

K-12 News, Lessons & Shared Resources By Teachers, For Teachers

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Top 12 Free Ways Teachers Can Rock Spring Break

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Let's admit it, we'd all like to spend our spring breaks relaxing on a beach or on some once-in-a-lifetime trip, but that's not always in the budget. That doesn't mean you can't avoid the every day routines of home and truly enjoy your vacation!

Here are 12 ways to make the most of your spring break without spending any cash.

Put Down the Lesson Plans

Most of you may not need this advice, but just in case, DO NOT SPEND YOUR SPRING BREAK ON SCHOOL WORK!

Spring Staycation

Now is the time to make the most of your hometown and explore your own backyard.

Step 1: Set aside a day or two with your family or friends to dedicate to your hometown adventure! Otherwise, you'll all get caught up in your own thing.

Step 2: Choose your destination.

- Did you want to go hiking in the mountains? Check out national parks or other local landmarks for a day trip.
- Did you want to go to DC? Then hit up your local museums and other historical sites.
- Did you want to go to the beach? Take a blanket and picnic over to the park on a sunny day and soak up those rays. To go above and beyond, find a park with a sand volleyball court and get the full effect!

Step 3: Have a blast!

Spring/Summer Clothes Fashion Show

After a long winter, exploring your stowed away spring and summer clothes can be as surprising and exciting as a shopping trip. Get those clothes out, try on your favorite outfits and get excited for a new season.

Go Outside via Mr. D of "I Want to Teach Forever"

- "Stop reading this post immediately and GO OUTSIDE!
- I don't think you don't understand quite how pale and unhealthy you look right now. Most teachers I know don't get nearly enough sunlight, fresh air, or exercise; they're stuck in windowless caverns and rarely if ever have the opportunity to walk outside (let alone leave campus) while the sun's still up.
- More sunlight benefits you physically and helps ward off depression. More importantly, getting outside gives you a great opportunity to get some exercise and play
 with your family and friends, the benefits of which are immeasurable. So while I can't blame you for wanting to peruse the high quality articles here on I Want to
 Teach Forever, you need to get out from behind the computer and spend at least part of this break outdoors." ~ Read the rest of Mr. D's List

Get Back into an Exercise Routine

Hopefully the weather gods will be on your side this spring break. It's a great time to get back into walking, biking, jogging or just playing outside with your kids. Getting active now will make it easier to keep it up for the final stretch at school

And remember: it's all about the playlist.

Plan Your Free Summer Lifestyle

With a little planning now, you can ensure a can't-be-beat summer. I like to put together a calendar of all the fun, free events around town so there's always an option when I have all that glorious free time.

You may find yourself enjoying movies and concerts in the park, street fairs, bike trails or other fun favorites you always talk about doing, but never get around to.

Read Your Way Through Book Shelf Backup

Reading is such a relaxing yet guilt-free way to unwind. Anytime I actually have time to read though, I forget about all the amazing books on my to-read list and end up drudging through whatever's lying around.

A little tip I picked up recently: Saving wishlists on Amazon or a to-read list on Goodreads can be a great way to keep track of books you want to read when you have more time.

Indulge in a Little March Madness

Timing for Spring Break couldn't be better. Thanks to the NCAA, there is ALWAYS something to watch. For the next few weeks, there will be almost constant basketball coverage.

You don't have to be a basketball fan to enjoy either. If you haven't filled out a bracket, just randomly pick the remaining teams out of hat and cheer for your teams. If all else fails, just continually root for the underdog. Once you pick a side, you'll be on the edge of your seat for every game.

Spring Garden Guide

Whether you've got a green thumb or you're a nature novice, gardening can be a great spring hobby that gives you fun time in the sun, a little beautiful in your life, and maybe some herbs and veggies. Check out the <u>Spring Garden Guide</u> to get started!

Even if you don't have a yard, stopping by the flowerbeds at your local shop will put you in a springy place.

Spring Cleaning

If **gasp ** there is a rainy, miserable day during spring break, purge your house of all the clutter and dirt that accumulates during those long winter months stuck inside.

Just because you're doing housework doesn't mean it has to feel like work. Crank up some tunes, have a cleaning competition with your family and set up a reward to enjoy in your sparkling, organized home.

Volunteer / Local Spring Break Out

The crazy day-to-day requirements of teaching make volunteer work seem nearly impossible, but spring break is a great time to jump in.

Try a local Habitat for Humanity program (as a group or an individual) to really feel like you've accomplished something. It's also so different from teachers that it won't feel like another day at work. For the rest of my life, I can say I built a flight of stairs in someone's home. That's pretty cool.

ZZZZzzzzzzzzpring Break

My favorite thing to do on breaks: Sleep, sleep and sleep some more!

What's on your spring break to do list? Share in the comments section!

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