

FCS CHILD NUTRITION DEPARTMENT
"Part of a Balanced Education"



Fairfield City Schools' Child Nutrition Department

2021-2022

Public Release

THE SCHOOL DAY JUST GOT HEALTHIER

New standards for school meals were implemented July 1, 2012, which resulted in healthier meals for students across the nation. These new meal requirements are a key component of the *Healthy, Hunger-Free Kids Act*, which was championed by First Lady Michelle Obama as a part of her *Let's Move!* Campaign and signed into law by President Obama. New meal standards include fat-free flavored and 1% unflavored milk choices, increased offerings of fruits and vegetables, more whole grains, "right" sized-aged appropriate portions, and less sodium in our meals.

The legislation requires meal prices to be in line with federal subsidies for students who receive Free and Reduced-Price Meals. All school districts are required to gradually increase their meal prices. Our children are worth this financial investment.

COMMUNITY ELIGIBILITY

All enrolled students of Fairfield City Schools are eligible to receive a healthy breakfast and lunch at **NO CHARGE** for the 2021-2022 school year. No further action is required by parents. One breakfast and one lunch meal will be served to all students at no charge regardless of the eligibility status.

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