



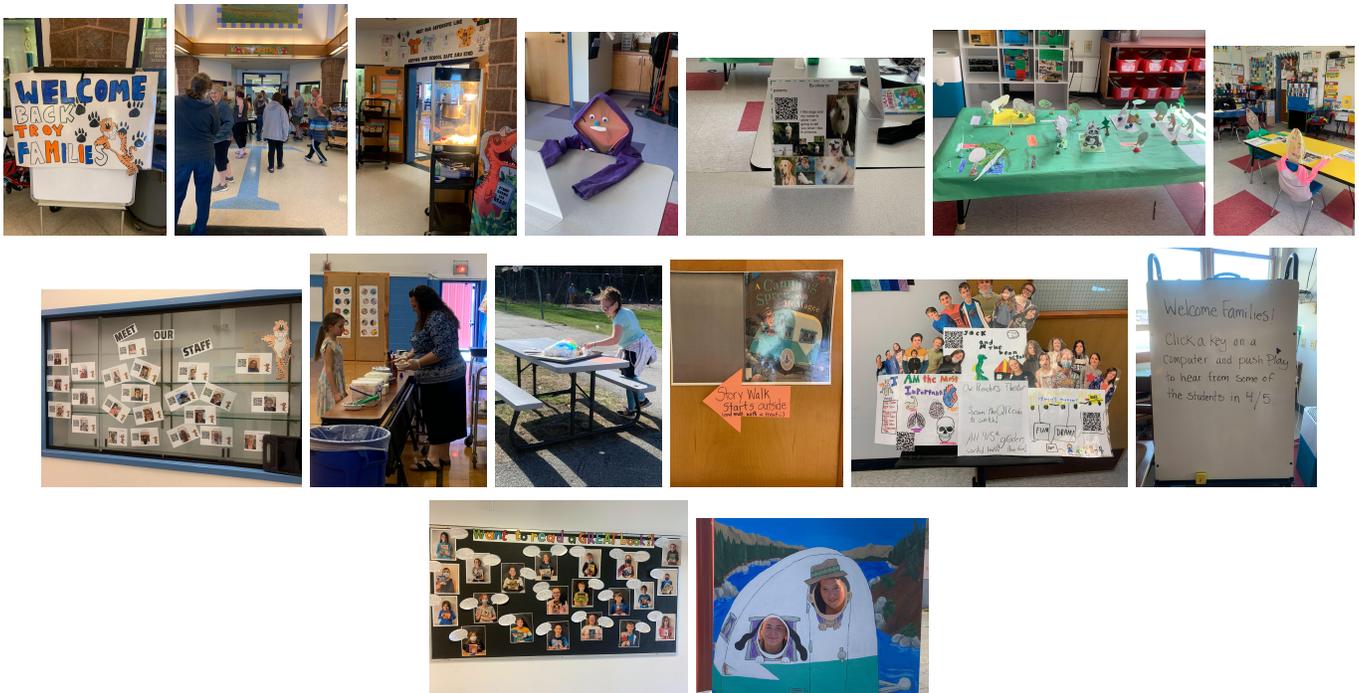
# Troy Newsletter

May 10, 2022

## Notes from the Principal, Mrs. Roux ...

What an amazing turnout at our May 5 Welcome Back To Troy School Family Event!!! It was so great to see (and in some cases meet face to face for the first time) so many families come together for this event. The staff and students worked hard to make it a special evening and opportunity to showcase the many wonderful things happening at Troy School.

I would like to send a huge thank you to the entire Troy Staff for their efforts and time commitment to making this event possible. I would like to send another huge thank you to the Troy PTO for their support in making this event extra special with the book fair, basket raffles, and yummy popcorn.



## Reminders:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Safety protocols including frequent handwashing/hand sanitizing, and reminders to respect everyone's space and masking choices are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: [lroux@rsu3.org](mailto:lroux@rsu3.org) school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

## Important Upcoming Dates.....

5/20 - Early Release

5/23 - 5th Grade Step Up Day to MVMS

5/24 - Troy Gives Back Day

5/27 - Kindergarten Screening

5/25 - Public Budget Meeting

5/30 - Memorial Day (No School)

6/10 - Last Student Day

**Please help us recognize our Troy Staff and Students of the Week...**



Thank you, Mrs. Johnston, for making learning fun!



Aubree earned points for the Sabertooths for helping others



Jackson earned points for the Caspians for helping classmates with math

Check out what's happening at Troy School ... **Week of 5/2**

<p>K-3</p>	<p>What a wonderfully busy week! Prepping for our "Open House" was exciting. It was amazing to see all our families- wow!! The Bikes for Books drawing was on Friday- everyone was excited and happy for the lucky winners! Way to go, Troy Tigers! The Book Fair was a success, as usual. We are so fortunate that our PTO is able to offer our students the opportunity to choose \$20 worth of books, at no cost to them. I remember when our PTO spearheaded this initiative. It has only gotten better over time! As a matter of fact, it is such a success that other schools are following our lead and offering that option to their students. Children + books = Reading!! Awesome!</p>
<p>4-5</p> 	<p>This week, students were incredibly happy to have a chance to shop at the book fair and eagerly read their new books during the school day. They had a wonderful time wrapping up their projects to share with families. They did final recordings of their readers' theater performances and worked to showcase some of their work and schedules during the day. Teachers had a wonderful time, too!</p> 
<p>Art</p>	<p><b>This week our students worked hard to make beautiful thank you cards for the teachers and staff at Troy School to show their appreciation for all the work and caring staff have put into this school year!</b></p>
<p>Library</p>	<p><b>We are finishing up our chapter book in grades 4/5- we have been reading the Shadow Children series this year and loving it! In 2/3 we are working through a chapter book told through the eyes of a family dog, and the k/1 class is enjoying different picture books about spring. We will spend library time this week shopping at the book fair, and everyone is excited about that!</b></p>
<p>Garden</p> 	<p><b>We talked about our third president, Thomas Jefferson, in garden class this week. An avid farmer, Jefferson grew many types of vegetables at his estate, Monticello, including Champion of England peas. This week, all students counted and packaged this variety of pea seeds to bring home for planting. Peas do well in cooler weather, so they can be planted now. Enjoy the presidential peas!</b></p> 



DO YOU HAVE TIME TO HELP OUT  
OUR SCHOOLS AND EARN  
\$105 PER DAY?

## SUBSTITUTE TEACHER TRAINING

\$5 for RSU #3 residents and \$30 for non-residents

	February 9th & 16th	5:30-8pm
UPCOMING	March 9th & 16th	5:30-8pm
CLASSES:	April 13th & 27th	5:30-8pm
	May 11th & 18th	5:30-8pm

Learn the ins and outs of subbing in just two short sessions!  
Taught by trained educators and experienced substitute teachers.  
Supported by the RSU #3 staff and community and provided by :



register online at [rsu3.maineadulted.org](http://rsu3.maineadulted.org) or call us today 568-3426

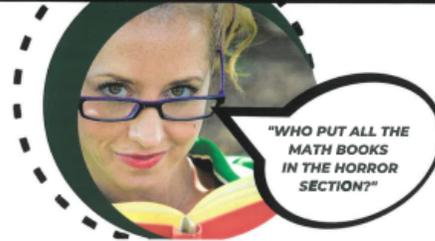


## COLLEGE PREP MATH

RSU #3 offers a free math prep class to students who are preparing to enter a college math class (must be a HS graduate). Avoid expensive remedial classes that don't count toward a degree by preparing now.

We offer individualized instruction that works with your schedule - either in person and/or online with Adult Education Director Sue Brennan.

**OUR GUARANTEE:**  
**YOUR RESULT FROM THIS INSTRUCTION WILL**  
**BE YOU SAYING,**  
**"I REALLY GET IT NOW!"**



## How to earn your HiSET High School Diploma

*It's free and it's time and we will help you every step of the way!*

1. Call or go online to our website and make an orientation appointment.
2. Come to your appointment and enroll as a student.
3. Prepare for the test - in class and/or online at home.
4. Take a qualifying test for each subject.
5. Schedule and take the actual test.
6. Pass all 5 tests and you are now a High School Graduate!



### 5 Subject Tests:

- Reading
- Writing
- Math
- Science
- Social Studies

### How long will it take?

1. Call or go online for an appointment: 10 minutes.
2. Come in and enroll: 2 hours.
3. Prepare for the subject tests: Depends on the student.
4. Pass a qualifying test: 1 hour per test.
5. Schedule an actual test: 5 minutes.
6. Take an actual test: 60 min to 2 hours (depending on the test).
7. Repeat #3 (prepare) to #6 (take the actual test) 4 more times!



College Success

Career Success

Community Classes

Diploma Completion

English Language Learning

Family Literacy Learning



RSU #3

Located at Mt. View High School

577 Mt. View Rd  
Thorndike, ME 04986  
adulted@rsu3.org  
207-568-3426

Adult & Community  
Education

CALL US TODAY!



## COMMUNITY FITNESS

RSU #3 has its own fitness center located at the high school that is available for use by the community. Come join us and set up a fitness plan that will work best for you.

Sessions include a complete orientation and availability of an on-sight trainer during the entire session. Discover your strengths and pursue 12 weeks of life enhancing workouts by using the facility up to 2 nights per week.

The center is fully equipped with several cardiovascular machines including treadmills, elliptical, upright and recumbent stationary bicycles, a rowing machine, free weights, and a complete Life Fitness Pro circuit series of weight machines.

Requires medical clearance waiver. Must be 18 years or older. No street shoes allowed in the fitness facility.

Get fit for only \$65 per 3 month session

**RSU #3 Adult & Community Education**  
 Located at Mt. View High School  
 577 Mt. View Rd  
 Thornville, ME 04866  
 adulted@rsu3.org  
 207-568-3426

# LYME DISEASE and ME

Know the signs, Know the treatments

## LIVE ONLINE VIA ZOOM

Join Dr. Elizabeth Yori, ND and Host Deb Avalone-King for this informative presentation on the ever present threat of Lyme Disease in Maine. Dr. Yori is the President of the Maine Association of Naturopathic Doctors and a graduate of Mt. View HS.

Learn the symptoms, diagnosis, treatments and prevention of this potentially debilitating disease.

Fee: \$10.00

Participants may come into the high school to view the presentation, or go online at the location of their choice.



**MAY 16**  
**5:30 - 7:30 PM**

**MAY IS LYME DISEASE AWARENESS MONTH!**

To Register call 568-3426 or email [adulted@rsu3.org](mailto:adulted@rsu3.org)



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**Adult & Community Education**