

Dr. Cory Steiner- Superintendent
Crysta Schenck- Elementary Principal
Doug Margerum- Secondary Principal
Bryce Laxdal- Activities Director
Sam Johnson- Dean of Culture
Paige Carlson- Business Manager

September 2021 Upcoming Events

September 2- Scherlings Pictures

September 6- No School Labor Day

September 13-17- Homecoming
week and Book Fair

September 13- Variety Show
(2:30PM)

September 13- Tax hearing
(6:30PM)

September 13- Board of Education
meeting (7:00PM)

September 16- Junior/Senior
career/college fair (NDSU)

September 16- Hall of Fame
Banquet

September 17- Homecoming Events!

September 20- No School
Professional development day

Fall Sports

northerncassschool.org
Quick Links -Calendar Activities



HOMECOMING 2021!

SEPTEMBER 13-17

Dress Up Days:

Monday: Monochrome

Tuesday: TV/Movie

Wednesday: Country vs.
Country Club

Thursday: Throwback/Decades

Friday: Jag Pride Day

Parade

Friday, September 17:
Lineup begins at 1:00
p.m. (near bus barn)
parade starts at 1:30
p.m.



Pep-Rally

Friday, September 17:
begins after parade is
finished in the East
gym

Coronation

Friday, September 17
at 3:00 p.m. in the
East gym

Homecoming Dance

Friday, September 17
(Levels 6-12) from 9:30-
Midnight, Cost: \$5

Varsity football Homecoming game starts at 7:00PM against
Grafton.

From Dr. Steiner:

Parents/Guardians,

Welcome back to the 2021-22 school year! This past week, we welcomed all learners back into the building. As I was preparing this communication, I looked out my window and watched learners playing outside, laughing with their friends, and welcoming new learners to the school. During the week, I watched learners utilize our new space in the kitchen and enter the main building and say 'wow' when they saw the new entrance. But most of all, I noticed how a majority of our learners looked happy. It brings me (and our staff) great joy to be able to serve those who attend our school. As we begin the 2021-22 school year, I want to thank you for trusting us with your learners both now and throughout the year.

In my opinion, there is no more important job than education. It is the one occupation which impacts every other occupation. It is a noble profession which is difficult. It isn't difficult because of a 'different' type of learner or parent. It is difficult because the stakes are higher. We live in a world which changes at an exponential rate. We live in a world which continues to be more diverse. We live in a world which we can no longer predict the future with accuracy. Education must help learners develop the skills to be accountable and adaptable while building the skills of communication and leadership by challenging our learners to utilize a learner's mindset. At Northern Cass, we believe every learner can change the world; therefore, we will provide a world class education.

Thoughts to Ponder

As I was reading, I stumbled on an interesting article about change. In the article, it asked a variety of questions which helped me understand the importance of being willing to accept change. The questions I found most interesting were:

- You would rather wash dishes than use the dishwasher?
- You would rather look at a map than use your phone for directions?
- You would rather use a rotary phone than have a cell phone?

I know some of us may prefer some of the 'traditional' methods mentioned above. However, I believe a vast majority of us prefer the 'newer' innovation. The second item engaged me in reflection. I remember fondly a trip to Valley Fair with my parents when I was a 7th grader. We took our camper the entire way. There was nothing more a young teen wanted than to spend 1 ½ weeks in extremely close quarters with their mom and dad (coincidentally, I would give anything to have that trip back now). The part of the trip which sticks with me was when my dad 'unfolded' the map across the hood of our pick-up to figure out how to get to our campground outside of the Twin Cities. He got us to our destination but it was not without its challenges. Even my dad at 80 years old tells me he would never go back to that time. When I shared this with him, he said, "It is okay to reminisce about the past and wish for simpler times. However, the world back then and now is not the same anymore. Change happens and we either get with it or get left behind." If someone who has seen what he has seen can change, I think we all can. I share this about change because every school year is filled with change. Your learner has a new educator/s, a new schedule, new clothes, new friends, and new opportunities. Our learners are good at managing change. I believe we must model the acceptance of change in order for us to help our learners grow to meet their potential.

Miscellaneous

I will be continuing to send a weekly update which will include a variety of information about Northern Cass. At times, we may include information from our communities. If you have an event you want advertised, please let me know and I can potentially include this information.

COVID-19

I want to assure you we are not ignoring COVID-19 and the new variant. However, our Board of Education committed at the end of last year to start this year as 'normal' as possible. As we move forward, the Board of Education will utilize three sources of data to make decisions for Northern Cass. This data will be used to make informed decisions about the implementation of potential mitigation strategies. They will review:

- Number of positive cases for learners
- Number of positive cases for educators (could mean a close contact which keeps them away from school)
- Number of substitutes available for the district.

As adults, it is our responsibility to offer our learners a sense of calm and reason. If I have learned anything during the past 18 months, it is our children are watching. I recently had a conversation with my daughter (after she watched a news clip of some contentious board meetings both locally and nationally). She said, "People just need to respect we have different opinions and be nice." She is 16 years old and this may have been the most profound statement I have heard during this difficult time. Be nice. I'm exhausted from the national 'noise'. One of the reasons I love North Dakota is we typically don't have to be 'involved' in that. I don't want that 'noise' here. Moving forward, I'm simply asking all of us to be nice as we again navigate a future filled with uncertainty.

Interesting

Northern Cass will be using federal funding to partner with Central Cass to hire a Social Worker who will support both districts. This is an area of need for both of our districts and this new stream of funding will allow us to provide further services for families. We have hired a new person who will begin working on October 4th. Finally, thank you for choosing Northern Cass and thank you for trusting your learners to us. We appreciate the confidence you have in us to take care of your most prized possession. Although we are in a time of uncertainty, we will guarantee you two things. Your learner will come to Northern Cass and be surrounded by educators who love and respect them. We believe YOUR learner can change the world; therefore, we will provide a world class education

Dr. Cory J. Steiner



My name is **Shawn Smalley**, and I am thrilled to join the Northern Cass team as a seventh and eighth grade Social Studies teacher. This is my first teaching position, having returned to college at the age of forty to become an educator. Prior to that, I spent twenty-three years as a professional musician and studio engineer. I am married to my beautiful wife Ashley, who is an Art Teacher at Liberty Middle School in West Fargo, ND. Our children, Ciaran (6) and Rowan (3) are the absolute joy in our lives. It is quite exciting for both myself, and my family to embark on this new path in life. In my spare time I still perform and record music in the band October Road and spend as much time as possible helping my children explore and find their place in the world.



Hi! My Name is **Amy Paul**. I am a new Para Educator at Northern Cass. I have been a master maker of signs my whole career. I've made everything from signs like a stop sign to wrapping vehicles and even making the Northern Cass letters and Jaguar on the building! Cool right? My family and I live on a lovely country farm near Galesburg with my husband, two kids. Gracie's in level 3 at Northern Cass and Everett is in preschool. I love the outdoors, doing anything with my horses, crafting, & hunting. I am so excited to meet all of you and start my journey as a Jaguar!



Kimberly Kranz joins Northern Cass as the new Personalized Learning Coach, bringing with her a broad range of educational experience. She began her teaching career as an elementary teacher in Mandan, ND where she taught fifth grade. As she was dual certified to teach at the secondary level, Kimberly has also taught Social Studies at Bismarck High School, where she transitioned into the school's lead Read Right reading interventionist and later became the district-wide Read Right trainer and coach for Bismarck Public Schools. Kimberly has built programming for Basin Electric Power Cooperative centered around educating elementary age learners about how electricity is made and distributed and developed the Empower program to educate secondary level students about North Dakota's energy resources, and environmental factors that impact energy production. Kimberly worked as the outreach coordinator for the National Energy Center of Excellence at Bismarck State College and served as the Director of the Great Plains Energy Corridor. Never planning to leave the classroom permanently, Kim then returned to teaching as the sole teacher at Horse Creek School, a one-room school located in the beautiful North Dakota badlands serving 14 students in grades K-8. Kimberly's most recent teaching experience was inspiring a love of language to learners in grades 7-12 as an English Language Arts teacher in Wilton, ND.

Kimberly maintains a residence in Bismarck, ND, but recently established a second home in the Amenia area. In her free time, Kim enjoys traveling the world, upcycling and repurposing farmhouse style décor with her sister, reading, gardening, drawing, painting, and enjoying nature. She relishes her relationships with her three beautiful grown stepchildren and grandchildren. Kim is a dog mom to a special little Rat Terrier named Emma and cares for her brother's two cats, Simon and Tom.

MEET OUR NEW CO-TEACHERS AND COUNSELING INTERN

Dalton Schnabel is from Kulm, ND and will be co-teaching with Mrs. Margerum in level 3 this fall. You may recognize him because he did some substitute teaching for Northern Cass last school year. Mr. Schnabel will graduate from Concordia College with an elementary education degree upon completing his student teaching experience. When he is not teaching, he loves spending time with friends, rollerblading, and traveling (he's been to 33 states and 10 countries!).



Mila Hanson is from Darwin, MN (home of the biggest ball of twine!). You will find her co-teaching with Mrs. Kohl in elementary music. She is finishing her vocal music education degree from Concordia College this fall. In her spare time, she enjoys reading, writing, hiking, playing games, theatre, and, of course, music!

Stacie Moffitt is from Grand Forks, ND and will be completing her school counseling internship with Ms. Oscarson in the middle and high school. Mrs. Moffitt also works for Fargo Public Schools as a math interventionist. She will finish her Master's in Counseling from UND in May 2022. In her down time, you can find Mrs. Moffitt camping, traveling, watching true crime, or enjoying a good hockey game! Be sure to share your bad jokes and puns with her – she loves them!



Dollars for Scholars

Northern Cass Dollars for Scholars is seeking sponsors for our "\$20.00 a TD" and our "Buck and Ace & Dig" fundraisers.

If you would be interested in sponsoring please email:

dollarsforscholars@northerncassschool.com

2021-2022

\$20.00 A TD

Sponsor

Opponent

FB - 9/3/2021	Dakota Heritage Bank/Right Way Ag/Triebwasser Appraisal Service	Thompson
FB - 9/17/2021	Craig & Shelly Evenson	Grafton
FB - 10/1/2021	Randal & Linda Mayer	Carrington
BUCK-AN ACE & DIG		
Sponsor		
Opponent		
VB - 8/31/2021	Dakota Heritage Bank	May-Port CG
VB - 9/9/2021	Jeff & Laura Ebertowski Family	Tri-State
VB - 9/20/2021		Nelson City
VB - 9/21/2021		Sargent County
VB - 10/5/2021	Right Way Ag	Maple Valley
VB - 10/21/2021	Craig & Shelly Evenson/Bryan & Heather Hovland	Lisbon
VB - 10/23/2021		Linton
VB - 11/1/2021		Oak Grove

NORTHERN CASS DOLLARS FOR SCHOLARS
ADOPT A CLASS SPONSORS 2021-2022

A HUGE THANK YOU TO OUR SPONSORS!!!!

It's never too late to be a sponsor, if interested email
dollarsforscholars@northerncassschool.com

- 2034 **YOUR NAME HERE**
- 2033 Colin & Amanda Anderson/Josh & Trisha Chaddock
- 2032 Jeremy & Nicole Hoesel/Dustan & Carie Nygaard/Brad & Nicole Ueckert
- 2031 Colin & Amanda Anderson/Dave & Kristin Behm/Dan & Mikeala Ecker/Tim & Julie Keckler
Mike & Katie Mitchell/Chris & Natalie Murch
- 2030 Joel & Angie Hamre/Jason & Kerry Hauff/Shane & Abby Husar/Tim & Carrie Nelson
Aaron & LaShai Pfeifer/Andy & Lisa Steinberger/Brad & Nicole Ueckert
- 2029 Kim Haisley/Jeremy & Nicole Hoesel/Sean & Anita Jalbert/Jeremy & Randi Johnson
Chris & Natalie Murch/Cameron & Amanda Wolf
- 2028 Jon & Kylie Dickson/Rod & Kristi Gellner/Justin & Kayla Henderson/Kayla Hovland
Shawn & Janene Sand/Jessie & Connie Soper/Curt & Stacie Weible
- 2027 Jeff & Laura Ebertowski/Troy & Amanda Frye/Kyle & Kristen Kemmet/Rian & Diane Lee
Mike & Katie Mitchell/Andy & Lisa Steinberger/Jamie & Michelle Wadeson
Steve & Beth Winterquist
- 2026 Brad & Errin Bjerke/Jon & Kylie Dickson/Craig & Shelly Evenson/Kim Haisley/
Troy & Patti Hall/Sean & Anita Jalbert/Jeremy & Randi Johnson/Chris & Natalie Murch/Shawn
& Janene Sand/Bill & Kim Triebwasser/Steve & Beth Winterquist
- 2025 Mike & Tracy Anderson/Roland & Lori Blixt/Justin & Kayla Henderson/Shane & Abby Husar
Jennifer & Kent Kraiter/Jay & Shelly Metzger/Mike & Katie Mitchell/Keith & Angie Ose
Aaron & LaShai Pfeifer/Bill & Kim Triebwasser
- 2024 Tim & Jeanine Allmaras/Rod & Kristi Gellner/Jamison & Jennifer Jensen/
Dave & Jennifer Johnson Kyle & Kristen Kemmet/Rian & Diane Lee/DC & Marie Lucas/Jason
& Angie Messner/Donna Richards/Bob & Becky Tretter/Curt & Stacie Weible/Cameron &
Amanda Wolf
- 2023 Mike & Tracy Anderson/ Craig & Shelly Evenson/Troy & Patti Hall/Bryan & Heather Hovland
Kayla Hovland/Corey & Ann Johnson/Jeremy & Randi Johnson/Clinton & Tamera Pueppke
Tanya Russiff/Shawn & Janene Sand
- 2022 Jeff & Laura Ebertowski/Paul & Brenda Larson/ DC & Marie Lucas/Jane Matejcek
Randal & Linda Mayer /Jay & Shelly Metzger/Eric & Lisa Osland/ Donna Richards
Eric & Kristi Richman/Nathan & Tamara VanWechel

Northern Cass PTO



What is the PTO?

PTO stands for Parent-Teacher Organization, consisting of parents and teachers working together to support and enrich all learners. Our main objective is to promote community engagement. We also want to provide our school with funds, programs, resources, and services that will maximize the education of every child and benefit the school.

Who Can Be a Member?

Any Northern Cass parent, staff member, community member, or educator can become involved. We encourage anyone to participate!

 NCPTO@northerncassschool.com

 [@NorthernCassPTO](https://www.facebook.com/NorthernCassPTO)

10 Reasons to Get Involved:

- 1 We need you!
2. It's rewarding
3. It's a great way to meet other parents
4. You'll get to know the educators and staff
5. You will be better informed about school issues and activities.
6. Your child benefits. Studies show that when parents are involved it positively impacts their children's education
7. You can make positive improvements at the school.
8. We're welcoming.
9. You can be as involved as you want to be.
10. We want to increase community engagement!

PTO
Supports:

-  Educator Appreciation Week
-  Box Tops for Education
-  Scholastic Book Fair
-  Trunk or Treat
-  Missoula Children's Theatre
-  Homecoming Activities
-  Family Fun Nights
-  Educator Surprises
-  Grandparent's Day
-  Your next great idea!

Upcoming NC PTO Activities

Monday, September 13

7:00pm - First Meeting of 2021 in the NC Library

Monday, September 13 - Friday, September 17

Scholastic Book Fair in the NC Library

Come check out the latest books from your favorite authors!

Friday, September 17

3:30-6:30pm - PTO Pregame Party

Join us for bounce houses, yard games and face painting on the practice field! Wear your Jaguar gear and plan to stay for the Homecoming football game. We will also have slushies for sale.

Monday, October 11

7:00pm - Monthly Meeting

Monday, October 18 and Tuesday, October 19

Flu Shot Clinic During Parent Teacher Conferences

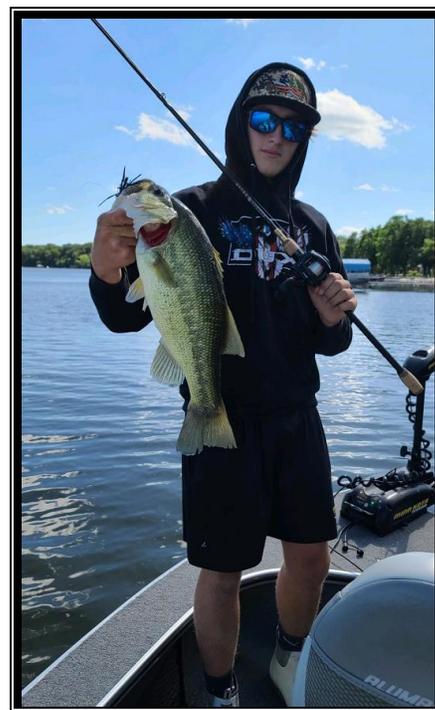
Saturday, October 30

Trunk or Treat in the NC Parking Lot





Northern Cass Freshman Will Triebwasser, was invited this summer by the Director of the DGF Rebels Fishing Club to join the team. The DGF Rebels are one of 20 youth/high school fishing clubs who compete in the Heart O Lakes Fishing League. There are 77 kids on the DGF team. With his father as his captain, Will did very well for his first season. They only award the top eight anglers in each tournament and Will consistently was one of the top individual anglers in each tournament. If scored by total fish caught in the two- and one-half-hour time length of the tournament he would have been in the top five several times. Will mainly targets Small and Largemouth Bass, but he also does well with the other species. For the Heart O Lakes Fishing League Championship held on Ottetail Lake on September 11, each of the 20 teams must select their top 6 anglers and 3 captains. Will and his dad were selected by the DGF Club to be one of the six anglers and his dad one of the 3 captains for the championship. Will's passion for fishing is fun to watch and his research and dedication is paying off for him and the club.



Welcome Back to OPPORTUNITY CENTRAL!

This is a Year filled with fun Opportunities. Will YOU choose to make the best of it?

Elementary Involvement

This Year Mrs. Tadych will be back in the elementary learning centers with Junior Achievement Activities!

FALL: Kindergarten, Levels 1, 2, & 5

SPRING: PK & Level 4

Secondary Involvement

Community Service - 25 hours are required to graduate. Start Now!

[Request Form](#) (You)



[Verification Form](#) (Supervisor)



[Reflection Form](#) (You)



Internships - Interested in a semester long hands on learning opportunity?



[Request an Internship!](#)

Job Shadows - Interested in a career? Following alongside someone for a day!



[Request a Job Shadow!](#)

DATES TO REMEMBER

September 16 = College/Career Fair @ NDSU

October 12 = ASVAB



Food Allergy Newsletter Article / August 2021

We want you to know that your child's needs are important to us. Most children are fortunate to have little or no health problems, while others have conditions that must be guarded every day. Our goal is to provide a safe environment for all students in each of their individual circumstances. We are asking for your assistance in providing a safe learning environment for our students who have life-threatening allergies.

The foods that commonly produce allergic problems are peanuts and tree nuts, shellfish and fish, milk, egg, soy and wheat. Reactions to peanuts, nuts, fish, and shellfish tend to continue to be a life-long problem and are usually more severe than allergic responses to the other foods. Most individuals with allergic reactions to milk, soy, egg, and wheat will have lost their sensitivity by the time they are in the elementary and high school systems. However, there are still some who will continue to run the risk of having an allergic reaction to these foods.

It is difficult to achieve complete avoidance of all allergenic foods because there can be hidden or accidentally introduced sources. However, it is definitely possible to reduce children's exposure to allergenic foods within the school setting by trying the following:

- It should be stressed that minute amounts of certain foods, such as peanuts, can be life-threatening when ingested.
- Ingredient statements should be carefully read before giving the allergenic child any food.
- Strict "no food or eating-utensil trading" rules should be implemented throughout the school to avoid peer pressure.
- Hand washing after food handling should be done.
- The child's parent should inform the school nurse, classroom teachers, kitchen staff, library, phy-ed and music staff about foods to be avoided and suggest "safe" substitutions.
- If medically necessary special meals will be prepared by the kitchen staff.
- Students who have known food allergies should sit in a place away from their particular food allergen, if someone else is eating this food.
- Food service personnel will be instructed about measures necessary to prevent cross contamination during the handling, preparation, and serving of food.
- Surfaces (eg, tables and toys) will be washed clean of contaminating foods.
- The food used in lesson plans for math or science, crafts, and cooking classes may need to be substituted depending on the allergies of the students.
- Products containing peanuts and tree nuts can be packed in your child's lunch for consumption in the lunchroom and designated area. This will help maintain safety while allowing non-allergic classmates to enjoy what may be life threatening to other children in a controlled environment. Students bringing lunch from home will wash their hands prior to going back to class or recess. Foods that contain peanuts/tree nuts should not be shared with other students. The tables will be thoroughly cleaned after each lunch.

If you have any questions or concerns, please contact me at school.

Pam Stirling RN

Northern Cass School Nurse

Fargo Cass Public Health

September 2021

* Whole grain bread, fruit and vegetable available daily

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Rice Krispie Bar, Yogurt, Fruit, Milk Hot Dogs, Baked Beans, Salad Bar, Pears, Milk	2 Chocolate Chip Muffin, Fruit, Milk Pancake or Pancake Wrapped Saus, Hash Br, Patty, Eggs, Salad Bar, Oranges, Milk	3 Apple Strudel, Fruit, Milk Chicken Nuggets, Biscuit, Salad Bar, Pineapple, Milk	4
5	6 NO SCHOOL	7 Pumpkin Bread, Fruit, Milk Spaghetti w/Meat Sauce, Breadstick, Salad Bar, Applesauce, Milk	8 Long John w/Vanilla, Fruit, Milk Chicken Parfy, Rice, Salad Bar, Peaches, Milk	9 Blue Berry Muffin, Fruit, Milk Tacos/Nachos with all the toppings, Salad Bar, Oranges, Milk	10 Cinnamon Pop Tart, Yogurt, Fruit, Milk Pizza, Corn, Salad Bar, Apples, Milk	11
12	13 Chocolate Chip Breakfast Bar, Fruit, Milk Chicken Quesadilla, Green Beans, Salad Bar, Mango Strawberry Cup, Milk	14 Fruit & Yogurt Parfait, Graham Crackers, Milk Chili, Caramel Roll, Salad Bar, Pineapple, Milk	15 Blueberry Danut, Fruit, Milk Pulled Pork, Baked Beans, Salad Bar, Applesauce, Milk	16 Cinnamon Streusel Muffin, Fruit, Milk Popcorn Chicken, Mashed Potatoes, Salad Bar, Bananas, Milk	17 Strawberry Mini Bagel, Fruit, Milk Corn Dog, Baked Beans, Salad Bar, Fruit, Cocktail, Milk	18
19	20 NO SCHOOL	21 Strawberry Pop Tart, Yogurt, Fruit, Milk Tator Tot Hotdish, Corn, Salad Bar, Watermelon Juice Cup, Milk	22 Long John w/Chocolate, Fruit, Milk Hamburgers, Chips, Salad Bar, Pears, Milk	23 Peach Crumble Muffin, Fruit, Milk Chicken Strips, Mashed Potatoes, Salad Bar, Applesauce, Milk	24 Banana Bread, Fruit, Milk Pizza, Peas, Salad Bar, Peaches, Milk	25
26	27 Cini Mini, Fruit, Milk	28 Berry/Yogurt Parfait, Gr. Crackers, Milk Garlic French Bread, Green Beans, Salad Bar, Peaches, Milk	29 Rice Krispie Bar, Fruit, Milk Chicken Rings, Mashed Potatoes, Salad Bar, Mango Strawberry Cup, Milk	30 Chocolate Chip Muffin, Fruit, Milk Pancake or Pancake Wrapped Sausage Hash Brown Patty, Eggs, Salad Bar, Oranges, Milk	1 Apple Strudel, Fruit, Milk Chicken Nuggets, Biscuit, Salad Bar, Pineapple, Milk	*MENU SUBJECT TO CHANGE