

# School Health Advisory Council (SHAC)

## Report to RISD School Board

### May 24, 2021

The School Health Advisory Council is a group of individual representatives of the community which provides advice on Coordinated School Health programs and its impact on student's health and learning. The state requires this committee to meet at least 4 times a year, a parent to be a chairperson, the majority of members to be nonstaff and to report annually to the School Board. Robinson's SHAC was started in September 1996 and currently has 25 members. Meetings were held in September, December, February and April.

#### **SHAC Members:**

Parent/Nonstaff Members: Lisa Hoelscher, Jennifer Crosslin, Kristi Fajardo, Jamie Helpert, Sheila Gosselin, Rhiannon Settles, Emily Green (Health Department), Karly West-Strickland (AgriLife Representative), Students: Haley Plaa, Zachary Hoelscher, Kiersten Nawara, Marissa Dysinger;

Staff Members: Laura Bearden, Tim VanCleave, Abel Sanchez, Kathy Sanders, Brandi Cox, Dinah Shaw, Robin Teichelman, Brian Fuqua, David Wrzesinski Courtney Baugh, Alternating Brianna Mink Tamara McNew Jennifer Mashek, Lindsey Richard, Alma Ramirez, Kinder De Lao.

#### **Summary of Activities and Accomplishments:**

- Campus safety and traffic were monitored with no accident-related injuries reported.
- Diabetes Training for staff held in August. Program was revised to include virtual learning with hands on practice in stations to accommodate covid requirements. Seniors Haley Plaa and Zach Hoelscher assisted with the training. Various virtual and in-person Region 12 trainings held also.
- Community Garden – Brandi Cox having difficulty utilizing the garden due to covid/scheduling, rains occurring through the fall and freezes through the winter. Robinson 4-H volunteered clean up and planting of flowers during the fall.
- SHAC kept updated on Covid, (Laura Bearden), Technology (Bryan Fuqua) and Safety (David Wrzesinski) changes.
- Driving Simulator provided by AgriLife; most seniors participated in college transitions class.
- Fitness Gram Scores: no scores to report this year; fitness gram testing not done in 2020 due to Covid. Testing occurred this year/2021 and will have report 2022.

#### **Plans for next year include:**

- Community Garden for Primary/Elementary... continue to seek assistant from groups such as PALS, Horticulture class, Rocket Reaching Out for approximately 5 hours monthly to maintain the garden; investigate opportunities to utilize the garden more, especially at the Elementary campus.
- FitnessGram...obtain summary report for baseline and yearly comparisons; continue to track progress and usefulness of results.
- Utilize the driving simulator for all ages in high school and consider options for 8<sup>th</sup> graders.

For 2021-2022, the meetings will be the second Wednesday in September, November, February, and April in the Junior High Professional Development Room, 4:30-5:30 pm. We welcome any input from RISD, School Board and parents regarding issues for discussion, planning and action.

Lisa Hoelscher  
SHAC Committee Chair