

# October 2021

## WEEKLY BREAKFAST MENU



**Director of Food & Nutrition:** Shelley Juedes, 262-253-3419  
 This institution is an equal opportunity employer

Breakfast is a vital part of a healthy day and is provided through the USDA school breakfast program. Students must have breakfast to get the most from their school day. Breakfast is currently offered before school at MacArthur Elementary (8:40–9:00 am), Kennedy Middle School (7:10–7:20 am), and Germantown High School (6:50–7:05 am).

### Breakfast is free to all students for the 2021–2022 school year due to Covid & funding from the USDA

Menu may change due to product availability. Thank you for understanding.

**\* Contains Pork**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MacArthur</b> Apple Frudel Raisins or Chilled Peaches Juice & Milk	<b>MacArthur</b> Cheerios, Apple Jacks or Cocoa Krispies Breakfast Kit Applesauce Cup Milk	<b>MacArthur</b> Cheese Omelet Flatbread Sandwich Craisins or Tart Dried Cherries Juice & Milk	<b>MacArthur</b> Cheerios, Apple Jacks or Cocoa Krispies Breakfast Kit Applesauce Cup Milk	<b>MacArthur</b> WG Breakfast Donut Applesauce Cup or Craisins Juice & Milk
<b>KMS</b> Egg & Sausage Sandwich on an English Muffin Applesauce Cup or Raisins Juice & Milk	<b>KMS</b> Cinnamon Toast Crunch Cereal Bar w/Cream Cheese String Cheese or Hard Boiled Egg Applesauce Cup or Craisins Juice & Milk	<b>KMS</b> Egg, Ham* & Cheese Bagel Sandwich Applesauce Cup or Raisins Juice & Milk	<b>KMS</b> Chocolate Filled Crescent Roll w/String Cheese Applesauce Cup or Craisins Juice & Milk	<b>KMS</b> WG Breakfast Donut Yogurt Applesauce Cup or Craisins Juice & Milk
<b>GHS</b> Warm Breakfast Sandwich* or Assorted Cereal w/String Cheese or Granola Bar w/String Cheese Choice of Fruit Juice & Milk	<b>GHS</b> Warm Breakfast Sandwich* or Assorted Cereal w/String Cheese or Granola Bar w/String Cheese Choice of Fruit Juice & Milk	<b>GHS</b> Warm Breakfast Sandwich* or Assorted Cereal w/String Cheese or Granola Bar w/String Cheese Choice of Fruit Juice & Milk	<b>GHS</b> Warm Breakfast Sandwich* or Assorted Cereal w/String Cheese or Granola Bar w/String Cheese Choice of Fruit Juice & Milk	<b>GHS</b> Warm Breakfast Sandwich* or Assorted Cereal w/String Cheese or Granola Bar w/String Cheese Choice of Fruit Juice & Milk

#### A Note to Parents

All enrolled students are welcome to our morning breakfast program. Breakfast at school offers a quieter time for students to be with classmates as well as a wide variety of students from other grades within their school. This opportunity may also help busy parents on those hectic school mornings when other priorities accelerate the morning routine.