate source of sexual health information?	Teacher	SBHC Nurse Presentation
9-12	Sexual Health	What information do you need to make a decision that is best for you?	Teacher	Reproductive and Sexual Health - Lesson 1
9-12	Sexual Health	What are the values and beliefs that guide your decisions about becoming sexually active?	Teacher	Reproductive and Sexual Health - Lesson 1
9-12	Sexual Health	How do you make an appointment for sexual healthcare?	Teacher	SBHC Nurse Presentation
9-12	Sexual Health	What are my rights when it comes to my sexual and reproductive health?	Teacher	SBHC Nurse Presentation
9-12	Sexual Health	What matters most to you, as it pertains to your sexual health?	Teacher	Reproductive and Sexual Health - Lesson 1
9-12	Growth and Development	What ways are you changing as you grow older, and how do you feel about these changes?	Teacher	Reproductive and Sexual Health - Lesson 2
9-12	Growth and Development	Which of your personal social identities are most important to you (e.g. gender identity, sexual orientation, race, ethnicity, citizenship status, socio-economic class, body size, physical and intellectual ability, religious or spiritual beliefs, etc.)? Why is it important for all people to feel respected and affirmed while being true to themselves?	Teacher	Reproductive and Sexual Health - Lesson 1
9-12	Growth and Development	What are the values and beliefs that guide your decisions about becoming sexually active? Where are these values and beliefs from?	Teacher	Reproductive and Sexual Health - Lesson 1

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9-12	Growth and Development	Where do you find accurate information about your sexual health?	Teacher	SBHC Nurse Presentation
9-12	Growth and Development	How do you schedule a doctor's visit? How does it feel to seek medical care? What barriers exist for accessing health care?	Teacher	SBHC Nurse Presentation
9-12	Growth and Development	What sorts of messages have you gotten about how someone should look or act, based on their gender? How do they play out in your life? Do you agree with them?	Teacher	Health For Life (Adopted Curriculum) Chapter 13 - Lesson 1