

OCOSTA SCHOOL DISTRICT

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TOGETHER
We Are Ocosta

September 9, 2021

Dear Ocosta Community,

Today, our school district was notified that an individual who had recent contact with our staff and students has tested positive for the coronavirus disease (COVID-19).

The Ocosta School District is working with the Grays Harbor Public Health Department to conduct a contact investigation to identify anyone who may have come in close contact (3 feet or less for at least 15 minutes) with the infected person. Anyone who is not directly notified is considered low-risk and should monitor their health for fever or respiratory illness. The district has been in contact with those staff and students that need to quarantine.

The coronavirus is spread via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. To help prevent the spread of any virus, we urge you to:

- Wash your hands with soap & water, scrubbing for at least 20 seconds. Hand-sanitizing products are a good second choice.
- Clean & disinfect surfaces and objects such as keyboards, doorknobs, and telephones.
- Avoid touching your eyes, nose, and mouth throughout the day to prevent germs from entering your body. Cough or sneeze into your sleeve or tissue.
- Stay home when you are sick, and then for 72 hours after the fever is gone.

The symptoms of coronavirus are similar to the regular seasonal influenza and include fever, lethargy, lack of appetite, and coughing. Some people with coronavirus have reported additional symptoms, such as a runny nose, sore throat, nausea, vomiting, and diarrhea. In some situations, the virus can develop into pneumonia.

Unfortunately, this will most likely not be our only case. It is likely that other individuals at schools or at the district level have or will develop COVID-19. If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your healthcare provider for medical advice.

If you have questions, please contact the school at 360-268-9125.

Sincerely,
Heather Sweet
Superintendent