



Warm Springs Middle School



271 Warm Springs Way
Berkeley Springs, WV 25411
(304)-258-1500

Principal, Jamie Harris
Assistant Principal, Becky Harden
Counselor, Angel Mellott
Counselor, Vonda Hollinshead

Dear Parents/Guardians,

This letter is to provide you with information about a confidential program offered within our school system through the Morgan County Partnership and Morgan County School System for grades 6-12. **Screening Brief Intervention and Referral to Treatment (SBIRT)** focuses on mental health and/or risky drug and alcohol use behaviors. It assists in decreasing risky/unhealthy behaviors and improves coping/decision making skills through education and individual/group counseling. Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment. Brief Intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change and Referral to Treatment provides those identified as needing more extensive treatment with access to additional services.

School social workers Catherine Wood, LICSW and Amanda Knepper, MSW will use confidential assessment screening tools to identify low, moderate and high-risk students. Miss Wood uses the Patient Stress Questionnaire to identify for possible depression, trauma, and anxiety. Ms. Knepper uses the CRAFFT questionnaire to identify possible risky drug and alcohol behaviors.

All information collected through the SBIRT program is confidential, protected by HIPPA/FERPA and is **not included in your student's school file**. If necessary parents/guardians may be contacted to further support students or to seek additional treatment.

Due to the circumstances of COVID-19, this year all screens will be completed electronically via a device whether a student is face-to-face brick or virtual click. Services will be available to all students. Telehealth individual sessions will be available to serve our virtual students. If permitted, small groups will be utilized in person. Individual sessions will be available to our in person students. By consenting to this service, you are permitting your student to participate in SBIRT screenings as well brief individual counseling and/or small group sessions. If telehealth services are utilized, parents/guardians will be contacted for additional telehealth consent.

**IF YOU DO NOT WISH FOR YOUR STUDENT TO PARTICIPATE IN THE SBIRT PROGRAM
PLEASE RETURN THE ATTACHED OPT OUT FORM TO SCHOOL BY: 9/16/2021**

*For more information about the SBIRT, programs please contact:
Catherine Wood at 304-258-2430 ext. 2032 or catherine.wood@k12.wv.us
Amanda Knepper at 304-258-7807 or amanda@morganpartnership.org*

Sincerely,

Jamie Harris
Principal, Warm Springs Middle School



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OPT-OUT OF SBIRT SCREENING

This is an **OPT-OUT** form that is required if you **DO NOT** want your student to participate. You have the right to refuse your student's participation in the SBIRT program.

Return this OPT-OUT form by **Thursday September 16th, 2021** if you **DO NOT** want your student to participate.

Please print legibly and indicate which screen or screens you **DO NOT** want your student to participate in.

DECLINING SERVICES SIGNATURE FORM

I, _____ *Parent's Name* decline my student _____ *Student's Name* to participate in:

_____ **Patient Stress Questionnaire** (Mental Health with Catherine Wood)

_____ **CRAFFT** (Risky Behaviors with Drugs and Alcohol with Amanda Knepper)

Signature of parent/guardian

Date