

North Babylon Council of PTAs
In cooperation with the
North Babylon Union Free School District

March 2023

Dear Parent/Guardian of 5th and 6th Grade Students:

The North Babylon Council of PTAs, in cooperation with the North Babylon School District, is sharing information for films on puberty and human development for girls and boys in the fifth and sixth grade.

You and your child can view the film together at your leisure. To access these films, go to Youtube and in the search bar, type “always changing and growing up”. You will see the videos, one for girls and one for boys.

Please be advised that these films contain some explicit but appropriate information for both girls and boys. Mr. Jason Friesen Director of Physical Education, Health Education and Athletics has previewed these films. It is not the intent of this film to be a comprehensive study of puberty, but rather, an opportunity to open the door to further discussion for you and your child about the subject that can sometimes be a little difficult to approach. We hope you will take some time to watch the film with your child.

Any questions can be directed to Kathy Scheid 631-422-7536 or Jason Friesen 631-620-7051.

Sincerely yours,

Kathy Scheid

Kathy Scheid
PTA Council
Health Films Chairperson

Jason Friesen

Jason Friesen
Director of Physical Education,
Health Education, Athletics & Recreation