Boise City Track

Regional Track Stroud 4/29, 4/30

9:30 Leave Boise City

12:30 Lunch @ Woodward Longshots (Booster Club Provided)

4:00 Practice Cashion High School

6:30/7:00 Dinner Olive Garden (School Provided)

 2639 W Memorial RD

8:30 Check into Hotel La Quinta By Wyndham

 200 Meline Dr. Edmond, OK

(405-513-5353)

 School Provided

10:00 pm Team Meeting Hotel

10:30 pm Lights Out

6:30 am Wake Up

7:00 am Leave for Stroud Breakfast Burritos on the Bus

 Runners Pride Provided

8:30 am Coaches Meeting

9:30 am Start Time

 Lunch at Camp Runners Pride Provided

 Leave for Home Meal provided by the school