

Grandview R-2

Grades 7-12

Student-Athletics & Activities
Handbook

2021-2022



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CONTACT INFORMATION**Grandview R-2 School District**

11470 Highway C
Hillsboro, Missouri 63050
(636) 944-3390

Mr. Matt Zoph, Superintendent
zophm@grandviewr2.org

Grandview High School

Nick Streans, Principal
streansn@grandviewr2.org

Terry Edwards, Athletic Director
edwardst@grandviewr2.org

Angela Perren, Assistant Athletic Director
perrena@grandviewr2.org

Deborah Stukey, Assistant Principal
stukeyd@grandviewr2.org

Grandview Middle School

Don Jeffries, Principal
jeffriesd@grandviewr2.org

GRANDVIEW R-2 STUDENT-ATHLETE/ACTIVITIES HANDBOOK

INTRODUCTION

Interscholastic activities are an integral part of a student's education. Interscholastic activities complement the curricular program. The interscholastic activities program shall provide educational and social experiences for the students and the Grandview R-2 school community that result in positive learner outcomes which contribute to the development of good citizenship, sportsmanship and equitable competition. Interscholastic activities provide experiences that help develop young men and women physically, mentally, socially, and emotionally. The Grandview R-2 School District and the Missouri State High School Activities Association (MSHSAA) want to help ensure that you maintain your eligibility so that you may participate in and enjoy the benefits of interscholastic activities. Your years at Grandview High School and Grandview Middle School will be highlighted by your participation on one of your school's athletic or interscholastic teams. These will be some of the most enjoyable years of your life. In order to compete, you must be eligible and you must be a credible school citizen.

Eligibility to represent a school in interscholastic activities is a privilege and not a right. Eligibility is attained by meeting the standards of eligibility cooperatively set by the Missouri member schools of MSHSAA and additional standards established by the Grandview R-2 School District. These eligibility criteria allow students to be able to participate and remain eligible. The privilege to participate in activities carries with it a responsibility to the school, to the activity or organization, to the student body, to the community, to your team, and to the individual student. We want you to enjoy the years you participate in interscholastic activities and support the spirit of citizenship within the Grandview community. Information in this manual will acquaint you with the major rules and regulations you must follow in order to maintain and protect your school eligibility. This is not a complete list of Grandview School District policies or MSHSAA eligibility requirements. You should check with the administrators at your school anytime you have questions or concerns, as they have a complete copy of all District policies, discipline codes, and MSHSAA eligibility requirements. Knowing, understanding, and following these requirements will enable you to maintain and protect your eligibility. It is important for you to know that all the requirements must be met, as no one requirement is more important than another.

This manual has been prepared by the Grandview R-2 School District with the assistance of the Missouri State High School Activities Association to help students and parents in understanding our athletic/activities program and key eligibility issues. It does not replace or supersede Grandview R-2 School Board policies or MSHSAA by-laws. Questions regarding eligibility

should always be addressed to the Grandview R-2 Athletic Director. Information regarding MSHSAA may be found at www.mshsaa.org

POLICY OF NON-DISCRIMINATION

It is the policy of the Grandview R-2 School District not to discriminate on the basis of race, color, national origin, sex, disability, or age in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990.

Inquiries related to the Grandview R-2 programs and to the location of District services, activities, and facilities that are accessible to and usable by persons with disabilities may be directed to Grandview Superintendent Matt Zoph (Title VI/Title IX/Section 504/ADA/Age Act).

GRANDVIEW R-2 MISSION STATEMENT

The Grandview R-II School District is dedicated to relevant, challenging learning, which ensures individualized student growth.

ATHLETICS AND ACTIVITIES ORGANIZATIONS

Missouri State High School Activities Association (MSHSAA)

Grandview High School and Middle School are members of the MSHSAA, the organization that establishes regulations governing participation in activities in the state. These regulations are adopted by a vote of all member schools. It is the philosophy of the organization to guarantee that the focus of activities programs is educational in nature. The MSHSAA, through its member schools, establishes eligibility rules, individual sports rules, non-school competition standards, and athletic transfer policies, as well as organizing State Championships.

The purpose of this organization is to promote, develop, direct, protect, and regulate amateur interscholastic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state.

Jefferson County Activities Association and the I-55 Conference

Grandview High School is a member of the Jefferson County Activities Association (JCAA) and the I-55 Conference which have been organized to stimulate and promote friendly rivalry and greater interest in local high school activities. The Conference recognizes championships and awards recipients in both men's and women's sports at the high school level.

ATHLETICS AND ACTIVITIES OFFERED

Fall Season

Football *
Volleyball *
Cross Country (Boys) *
Cross Country (Girls) *

Winter Season

Basketball (Boys) *
Basketball (Girls) *

Spring Season

Baseball
Softball
Track & Field (Girls) *
Track & Field (Boys) *

Fall and Winter Season

Cheerleading *
Pom-Pon/Dance

Activities

Band * Color Guard Choir * Scholar Bowl Speech and Debate

*** Denotes Middle School Activities Also**

ATHLETICS AND ACTIVITIES DEPARTMENT PHILOSOPHY

Education-based athletic and activity programs will provide an opportunity to empower participants to achieve their potential by cultivating a love of learning and competing in an environment of respect, accountability, responsibility, sportsmanship, and fair-play.

The Grandview R-2 School District believes that interscholastic activities shall supplement the overall curricular program and become a vital part of a student's total educational experience.

These experiences contribute to the development of learning skills and emotional patterns that enable each student to make maximum use of their education. Student participation in any part of our program is a privilege not a right. This privilege carries with it responsibilities to the school, to the activity, to the student body, to the community and to the students themselves.

The **TEAM** concept will be the central theme of the activities program with the personal development of the individual a desired outcome. The team should never be sacrificed at the expense of the welfare of an individual. Rather, the development of both should be facilitated in such a way as to benefit all involved.

Athletics and activities are to be closely coordinated with the general instructional program and properly articulate with other departments of the school. Grandview's programs are considered an integral part of the school's program of education that provides experiences that will help to develop participants physically, mentally, socially, and emotionally. The goal of the program is to promote positive competition while increasing levels of physical fitness and sports skills. This is in order to help prepare each individual for various lifetime goals, and to promote fitness and the enjoyment of each sport throughout an individual's life.

ACTIVITIES DEPARTMENT MISSION

The mission of the Grandview Activities Program is to provide opportunities and experiences for all students to develop the following skills:

- Respect for self and others
- Ability to take positive risks
- Appreciation of one's talents and weaknesses
- Recognition of the value of physical, academic, and aesthetic pursuits
- Understanding of teamwork and sharing of common goals
- Realization of the importance of life skills
- Positively promote physical fitness

- Decrease negative risk behavior (drugs, alcohol, illegal substances)
- Awareness of the diversity in cultural backgrounds

Participants will also build the self-worth and integrity necessary to be able to cope with future successes and failures. Participants will also gain the qualities of realistic goal setting, positive interdependence, and moral judgment. Activities in the program create an avenue of enrichment, entertainment, and proud association for parents and community. A well-directed program will strive to enable students to contribute responsibly and ethically within society, now and in the future.

ACTIVITIES DEPARTMENT PURPOSE

- Promote academic excellence.
- Promote school morale.
- Develop positive school and community relationships.
- Provide an activity in which the participant may learn to compete at increasingly higher levels.
- Develop fitness and desirable habits of personal hygiene, health, and safety.
- Develop discipline and teach the importance of self discipline.
- Provide opportunities to learn a violation of a rule of the game brings a penalty and that this principle applies to everyday living.
- Develop an attitude that participation is a privilege.
- Provide the opportunity to make real and lasting friendships.
- Contribute to the development of the student's pride in the school community.

PROGRAM GOALS

Instructional Process

- To teach the students to motivate themselves for excellence.
- To teach fundamental, social, emotional, and academic skills.
- To create opportunities for students to develop self-esteem.
- To effectively evaluate performance.
- To model appropriate behaviors.
- To develop pride in the team, school, and community.
- To teach fundamental knowledge of activity.
- To share effective coaching methods.
- To teach responsibility, respect for others and property by developing teamwork and loyalty.

Program Management

- To promote involvement in activities and communicate effectively with parents, students, community, and media.
- To create high expectations for achievement in activities programs.
- To promote high standards of academic performance.
- To offer multi-levels of opportunity.
- To encourage student participation.
- To utilize staff and resources effectively.
- To develop effective practice, rehearsal, and schedules to maximize use of time.
- To encourage all participants to support other activities.
- To develop programs for care of injuries and promote overall well being.

Interpersonal Relationships

- To promote a positive relationship among team members.
- To develop positive leadership qualities in students.
- To promote appreciation for and acceptance of the differences of others.
- To show respect for the total person on social and emotional levels.
- To promote good working relationships with the administrators.
- To promote a positive image of our programs.
- To develop an attitude of partnership, appreciation, and sportsmanship among coaches, parents, students, and community.
- To communicate with parents, community, and media regarding student programs.

Professional Responsibilities

- To demonstrate a commitment to professional growth.
- To follow policies and procedures of the MSHSAA, JCAA, I-55 Conference, and the school district.
- To assume responsibilities outside of activities as related to school.
- To demonstrate a professional attitude and act with integrity.

Desired Program Outcomes

- Improvement of school spirit.
- Projection of a positive image to and for the community.
- Physical growth and development of participants.
- Development of a TEAM concept for participants.
- Development of self-discipline for participants.
- A coordinated program with a unified purpose for grades 7-12 in each activity.
- Opportunities for coaches to help youth grow and develop in a positive manner.
- Promote lifelong activities that are associated with a healthy lifestyle and not associated with the use of drugs and alcohol.
- An appreciation for the value of hard work and commitment.
- Respect for authority and the rights of others.

- Development of the value of fair-play and ethical standards.
- Provide an opportunity to compete and visit other communities.

ATHLETICS AND ACTIVITIES PACKET PROCESS

All participants and parents/guardians should read and be familiar with this entire handbook. Please read the handbook carefully to understand the expectations of participants, parents, and school and department policies, MSHSAA guidelines on eligibility, sportsmanship, and citizenship.

Athletic and Activities Packet Completion

- 1) **Participants must complete an Athletic Packet before they will be allowed to participate.**
- 2) **Participants must turn this in ONLY to the AD's office.**
- 3) The packet includes:
 - a) MSHSAA Annual Pre-participation form (3 pages) in its entirety including parental permission signature
 - b) Valid MSHSAA Physical Form (3 pages) in its entirety. This form is valid for 2 years from the date of the physical examination.
 - c) Student/parent contracts--The Eagle Flight Plan

PARTICIPANTS' RESPONSIBILITIES

As student athletes and activities participants, you are in school to secure the best secondary education you are capable of achieving. Deciding to take advantage of the athletic component plays a significant part in your total educational development. However, with this decision also come certain responsibilities, if the value of activities is to be achieved.

Code of Conduct

Participants are expected to follow the "Code of Conduct" outlined in the Grandview Student Handbook as well as in the Student-Athlete Handbook. The Grandview R-2 School District is dedicated to its mission, vision, philosophy, and objectives. Whenever these purposes are threatened by student misconduct, appropriate disciplinary action must be taken.

Grades 9-12 Participants' Responsibilities

- Striving to achieve sound citizenship and desirable social traits, including self-control, honesty, cooperation, dependability, and respect for others and their individual abilities and differences.
- Maintaining academic and eligibility standards as established by the Missouri State High School Activities Association and the Grandview R-2 School District (see page 16).
- You must enter school the first eleven days of the semester.
- You cannot participate for any non-school teams in the same sport the same season you represent a school team.
- You must fill out an Athletic Packet and pass a physical examination before you can tryout or participate.
- Regularly attending all classes and abiding by all school rules and policies.
- Understand and abide by all MSHSAA character and citizenship standards.
- Learning the spirit of hard work and dedication.
- You must have proof of medical insurance.
- Understanding the commitment you are making to your specific team. Students show this commitment by training out of season, practicing during the season, and participating in all competitions during the season. You must be committed to your team.
- Attaining mental and physical fitness through good health habits.
- To train properly and refrain from activities that are potentially harmful to your body (including: drugs, alcohol, and illegal substances).
- Excelling to the limits of your potential.
- Showing respect for both authority and property.
- Willingness to accept the leadership role that is instilled through the activity program.
- Making only positive remarks about the activity, team, coach, and teammates.
- Accepting decisions of others and abiding by them.
- Know, understand, and appreciate the rules of the contest. Respect the official's judgment and interpretation of the rules. Never argue or make gestures indicating a dislike for a decision.
- Accept both victory and defeat with pride and compassion.
- Realize that behavior, language, and appearance reflects not only on you, but also upon members of the team and the school.
- To be responsible to the younger students in the school system by providing an example to follow. Always remember that you are important role models to younger athletes.

Grades 7-8 Participants' Responsibilities

The following standards are requirements for participation on one of the middle school athletic teams. The Missouri State High School Activities Association establishes these standards.

Additional local standards may exceed those required by MSHSAA.

- You must be a good school citizen by demonstrating good conduct in school and out of school.
- You must be enrolled in at least six classes.
- You must pass six classes during the previous quarter.
- You must have been promoted to a higher grade at the end of the previous year.
- You must enter school the first eleven days of the semester.
- You cannot participate for any non-school teams in the same sport the same season you represent a school team.
- You must fill out an Athletic Packet and pass a physical examination before you can tryout or participate.
- You must have proof of medical insurance.

** Athletes need to keep in mind that they are in the public eye and that their personal conduct always must be above reproach. Athletes have an obligation to create a favorable image and to gain the respect of their teammates, student body, and community.*

Parents' Responsibilities

- To give moral support to their son/daughter for their participation in athletics. (This could include verbal encouragement, and going to games or meets whenever possible, all the while understanding that playing time is not equal.)
- To encourage the athlete to attend all practices, games, or meets and not to miss these events other than for illness or circumstances beyond their control.
- To furnish transportation to and from school for practices, games, and meets.
- To furnish the equipment which the school does not furnish.
- To work with the coach in identifying and correcting potential problems.
- To provide a physical and help in the identification and rehabilitation of injuries.
- To read, sign, and return all necessary forms and permission slips.
- To encourage the athlete to maintain passing grades in all subjects and to attend tutorials when necessary or scheduled due to unsatisfactory grade reports.

MSHSAA POLICIES AND BY-LAWS

Eligibility Information for Grades 7-12 (MSHSAA By-Laws Section 2 & 3)

Grandview High School and Grandview Middle School are members of the Missouri State High School Activities Association (MSHSAA). Grandview High School, Grandview Middle School and our participants/athletes must abide by the rules and guidelines set forth by MSHSAA in order to maintain their eligibility.

Knowing and following all these requirements will enable you to maintain and protect your eligibility. It is important for you to know that you must meet all the essential requirements in order to be eligible.

Bona Fide Student (MSHSAA By-Law 2.1.1)

Student Essential Eligibility Requirements for All Interscholastic Activities: Any student who represents his/her school in interscholastic activities shall be a bona fide student enrolled as an undergraduate student of the school (except as provided in By-Laws 2.3.4, 3.5.1, 3.5.3, and 3.10.3) and shall meet the following general standards of eligibility and the specific standards in By-Laws 3.3 through 4.1.6.

a. Bona fide student: In order to represent the school the individual must be a bona fide student and meet all eligibility requirements. A bona fide student is one who meets one of the following definitions:

1. A student who is enrolled in and regularly attending classes at the member school and who meets the minimum academic requirements in By-Law 2.3.2 through full-time attendance at the school as per By-Law 2.3.4.a.
2. A student who has established residency at the member school and whose official records and primary academic transcript is housed and maintained at the member school, and who is accumulating credits toward receiving a diploma from that member school, and meets the minimum academic requirements in By-law 2.3, but is attending classes at a non-member technical high school run by the member school's school district or accredited by DESE or a non-member alternative high school run or contracted by the member school's school district or accredited by DESE. Such students must meet all essential eligibility standards for participation.

3. A student who is recognized by the school as meeting the minimum academic requirements outlined in By-Law 2.3.2 through a non-traditional enrollment option as outlined in By-law 2.3.4.b and 2.3.4.c.

Citizenship (MSHSAA By-Law 2.2)

2.2.1 Citizenship

Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

2.2.2 Law Enforcement

- a. A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies.
- b. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.
- c. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. (Editor's Note: If a traffic offense is accompanied by an act covered in letter a. above, such as property damage, bench warrant, etc., eligibility will be delayed per letter a.)

2.2.3 Local School

- a. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
- b. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
- c. A student shall not be considered eligible while serving an out-of-school suspension.
- d. If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.
- e. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.
- f. Each school shall diligently and completely investigate any issue that could affect student eligibility.

2.2.4 Expulsion

A student who is expelled from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion. An expulsion is prompt removal of a student from school following the conduct for which the student is under discipline, whereby the student is not allowed to return to school until either an appeals process reinstates the student or the duration is fulfilled. However, this period of ineligibility shall not apply to any student expulsion for conduct otherwise protected by law which does not materially and substantially interfere with the requirements of appropriate discipline in the operation of a school.

2.2.5 Student Responsibility

Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors. Editor's Note: See also By-Law 3.10.5, Eligible at the Time of Transfer.

Academics (MSHSAA By-Law 2.3.1)

- You must have earned a minimum of 3.0 units of credit or passed six classes during the previous semester in order to be eligible. ****This standard has been waived for the fall semester of the 2020-21 school year due to not holding in person class in the spring of 2020 due to COVID-19 per MSHSAA By Law 2.3.**
- For your current semester, you must be enrolled in and regularly attending courses that offer 3.0 units of credit or six classes. There is no room for error at Grandview High School. Participants should be enrolled in a course for credit all seven class periods and must pass six classes to be eligible for the following semester. (See above for Junior High eligibility as the standards are figured by grading quarterly (not semester) concerning Junior High athletics.
- Credits earned or completed after the close of the semester will not fulfill this requirement. Summer high school courses for academic eligibility may count provided the course is necessary for graduation or promotion (no electives), and it is placed on the school transcript. No more than one credit in summer school shall be counted toward eligibility. Correspondence courses do not count.
- Students promoted for the first time into 9th grade are considered academically eligible for the first semester after promotion.
- You must be making satisfactory progress toward graduation as determined by your local school's policies.
- Do not drop courses *without first consulting with your school principal, athletic administrator or counselor* to determine whether it will affect your eligibility.

Residence Requirements (MSHSAA By-Law 3.1.0)

- A student may be eligible at the public or nonpublic school located in the district in which the student's parents (as defined in By-Law 3.10.1) reside. In case of a public

multiple-school district, a student may be eligible at the school designated for the student to attend by the board of education.

Transferring Schools (MSHSAA By-Laws 3.10.4)

- If you transfer schools, you will be ineligible for 365 days - unless you meet one of the exceptions listed in the MSHSAA Residence and Transfer Rules. Make an appointment with the school's athletic administration to review these exceptions.
- If you move with your parents to your new school district, you will be eligible at your new school provided you were eligible in all other respects at your former school. A student shall not be eligible to represent two different schools in the MSHSAA state tournament series in the same sport during the same season.
- You and your parents must move to the new residence at the same time.
- *Always* check with your school principal **before** you transfer to determine whether it will affect your eligibility.
- Discipline follows the student to the new school. Transferring while under suspension will cause you to be ineligible for 365 days.
- A student may be eligible immediately at the school of his or her choice upon first entering when the student is promoted from the eighth grade into the ninth grade, provided the student is eligible in all other respects.

2.4 Semesters of Eligibility to Participate

2.4.1 Semesters - Grades 9-12

- A student shall not participate in more than four seasons in grades 9-12 in any interscholastic activity.
- A student shall have only eight consecutive semesters (four consecutive years) of eligibility in high school, in which he/she may participate in one season per year in an activity, and these eight consecutive semesters shall begin on the twentieth (20th) day of the first semester a student enters the 9th grade or the first interscholastic contest in which the student participates, whichever occurs first.
- A student who participates in any part of an interscholastic event or contest shall count such as a season of participation.
- A student who applies for, is granted, and leaves school any time after the junior year to take advantage of an early release program shall no longer be eligible for interscholastic competition even though he or she later returns to school. Editor's Note: Exception - Baseball and softball have two seasons per year in which a student may participate as listed in By-Law 3.28. Page 48 2017-18 MSHSAA OFFICIAL HANDBOOK 2.4.2 Semesters -
- Grade 7 and 8: A student is eligible for only TWO SEMESTERS in each the 7th and 8th grade beginning with the first semester of entrance in each grade. A student who is repeating a grade is not eligible.

Entering School (MSHSAA By-Law 2.5)

- You must enter school within the first 11 days of the semester in order to be eligible.

Awards (MSHSAA By-Law 3.6.2)

A student may accept an award for participation in an athletic contest, or for athletic honors or recognition of athletic achievements in the interscholastic program. Awards presented to students shall meet the following criteria.

- A student may receive the following symbolic awards: unattached school letters or emblems, medals, ribbons, trophies, certificates, etc.
- A student shall not have accepted or competed for the following types of awards: services, cash or gift certificates.
- A student may receive an award of merchandise items (one or more) which together do not exceed a total value of \$250.00. The total value of all items shall be calculated using the manufacturer's suggested retail price for each item.
- A student may receive an award of commemorative jewelry of a value greater than the merchandise award limit in recognition of achievements in the school athletic program only if purchased and awarded by the school.
- A banquet sponsored by other than the school shall not constitute a violation if arranged with approval of the school administrator.
- An award presented to a student in recognition of achievements in the school athletic program by a non-school organization or individual shall be approved in advance by the school administration. Editor's Note: No award presented shall contain artwork or sponsorship contrary to the standards of the interscholastic program.
- This standard shall not prevent a student from signing an agreement which binds him or her to play only for a particular team or an athletic letter-of-intent with a university or college.
- A student who wins only an Olympic medal and receives specified funds only from the National Governing Body for the sport for the Olympic placement in competition, may continue or return to interscholastic sports without jeopardizing his/ her secondary school eligibility.
- Awards in the form of high school scholarships or concessions on tuition because of athletic ability shall cause the student to become ineligible for future competition in all interscholastic sports.
- A certificate of compliance with this provision along with a report of the system(s) of financial assistance available to students in each school shall be filed with the MSHSAA office no later than Monday of Standardized Calendar Week Seven by all schools with students receiving scholarships or tuition concessions and approved by the Board of Directors annually.

Age Limits (MSHSAA By-Law 3.5)

- If you reach 19 years of age prior to July 1, you will be ineligible the next school year.
- Over-aged eighth graders should be moved up to the senior high team to have eight semesters of eligibility.

- In order to participate on or against teams made up of only ninth-graders, you must not have reached 16 years of age prior to July 1 preceding the opening of school. However, you may participate with the next higher grade when you no longer meet the age limit for your grade.

Playing Under a False Name (MSHSAA By-Law 2.8)

- If you compete under an assumed or false name, you immediately become ineligible for up to 365 days.

Graduated Students (MSHSAA By-Laws 2.10.1)

- You will be ineligible to participate after graduation from a senior high school. Students who are granted an early release after their junior year are ineligible for further participation. (NOTE: *You are eligible to participate in state-level events which extend beyond the date of your school's graduation at the end of the spring semester of your senior year.*)

Nonschool Competition (MSHSAA By-Law 3.13)

- You may not practice for or participate with a nonschool team or in any organized non school athletic competition and for your school team *in the same sport* during the same season of the school team. Swimming and diving has a special exception. Contact your school's athletic director for specific details.
- You may participate on a school team and a nonschool team in *different* sports during the same season; *however*, you may not practice for the non school team or participate in organized non school athletic competition *on the same day* that you practice with or participate for the school team *without prior approval of your school administrator*.
- You must receive approval in advance from your school principal in order to miss school time to practice for, travel to or compete in organized non school athletic competition.
- You will become ineligible in any sport in which you play as a member of a junior college, college or university team.
- You may participate in international competition during the school year, however, the competition must meet the established criteria published in the MSHSAA Official Handbook and must be approved in advance by the MSHSAA Board of Directors.
- Before you join a non school team or enter any non school competitive athletic event, your school principal or athletic administrator should be consulted to make certain these standards are met.

College Auditions and Tryouts (MSHSAA By-Law 3.13 & 3.14)

- You may participate in a college tryout, audition or evaluation event for a specific sport *outside* the school season of the sport concerned (MSHSAA By-Law 242).
- You may not miss school time to travel or participate in the event unless your absence is approved *in advance* by the school administrator.

- You may not miss an MSHSAA-sponsored postseason athletic event to participate in or travel to and from the event.
- You may only attend one evaluation event **by invitation** per sport per year. You may attend any number of "open" evaluations (anyone may register) with no limit on college-sponsored tryouts.
- *See your Athletic Director before signing up to attend any such events.*

All-Star Games (MSHSAA By-Law 3.14.5)

- An all-star event is one in which an individual is invited to participate due to his or her high school achievements.
- You may not compete in an all-star game or contest before you complete your eligibility in each high school sport. Participation in an all-star game or contest before ending your high school eligibility will result in you becoming ineligible to participate in any high school sport.
- A senior with no high school eligibility remaining for a specific sport may participate in one All-Star game for that sport prior to summer. *See your administrator before agreeing to play.*

Recruiting of Athletes (MSHSAA By-Law 2.6)

- You will be ineligible for your career at a school if you are influenced by a person or persons to attend upon promotion or transfer schools for athletic or activities purposes. You may, however, return to your original school and be ineligible for no more than 365 days.

Transfer for Athletic Reasons (MSHSAA By-Law 2.6.2 & 2.6.3)

- You shall become ineligible for 365 days if you transfer to another school for athletic reasons.

Sports Camps and Clinics (MSHSAA By-Laws 3.15.7 & 3.15.8)

- School Sponsored Summer Sports Instruction/Camps: A member school may sponsor its own summer sport(s) camp(s) (team and/or individual camp) during the summer provided the following criteria are met:
 - a. Only students enrolled to enter the 7th grade (Junior High membership or 7-12 membership) or the 9th grade (9-12 membership) who will attend the school, and currently enrolled students in the sponsoring member school, may attend the

school-sponsored camp. A school district may offer a summer camp to students enrolled in the school district for the upcoming year in grades 7-12. (See By-Law 3.12.4 for youth camps which do not include 9-12 graders.)

- b. For a school-sponsored team camp (i.e. various high schools bringing a full team for a team camp), each school team participating in the camp shall be coached and supervised at all times by a member of that school's coaching staff.
- c. Late Release: Schools that release for summer following the defined start of summer may hold summer camps prior to school release for summer as long as students do not miss any instructional time. Further, these days shall be counted as summer contact days as defined in this section. Football is included in this allowance as well.
- Fall Sports: No summer specialized sports camp involving a fall season sport shall be attended after July 31.
- During the school year outside of the school sport season, you may attend a non school-sponsored specialized sports camp(s) or group instruction, provided: it does not result in any loss of school time, attendance does not occur within 14 days of the start of the school sport season for the sport concerned, it is not a team camp, no competition occurs other than limited scrimmaging, and no member of the coaching staff of the school you attend (or will attend) is involved in any way.
- During the school sport season, you may attend a non school-sponsored specialized sports camp(s) or group instruction provided a school coach attends with you, camp attendance does not result in any loss of school time, it is not a team camp, there is no competition other than limited scrimmaging, and a school administrator approves your participation.
- You or your parents must pay all camp/clinic fees, tuition and other related expenses. A scholarship, waiver of fees or a payment of travel expenses shall result in the loss of your eligibility.
- You may attend one sport camp per sport per year by special invitation. You may attend any number of "open" sport camps where anyone may register.
- No school-owned uniforms or player equipment shall be used in any camp, clinic or group sport lesson other than team camps where the school coach is present. Member schools may not rent, sell, lease or loan their uniforms or player equipment for use in non-school sponsored camps, clinics or contests.
- *Before attending any specialized athletic camp or group sport instruction, you should consult with your athletic administrator to make sure it meets the criteria published in the MSHSAA Official Handbook.*

Physical Exams (MSHSAA By-Laws 4.5.6 & 3.8)

The MSHSAA bylaws state that anyone wishing to participate in athletics must have a physical examination from a medical doctor that declares them physically fit to participate in athletics before they can practice or compete. Any physical administered will now be valid for a period of two years from the date of the physical examination. The parent permission waiver on the MSHSAA Pre-Participation Exam Form must also be completed and signed.

Sportsmanship (MSHSAA By-Laws 5.5)

- If you should commit an unsportsmanlike act while participating in an event, you could become ineligible.
- If your conduct as a spectator is found to be unsportsmanlike, you could be barred from attending any further high school athletic contests.
- The unsportsmanlike conduct of any spectator — regardless of age — could cause that spectator to be barred from attending school athletic contests.

Foreign Student Eligibility (MSHSAA By-Law 3.10.4)

1. A foreign exchange student is an international student who attends high school in the U.S. To be eligible for interscholastic athletics in a MSHSAA member school, such student must be under the auspices of and be placed with a Missouri host family by an international student exchange program that has been accepted for listing by the Council on Standards for International Educational Travel (CSIET) and be recognized by the U.S. Department of State. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The foreign exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities.

2. A foreign exchange student is considered to be placed with a host family when written notice of placement is provided by the exchange organization to the student and his/her parents, and to the host family.

(a) Neither the school the student attends nor any person associated with the school shall have input into the selection of the student.

(b) If a member of the school's coaching staff, paid or voluntary, serves as the host family, the foreign exchange student shall not be eligible to participate at any level in the sport(s) (by gender) for which the coach coaches.

3. A senior foreign exchange student, in his/her 7th and 8th semesters, attending a member school may be considered eligible with no restrictions to participate in interscholastic athletics during his/her 7th and 8th semesters only, provided the following conditions are met.

(a) The foreign exchange student must comply with all other eligibility requirements.

(b) The student has not previously attended any other American high school.

(c) The foreign exchange student is eligible at the public or non-public school(s) located in the district in which the foreign exchange student's host family resides, as defined in By-Law 3.10.1.b.

4. Non-Senior Foreign Exchange Students: Any foreign exchange student in his/her first through sixth semester of school attendance (as defined in By-Law 2.4) will be considered eligible only under By-Laws 3.10.4.i.2 and 3.10.4.j.2(b).

PARTICIPATION POLICIES AND RULES

Pre-Season Mandatory Informational Meeting

Any Grandview school student who participates on an athletic team and some activities is required to have a parent/guardian attend a preseason rules and informational meeting each year.

- Athletics/Activities Informational Meeting with Athletic Director
 - A parent/guardian that cannot attend the Informational Meeting must schedule a time to meet with the Athletic Director to review Athletic/Activities policies.

Attendance and Tardies for Participation

- A student must attend school all day to participate in practice, a contest, or an event.
- If a student is late to first hour, they will be considered absent in regards to participation. No practice or participation in a contest or event will be allowed on that day unless approved by the Athletic Director.
- Participants not in school on Friday may not participate on Saturday and/or Sunday. A full day of attendance is required after an absence in order for a participant to practice or compete unless pre-approved by the Athletic Director.

Academic Expectations

- We take the academic progress of our student athletes very seriously at Grandview. Students should maintain solid grades in order to participate in activities/athletics. Listed below are the requirements for students when it comes to activities/athletics participation in the area of academics:
 - Students must pass 3 credits in the previous semester in order to be eligible for the current semester.
 - Students that have one failing grade at 8 AM on the first day of the school week will be required to attend Academic Lab that entire week. Students that have one failing grade at the end of grading period will be required to attend Academic Lab until the next grading period. The penalties for missing Academic Lab are cumulative throughout the semester and not just individual seasons.
 - 1st Time missing Academic Lab--Student will sit out of 25% of the next contest for that sport/activity.
 - 2nd Time missing Academic Lab--Student will sit out of 50% of the next contest for that sport/activity.
 - 3rd Time missing Academic Lab--Student will sit out 10% of all the contests for that season.

- 4th Time missing Academic Lab--Student will sit out 25% of all the contests for that season.
- 5th Time missing Academic Lab--Student will sit out of 50% of all the contests for that season.
- 6th Time missing Academic Lab--Student will not be able to participate in activities/athletics for the remainder of the semester.

ISS or Out-of-School Discipline

- A student in ISS or who is suspended (out-of-school) will not be allowed to participate in any practice, contest, or event during the period of suspension.
- Suspended students will have to be reinstated in school and attend a full day of classes before they will be allowed to participate.

PE Class Participation

- All participants are required to dress out and participate in their Physical Education classes on a regular basis.
- Participants who do not participate in their Physical Education classes due to an injury cannot actively participate in practice or competition after school.

Equipment, Fines and Obligations

- All equipment from previous activities or events must be turned in before a student will be allowed to participate in the next activity.
- All school fines and obligations must be met before a student will be allowed to participate in a practice, contest or event.

Dismissal or Quitting

- A student who is dismissed or willingly quits an activity or event will not be allowed to participate in the next activity until the conclusion of that season or event.

Open Gym

- Students must have prior approval from an in-season coach before attending an open gym of another sport.

Dismissal for Athletic Events during the School Day

- Students leaving for an athletic event during the school day must be academically eligible and meet the attendance policy as stated in the Grandview Student Handbook.
- Students must be on the coach's dismissal list.
- Students are responsible for handing in all assignments before they leave.
- Students will be dismissed 15 minutes prior to the bus departure time in most instances.

Doctor's Excuse Procedures

- A doctor's appointment must be approved by the AD or secretary before leaving school.
- Upon returning to school, the student must show documentation on doctor's office stationery of the arrival time and the departure time.
- Documentation must be turned in to the attendance office before student is eligible for practice or participate in a game or competition.
- An appointment that is scheduled in the morning that causes a student to miss their first hour class must be approved by the Athletic Director or secretary before the start of the school day
- It is the coach's responsibility to make sure all students are eligible to participate.

Risk of Injuries

An unfortunate aspect of athletics is that injuries do happen and these injuries can sometimes be serious. The majority of students will suffer no injuries at all, a few will suffer minor injuries, and very few will suffer serious injury. Strict adherence to the rules of the sport and the utilization of proper techniques as taught by the coaches can often prevent injuries.

CITIZENSHIP

Participants should never do anything that will have an adverse effect on their ability to perform. Never do anything to embarrass or create an unfavorable impression of yourself, your team, your community, your family, or your school.

Remember that the conduct of an athlete is closely observed in many areas of life; on the field, in the classroom and in the community. Take pride in yourself, your team, and your school. You should always project a positive image. Winning or losing is not as important as your reaction to winning or losing. Your reaction is what people will remember, not the final score. You should be gracious in defeat and modest in victory.

Citizenship Requirements

- Eligibility to participate in school activities is a privilege--not an inherent right. Any student who represents Grandview High School or Grandview Middle School in activities must be a credible citizen and be judged so by proper school officials certifying the list of students for participation.
- A student whose character or conduct is such as to reflect discredit upon themselves or their school is not considered a credible citizen. Their conduct shall be satisfactory in accord with the standards of good discipline.
- Students who participate in athletics and activities programs should remember the rewards, recognition, and notoriety that comes with involvement also carries a high degree of school, civic, and individual discipline and responsibility.
- A student has much to gain by participating in athletics, but also has much to lose for behavior which is inappropriate.

- Besides the possibility of losing eligibility for inappropriate behavior, students involved in the extracurricular activities programs are also subject to the disciplinary consequences listed in the Grandview High School and Grandview Middle School Student Handbooks.
- It is understood that citizenship eligibility cases are handled on an individual basis by the coach, athletic director, principal, parents, and student. However, it is also felt that system-wide guidelines will assist in the uniform handling of such cases. Cases will be investigated when police records are available, a district employee has firsthand knowledge, and/or there is student admission.

MSHSAA REQUIRES SUSPENSION IN FOLLOWING CIRCUMSTANCES

Citizenship Students whose character or conduct is such as to reflect discredit upon themselves or their school is NOT considered a “credible citizen.” This includes violations of public law and/or school policy.

Use or Possession of alcoholic beverages, tobacco, or banned performance enhancing drugs by student-participants is prohibited.

Use or Possession of drugs, narcotics, or hallucinating agents by program participants is prohibited.

Possession/Use/Distribution of Alcohol, Tobacco, Non-Prescribed Drugs or Drug

Paraphernalia:

Students who participate in school-sponsored activities covered by this policy shall not use, possess, or distribute alcoholic beverages, prescription drugs that are not specifically prescribed for the student, drug paraphernalia, or tobacco at any time. Violations of this policy will be dealt with on an individual basis, depending on the nature, severity, and frequency of the conduct. Consequences for violations will be consistent with the Grandview R-2 School District Student Code of Conduct and Board of Education policies, and the requirements set forth in the MSHSAA Handbook. Consequences will range from suspension to termination of participation privileges.

In accordance with MSHSAA requirements, a student who participates in MSHSAA-sanctioned activities must be a “credible citizen.” The requirements below, together with the Student Code of Conduct and Board of Education policies, establish the criteria by which that determination will be made. However, it is important to remember that the consequences below may be enhanced in the event of multiple violations, or if an offense is especially serious. Factors that may result in enhanced consequences related to the conduct prohibited by this policy include, but are not limited to, physical or emotional harm caused to others, damage to property, distribution of prohibited substances to others, and/or creating a situation that poses immediate danger to others.

VIOLATION PROCEDURES

Violations Procedures During Season – Student Currently Participating

- **1st Violation**—The student will be suspended from 10 percent of the remaining MSHSAA competitions in that season. The suspension shall be served immediately and will begin with the first MSHSAA competition following the imposition of the suspension. If the then-current season ends before the suspension is fully-served, the suspension shall continue into the next season in which the student participates.
- **2nd Violation**—The student will lose eligibility up to 180 school days. The consequence may be reduced to 90 days upon satisfactory completion of a student assistance program or other program approved by the District. The administration shall determine whether the student has satisfactorily completed such program.

Violations Procedures Out of Season – Student Not Currently Participating

- **1st Violation**—The student will be suspended from 10 percent (or 2 games, whichever is greater) of scheduled MSHSAA competitions in the next season in which the student participates. The suspension shall begin with the first MSHSAA competition in the season in which the student participates following the imposition of the suspension.
- **2nd Violation**—The student will lose eligibility up to 180 school days. The consequence may be reduced to 90 days upon satisfactory completion of services from a student assistance program or other program approved by the District. The administration shall determine whether the student has satisfactorily completed such program.

Reporting Violations

- Violations are deemed verified based upon a report by an authorized adult who has direct personal knowledge of and/or who has personally observed the conduct underlying the violation, or by admission of the student.
- For purposes of this policy, an authorized adult shall include a coach, sponsor, administrator, teacher, law enforcement officer, or the student's parent or guardian.
- Students in activities who violate the school district's rules and regulations regarding drug, tobacco, or alcohol, or drug paraphernalia use or possession are also subject to the established procedures and consequences of the school district's discipline policy.

**Repeat offenders during subsequent years in a student's high school tenure may be cumulative.

APPEAL PROCESS

Although participation in student activities is a privilege, and not a right, the school district wants to avoid mistaken decisions and provide the students with an opportunity to explain their version of events when a student is removed from eligibility to participate in activities. Therefore, students will have an opportunity to explain their side of any incident that results in such removal.

Communication Ladder

If the student is dissatisfied with a decision regarding consequences under this policy, he/she may appeal through the following chain of authority:

- Athletic Director
- Principal
- Superintendent
- Board of Education – However, the Board shall not be required to conduct a hearing. The Board may, in its judgment and at its sole discretion, decide without a hearing to (1) uphold the decision of the superintendent; or (2) modify or reverse the decision of the superintendent. If a hearing is conducted, the Board shall determine the procedures to be used. The presence of attorneys shall not be permitted at any level of the appeal process.
- This appeal process shall apply only to removal from eligibility to participate in contests and other specific activities. It shall not apply to decisions regarding playing time, assignment to specific positions or responsibilities, or other decisions that are within a coach or sponsor's discretion.

GOOD SPORTSMANSHIP CONDUCT

The following policy statement from the **National Federation of State High School Associations** expresses the concept of sportsmanship as follows:

"The ideals of good sportsmanship, ethical behavior, and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. Good sportsmanship shall be defined as those qualities of behavior, which are characterized by generosity and a genuine concern for others. Participants must have an awareness of the impact of an individual's influence on the behavior of others. Good sportsmanship is viewed as a concrete measure of the understanding and commitment to fair play, ethical behavior, and integrity."

One of the main goals of the Grandview Activities Program is to teach the concept of sportsmanship. Good sportsmanship requires that everyone be treated with respect. This includes members of the opposing team, officials, coaches, and spectators.

Good sportsmanship includes showing courtesy and kindness toward your opponent as well as fellow team members. The contest is judged by the effort of the participants and not by putting down your opponent. Winning is exciting, but winning at any cost is not the goal of our program. Negative treatment of any participant is outside the spirit and interest of the contest and will not be acceptable.

All MSHSAA sanctioned events are a reflection of our community and school. The conduct of the team is extended to coaches, participants, parents, and fans before, during, and after athletic events.

Grandview High School and Grandview Middle School have behavior expectations for all spectators, including students, parents, and community members. Poor behavior and sportsmanship reflects negatively on our school and community. Plus, as adults, we are responsible role models for our students.

GOOD SPORTSMANSHIP GUIDELINES WHEN ATTENDING GAMES/CONTESTS

- Know and demonstrate the fundamentals of good sportsmanship.
- Respect school property and authority.
- Admittance is a privilege to observe a contest.
- Remember that participation on an athletic court or field is an opportunity for learning experiences, similar to a classroom, and mistakes can and will be made. Do **NOT** be critical or jeer athletes who make mistakes. Mistakes are part of the learning experience.
- Show respect for the officials, opposing players, coaches, spectators and support groups (refrain from booing).
- Respect the integrity and judgment of game officials. Do not question an official's call. Even if a mistake was made, questioning the official will not help our team.
- Learn the rules of the game, so that you may understand and appreciate why certain situations take place.
- Respect the judgment and strategy of the coach (even if you disagree).
- Refrain from being critical of players, coaches, or officials for a loss.
- Respect, cooperate, and respond to cheerleaders.
- Recognize and show appreciation for an outstanding play by either team.
- Refrain from heckling, jeering, or distracting opponents.
- Refrain from throwing objects on the playing area or in the bleachers.
- Show respect for players who are injured.
- Do not use profane or abusive language.
- Refrain from the use of controlled substance (alcohol, drugs, etc.) before, during and after school competitions on or near the site of the event.
- The Grandview School District is a tobacco-free facility. Many of our venues for the opposition are as well. The use of tobacco for fans is prohibited. Fans will be asked to not use tobacco products (cigarettes, cigar, chewing tobacco, e-cigarettes, vaping materials, etc.). If a person refuses to not comply with this policy, they may lose the right to attend events for the remainder of the school year.

UNSPORTSMANLIKE CONDUCT

- Any act that is in the realm of unsportsmanlike conduct with regard to officials, coaches, game personnel and general attendance of a school activity is considered an incident.
- An incident is at the discretion of the Grandview Administration.
- Depending on the severity of the incident the Grandview R-2 School District has the right to waive this policy and take further action.

Athletes During an Event

Team members who commit an unsportsmanlike act while attending a Grandview game could be suspended from play or become ineligible.

- A display of unsportsmanlike conduct, the use of profanity, insubordination, or other behavior unbecoming an athlete during practice or contest will result in disciplinary action.
- The Coach and Athletic Director have the responsibility and the authority to take action that will result in what is best for the individual, the team, and the school.
- Disciplinary action may range from a verbal warning, counseling, various other consequences, or suspension.
- Dismissal from the team may result after the coach has made a recommendation to the Athletic Director.

Grandview Student Spectators

- Grandview students, who as spectators commit unsportsmanlike behavior, will be asked to leave the contest, may receive discipline as per the Student Handbook, and may be barred from attending any future Grandview athletic contest.

Other Spectators

- Any spectator, regardless of age, who is found to be unsportsmanlike, may be asked to leave, and could be barred from attending any future Grandview athletic contest.
- A second offense will be cause for a 365 day ban from all extra-curricular activities.
- The individual is responsible for setting up a meeting with the Superintendent to meet with the Board of Education to become reinstated. The second offense will be reported to the authorities.

HAZING

- Student hazing is expressly prohibited.
- Hazing is defined as any activity, on or off school grounds, that a reasonable person believes would negatively impact the mental or physical health or safety of a student or put the student in a ridiculous, humiliating, stressful or disconcerting position for the purposes of initiation, affiliation, admission, membership or maintenance of membership in any group, class, organization, club or athletic team including, but not limited to, a grade level, student organization or school-sponsored activity.
- Students found to have violated this policy will be subject to suspension/expulsion from school and from athletic participation depending on the severity of the misconduct.
- Any student reporting an act of hazing to a staff member shall remain anonymous.
- If hazing occurs, coaches must report the incident to school administration immediately.

COMMUNICATION PROCESS

The district's expectations of coaches include open communication and positive relations.

- The participant is expected to communicate with their head coach or sponsor. The communication process is essential for successful participation.
- The participant should give a coach advance warning when there will be a conflict.
- If a participant will miss a practice or competition due to other circumstances (illness, family emergency, etc.), they must contact the head coach directly as soon as possible.
- If the participant cannot reach the head coach, they should contact the assistant coach or athletic director.
- If a student-athlete or their parent has any issue or problem with their athletic experience, the student-athlete is expected to address the coach in a scheduled meeting.
- Athletes are also encouraged to talk with the coach about any issue in their personal or academic lives.

Communication Parents/Athletes Should Expect from the Coach

- Philosophy of the coach and program.
- Expectations the coach has for your student as well as for all the students involved in the activity.
- Location and times of all practices and contests.
- Team requirements, (fees, special equipment, off-season conditioning).
- Procedure your student should follow if injured during participation.
- Discipline policies for the school and program.

Communication that the Coaching Staff Expects from Parents

- Concerns should be expressed directly to the head coach.
- Notification of any schedule conflicts should be shared well in advance.
- An appointment should be scheduled to discuss any specific concern in regard to a coach's philosophy and/or expectations if there is ever a question.

Parents and coaches should help their students learn that success is achieved in the development of a skill and should make student-participants feel good about themselves regardless of the outcome of any contest. As students become involved in programs at Grandview, they will experience some of the most rewarding moments of their lives.

It is important to understand that there also may be times when things do not go the way you or your student wish. If you, as a parent, have a concern, take time to talk with coaches in an appropriate manner, including proper time and place, being sure to follow the designated communication ladder. At these times, discussion with the coach is encouraged.

Appropriate Concerns to Discuss with the Coach

- The treatment of your student mentally and/or physically.
- Ways to help your student improve, to possibly see more playing time.
- Concerns about your student's behavior.
- Concerns about academics.

Concerns Not Appropriate to Discuss with the Coaches

- Playing time
- Team strategy
- Play calling
- Other student-athletes/participants

Communication Protocol

Sometimes it is very difficult to accept your student not playing as much as you may hope. Our coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can and should be discussed with your student's head coach.

There are situations, however, that may require a conference between the coaching staff and the parent.

- These conferences are encouraged.
- It is important that both parties involved have a clear understanding of the other's position.
- Everyone involved is expected to be respectful, to recognize and show appreciation of the other's role, and to reinforce the policies and procedures of the Grandview School District.
- Please also note that the student will attend all conferences if scheduled.
- When a parent or members of the coaching staff feel a conference is necessary, we ask that both parties keep in mind our Chain of Authority policy which is stated below.
- **Parents should never approach a coach before or after a game.**
- **Parents who try to discuss issues with a coach as they are walking off the game or practice field would be an example of circumvention of this process and is not acceptable.**

Chain of Authority

The Communication Ladder is expected to be followed at all times when it comes to the communication process when a family has an item that needs to be addressed. Here is how parents/guardians should proceed when they would like to discuss a situation:

- Student advocate for himself/herself
- Discuss the situation with the coach, recommend that player be present
- Meeting with the Athletic Director, Coach, and player
- Meeting with Principal, AD, Coach, and player
- Meeting with Superintendent
- Meet with School Board

COMPETITIONS

Attendance at Practices and Competitions

Students are expected to attend every practice, meeting, and competition. Practices are typically Monday through Friday, although practices and games are frequently conducted on weekends depending on the schedule. Students need to notify coaches in advance if it is absolutely impossible to attend a practice or game.

Excused absences for sickness, emergencies, family obligations, and academic conflicts may occur. However, excessive absences may result in loss of playing time or dismissal from the team. Unexcused absences may result in loss of playing time and dismissal from the team.

Levels of Competition

VARSITY LEVEL: Top level of competition. The teams usually consist of upperclassmen (seniors and juniors). But, sophomores and freshmen can compete at the varsity level if their skill level allows them to do so.

JV LEVEL: The teams are made up of athletes in a particular sport that are not playing on the varsity team. The teams mainly consist of sophomores and freshmen.

FRESHMAN: Teams are made up of freshman only.

Letter Award Policy

The letter award policy at Grandview High School is similar to policies practiced by most other high schools locally. Athletes will earn a variety of letters, patches, and pins by completing the entire season for their activity. The criteria for earning an award is established by each coach, and as a result may vary considerably from sport to sport. Athletes should ask coaches to define their criteria for earning an award at the beginning of the season.

Participants should be honored for their dedication and proudly display their letters and awards. Recipients should properly display their letter awards on Grandview letterman jackets and sweaters. These athletic awards symbolize skill, sacrifice, commitment, pride, achievement, and dedication.

Awards Ceremony

There will be an awards ceremony held after the conclusion of each season. This ceremony is held to recognize the teams, award recipients, and deliver special awards. Team members are highly encouraged to attend. Parents, friends, and special guests will also be invited. Check with the head coach or sponsor for dates, times, and locations of these ceremonies.

Student-Athlete Awards

The primary purpose of a student at Grandview should be to receive a quality education. For many students, athletics are an integral part of a quality education. The athletic department emphasizes education and encourages high achievement and knows that the student that attempts to excel in both academic and athletic competition will be receiving the best education possible. Participating in sports at Grandview is one way to make the most of your high school experience.

There are many rewards for those who participate in athletics on the high school level. Some awards include the following:

- Athlete of the Month
- Scholar-Athlete
- JCAA All-Academic
- Post-Dispatch Scholar-Athlete
- Academic All-State
- JCAA All Conference
- I-55 All Conference
- All-District
- All-Region
- All-State

Care of Equipment

In order to give athletes a sense of responsibility and an appreciation of their equipment, squad members are to be held accountable for the abuse or loss of it. Participants must always put away and check in their equipment after games and practices. Do not exchange any equipment (practice or game); if it is necessary to make an adjustment, this must be done through the head coach.

Participants must understand that any member of the coaching staff, teaching staff, principals, or the athletic director has the prerogative to command proper use of school equipment and/or facilities at any time.

Any equipment lost by an athlete must be paid for by the athlete. Any loss of equipment should be immediately reported to the head coach rather than waiting until the end of the season.

All equipment should be turned in within one week of the completion of the activities season.

** All equipment from a sport must be turned in and all debts or fines must be paid before an athlete is permitted to practice or compete in another sport.*

Weight Room/Training Room

The weight room and training room is available to all athletes. Participants are offered a wide variety of strength and conditioning equipment to meet the demands of athletic competition, as well as treatment options for injuries.

The following are guidelines to be followed when using the facilities:

- Students are not permitted without a coach.
- Only student-athletes using the facility are allowed in this area.
- Wear appropriate clothing.
- Must have shirt on in the facility.
- Use equipment properly following all safety and spotting regulations.
- Return equipment to its proper storage area (rack weights).
- No horseplay--act like a professional.

Locker Room

- Students must provide their own lock.
- Lockers assigned for athletics may be used during the current season only. Use of the locker beyond the season is not permitted.
- Avoid keeping valuables (such as money, cell phones, I-pods, jewelry) in your locker if at all possible.
- Cameras and cell-phones with cameras or video-cameras must not be used or be in plain sight in the locker room.
- Students found violating locker procedures and expectations will lose locker room privileges.
- If you have a problem with a locker, notify your coach or a member of the athletic staff immediately.

Transportation

All students will be transported to extra-curricular activities using district transportation, unless prior arrangements have been made. It is expected that all participants ride to away games unless an athlete's parent requests that an athlete ride home with them. Students can only be signed out on location from a contest by a parent. If there are circumstances that require other ride arrangements from a contest, they must be made through the athletic office in writing.

To assist with the number of students riding school transportation, students will be allowed to ride to and from a contest with a family member. Anyone that is not a parent/guardian doing the driving must be approved by the parent/guardian through the athletic office in writing prior to the trip.

If a student-athlete has a special circumstance requiring them to be transported to a contest by a parent, they should obtain advanced approval at least one day prior to the away game from the Athletic Director. No athlete is allowed to drive to a contest.

It is a Grandview R-2 policy that anyone who is not a faculty member or a Grandview High/Middle School student is not allowed to ride a school bus to an event. The following bus policies will be enforced by the coaching staff:

- No food or drink on the bus without driver permission
- Remain seated with arms inside windows at all times
- Maintain order and ensure proper conduct
- Keep feet off seats
- Ensure windows are up and bus is clean when exiting

Training Rules

Each coach will determine their program's specific training rules. Training rules may include consequences for inappropriate behavior or breaking team policies. Team policies, such as curfew, game dress, attitude, training habits, attendance at private parties, and citizenship may be addressed in the program's training rules.

Changing/Quitting Teams

A student who begins a sport (is on the team at the time of the first competition) but who does not finish the season in that sport, will not be eligible to start practicing for another sport before the end of the regular season in the sport that was dropped. Once an athlete is part of a program on day 8 of that season, they will be deemed as part of that program.

Photographing & Videotaping

By participating in athletics at Grandview, the student-athlete and parents/guardians give the Grandview R-2 School District implied consent to photograph, permit other persons to photograph, videotape, film, or use photographs or negatives provided of the student-athlete for the intent of promoting Grandview Athletics. The name and a likeness of the student-athlete may also be used by the Athletic Department.

Cheerleaders

The Cheerleading Squads are a very important part of the overall program. They provide enthusiasm, promote school spirit and sportsmanship. They cheer at contests, assemblies, and pep rallies. Cheerleading tryouts are held every spring. To be eligible to try out, you must meet MSHSAA eligibility, sportsmanship, and citizenship requirements, as well as have a current physical on file. Participants, parents, and fans should participate and applaud the Cheerleaders as they perform.

Dance

The Dance Team provides a great deal of entertainment for many of our contests and assemblies. Dance Team tryouts are held every spring. To be eligible to try out, you must meet MSHSAA eligibility, sportsmanship, and citizenship requirements, as well as have a current physical on file. Participants, parents, and fans should participate and applaud the Dance squad as they perform.

Digital Citizenship Policy

Digital Citizenship is a way to prepare students for a society full of appropriate and responsible technology use. It includes the understanding and practicing of safe and ethical online behavior and technology use. It is vital that students stay safe and make good choices online.

It is our belief that by supporting students to develop as successful digital citizens, we are providing the best framework for learning the values, behaviors, and skills required to contribute meaningfully in an increasingly online world. Ensuring students have the knowledge and ability to successfully manage the inevitable challenges of the internet.

Being a Good Digital Citizen

BE POSITIVE ONLINE

When you go to post online, think before you put something negative out there about someone. Many people find it easier to be negative because they are online. Take the time to be positive to other people and have good interactions.

REMEMBER - There is always another face on the other side of that screen.

Liking, Sharing, Re-tweeting, etc. even if you didn't write it, can feel just as bad as the original post!

SHARE IDEAS AND MATERIALS CORRECTLY ONLINE

When you are online, it is very easy to copy words or content that you find. Once shared, they become your words, and or a reflection of you.

PUTTING SOMETHING ONLINE IS PERMANENT

When you send a text, post a status, tweet, picture, snap, etc., you need to realize that all of these can be saved on other people's devices. If you delete them, that information still stays with the other person. Make sure you are sharing something you wouldn't mind if everyone saw. This applies, EVEN IF YOU THINK YOU ARE ONLY SHARING WITH ONE OR TWO PEOPLE. Always think about what you post and act as if everyone could see what you send.

PASSWORDS ARE PRIVATE

Passwords should not be shared with others. You don't want others to have access to your accounts. You should also have secure passwords that are not easily guessed by others. Use lower and upper-case letters, numbers and special characters (*&\$@#).

(Parents/Guardians, should be the only ones that you could share your password with)

Why Should I Participate in Athletics and Activities?

Participation in Athletics and Extra-Curricular Activities extends educational opportunities so students can compete in a manner that promotes personal development, fosters teamwork, and teaches important life skills necessary for becoming a valued member of society.

Personal Development

- Physical development prep, conditioning, strength.
- Develop individual skills in their sport.
- Promote a healthy lifestyle.
- Drive to be your personal best.
- Personal discipline and accepting responsibility for actions.

Teamwork

- Promote a sense of community.
- Being a part of the big picture / commitment to a cause.
- Promote learning of the team.
- Responsibility to the team.
- Teach cooperation.
- Promote the importance of team winning versus individual scoring.

Life Skills

- Teach young people how to compete.
- Reinforce classroom learning and academic achievement directly.
- Develop character.
- Teach life skills of hard work, dealing with success and failure.
- Coach as counselor.
- Tolerating others faults and shortcomings while appreciating their strengths.
- Leadership and following.
- Teaching tolerance.
- Teach sportsmanship.
- Social growth.
- Handling conflict.

Understanding the Risks of Participation in Athletics/Activities

It is very important that everyone involved in both individual and team sports understand the risks that are involved in participating in athletics and activities. Participation in competitive athletics brings a potential of physical injury. At all times, coaches and sponsors must take reasonable precautions to prevent injury. Student-athletes and parents should read the following information and understand the inherent risks associated with participation.

Athletics and activities have multiple risks associated with participation. You should understand the dangers and risks that may occur when playing or practicing a contact or non-contact sport.

Injuries in these sports are as follows, but not limited to:

- Death
- Serious neck and spinal injuries which may result in complete or partial paralysis
- Brain damage
- Injury to all internal organs, bones, joints, ligaments, muscles, and tendons
- Other serious injury

When participating in sports, the student-athlete needs to recognize the importance of following the coach's instructions in playing technique, training, and other team rules to limit the risks involved in the activity.

All injuries that occur as a result of participation in athletics at Grandview must be reported to the Athletic Director or coach immediately. If an injury requires medical attention by a medical professional, it will be necessary to have a medical note to release the athlete to allow participation.

10 Commandments for Parents of Athletes

Bill Bigelow, author of *Let the Kids Play*

1. Make sure your children know that win or lose, scared or heroic, you love them, appreciate their efforts, and are not disappointed in them.
2. Try your best to be completely honest about your child's athletic capability, their competitive attitude, sportsmanship, and actual skill level.
3. Be helpful but don't coach them on the way to the park, pool, or track or on the way back or at breakfast and so on. It is tough not to, but it is a lot tougher for the child to be inundated with advice, pep talks and often critical instruction.
4. Teach them to enjoy the thrill of competition, to be 'out there trying', to be working to improve their skills and attitudes.
5. Try not to relive your athletic life through your children in a way that creates pressure, you fumbled too, you lost as well as won. You were frightened, you backed off at times, you were not always heroic. Don't pressure them because of your lost pride.
6. Don't compete with the coach. If the coach becomes an authority figure, it will run from enchantment to disenchantment, etc. with your athlete.
7. Don't compare the skill, courage, or attitudes of you children with other members of the team, at least within their hearing.
8. Get to know the coach so that you can be assured that the philosophy, attitudes, ethics, and knowledge are such that you are happy to have your child under his/her leadership.
9. Always remember that children tend to exaggerate, both when praised and when criticized. Temper your reaction and investigate before overreacting.
10. Make a point of understanding courage, and the fact that it is relative. Some of us can climb mountains, and yet are afraid to fight. Some of us will fight, but turn to jelly if a bee approaches. Everyone is frightened in certain areas. Explain that courage is not the absence of fear, but a means of doing something in spite of fear or discomfort. The job of the parent of an athletic child is a tough one, and it takes a lot of effort to do it well. It is worth all the effort when you hear your youngster say, "My parents really helped. I was lucky in this."

College-Bound Student-Athlete Information

High school student-athletes have a dream to continue competing in athletics at the intercollegiate level. Earning an athletic scholarship is a very competitive process that includes the evaluation of a student-athlete's athletic ability, skill, academic history, citizenship, and sportsmanship. We encourage our student-athletes to strive for athletic scholarships at the college

level. Student-athletes should consider the college initial academic requirements upon entering high school to ensure they meet college freshman eligibility standards. Your grades as a high school freshman can determine if you are eligible to compete as a college freshman.

Most organizations require an ACT or SAT score. Student-athletes are encouraged to sign up for these tests as a freshman and take them at least once a year while in high school. You can register for the ACT at www.actstudent.org/regist/nextdates.html. Please contact your guidance counselor at the beginning of your freshman year to declare you are in pursuit of qualifying for NCAA eligibility to ensure you are on the right academic path. All seniors should consult their head coach to determine the need to register with the NCAA Clearinghouse.

A brief list of eligibility requirements are listed below for various organizations.

NATIONAL COLLEGIATE ATHLETIC ASSOCIATION ELIGIBILITY REGULATIONS
(www.ncaa.org)

To practice and play as a freshman at an NCAA Division I or II college or university, the student-athlete must satisfy the requirements of NCAA bylaw 14.3, commonly known as Proposition 48. In order to be eligible, a student-athlete must:

- Graduate from high school.
- Attain a GPA (grade point average) of 2.0 in a successfully completed core curriculum of at least 16 core courses for DI and 14 core courses for DII.
- Achieve a minimum S.A.T. (Scholastic Aptitude Test) combined score of 700 or a minimum of 18 composite on the A.C.T. (American College Test).
- File a release form with the NCAA clearinghouse at the beginning of the senior year. (information on the web at www.ncaaclearinghouse.net/ncaa/NCAA)

NATIONAL ASSOCIATION of INTERCOLLEGIATE ATHLETICS ELIGIBILITY REGULATIONS (www.naia.org)

To be eligible to participate at an NAIA college, a freshman must meet two of the following three entry-level requirements:

- Score 18 on the ACT or 700 on the SAT, or
- Achieve an overall high school G.P.A. of 2.0, or
- Graduate in the top half of their high school's graduating class.

JUNIOR COLLEGE ELIGIBILITY (www.njcaa.org)

Junior Colleges vary widely on their requirements. Contact the school's registrar for specific requirements. Most junior colleges require that a student-athlete graduates from high school and earns a minimum GPA to be eligible to participate as a freshman.

COVID-19 Athletic/Activities Items

The risks of COVID-19 are real and ongoing. Participating in athletics and activities carries with it the risk to have contact with individuals who have been exposed to and/or have been diagnosed with an infectious disease.

While it is impossible to eliminate the risk that a student could be exposed to and/or become infected, Grandview R-II will attempt to mitigate those risks when possible.

Students and parents are reminded that participation in athletics and activities is voluntary. Additionally, off-season and summer workouts, practices, camps, etc. are voluntary on the part of the student and are not required, directly or indirectly, for membership on a school team. Therefore, it is understood that each family will decide for itself whether or not their student will participate in summer workouts, practices, camps, etc. and to what extent their student will participate.

Should families decide that their student will participate in summer workouts, practices, camps, etc., the following **guidelines** have been put in place:

WAIVER

Parents will be required to sign COVID-19 Waiver forms before their child can attend and/or participate in athletics or activities **beginning July 1, 2020.** A copy of that waiver is attached. Your child must bring a signed copy of this waiver to their first activity this summer to be able to attend and participate.

SCREENING

1. Parents must agree to screen their children daily for indicative symptoms of COVID-19 and agree they will not allow their child to participate any day that they are symptomatic. This is a crucial step in mitigating the spread of the virus. If the answer to any of the following questions is 'yes,' he/she should be kept home:
 - a. Do you have a temperature higher than 100.4 Fahrenheit?
 - b. Do you have a household or close contact with someone who has been diagnosed with COVID-19 in the past two weeks?
 - c. Do you have symptoms of lower respiratory illness such as a new or worsening cough, shortness of breath, or difficulty breathing?
 - d. Have you experienced any chills or repeated shaking with chills?
 - e. Have you experienced any muscle pain or headache (different than normal exercise-induced pain or your seasonal allergies or other diagnosed condition)?
 - f. Have you experienced any sore throat (different than your seasonal allergies or other diagnosed condition)?
 - g. Have you experienced any recent loss of taste or smell?
 - h. Have you experienced any recent diarrhea or vomiting?

2. If a student has a positive finding on a daily screening, they cannot attend any activity that day. Students will not be allowed back until a subsequent day when they do have a negative screen, have documentation demonstrating the SARS-CoV-2 test was negative, or a note from their healthcare provider indicating they do not need to be tested and their symptoms are not due to COVID-19.

3. Students may also be screened periodically by the coaches. If the screening indicates COVID-19 symptoms, the student will be isolated from other students and sent home as soon as possible. Parents must remember, however, that it is solely the parent/guardian's responsibility to screen their children daily for indicative symptoms of COVID-19 and keep them home if they are not well.

GENERAL SAFETY GUIDELINES

General guidelines for students:

1. Athletes should utilize good general hygiene, including frequent, effective hand washing, no spitting, covering the mouth when coughing or sneezing, no sunflower seeds, and avoiding touching of the face.
2. Athletes should bring their own water bottle, clearly marked with their name, and it should not be shared with others. Shared drinking sources (water fountains) will not be used.
3. Athletes should refrain from pre-practice gatherings of players or celebratory contact (hugs, handshakes, high fives, fist bumps, etc.).
4. Athletes should arrive as close as possible to when the activity begins and leave as soon as the activity ends.
5. There will be no shared athletic equipment (towels, clothing, shoes, gloves, helmets, etc.).
6. Individual drills requiring the use of athletic equipment are permissible, but the equipment will be cleaned between each training session.
7. Athletes should avoid touching gates, fences, benches, etc. when possible.
8. Athletes should arrive dressed and ready for practice, take all gear home, and clean gear daily. Locker rooms will not be available.
9. Athletes should observe social distancing as much as possible.
10. Athletes should notify their coach of any signs or symptoms of COVID-19 they detect during practice. The athlete will be isolated until they can be sent home and the family should contact their healthcare provider.
11. Athletes are allowed to wear Personal Protective Equipment (PPE) items if they choose, as long as the items do not compromise the safety of participants in the game or violate the rules of the game.

**PARENT PERMISSION AND WAIVER OF LIABILITY FOR
STUDENT PARTICIPATION AT GRANDVIEW R-II**

By signing below, I give permission for my child, _____, to participate in activities starting on 07/1/2020- 08/24/2020 at Grandview R-II School District : Grandview R-II Athletics and Activities.

_____ I acknowledge that federal and state government officials have declared that there currently exists a public health crisis in our country related to the Coronavirus Disease 2019 (“COVID-19”).
(initials)

_____ I confirm that I will not permit my child to participate in the program or activity if, at any time during the program or activity, my child is showing any symptoms of COVID-19 (including but not limited to fever, dry cough, fatigue, shortness of breath, chills, muscle pains). Additionally, I confirm that I will not permit my child to participate in the program or activity if, at any time during the program or activity, my child has been in contact with any individual diagnosed with COVID-19 or any individual currently waiting for test results confirming the possibility of a COVID-19 diagnosis. I agree that in such situations, my child will be unable to participate in the program or activity until: (i) 14 calendar days after the symptoms first appeared and my child is no longer showing any symptoms; or (ii) a healthcare provider has confirmed in writing that my child has tested negative for COVID-19 or that my child’s symptoms were not due to COVID-19.
(initials)

_____ I understand that Grandview R-II School District cannot prevent the possible transmission or contraction of COVID-19 for my child.
(initials)

The undersigned agrees to release, discharge, hold harmless and indemnify the Grandview R-II School District, its agents, employees, officers, Board of Education members, insurers and others acting on the District’s behalf (the “Releasees”), of and from any and all claims, demands, causes of action and/or legal liabilities for injuries to or death of my child occurring during, or resulting from, or participation in the above-mentioned program or activity and related in any way to COVID-19, even if the cause, damages or injuries are alleged to be the fault of or alleged to be caused by the negligence or carelessness of the Releasees.

Signature: _____
(Parent or Legal Guardian)

Signature: _____
(Student)

Date: _____

Phases of Participation Explanation

i. High-frequency of contact sports

These sports include: Baseball, Basketball, Cheerleading, Dance Team, Football, Softball, Volleyball.

1. Phase 1

- i. During this phase, team workouts and practices are allowed to begin on campus or facility, however this should be done with minimal protective equipment (*i.e. helmets only for football*). Team drills can occur where players are less than 6 feet apart, but this should be minimized to brief one- on-one drills. Most of the practice should utilize social distancing.
- ii. No two teams should be in the same location at one time. If the same field or gym will be used back to back, allow ample time between sessions to clean area between teams. Half field use is permitted. Be sure that there is no interaction between teams.
- iii. Any equipment used should be disinfected between individual/team training sessions (*i.e. helmets, bat, etc.*).
- iv. Social distancing should apply as much as possible during these team workouts and practices.
- v. Moving to phase 2 is contingent upon meeting the gating criteria above in the region your organization resides for the previous two weeks, and no outbreak within your school or organization.

2. Phase 2

- i. During this phase, team practices with full equipment and contact drills are permissible. Football should be sure to acclimatize with half shells first and then full equipment during this phase, as recommended by Missouri State High School Activities Association (MSHSAA).
- ii. Intra-squad Scrimmages are permitted during this phase. (*no scrimmages/games versus other schools*)
- iii. Any equipment used should be disinfected between individual/team training sessions (*i.e. helmets, sleds etc.*).
- iv. Moving to phase 3 is contingent upon meeting the gating criteria above in the region your organization resides for the previous two weeks, and no outbreak of cases at your school or organization.

3. Phase 3

- i. During this phase, full team practices, scrimmages, and game competitions are permitted.
-No scrimmages/games versus other schools
- ii. Any equipment used should be disinfected between individual/team training sessions (*i.e. bat, helmets, shoulder pads, sleds etc.*).
- iii. This phase is recommended until the fall sports season resumes.

ii. Low-frequency of contact sports

These sports include: Band, Field Events (*high jump, pole vault, javelin, shot-put*), Golf, Weight lifting, Running, Track, Cross Country.

1. Phase 1

- i. During this phase, team workouts and practices are allowed to begin on campus or designated facilities.
- ii. Inter-squad scrimmages are permitted during this phase. Should allow for proper acclimatization before playing opponents.
- iii. Any equipment used should be disinfected between individual/team training sessions (*i.e. bat, helmets, sleds etc.*).
- iv. If the same field or gym will be used back to back, allow ample time between sessions to clean area between teams. Be sure that there is no interaction between teams.
- v. Moving to phase 2 is contingent upon meeting the gating criteria above in the region your organization resides for the previous two weeks, and no outbreak of cases at your school or organization.

2. Phase 2

- i. During this phase, full team practices, scrimmages, and game competitions are permitted.
-No scrimmages/games versus other schools
- ii. Any equipment used should be disinfected between individual/team training sessions (*i.e. bat, helmets, sleds etc.*).
- iii. This phase is recommended until the fall sports season resumes.

****Out of health and safety concerns for our students and coaches, it is respectfully requested that no spectators be present during the initial phases of re-opening.****

The Eagle Flight Plan

I have read the athletic handbook and understand the policies of the Grandview Athletic/Activities Program. I agree to follow all rules and guidelines expressed in this handbook. I am ready to make the sacrifices and provide the effort necessary to make myself and the Grandview Athletic Program the best we can be.

I will strive to follow the following guidelines that exemplify the Eagle Flight Plan:

1. I will follow all Grandview and MSHSAA rules and policies, including eligibility.
2. I will be a leader in the classroom, in the hallways, and in the community.
3. I will put WE before ME when it comes to the team.
4. I will not lie, cheat, or steal.
5. I will not use alcohol, illegal drugs, tobacco, or other harmful substances at school or away from campus. My actions are always representing Grandview.
6. I will work to be better today than I was yesterday and better tomorrow than I was today.
7. I will use appropriate language and look to build up others with the words I choose..
8. I will treat Grandview and opposing teams facilities with the utmost respect. I will leave these areas better than I found them.
9. I will honor the season long commitment that I have made to my school, my teammates, and my coaches that comes with being an Eagle.

Printed Student Name: _____ Date: _____

Student Signature: _____

Parent Signature(s): _____

**GRANDVIEW R-2 SCHOOL DISTRICT
EXTRA-CURRICULAR AND CO-CURRICULAR CODE OF CONDUCT**

Student's Name: _____ Sport or Activity: _____

Year in School (Please Circle) 7th, 8th, FR, SO, JR, SR Date: _____

*We acknowledge receipt and have studied and understand the Grandview R-2 School District
Extra/Co-Curricular Code of Conduct*

Signature of
Student: _____ PrintName: _____

Signature of
Parent/Guardian _____ Print Name: _____

Signature of
Parent/Guardian: _____ Print Name: _____

If only one parent signs, it is understood that the Student-Athletics & Activities Handbook has been discussed with all parties involved. This sheet must be turned into the Athletic Director Office.