



# St. Louis Language Immersion School

October  
2021

## Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>1</b></p> <p>Chicken &amp; Gravy Mashed Potatoes Whole Grain Dinner Roll</p> <p>Glazed Carrots</p>
<p><b>4</b></p> <p>Hamburger on a Bun</p> <p>Steamed Corn Celery Sticks</p>	<p><b>5</b></p> <p>BBQ Chicken Sandwich</p> <p>Steamed Carrots Broccoli Florets</p>	<p><b>6</b></p> <p>Soft Beef Tacos Lettuce, Tomato and Cheese</p> <p>Refried Beans Salsa</p>	<p><b>7</b></p> <p>Beef Hotdog on a Bun</p> <p>Romaine Lettuce Cucumber Slices</p>	<p><b>8</b></p> <p>Toasted Turkey &amp; Cheese Sandwich</p> <p>Steamed Green Beans Red Peppers Maple Roasted Apples &amp; Carrots</p>
<p><b>11</b></p> <p>Corn Dog</p> <p>Steamed Corn Caesar Side Salad</p>	<p><b>12</b></p> <p>Sloppy Joe on a Bun</p> <p>Baked Beans Broccoli Florets</p>	<p><b>13</b></p> <p>Crispy Chicken Sandwich</p> <p>Romaine Lettuce Red Peppers</p> <p>HOM Spaghetti Squash Sample</p>	<p><b>14</b></p> <p>Chicken Bites with Sweet and Sour Sauce Brown Rice</p> <p>Steamed Carrots Celery Sticks</p>	<p><b>15</b></p> <p>Cheeseburger on Bun</p> <p>Golden French Fries Steamed Green Beans</p>
<p><b>18</b></p> <p>Popcorn Chicken Bowl Whole Grain Dinner Roll</p> <p>Mashed Potatoes Baby Carrots</p>	<p><b>19</b></p> <p>Hotdog on Whole Grain Bun</p> <p>Baked Beans Cucumber Slices</p>	<p><b>20</b></p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Golden French Fries Broccoli Florets</p>	<p><b>21</b></p> <p>Pasta with Meat Sauce</p> <p>Roasted Cauliflower Romaine Lettuce Cherry Tomato</p>	<p><b>22</b></p> <p>NO SCHOOL</p>
<p><b>25</b></p> <p>Hamburger on a Bun</p> <p>Golden French Fries Romaine Lettuce</p>	<p><b>26</b></p> <p>Cheese Bosco Stick Marinara Sauce</p> <p>Pumpkin Apple Soup topped w/ Popcorn Broccoli Florets</p>	<p><b>27</b></p> <p>BBQ Chicken Sandwich</p> <p>Baked Beans Cherry Tomato</p>	<p><b>28</b></p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll</p> <p>Steamed Corn Baby Carrots</p>	<p><b>29</b></p> <p>Personal Pizza or Pizza Slice</p> <p>Steamed Green Beans Celery Sticks</p>

PRICES

EXTRA INFO

Milk (White 1% & Skim, Skim Chocolate)  
available daily  
Assorted Fruits and Veggies available daily

HARVEST OF



THE MONTH

Your MENUS plus more  
information on our app  
TaHER Food4Life®



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