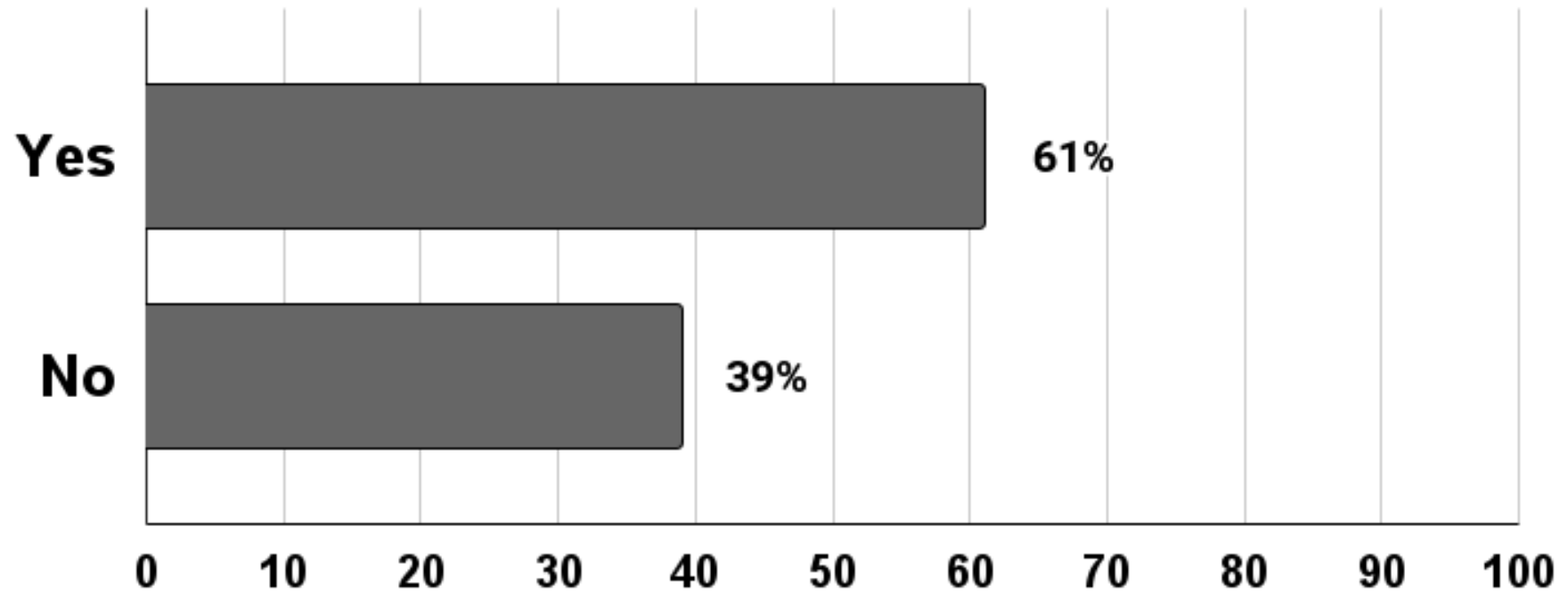


2021-22 Health and Wellness Survey for Tyler ISD

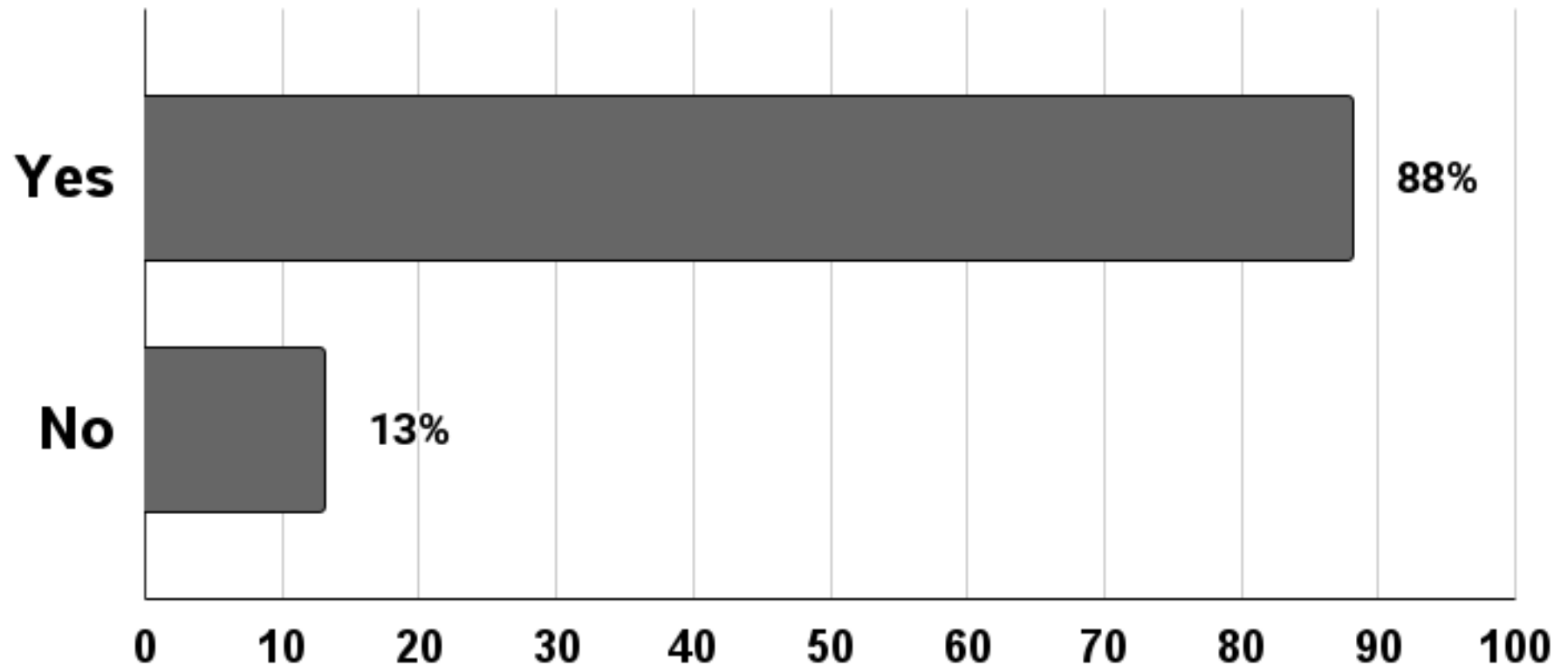


We have a campus/district designee in charge of compliance.



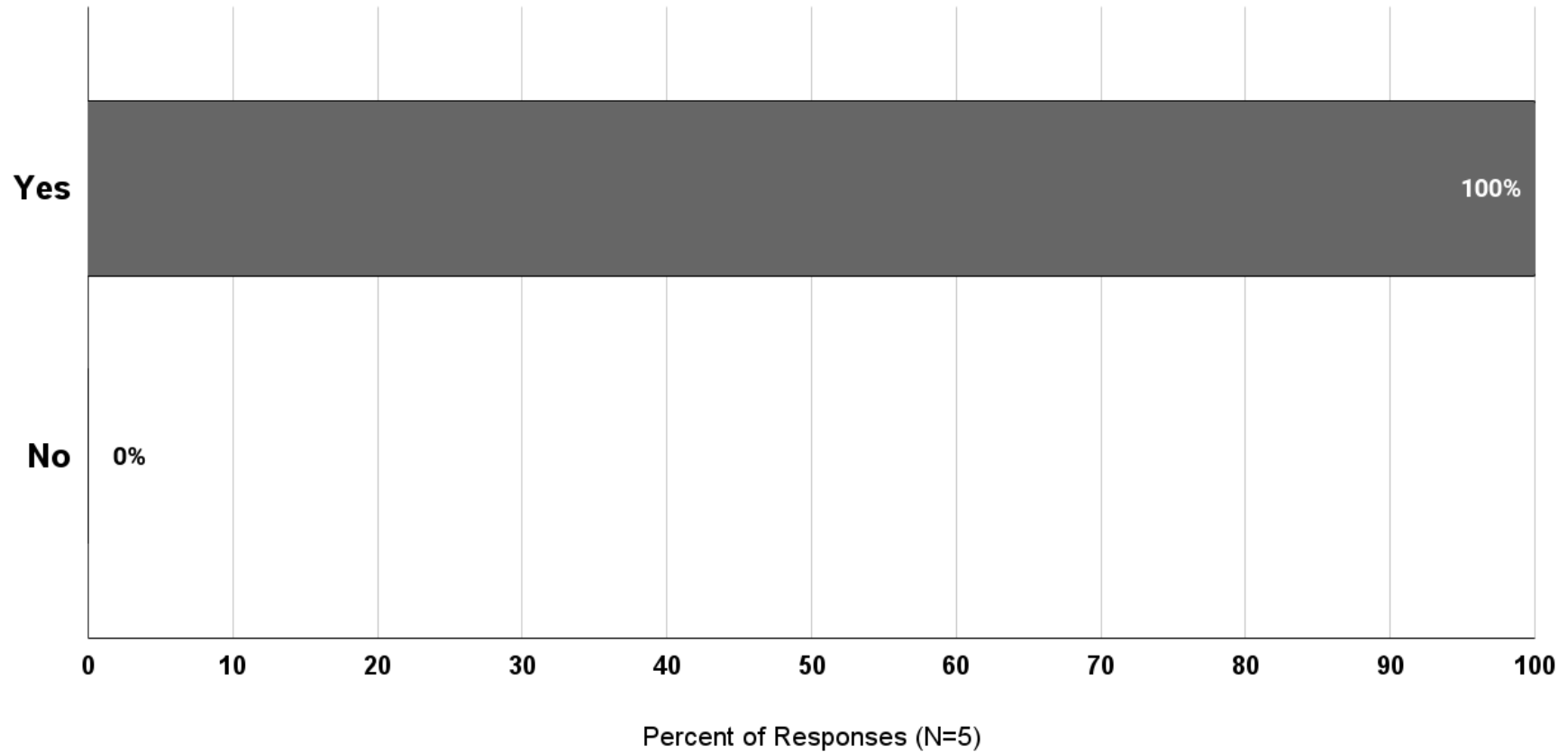
Percent of Responses (N=33)

We make our policy available to the public.

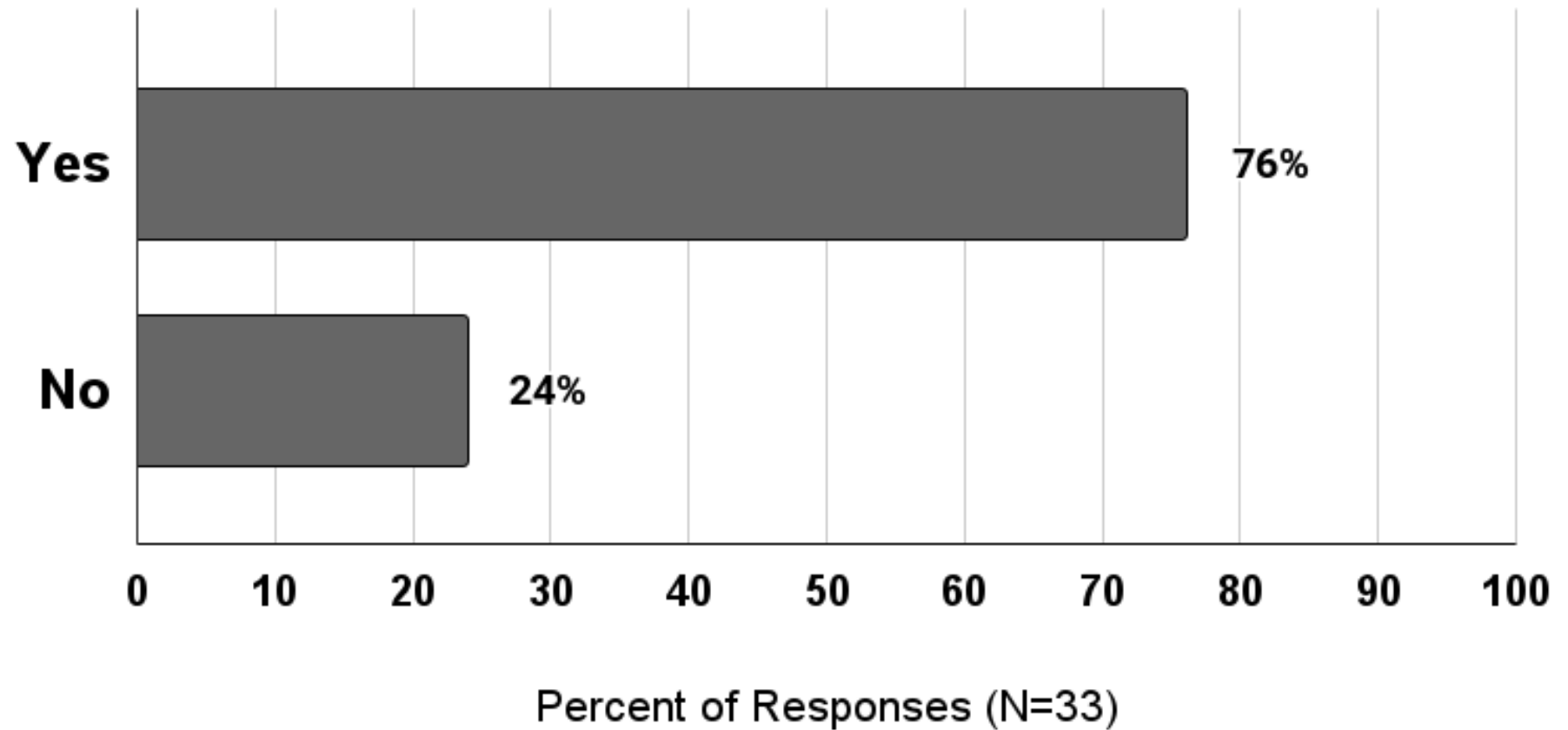


Percent of Responses (N=32)

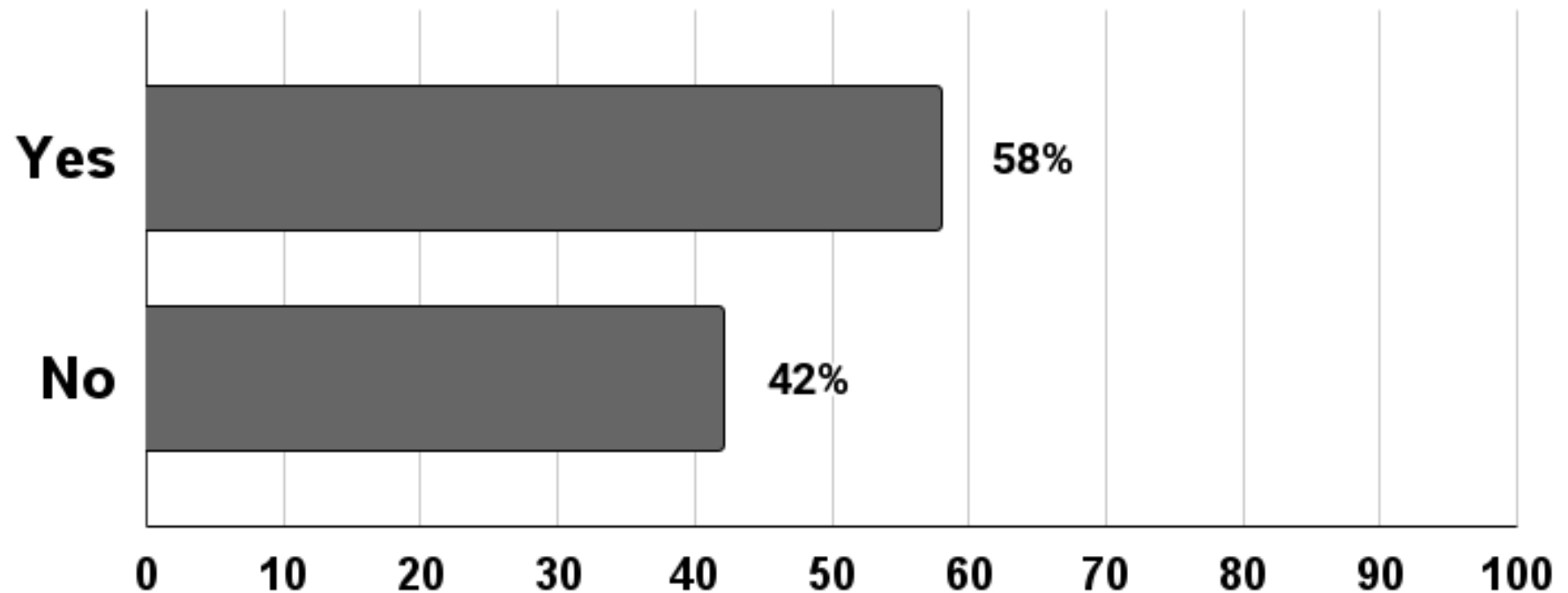
We encourage Administrators, School Board Members, School Food Service Staff, School Health Professionals, PE teachers, students, parents, and the public to participate in the implementation of our policy goals and communicate results to the public.



**We measure the implementation of our policy goals
and communicate results to the public.**

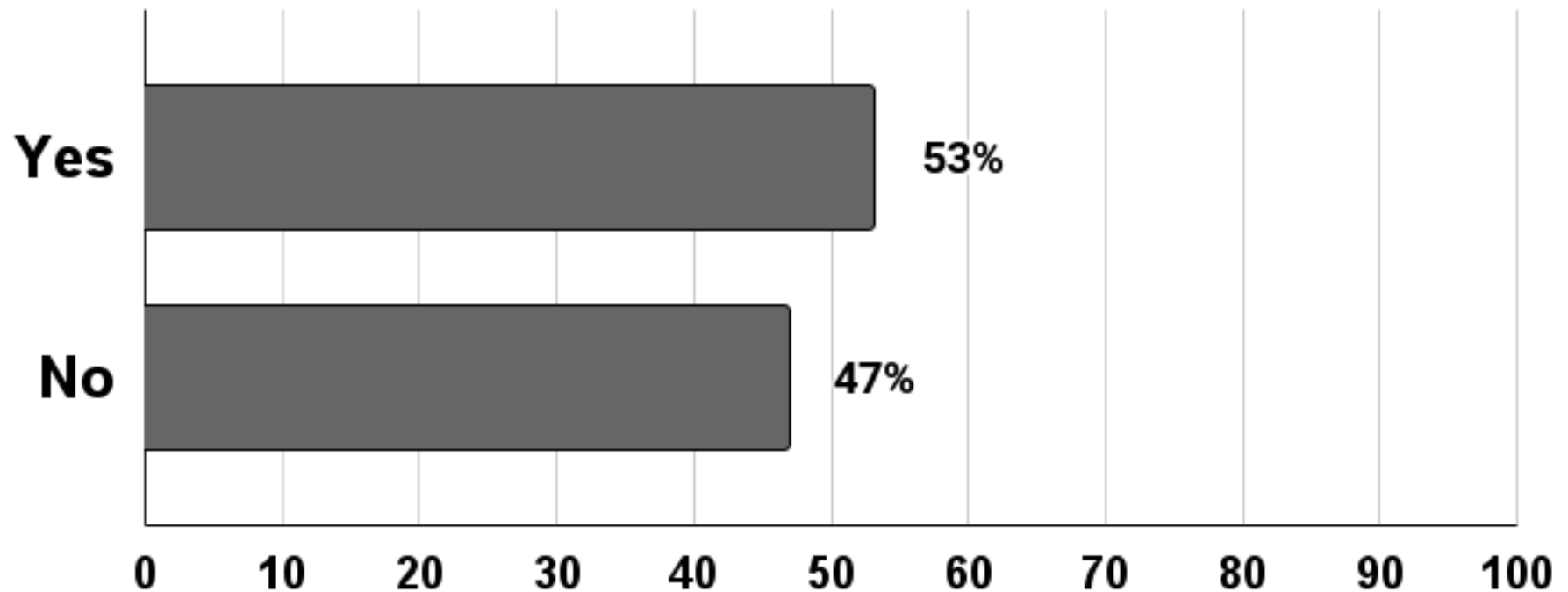


**Our campus/district reviews the wellness policy
at least annually.**



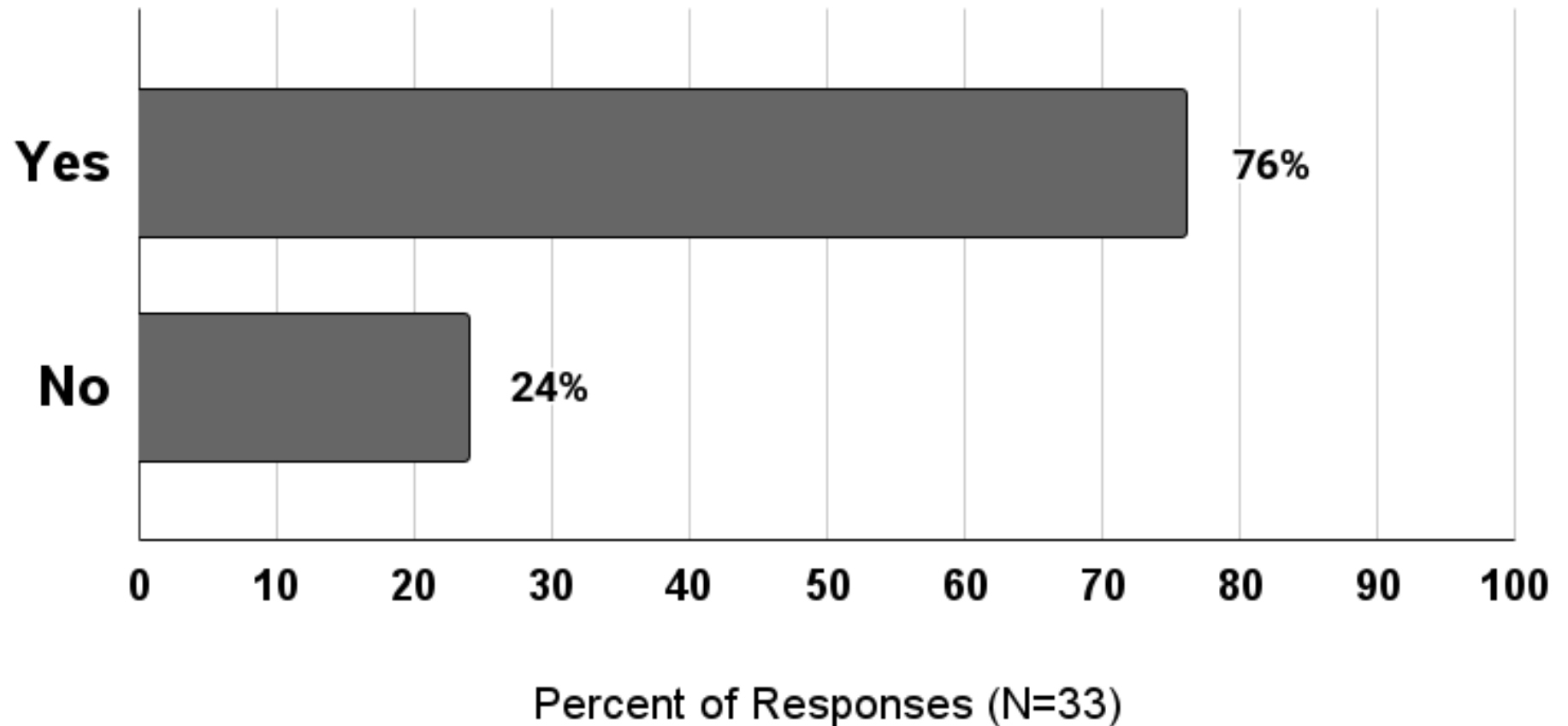
Percent of Responses (N=33)

Our campus'/district's written wellness policy includes measurable goals for nutrition education.

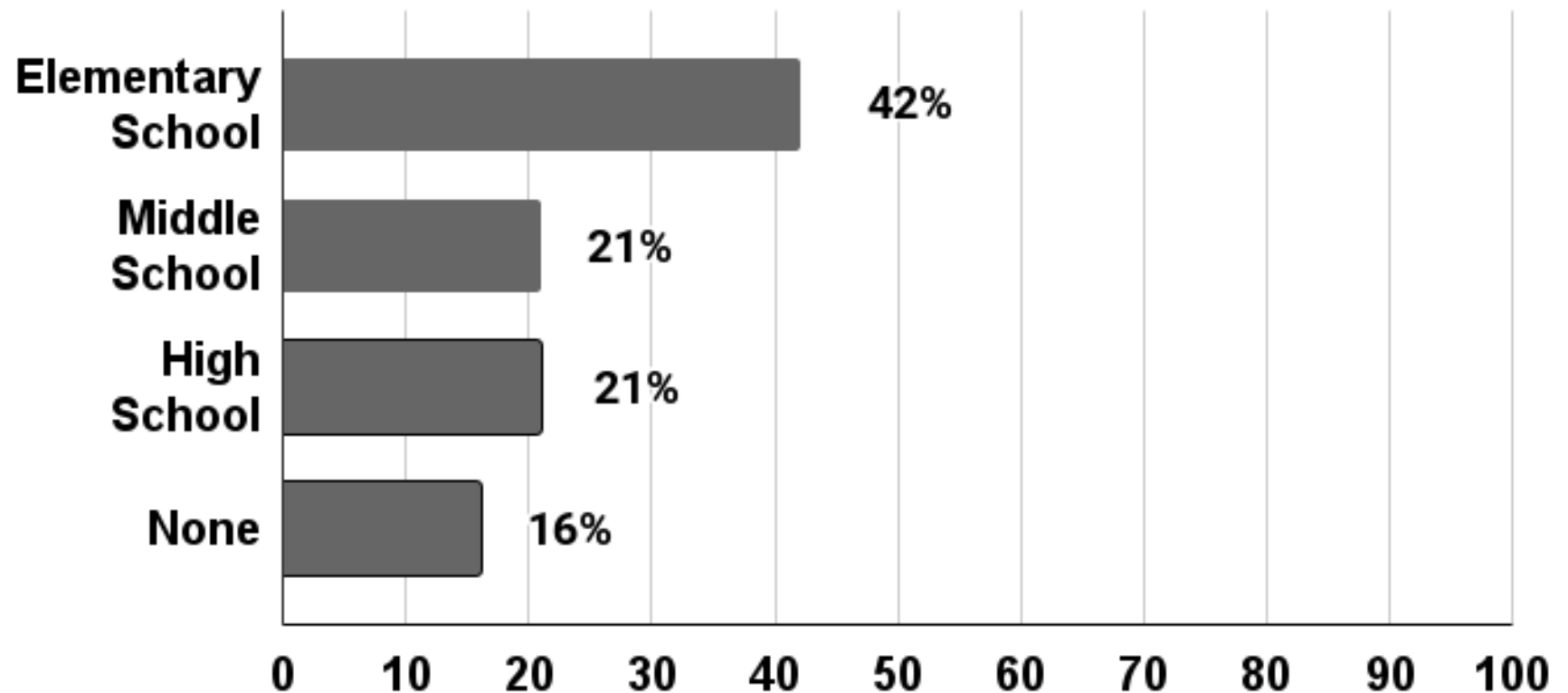


Percent of Responses (N=32)

We offer standards-based nutrition education in a variety of subjects (e.g. science, health, math, etc).

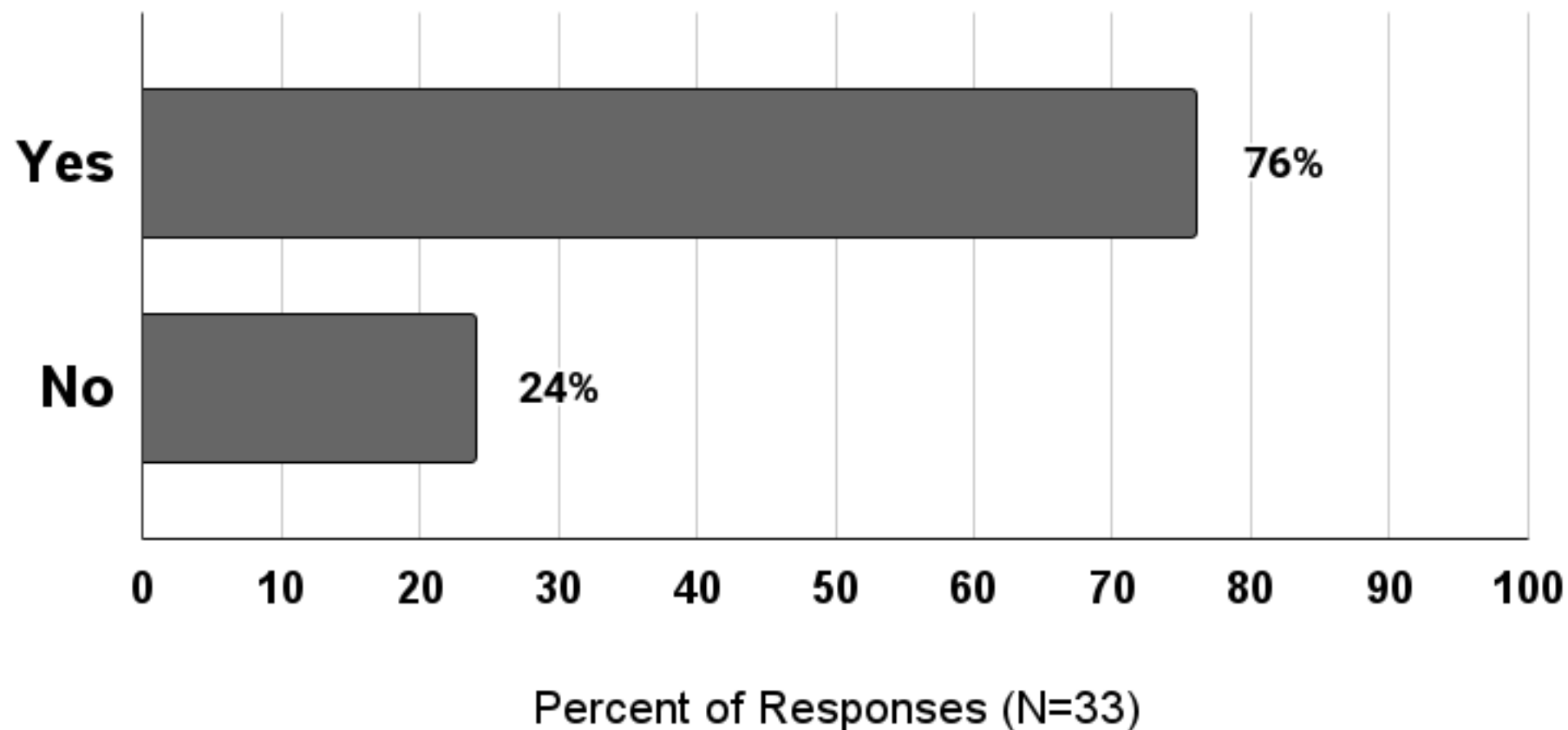


We offer nutrition education to students in:

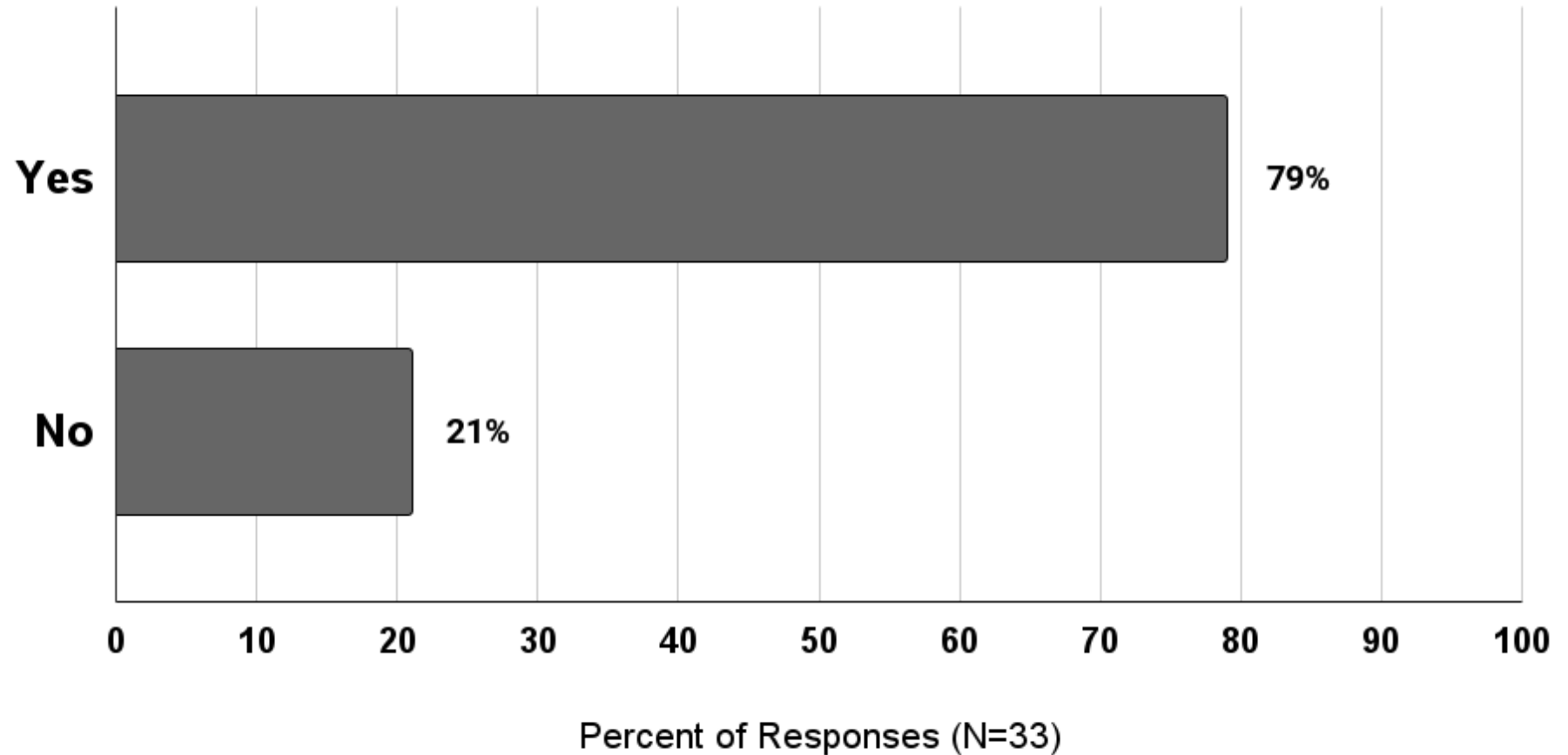


Percent of Responses (N=35)

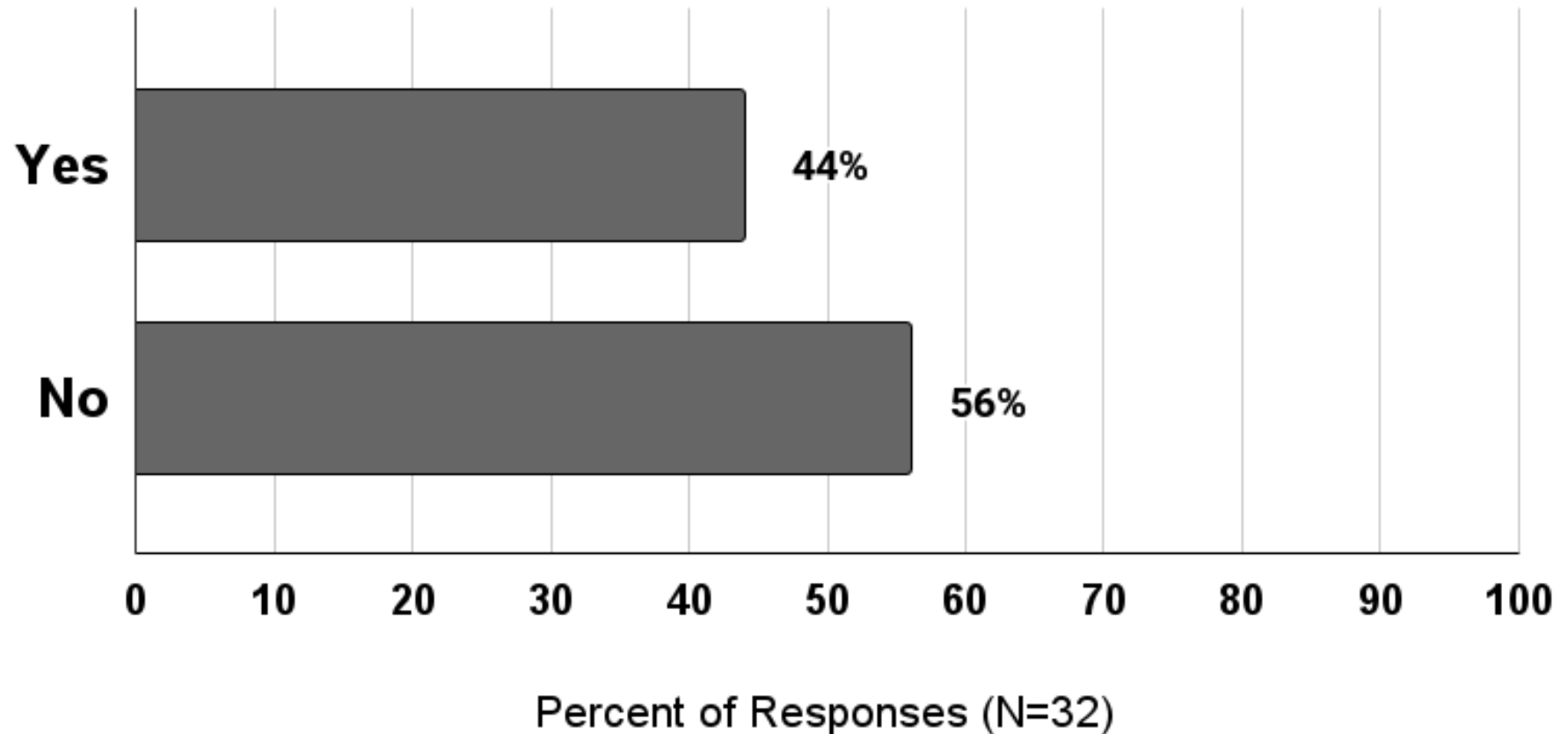
We use the district's written wellness policy which includes measurable goals for nutrition promotion.



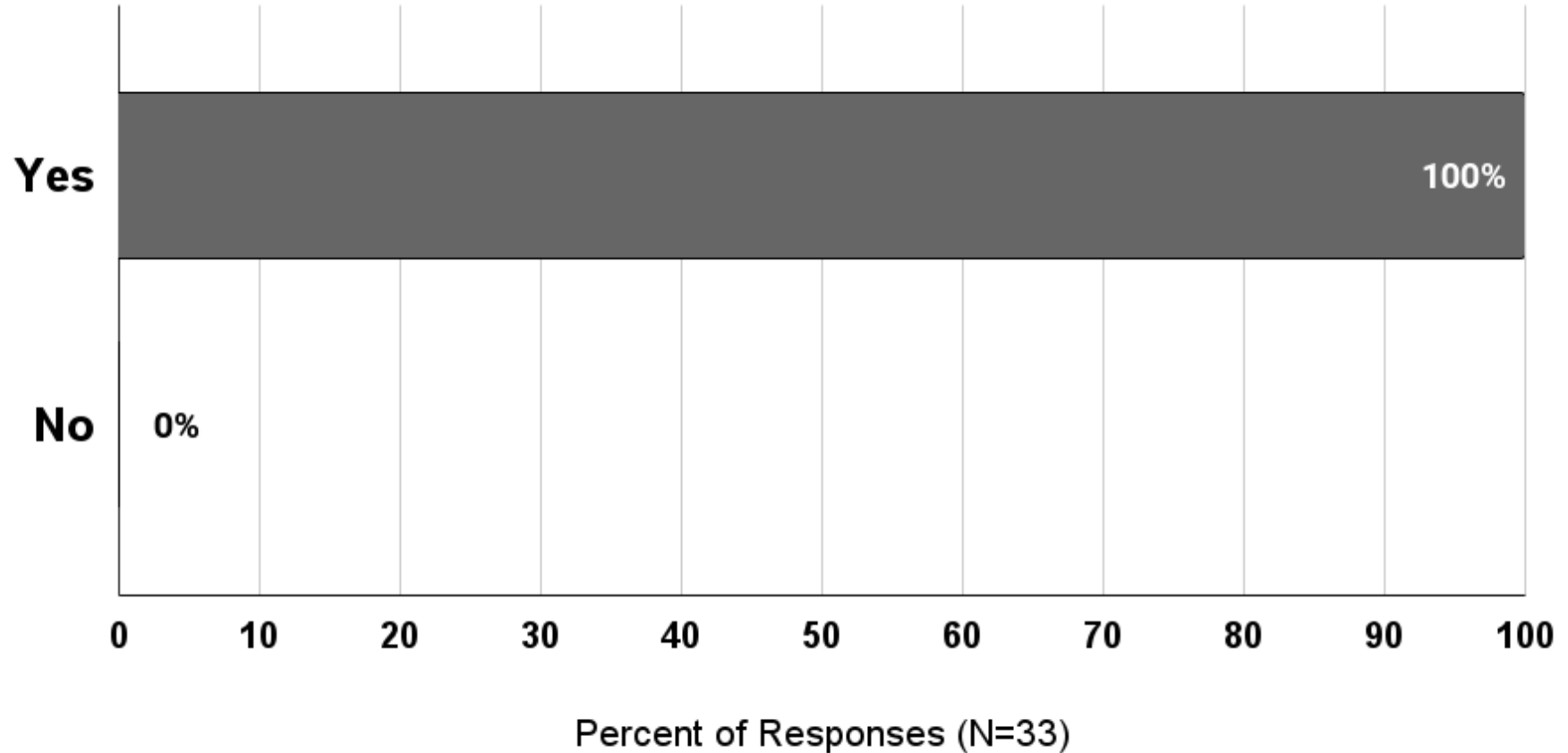
We promote healthy eating and nutrition education with signage, use of creative menus, posters and bulletin boards, etc.



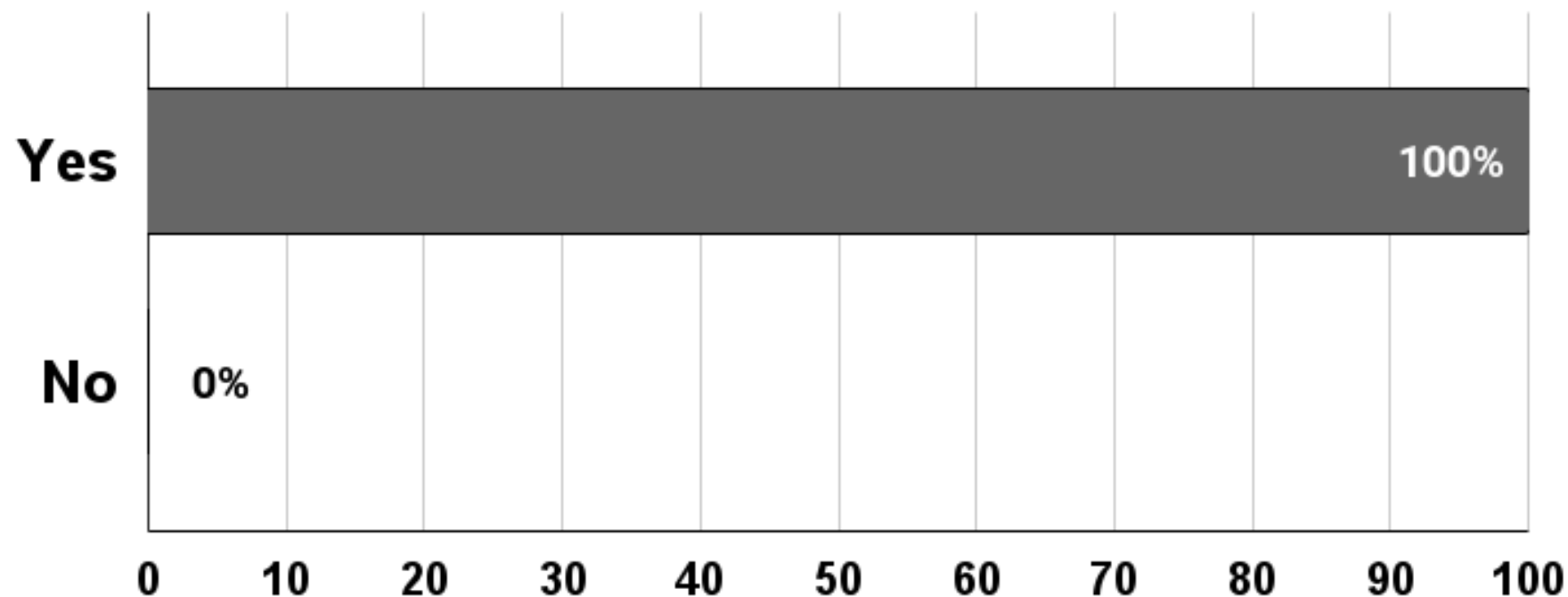
We have reviewed "Smarter Lunchroom" techniques and evaluated our ability to implement some of them.



**We place fruits and vegetables where they are easy to access
(e.g. near the cafeteria cashier or near the front of the line).**

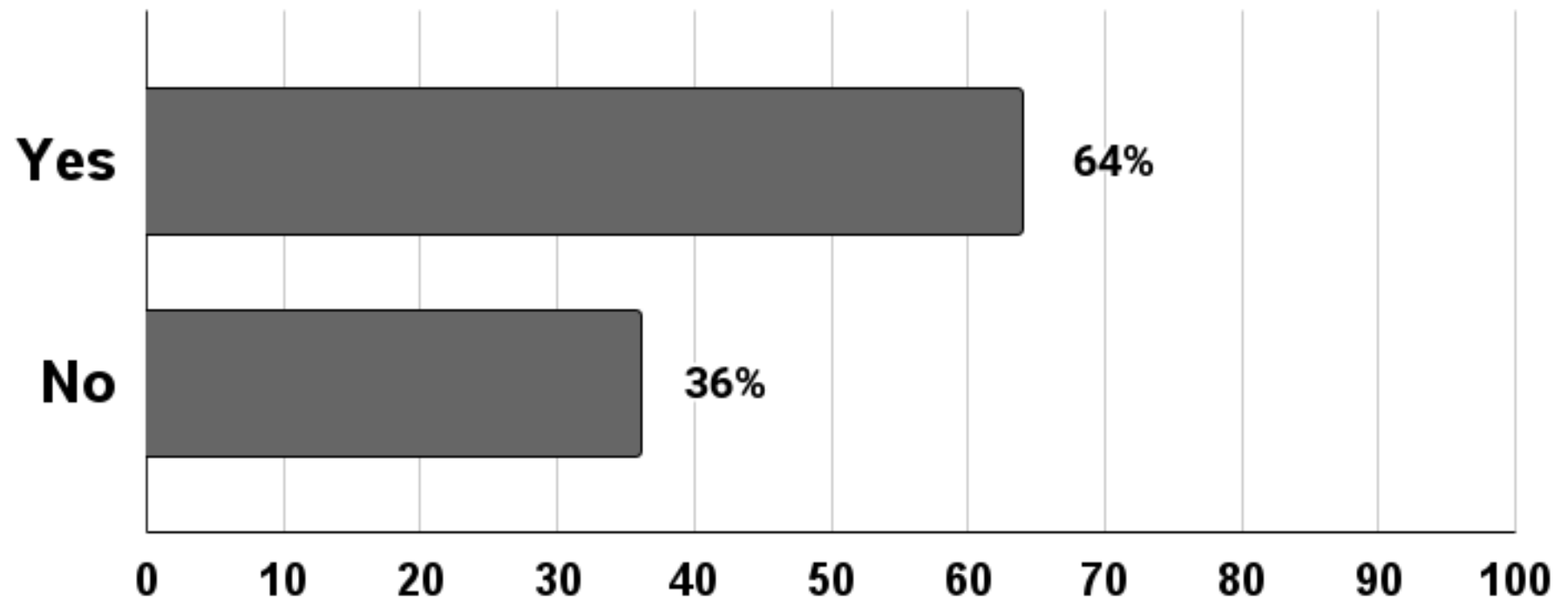


We ensure students have access to hand-washing facilities prior to meals.



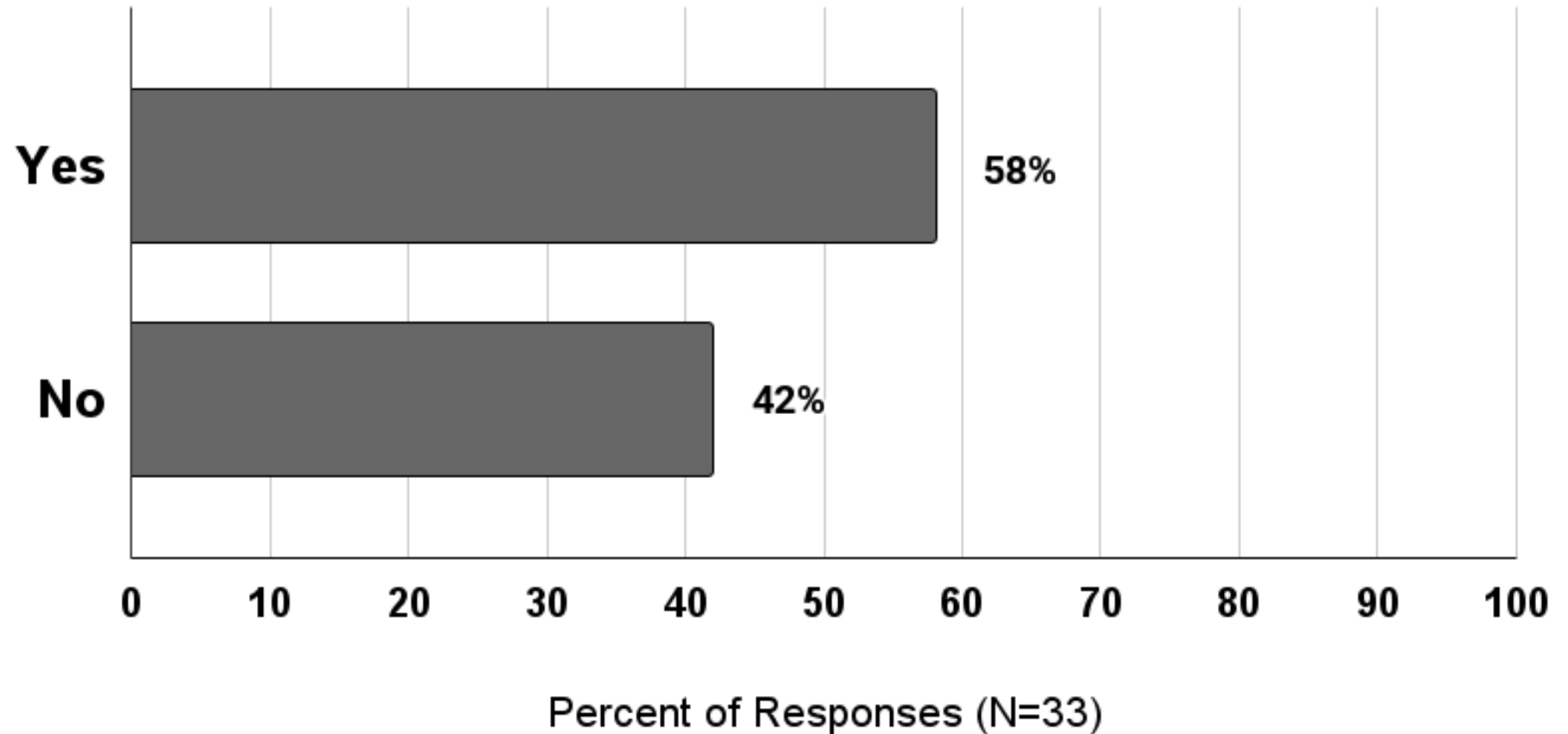
Percent of Responses (N=33)

We annually evaluate how to market and promote our school meal program(s).

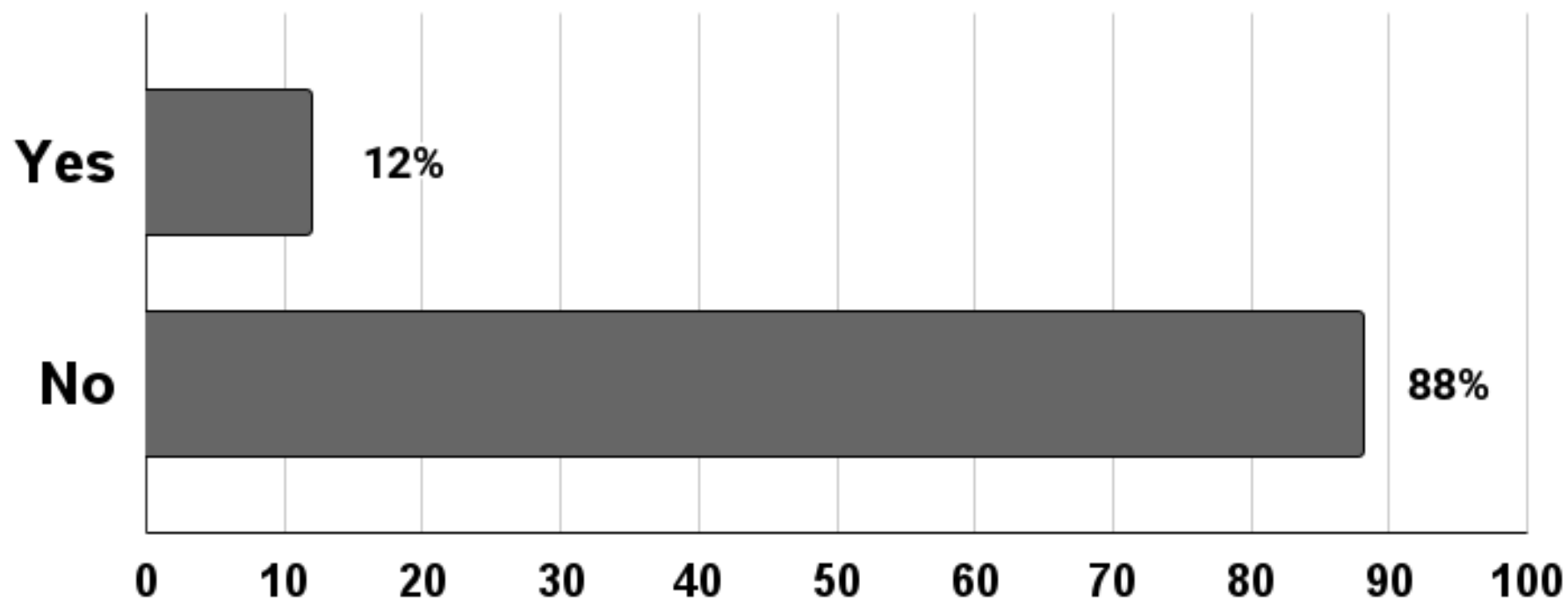


Percent of Responses (N=33)

We regularly share school meal nutrition, calorie, and sodium content information with students and families.

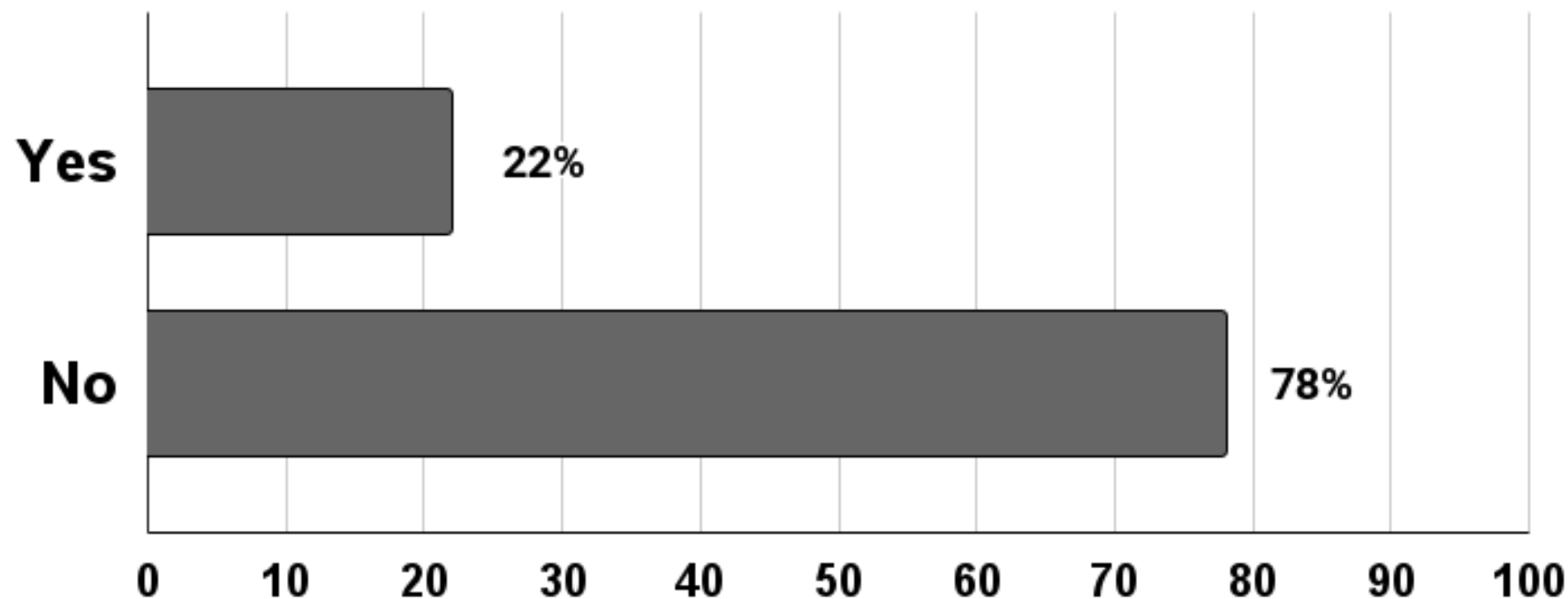


We offer taste testing or menu planning opportunities to our students.



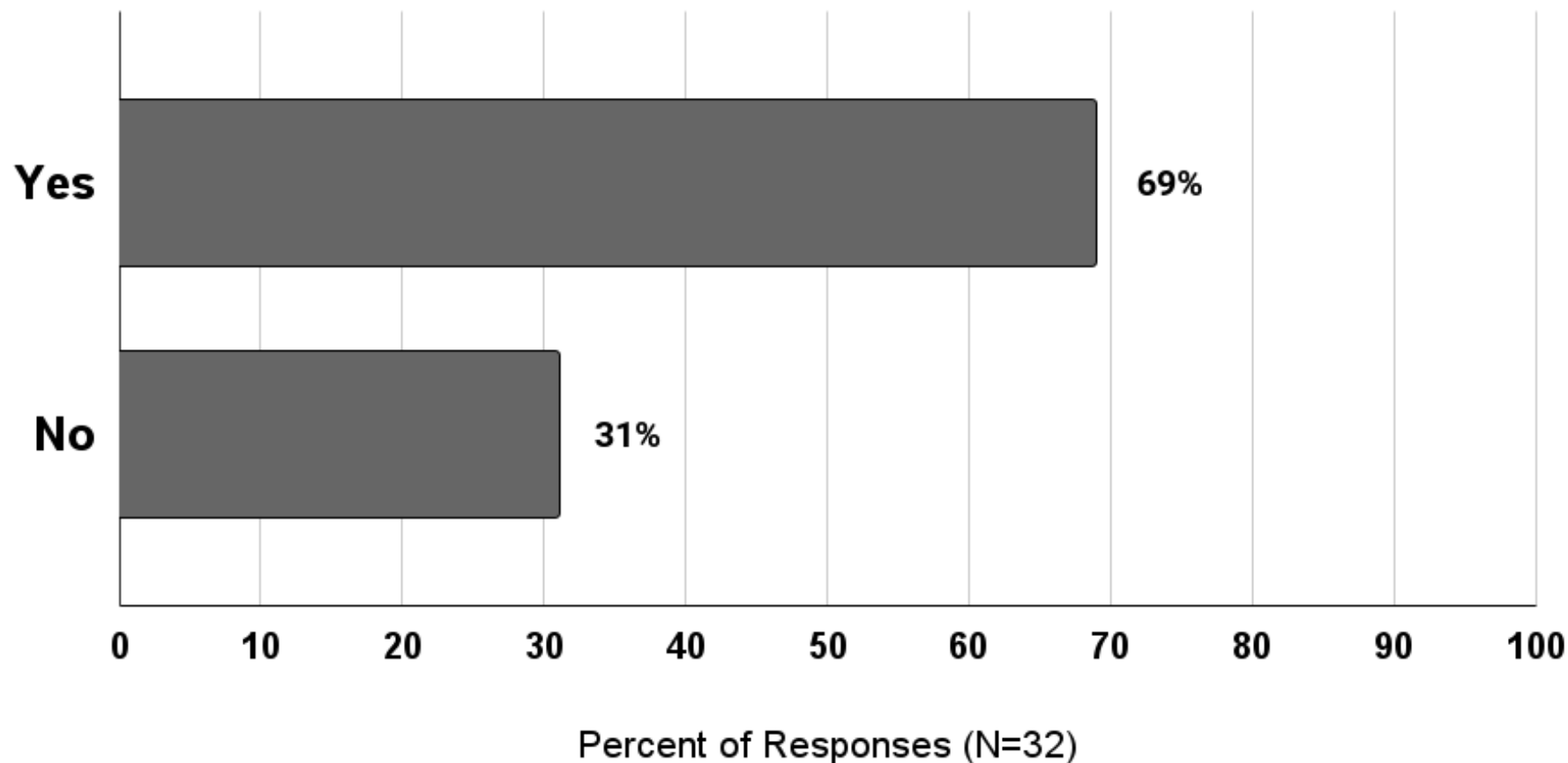
Percent of Responses (N=33)

**We participate in Farm to School activities and/or
have a school garden.**

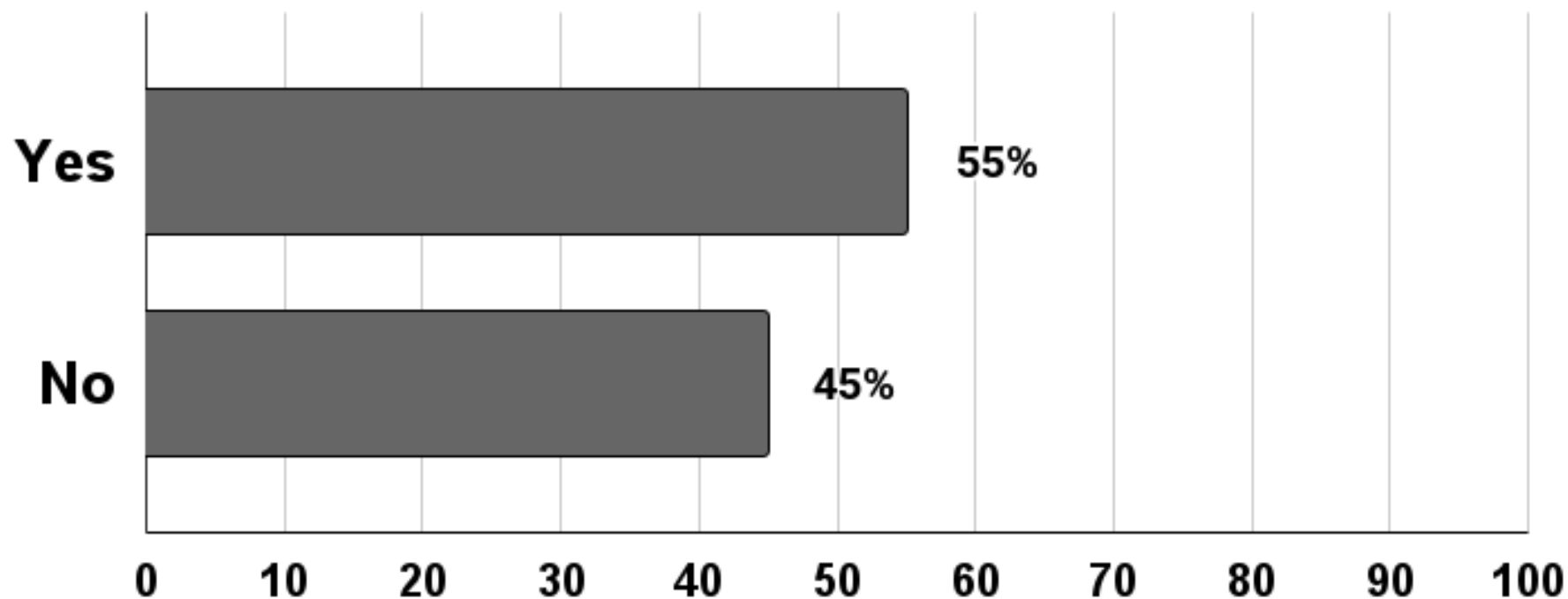


Percent of Responses (N=32)

We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).

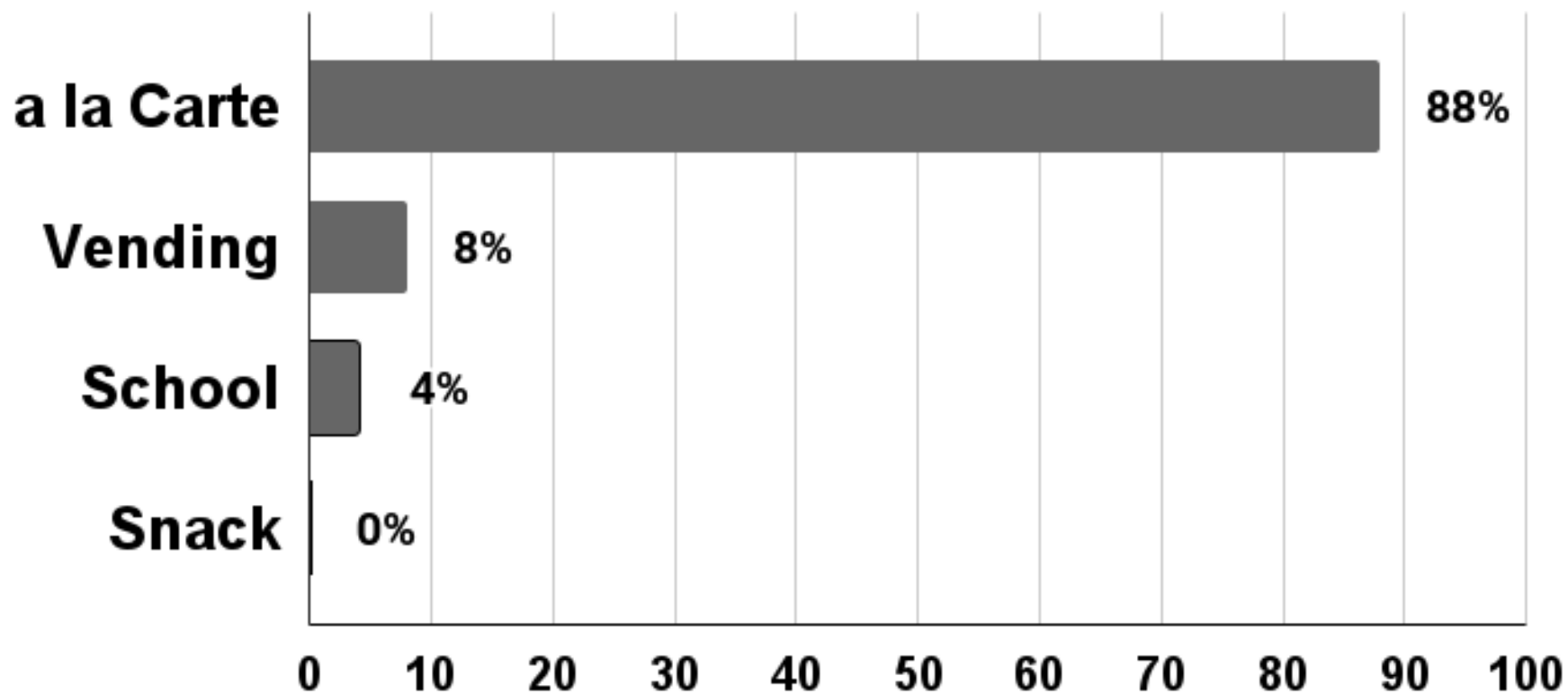


We price nutritious foods and beverages lower than less nutritious foods and beverages.



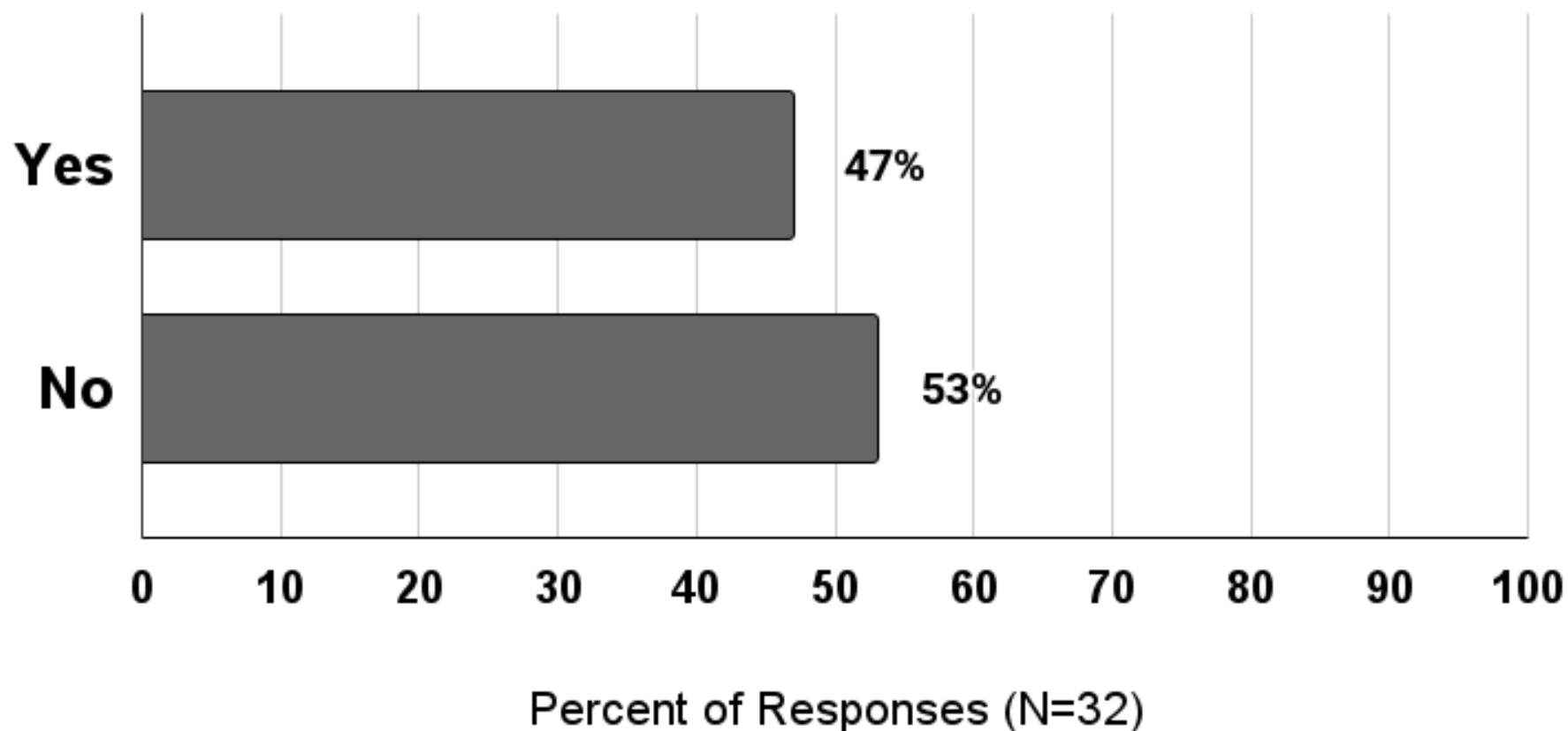
Percent of Responses (N=31)

We offer fruits or non-fried vegetables in:

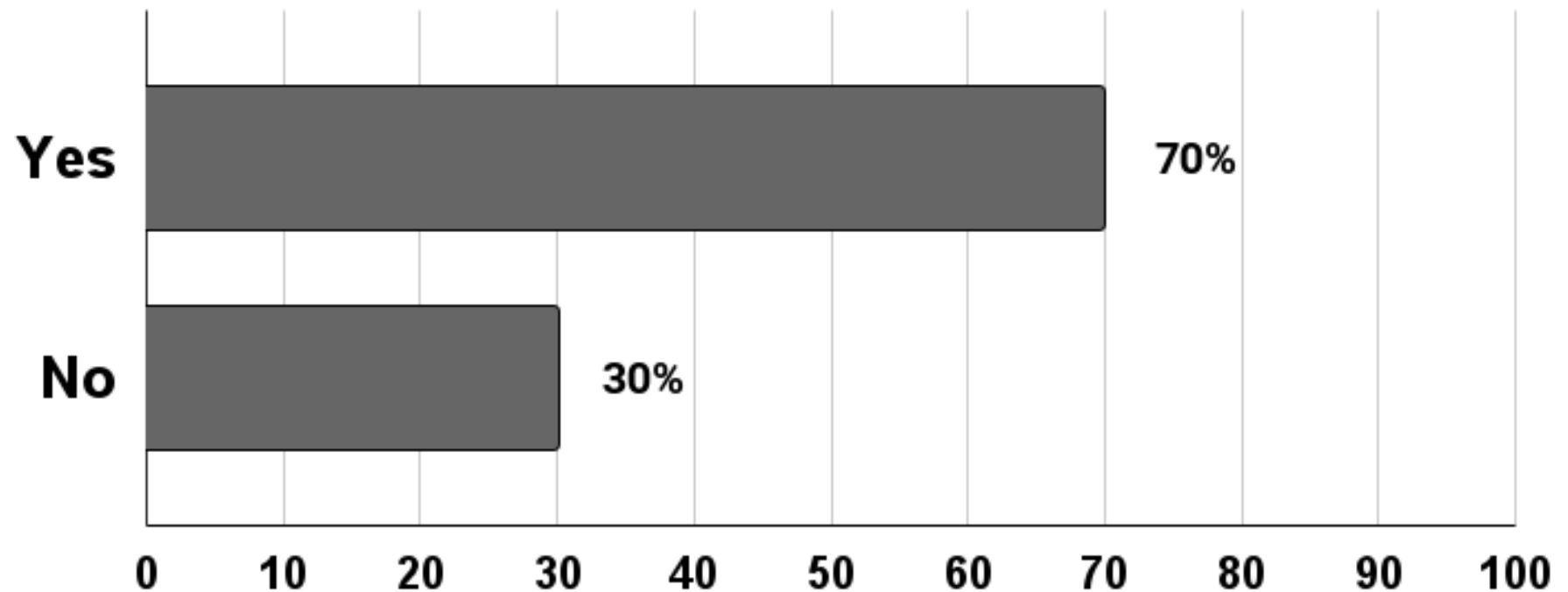


Percent of Responses (N=22)

We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.

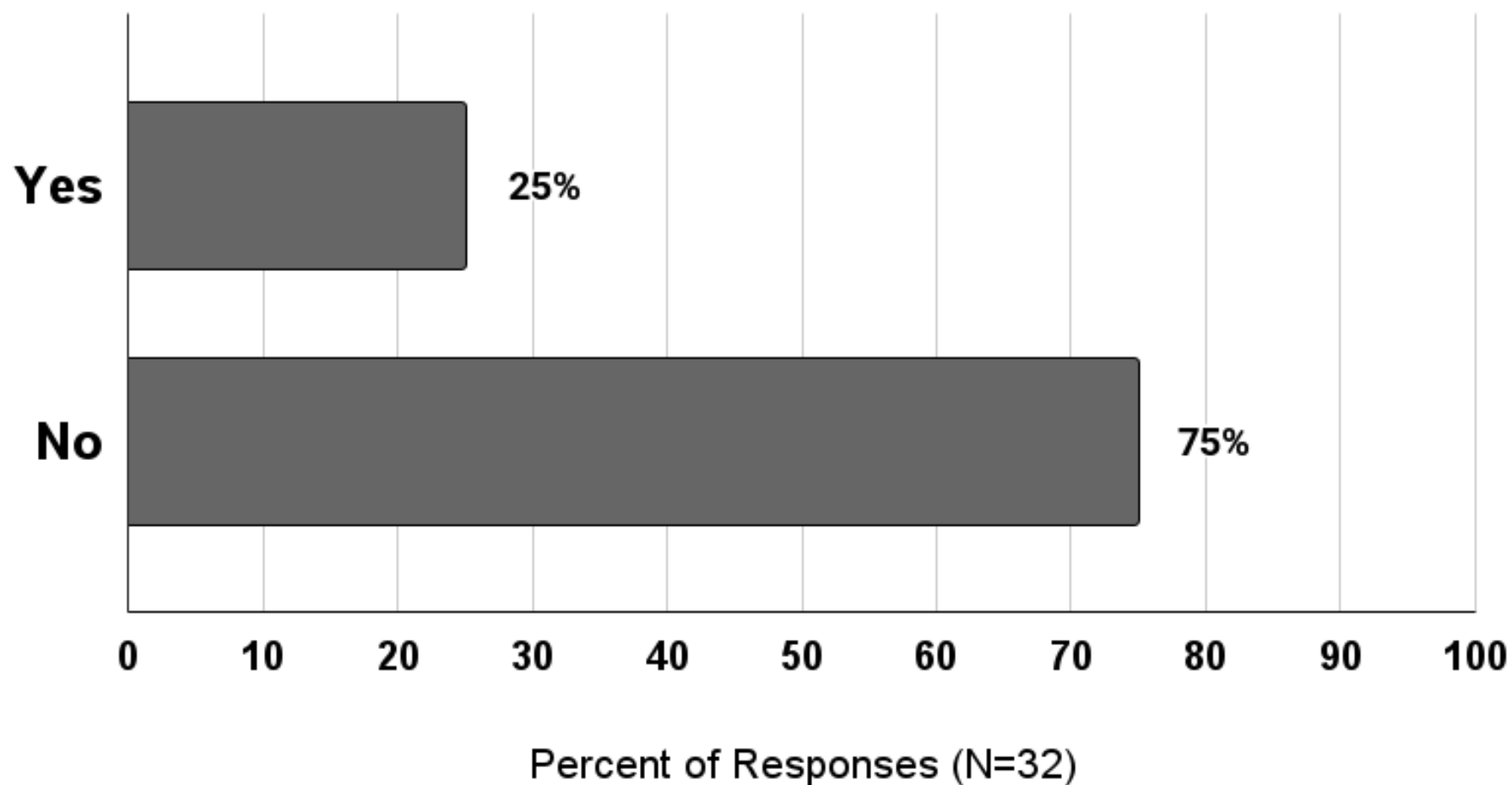


We provide teachers with samples of alternative reward options other than food or beverages.

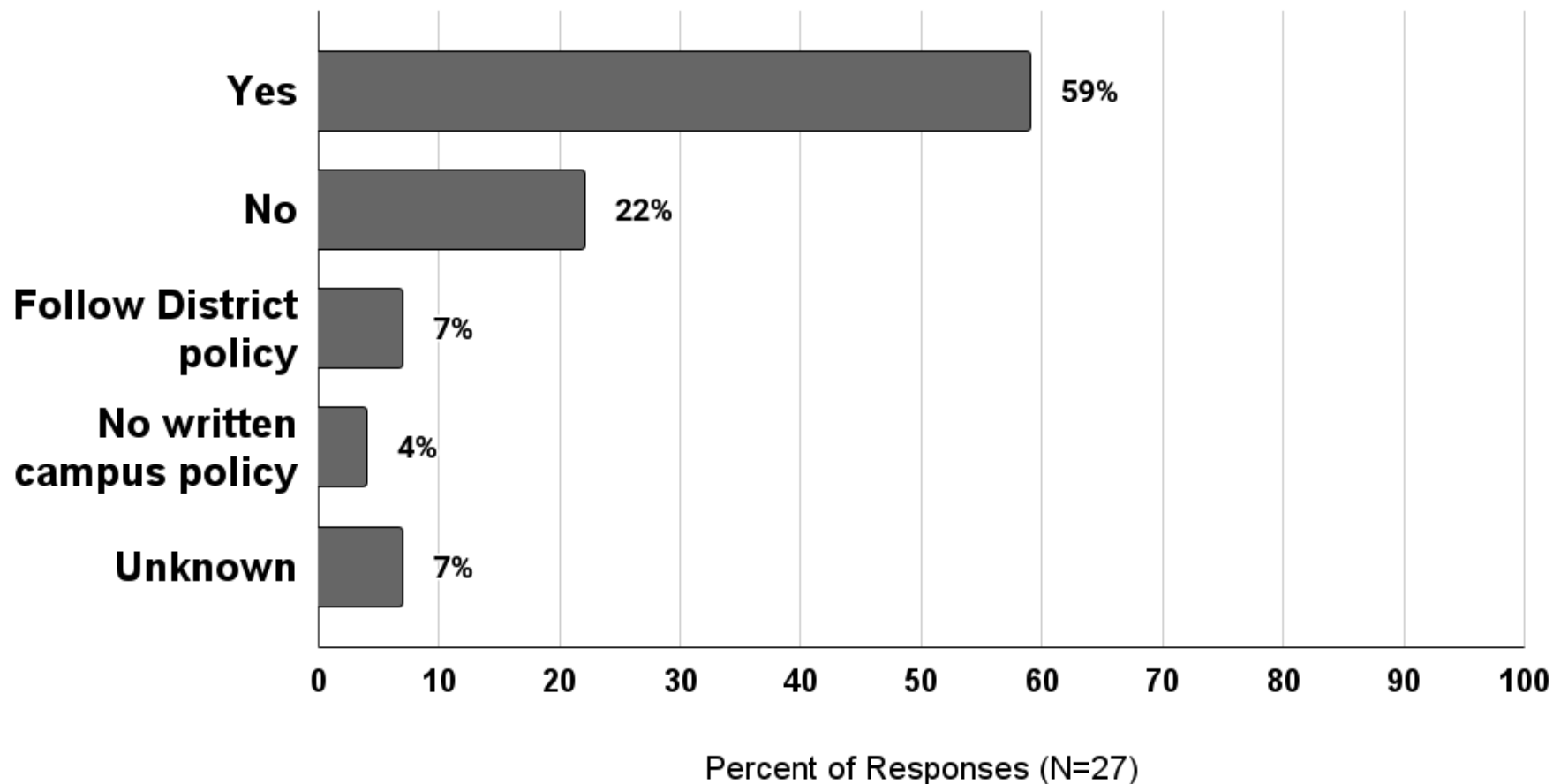


Percent of Responses (N=33)

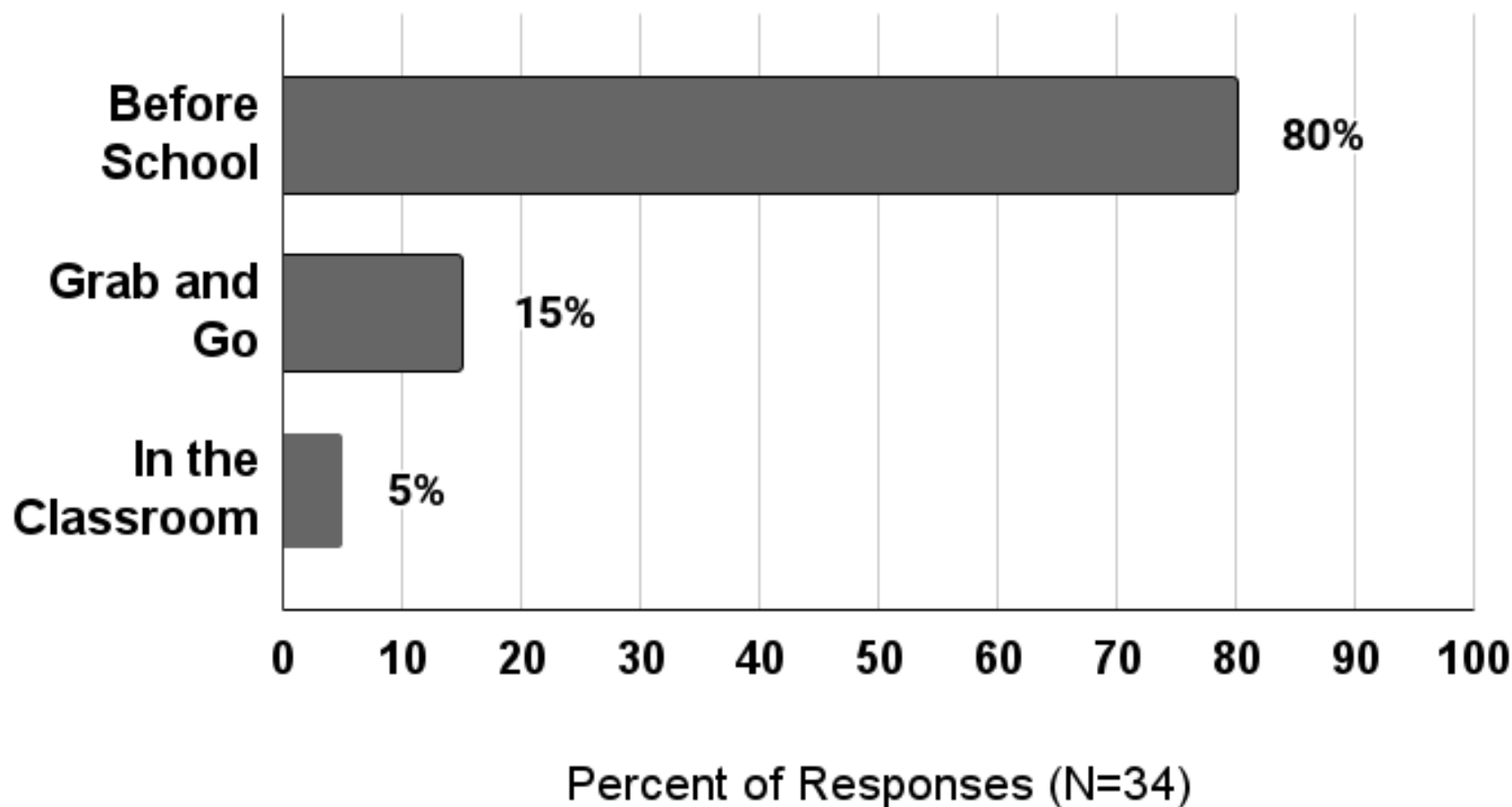
We prohibit the use of food and beverages as a reward.



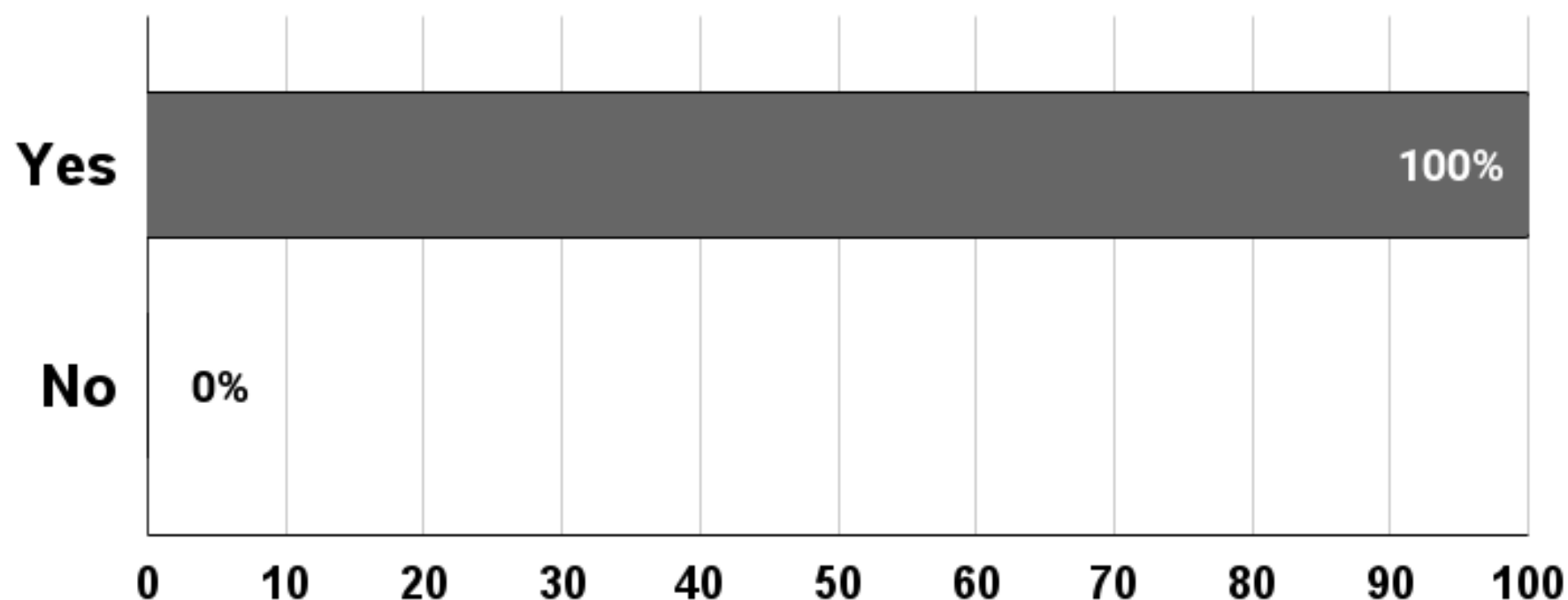
**Our campus' written wellness policy addresses nutrition standards for
USDA reimbursable meals.**



We operate the School Breakfast program.

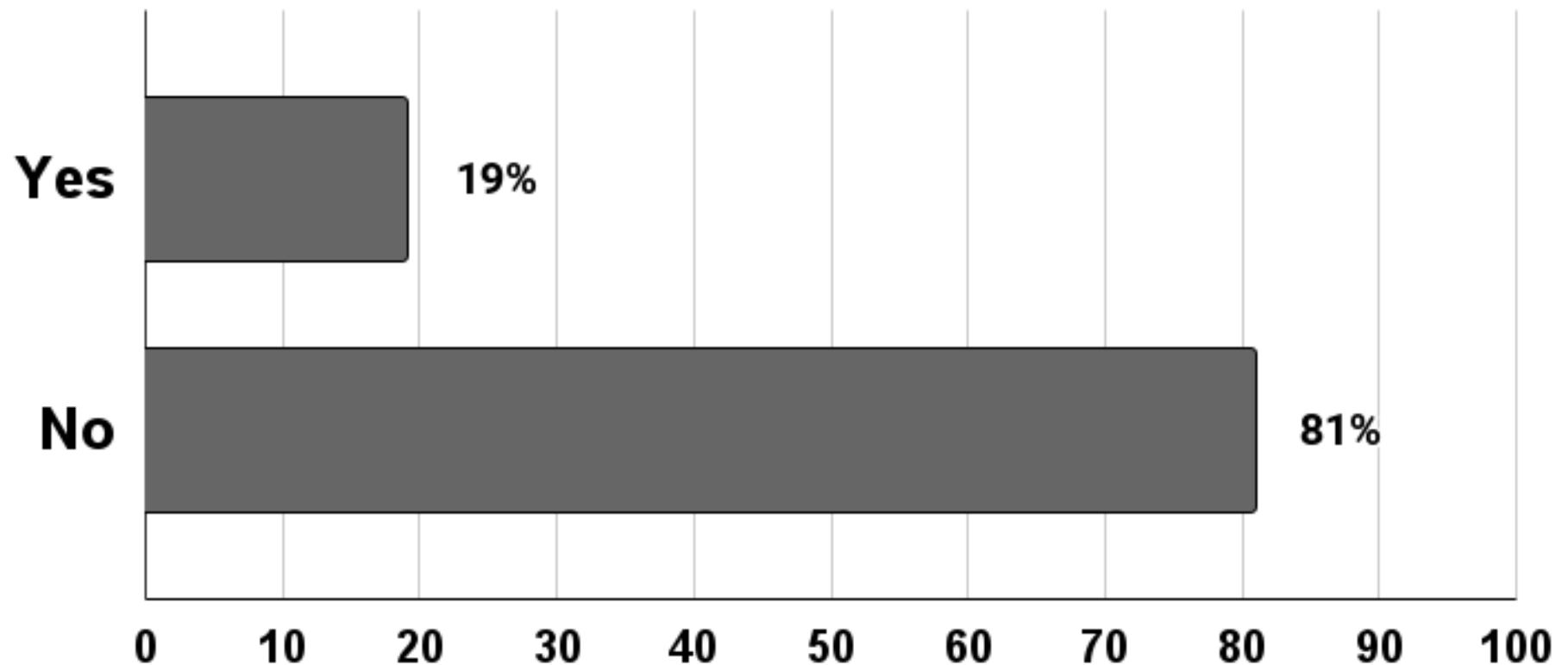


We follow all nutrition regulations for the National School Lunch Program (NSLP).



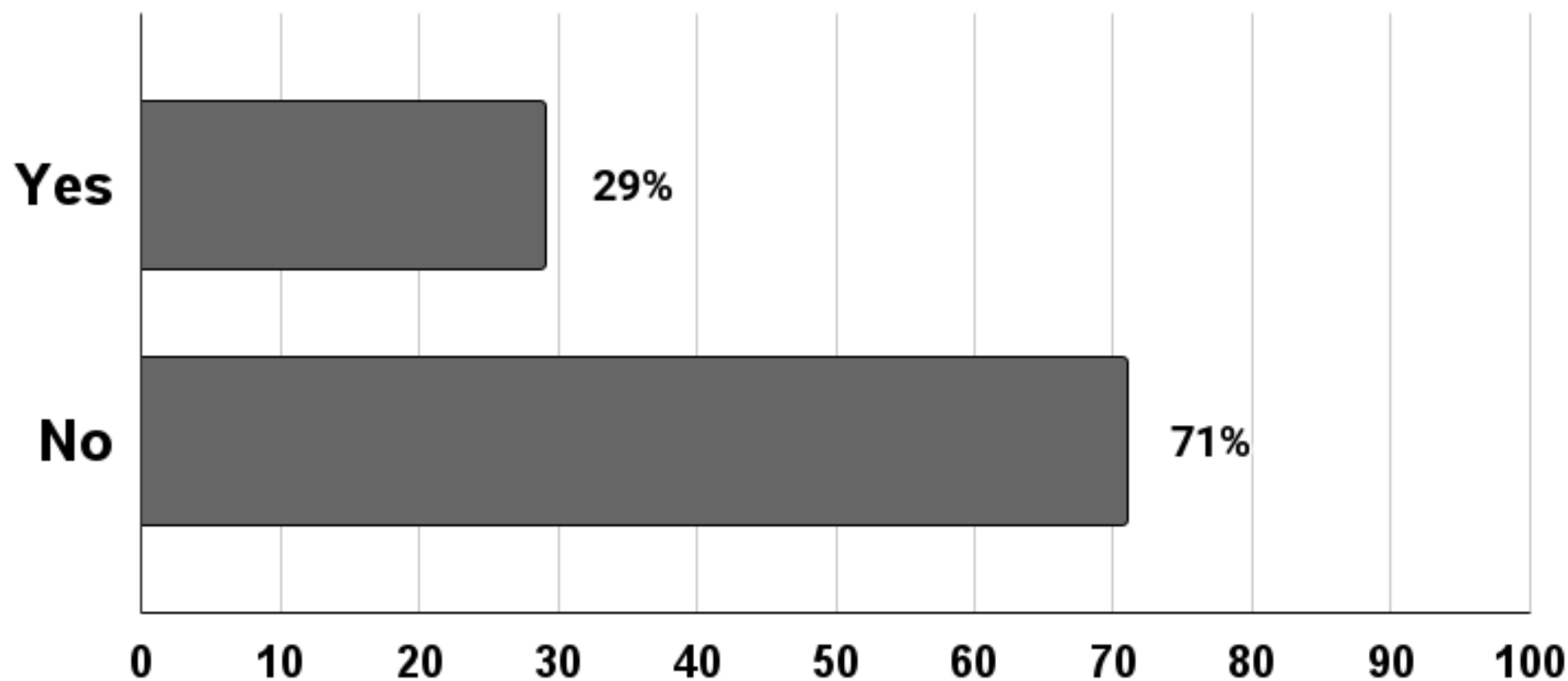
Percent of Responses (N=33)

We operate an After-school Snack Program.



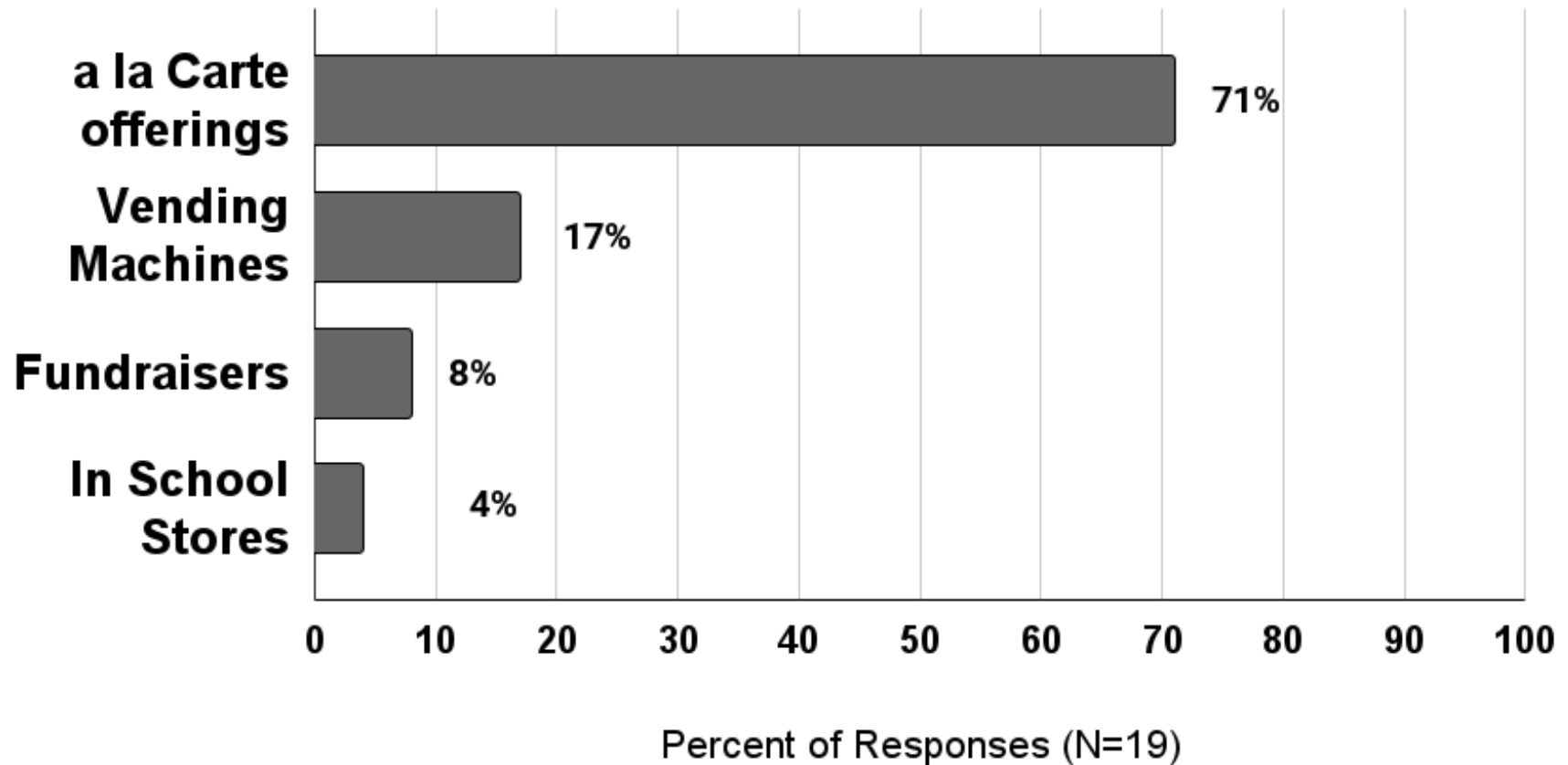
Percent of Responses (N=32)

We operate the Fresh Fruit and Vegetable Program.

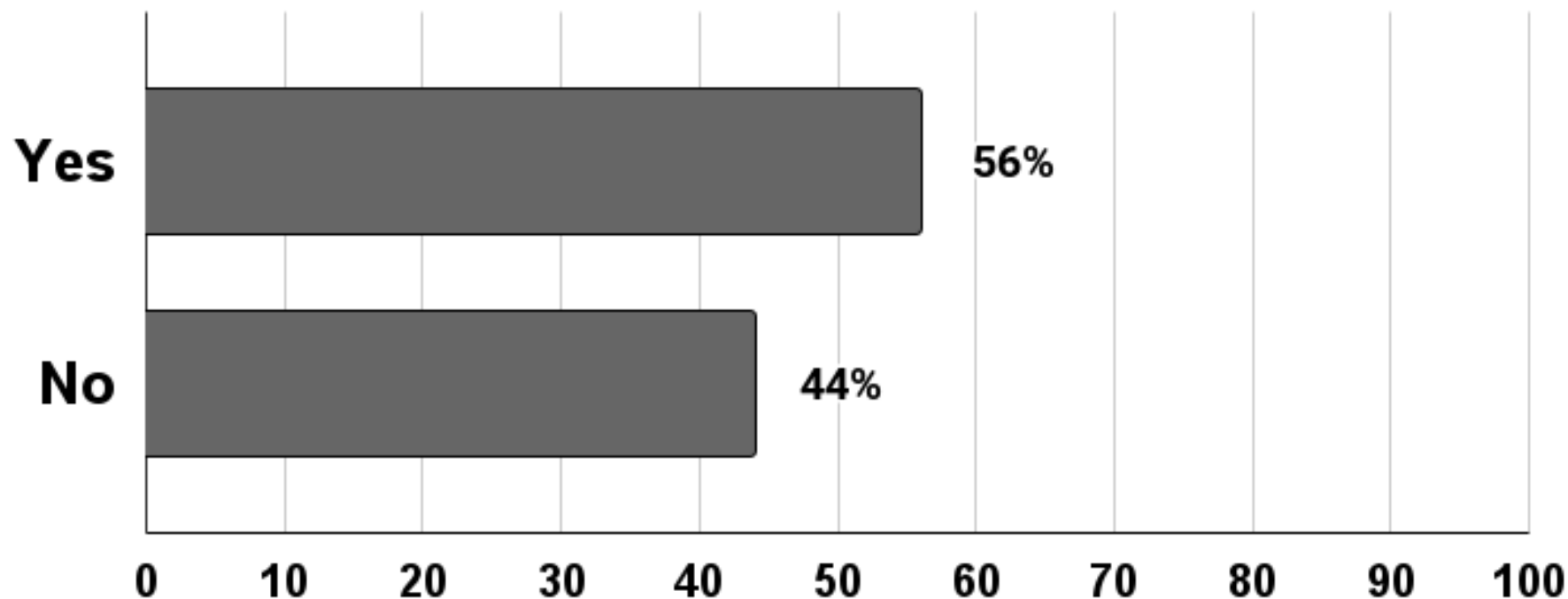


Percent of Responses (N=31)

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

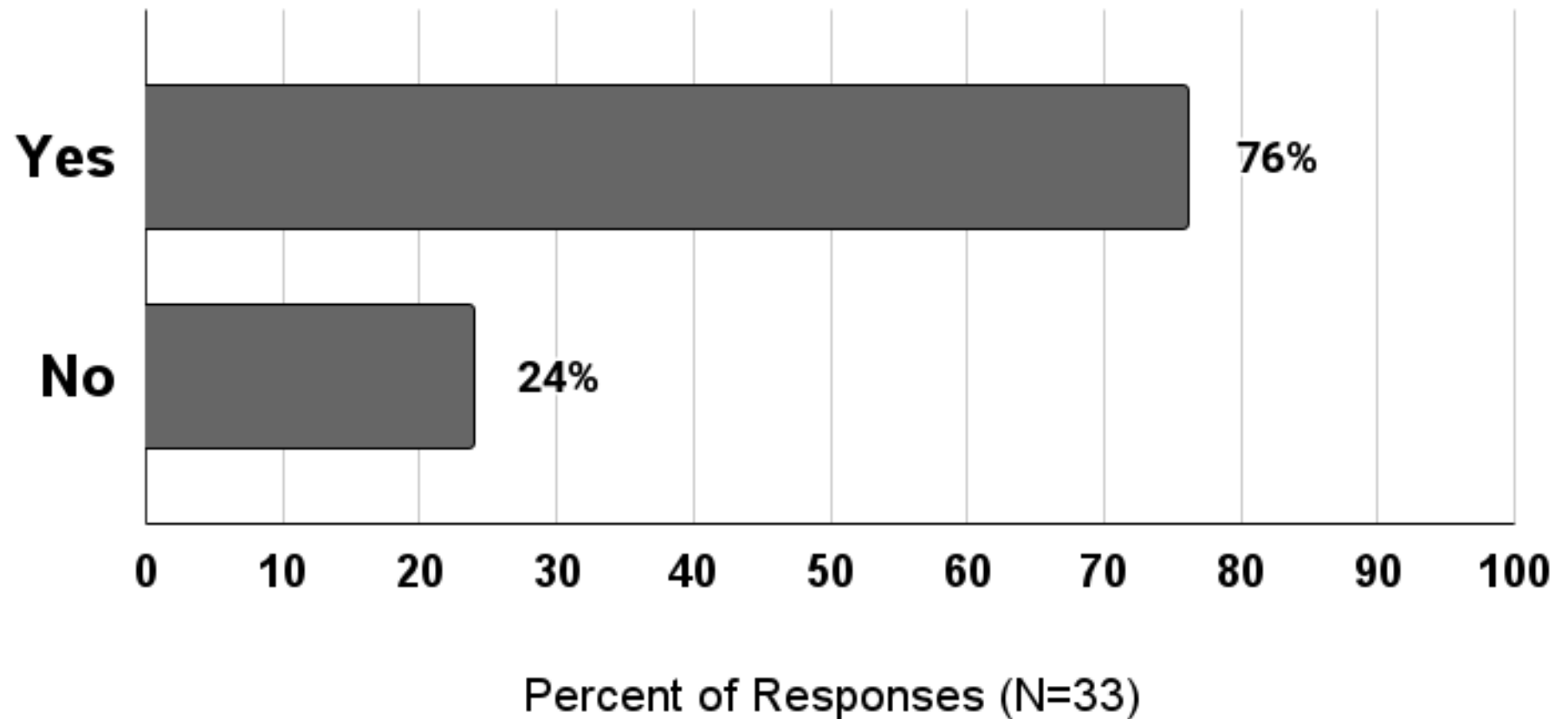


Our campus'/district's written wellness policy includes measurable goals for physical activity.

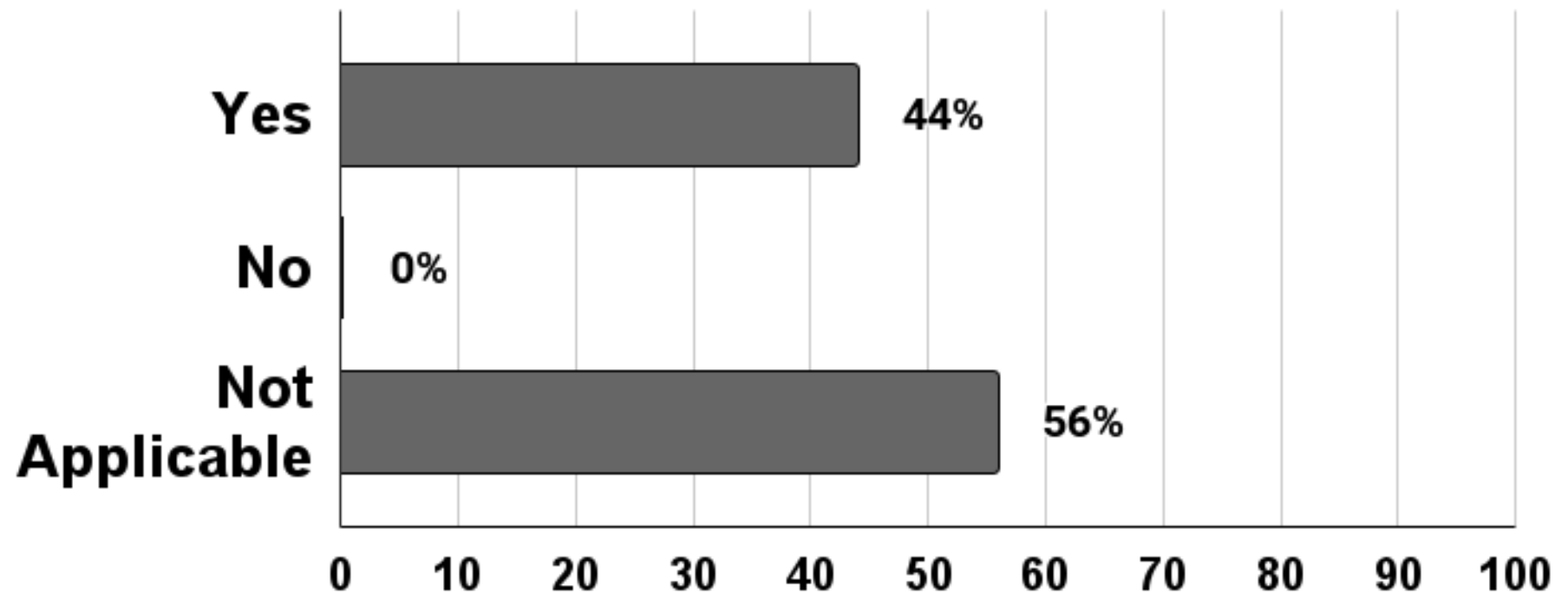


Percent of Responses (N=32)

We provide physical education for elementary students on a weekly basis.

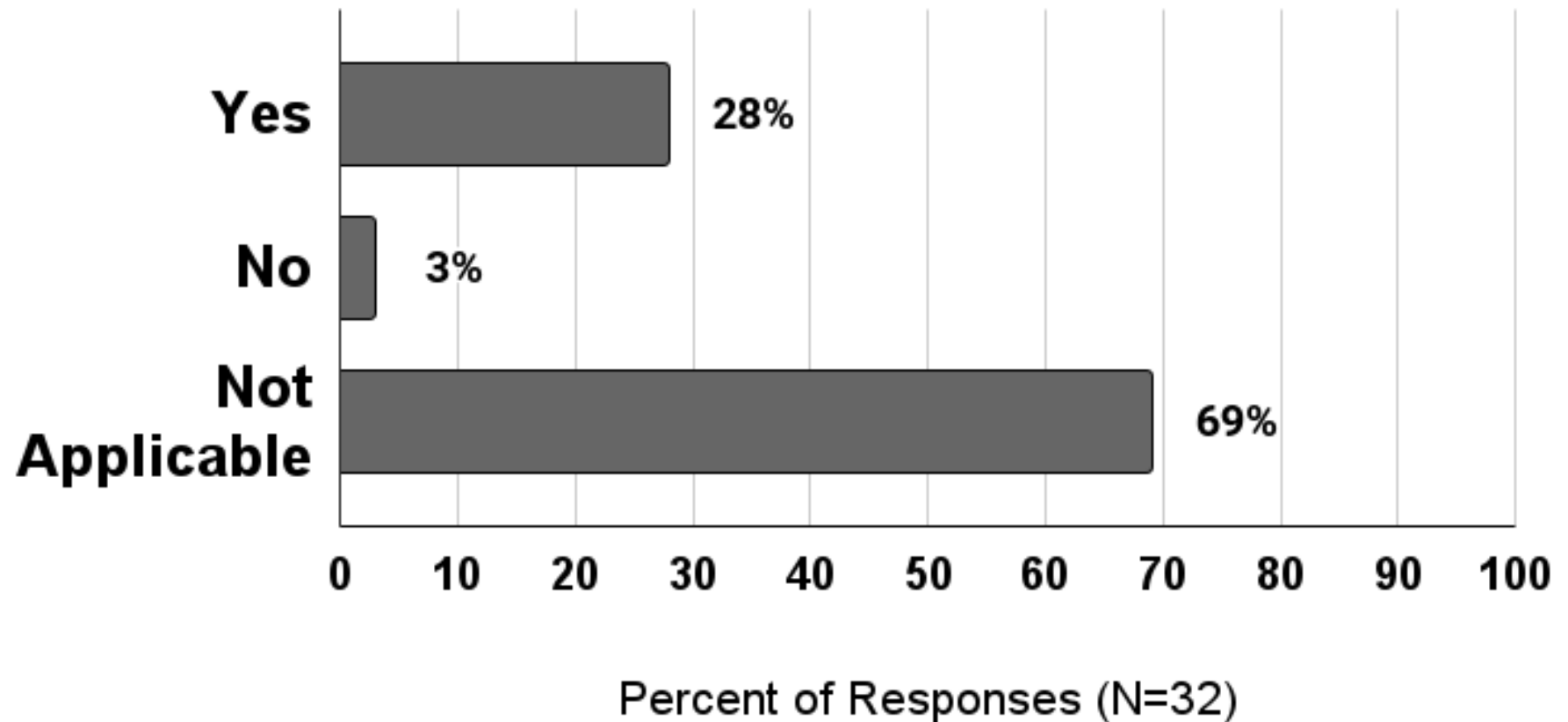


We provide physical education for middle school during a term or semester.

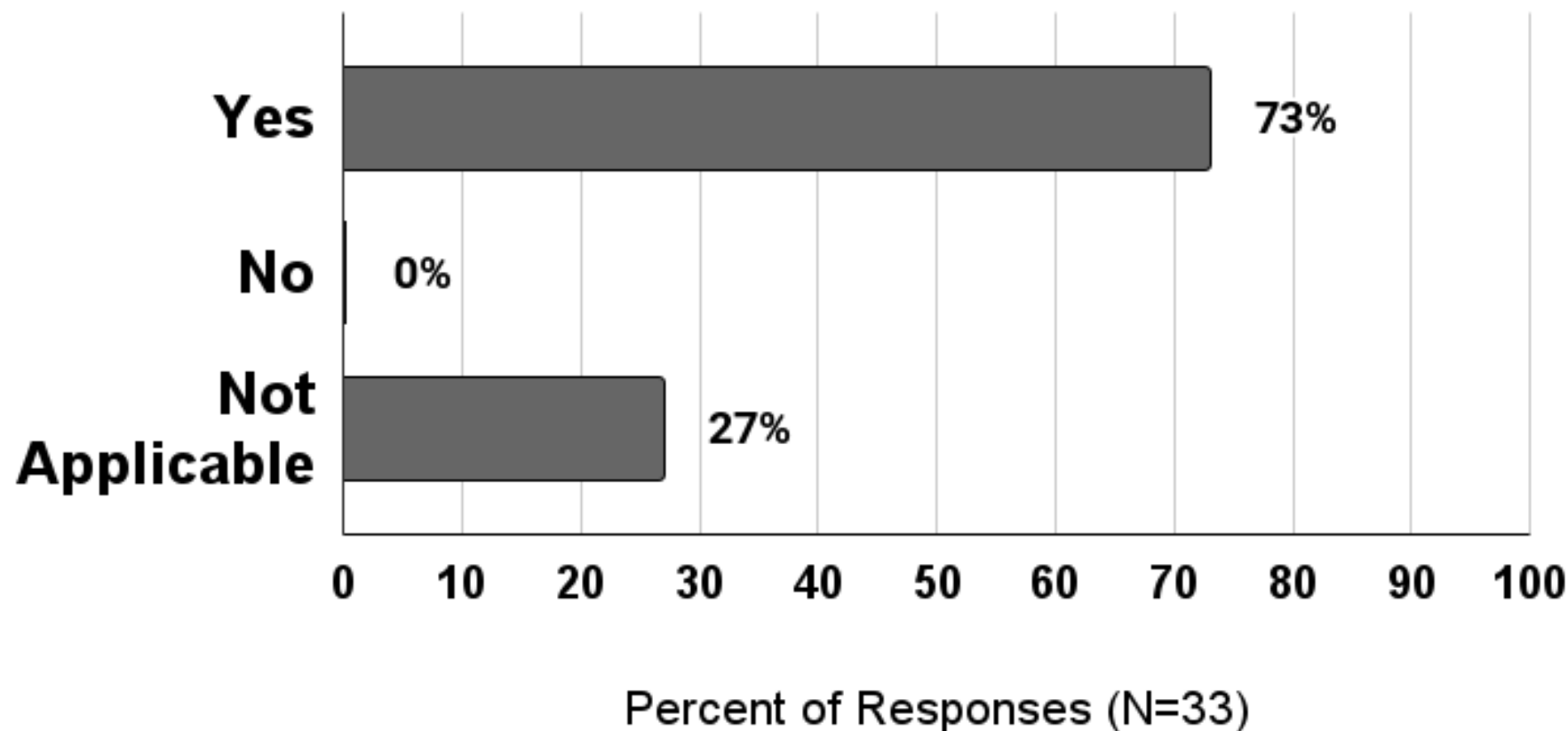


Percent of Responses (N=32)

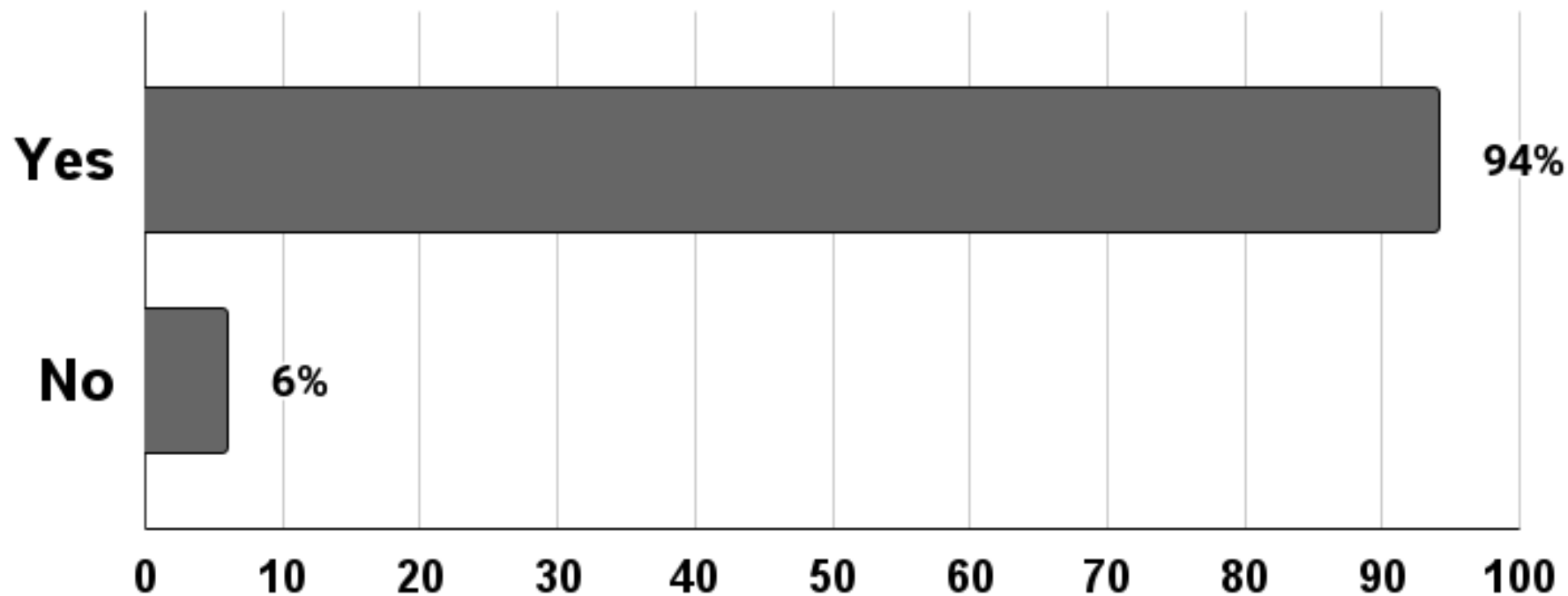
We require physical education classes for graduation (high school only).



We provide recess for elementary students on a daily basis.

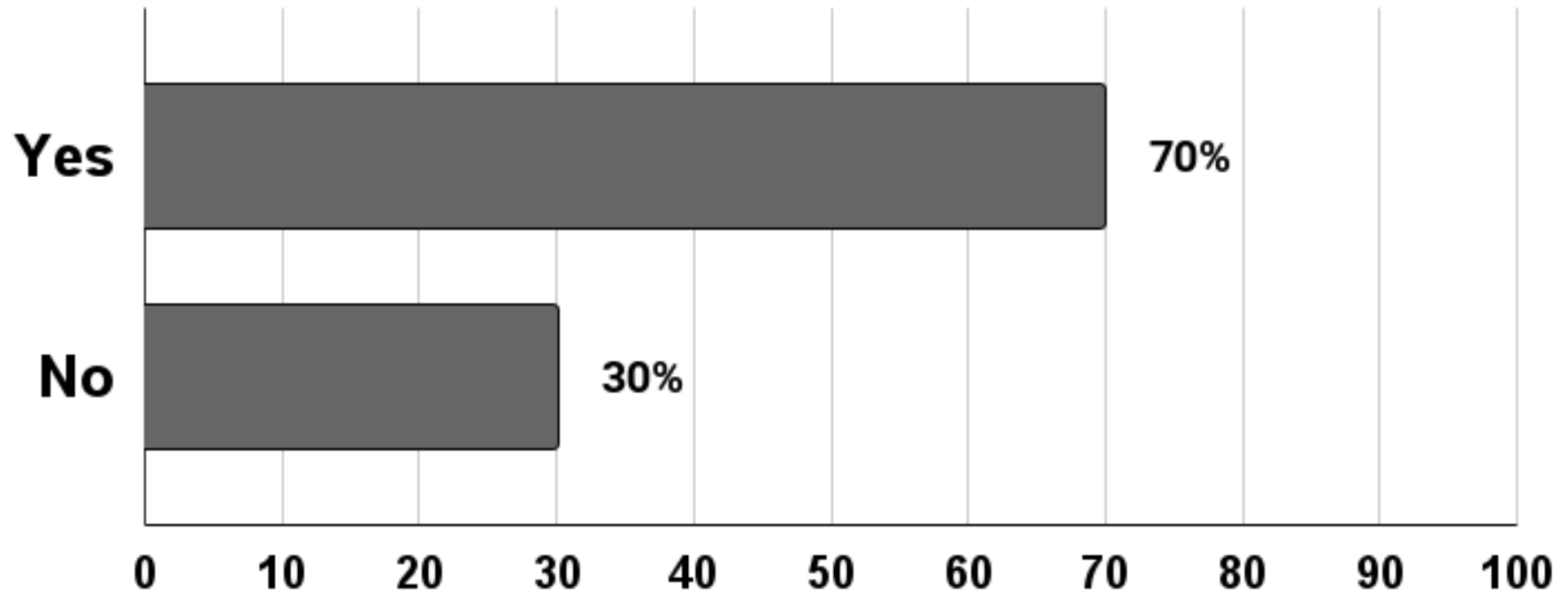


We provide opportunities for physical activity integrated throughout the day.



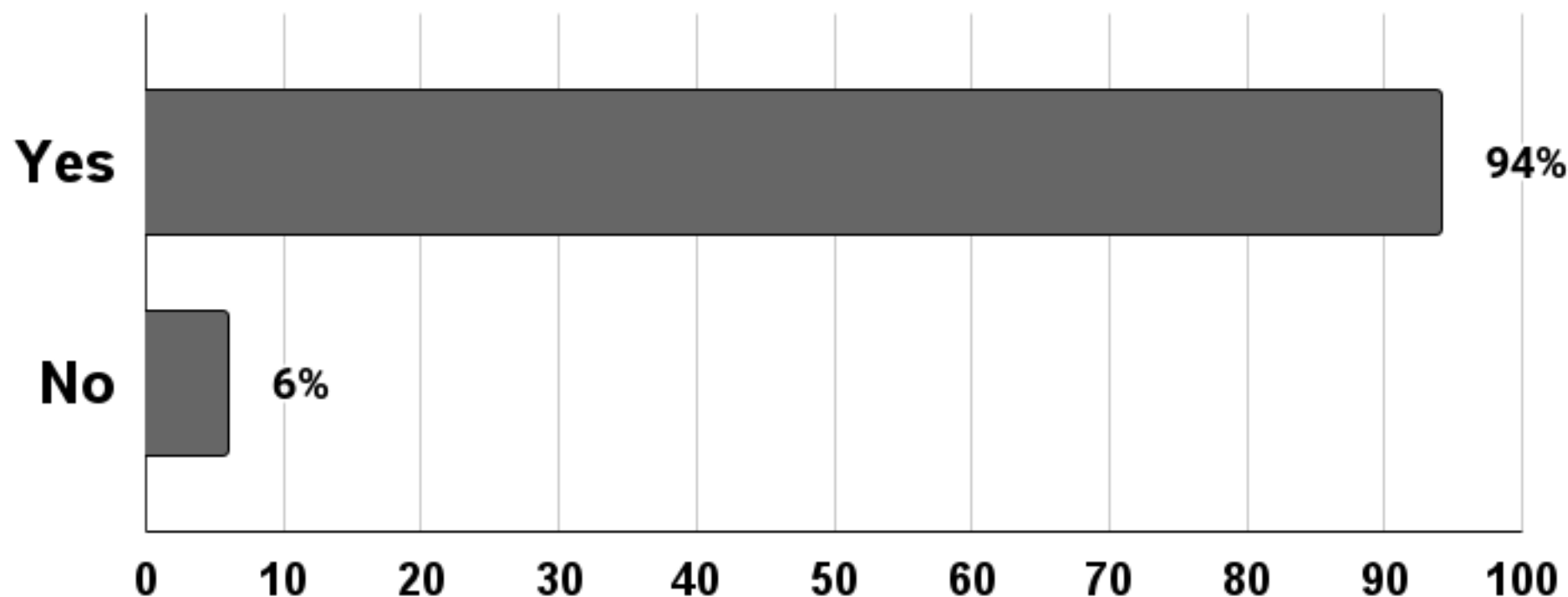
Percent of Responses (N=33)

Staff and teachers do not keep students in from recess for punitive reasons.



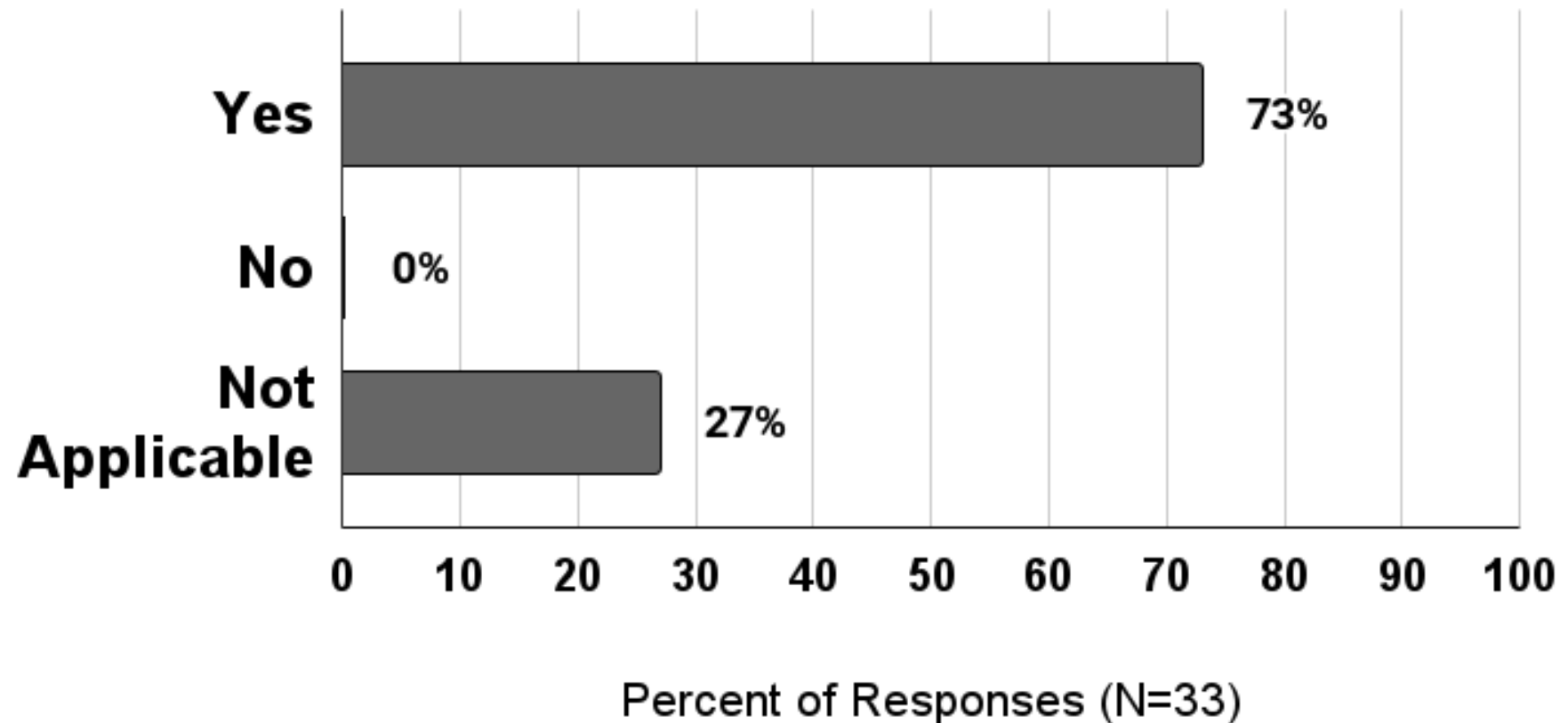
Percent of Responses (N=30)

Teachers are allowed to offer physical activity as a reward for students.

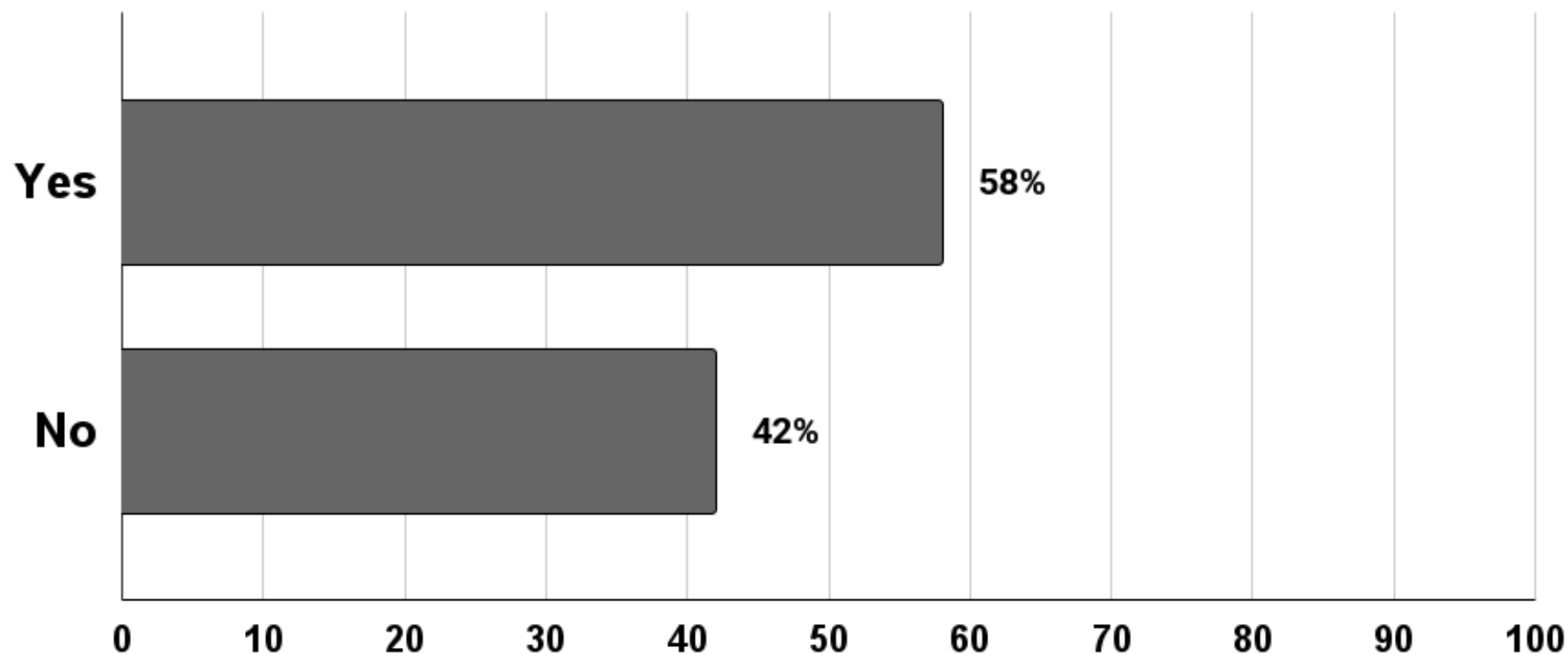


Percent of Responses (N=31)

We provide recess for elementary students on a daily basis.

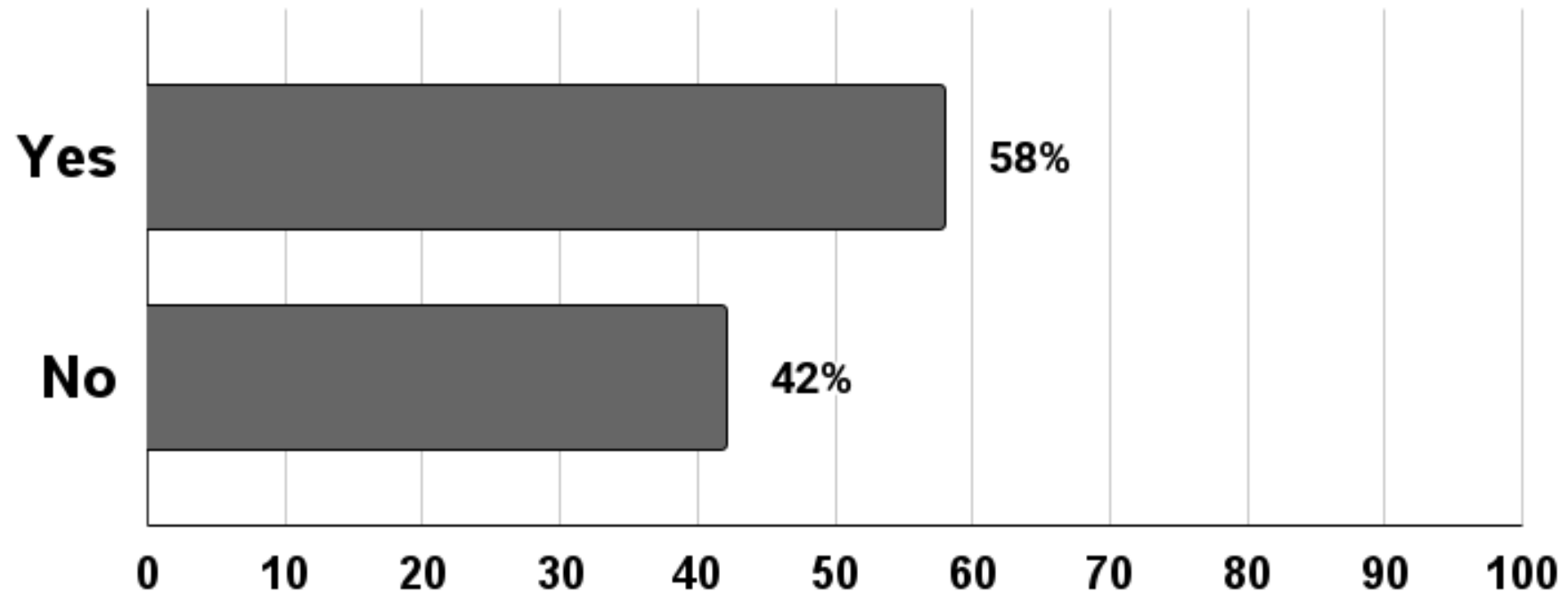


Our campus'/district's wellness policy includes measurable goals for other school-based activities that promote wellness.



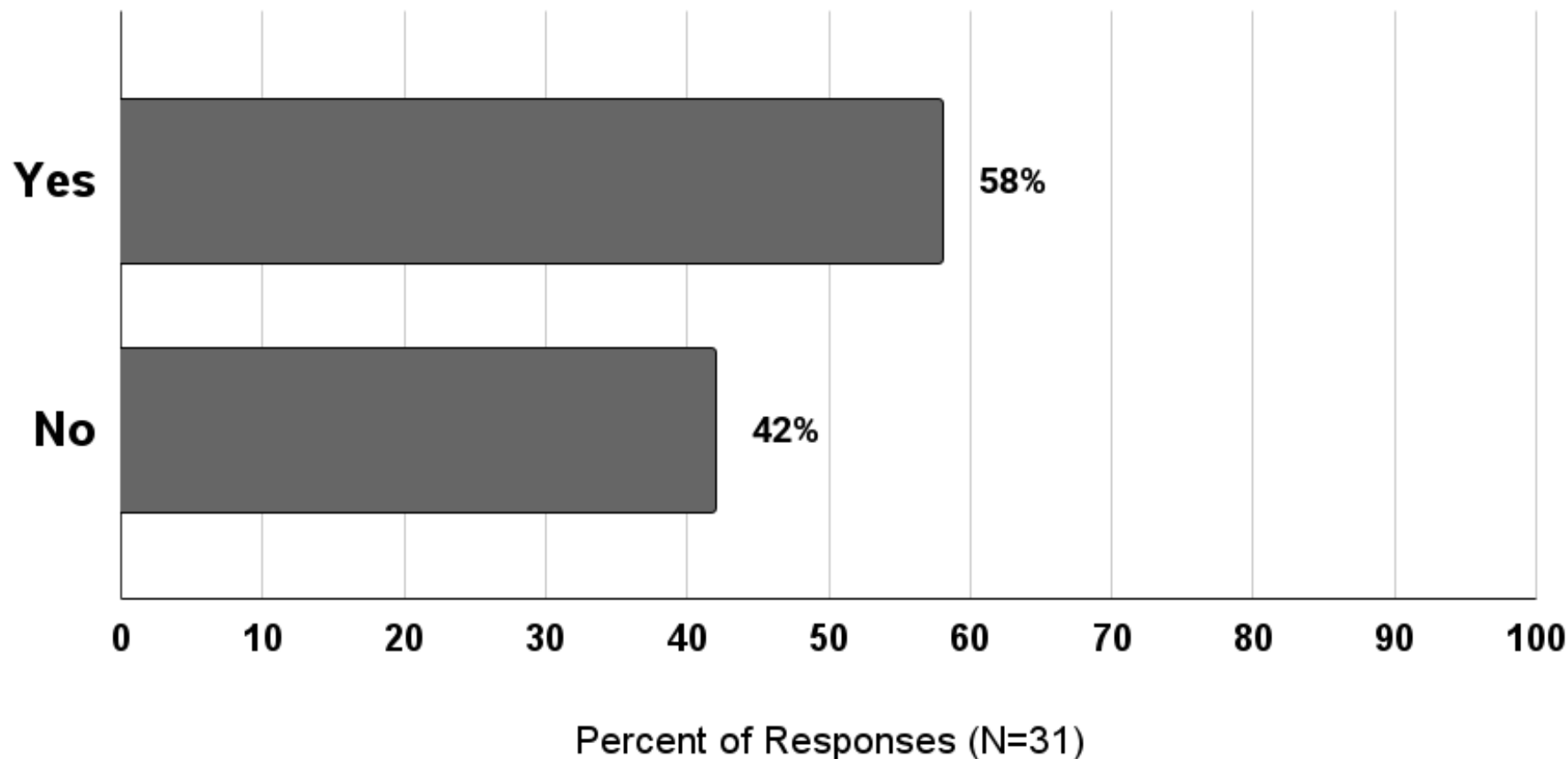
Percent of Responses (N=31)

We provide training to staff on the importance of modeling healthy behaviors.

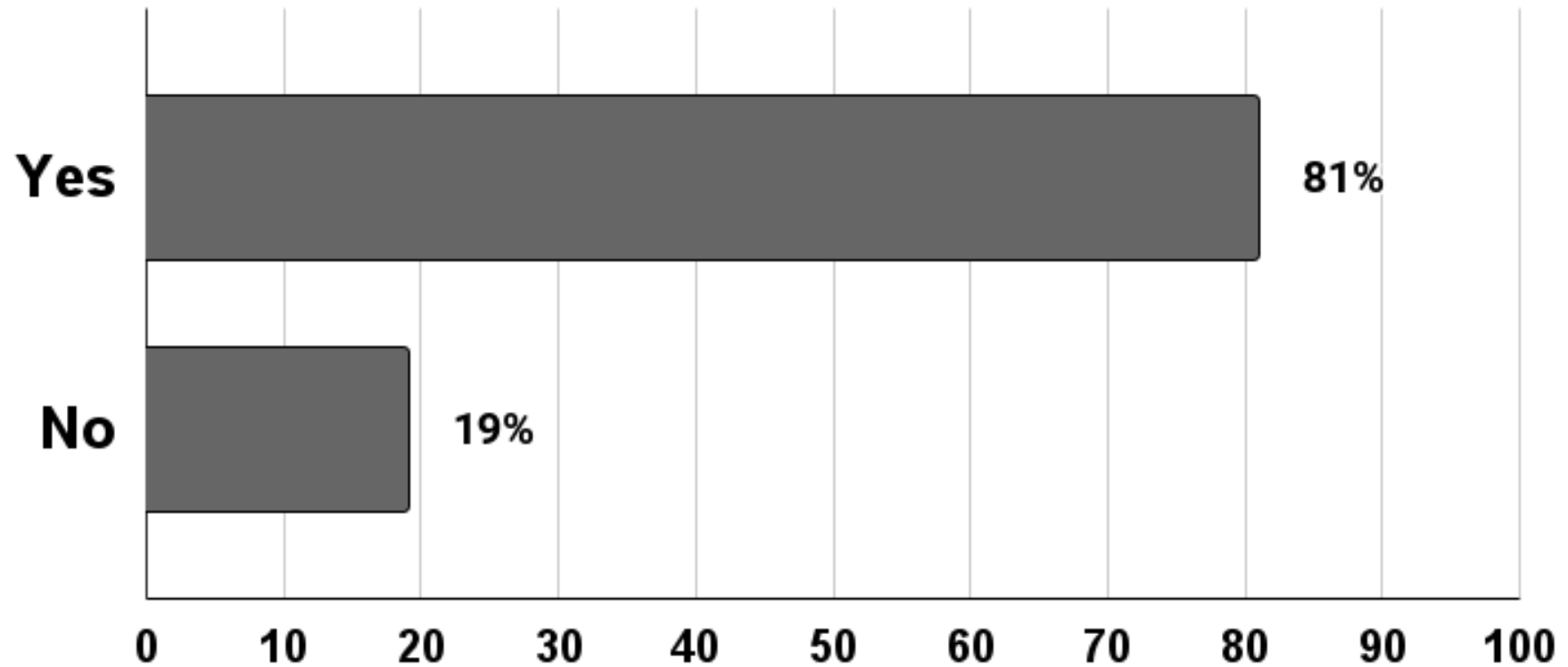


Percent of Responses (N=33)

Our campus'/district's wellness policy includes measurable goals for other school-based activities that promote wellness.

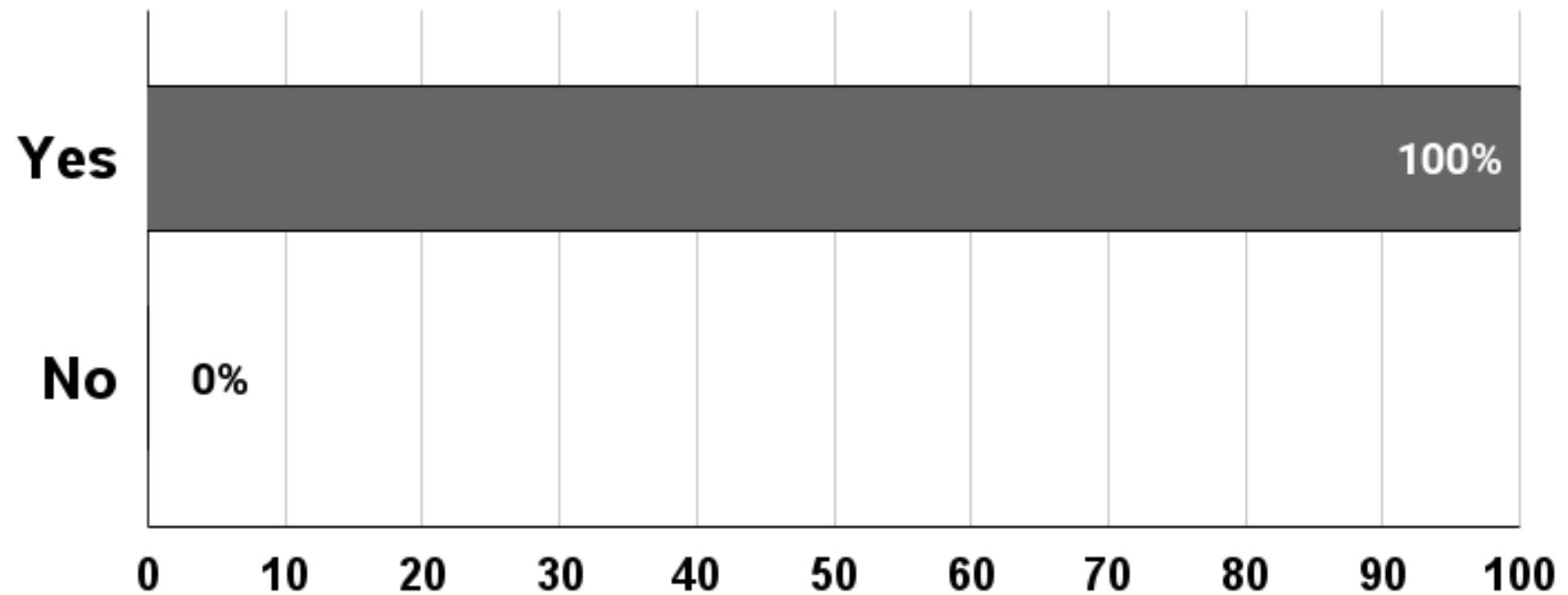


We have a staff wellness program.



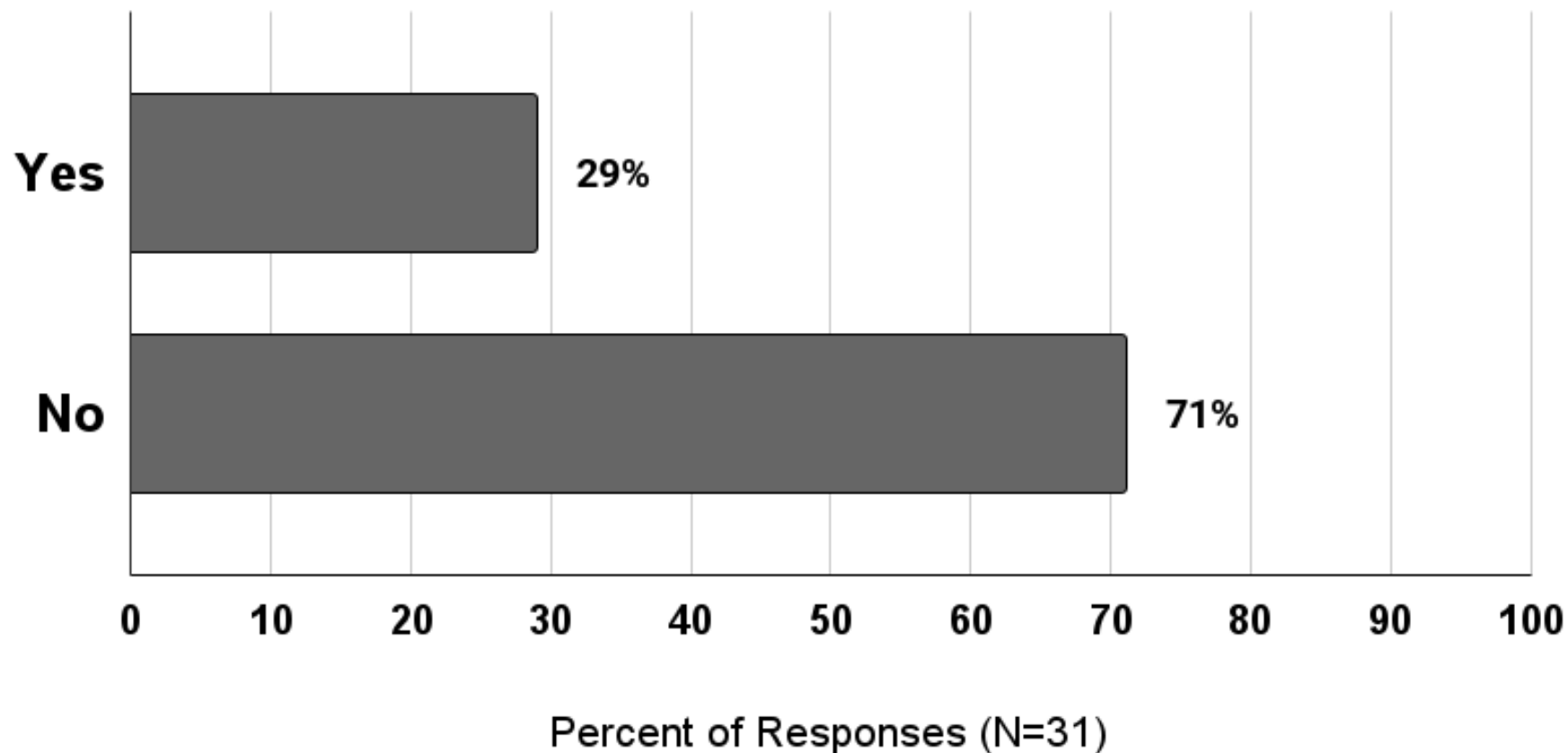
Percent of Responses (N=32)

We have school staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

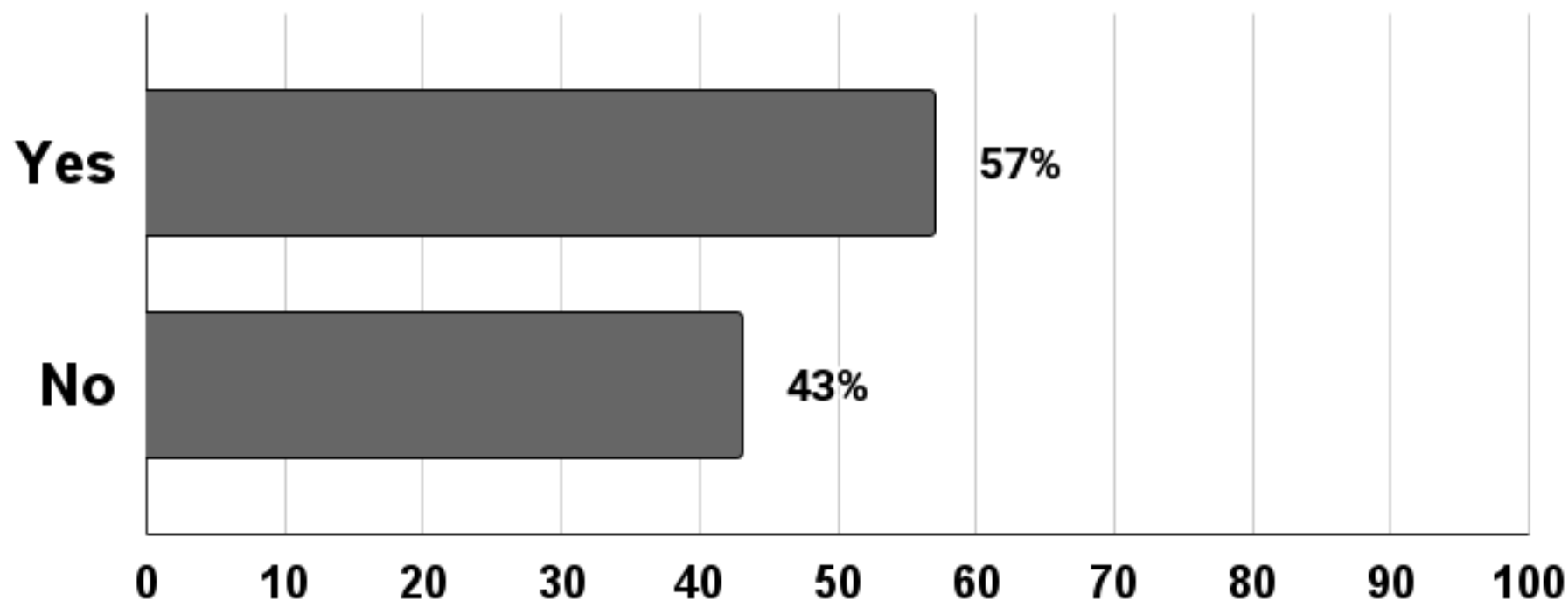


Percent of Responses (N=33)

We actively promote walk or bike to school for students with Safe Routes to School or other related programs.

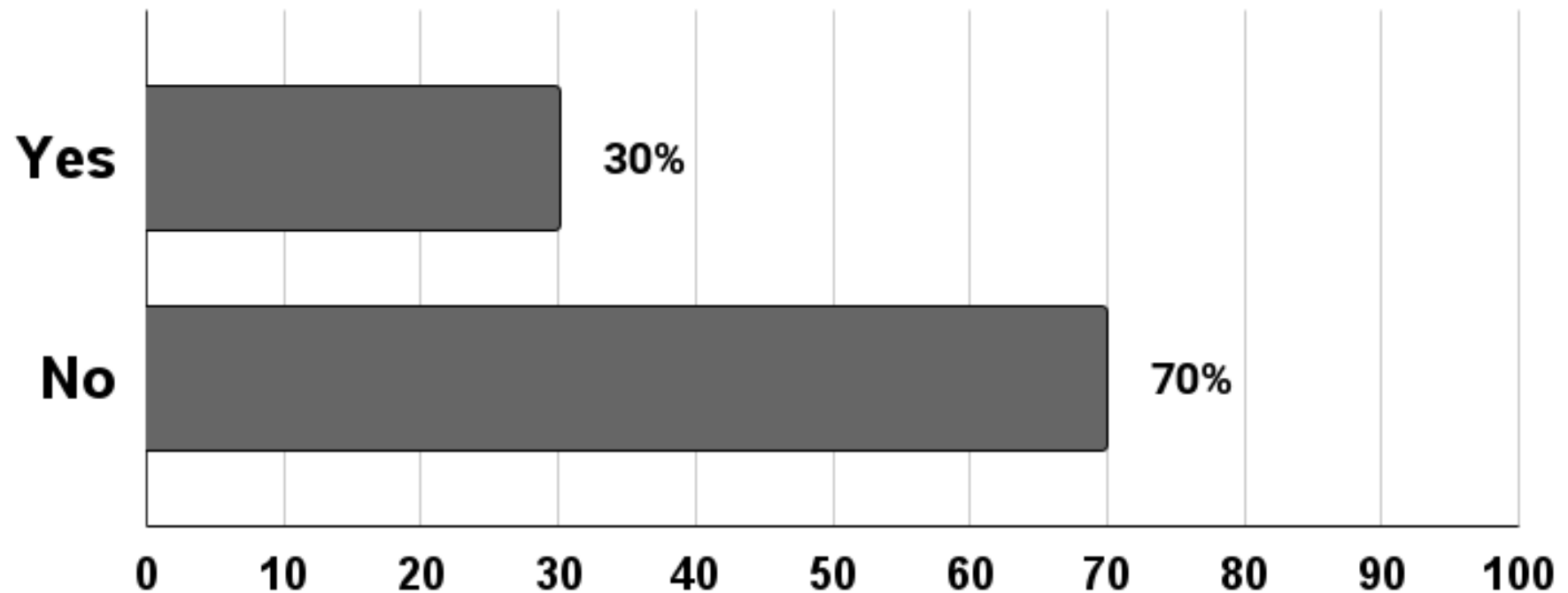


We have a recycling/environmental stewardship program.



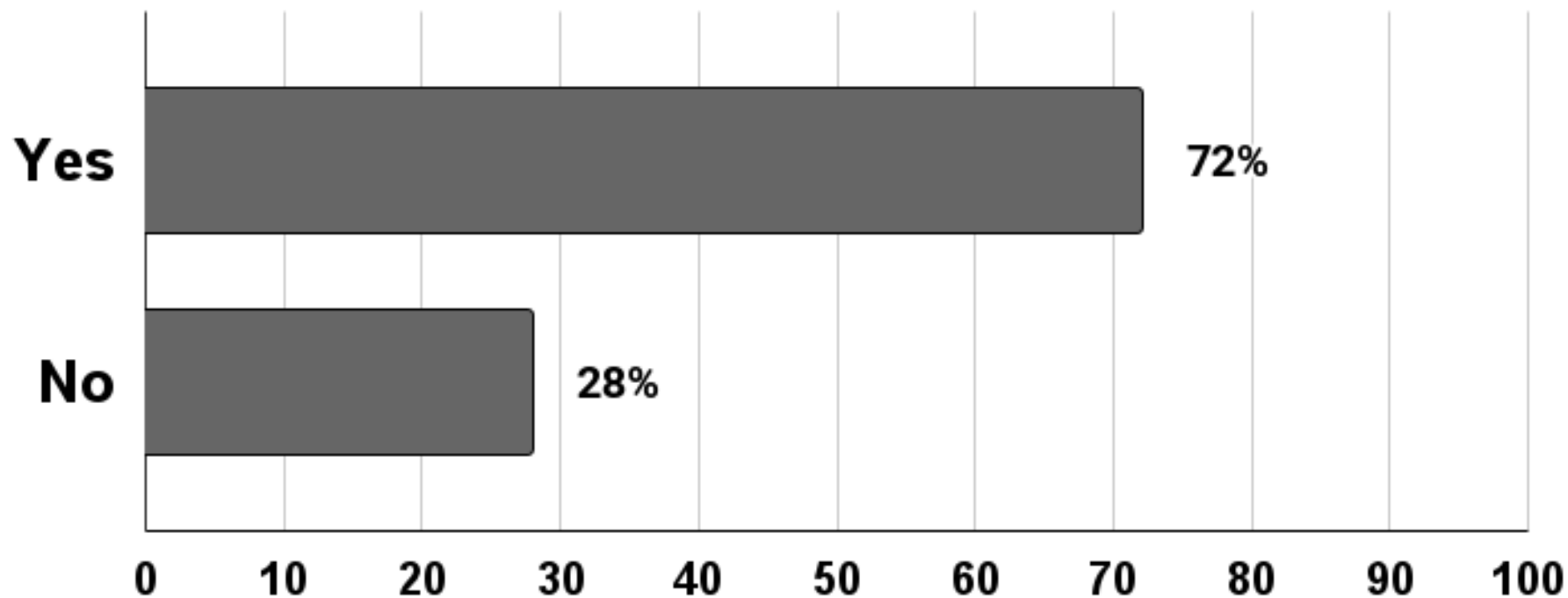
Percent of Responses (N=30)

We have a recognition/reward program for students who exhibit healthy behaviors.



Percent of Responses (N=30)

We have community partnerships which support programs, projects, events or activities.



Percent of Responses (N=32)

Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy.

- We have presented Wellable to the faculty and hope to create some campus goals and competitions.
- We do not have a separate policy for the campus and follow all guidelines for the district policy on campus.
- Future goals will be to create a campus wellness program at Jones Elementary as more detailed information is provided for implementation.
- I would like to see a goal to limit processed/packaged foods, as the foods provided daily are a powerful model for healthy food choices in adulthood.