



Troy Newsletter



March 27, 2023

Notes from the Principal, Mrs. Roux ...

The weather is starting to feel a little warmer and I think most of us are ready for this change. While some days may start to feel like the summer days we know are coming, we are not quite there yet and students should still be dressing appropriately for outside activities. As the snow continues to melt, we all know that mud season comes next and it would be helpful for students to have a change of clothes/shoes in their backpacks if possible.

This week I would also like to ask families for additional support with addressing student behaviors. We have wonderful students in all of our schools, and often in the smaller schools we become even more of a family due to single classrooms with students who have been or will likely be together as a class for multiple years. Much like in a family, this constant "togetherness" can be a good thing and at times a challenge.

While it is not uncommon for students in schools to exhibit a variety of behaviors, lately the term "bullying" has been coming up in various conversations. I would like to assure families that bullying is not a significant issue in our schools. We definitely have continued work to do to support students with self-management and impulse control and this includes giving them the tools to make safe, responsible choices for dealing with frustration, anger, etc. The types of behaviors we are seeing in school are not typically malicious behaviors, but more a response in the heat of the moment that leads to a variety of behavior choices including: sometimes becoming argumentative or non-compliant with adults, disrupting the learning environment, getting upset with peers for perceived injustices (ex. "he/she won't stop looking at me, he/she laughed at me), and at times putting hands on in an impulsive way (ex. "he/she bumped into me in line so I pushed him/her). While none of these behaviors are acceptable, they do not necessarily constitute bullying. Whenever we process with students about how these behavior choices impact others, they are all very quick to own their choices and want to make amends to the person they "harmed" in some way. In fact we often discover that many situations start out as students "playing" (mutual roughhousing that gets carried away).

Our focus in school is to give students appropriate tools to support their development of impulse control. We talk often about these strategies and provide opportunities to practice. Through our PBIS efforts, we work to reinforce positive choices and strengthen students' ability to pause and think about the impact their actions will have. We still have a lot of work to do on this topic, as more and more students are finding it hard to regulate their emotions and manage their impulses. **I assure you that this will continue to be an important focus at school.**

We would sincerely appreciate your support at home by:

- Reinforcing the difference between safe/appropriate choices and unsafe/unkind/inappropriate choices.
- Check in with your child every day and prompt them to give all of the details when they share about events that sound unsafe or upsetting (possibly including the part they may have played in the situation)
- Remind your child to always report to an adult when they feel unsafe or upset, if they know that someone else is feeling this way, or if they even think that something unsafe or unkind may be going to happen.
- Always reach out to your child's teacher or to me directly with any questions or concerns so that they can be addressed as soon as possible.

Again, we recognize that there is continued work to do and I want to acknowledge the entire staff for their hard work every day, supporting all students in developing life-long skills in academics, behavior, and social-emotional learning. I cannot express enough how much I appreciate their efforts, patience, and positivity as they embrace some of our daily challenges. They truly adore your children and want what's best for them. We all appreciate the team approach we have between school and home and we know that together we will help all students to grow up to be amazing, kind, responsible citizens. Thank you for your continued support!

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

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Notes from the Office:

Don't forget about Bikes For Books. The more students read, the more chances they will have to win a bike and even more importantly, the stronger they will become as readers!



Important Upcoming Dates.....

April 10 - School Board Meeting @ Mt. View

April 14 - Early Release Day For Students

April 17 - 21 - April Vacation



Attendance Update ...

🧼💧 Regular hand washing is an effective way to prevent the spread of germs and illnesses, **which can improve school attendance** by keeping students healthy. When students are absent due to illness, they miss out on important learning opportunities and can fall behind.

💧 Here are two fun rhymes to help make hand washing more memorable for young children:

1 "Wash, wash, wash your hands,

Make them nice and clean.

Scrub the dirt and germs away,

And keep them good and clean." 🎵

2 "Soap and water,

Wash and scrub,

Make those germs

Go down the drain with a rub-a-dub-dub!" 🎵🦆

Try incorporating these rhymes into your day! 🧑🏫💪📚

[#attendancematters](#) [#intervention](#) [#handwashing](#) [#germs](#)

K-2	<p>Reading: This week in 1&2 we read the book Miss Nelson is missing. Students then worked on describing character traits of the main character. They also had to create a story of where they thought the teacher went while she was absent.</p> <p>Math: This week 1st graders finished their unit on place value. Second grade finished their unit on double digit subtraction/addition. Next we are going to start working on money and telling time.</p> <p>Social Studies: In 1st and 2nd grade we started our geography unit. Students are learning the names of the seven continents. They learned some fun facts about each one. The largest, smallest, the one we live on. Which continent was known for having more sheep than people. Next week we are going over cardinal directions.</p> <p>Kindergarten is diving into addition! Some are working on subtraction as well. We have been reinforcing writing the teen numbers, creating sets to match numbers and number recognition to 100!</p> <p>Reviewing our word ring words everyday is paying off! The students' recognition of these words is becoming automatic. Be sure to continue to review these words and keep the word ring in your child's folder. This way I can add new words.</p> <p>Our literature focus this week has been Rainbow Fish. We learned about sharing and explored some new vocabulary words like, shimmer, shocked, wise, admire and glide. Our literature next week will be Huggapotamus.</p>
3-5	<p>Reading: Mrs. Quimby's group continued reading The Wild Robot and working on character traits. Mrs. Spinning's group continued reading Percy Jackson while still working on text features in nonfiction texts.</p> <p>Math: Groups are getting some great strategies to divide. Mrs. Spinning's continued exploring some fun games and activities to help increase our division skills.</p> <p>Science: We learned about the life cycle of a star. We also talked about the planets that we can see in our night sky over the next week or so. Look for those bright planets and ask your kiddos which ones they are!</p>

Friday was sap day!!! We got to see the sap being boiled down and enjoyed the yummy treat of maple syrup on ice cream!! Thank you Mrs. Johnston!!!



SEL

This week at Troy 3-5 got a lot of progress done on their groups projects as well as practiced strategies to work through frustration while in groups. K-2 talked about problem solving in friendships.

Garden

How sweet it is! We celebrated another Maple Syrup Day at school. Over the past few weeks, students have been collecting sap...nearly 75 gallons this year! Thanks to the amazing Mr. Shawn, we were able to boil it down on his evaporator and enjoy the tasty treat on ice cream. Yum!



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