



COVID-19/ Illness Related FAQ for Parents/Guardians

The following symptoms will be referred to as "COVID-like Symptoms" in the document:

- *Fever (100.4 or higher)*
- *New onset of moderate to severe headache*
- *Shortness of breath*
- *New cough*
- *Sore throat*
- *Vomiting*
- *Diarrhea*
- *New loss of sense of taste or smell*
- *Nausea*
- *Fatigue from unknown cause*
- *Muscle or body aches*

FREQUENTLY ASKED QUESTIONS	ANSWER/GUIDANCE
When should I keep my child home?	Please keep your child home and notify the Health Services Aide with ANY of the following: <ul style="list-style-type: none">• One or more COVID-like Symptoms OR <ul style="list-style-type: none">• Your child has tested positive for COVID-19 OR <ul style="list-style-type: none">• Your child has been a close contact to an individual who has tested positive within the 14 days or is suspected of having COVID-19
How long do I need to keep my child home if they have one or more COVID-like symptoms?	Please keep your child home at least 10 days from the onset of symptoms <u>and</u> your child is symptom free <u>and</u> fever-free for at least 24 hours without the use of fever-reducing medication.
If my child is ill what does the school need so that my child can return?	Before returning to school your child should: <ul style="list-style-type: none">• Have improvement of symptoms and feel fit.• Be fever-free for at least 24 hours (without the use of medication that reduces fever).• AND at least 10 days have passed since symptoms first appeared. OR <ul style="list-style-type: none">• Provide a healthcare provider note indicating an alternative diagnosis, not COVID-19 related, and the date the student can return to school. OR <ul style="list-style-type: none">• Present proof of a negative COVID-19 test.

One of my children is sick with one or more COVID-like symptoms. Can my other children go to school?	NO. When one family member is ill with one or more COVID-like symptoms all household members should stay home and quarantine. Siblings and other household members should NOT participate in IN-PERSON school, clubs, sports, or other activities.
What if my child becomes ill during the school day?	Your child will be sent home for any one or more of the COVID-like symptoms, unless we have a documented alternative diagnosis for the symptoms. If your child is sent home, ALL siblings/household members will also be sent home from in-person school or activities.
What if my child has been identified as a close contact (within 6 feet for at least 15 minutes with a 24 hour period) with anyone diagnosed with COVID-19 in the last 14 days?	<p>While we know hearing about someone testing positive who you have been around can cause worry, please know it is only necessary to quarantine when you are identified as a close contact.</p> <ul style="list-style-type: none"> When the district is notified of a positive case, we swiftly begin the contact tracing process to make sure to identify the appropriate staff and students to quarantine. <p>IF YOU ARE A CLOSE CONTACT:</p> <ul style="list-style-type: none"> Close contacts to a person with COVID-19 should be quarantined at home for 14 days and monitor for illness symptoms. If they remain symptom free and complete the 14 calendar days in quarantine, students may return to school. A release from quarantine notification, from the health department is needed to return to school. COVID-19 testing is recommended if your child develops illness symptoms
What if my child or household member has been advised by the health department to quarantine?	Please notify the school Health Services Aide so we can assist in developing a timeline to determine the return date or next steps.
What if my child has tested positive for COVID-19 or someone in the household has tested positive for COVID-19 in the last 14 days?	<ul style="list-style-type: none"> Notify your school's Health Services Aide Stay home, isolate and take care of yourself
What if my child cannot tolerate a face mask?	Please provide a letter from a healthcare provider if the student is unable to wear a face-covering within a district building or when utilizing district transportation due to an identified/documentated health condition. D50 will communicate with the family to make a reasonable accommodation in regard to their inability to wear a face covering.

Will my child still be able to take medication at school?	Yes, the school health office will continue to be open to accommodate the routine medical needs of students.
If a student is identified as a close contact to a person with COVID-19 and is instructed to quarantine, are other household members also required to be in quarantine?	No. Contacts of a person who is a close contact to a COVID-19 case (i.e., contact to a close contact) do not need to quarantine unless they develop symptoms or if the person identified as the close contact develops COVID-19. They should, however, monitor themselves closely for symptoms of COVID-19 and if they become symptomatic, self-isolate and seek medical evaluation/testing.
Are there any current domestic or international travel restrictions for which we should be monitoring and excluding students and staff?	Prior to returning to after travel, please check with the Health Services Aide for current MCDH guidelines.
Where can I find a COVID testing location?	Click here to find local resources!