



Troy Newsletter

April 25, 2022

Notes from the Principal, Mrs. Roux ...

I hope everyone enjoyed the April break last week. The weather was somewhat cooperative, so hopefully everyone enjoyed some time outdoors.

We are very excited to share details about our upcoming "Welcome Back To Troy School" family event. We will be hosting this event on Thursday May 5. The school will be open from 3:30 - 6:30 for families to visit and participate in a variety of activities. It has been a long time since we have been able to open the school to families and we are planning a very special afternoon/evening. There will be opportunities to tour the school and see/hear about some of our daily routines, special goal setting activities, fun literacy activities, snacks and treats, and time to connect with staff and other families. Members of the Troy Student Leadership Team will be onsite to welcome families and provide important information about our school. We hope that all Troy families will be able to join us at some point during the event as we are excited to meet new families and welcome back families that have been a part of our Troy School community.

The Scholastic BOGO Book Fair is coming! May 2-6, with May 3rd being THE day that ALL students will receive \$20 worth of free books thanks to generous donations from local businesses! Students will have an opportunity to shop the fair and make selections during Library time. The fair will also be open during the May 5 Family Event.

eWallet is now active, so make sure to ask friends and relatives to add money to your student's account today. Every dollar they put in the account is automatically DOUBLED as this is a BOGO fair, with all items included. Please reach out to Emily Holmes if you have any questions, 416-6318. Check out our Fair's Link below.

<https://www.scholastic.com/bf/troycentralelementaryschool1>

Reminders:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Safety protocols including frequent handwashing/hand sanitizing, and reminders to respect everyone's space and masking choices are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

Notes from the Office

Our last day of pooled testing for covid will be May 9th.

Be sure to keep reading to participate in the Bikes for Books program!



Important Upcoming Dates.....

Bikes For Books Assembly - Coming Soon!!!

5/2 - 5/6 Staff Appreciation Week!

5/5 - Welcome Back to Troy School event - We hope you are able to join us!

5/6 - Early Release Day

5/9 - School Board Meeting 6:30 at MVHS

Please help us recognize our Troy Staff and Students of the Week...



Thank you, Ms. Walker, for helping everyone become stronger readers.



Christopher earned points for the Sabertooths for being helpful and staying on task.

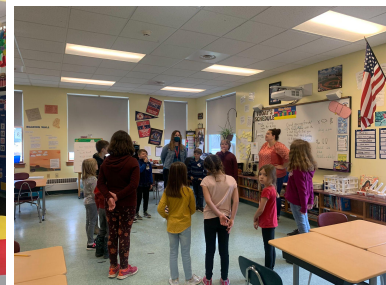


Dayhan earned points for the Bengals for being nice to others and being calm, caring, and kind.

Check out what's happening at Troy School ...

On Friday April 15, we hosted our monthly Tiger Pride assembly. Several awards were given out and students were recognized for a variety of things including academic accomplishments as well as having a positive attitude and demonstrating perseverance. We are always so proud of every student and choosing which students to recognize each month is very challenging as they are all working so hard and making great progress in a variety of areas.

We also celebrated our Tiger Pride points with our special whole school reward activity. Part of this reward was being able to meet in Tiger Houses for the first time since covid began and strict social distancing requirements went into effect. Everyone was so excited to be able to come together in these special mixed grade houses and spend time playing games and reconnecting with one another. We hope to do this a couple more times before the school year ends.



Note from Mrs. Moring:



**Let's TACO About Elementary Guidance
w/ Mrs. Moring**

Winter Edition






What have we been up to in Guidance classes?

I meet with each classroom every week for 45-50 minutes. At the beginning of every class we do a "Feelings Check." Students rate how they are feeling on a scale of 1-10. Then we cover our topic for the week.

Our most recent topic is learning about the Zones of Regulation.

Welcome to the second half of the 2021-2022 school year! My name is Carrie Moring and I am the Elementary School Counselor for Troy, Walker, Morse and Monroe schools. My job is to help your child feel safe, happy, and successful in school. I meet weekly with each grade. I am also available for short term individual and group support for students. If your child is in need of more long term emotional support, I can help families access outside agencies. If you would like to talk to me directly, you can call your child's school and leave a message for me if I am not available. You can also email me at cmoring@rsu3.org. If your child is referred for individual or group support, I will be reaching out to you directly to discuss next steps. I am here to support students and families in any way I can. Please let me know if there is anything happening with your child that might impact them in school.

Zones of Regulation			
Blue	Green	Yellow	Red
			
Low	Happy	Wobbly	Angry
Running Slow	Good to Go	Caution	STOP
unhappy tired withdrawn tearful	positive proud calm focused	excited nervous frustrated annoyed	mad furious yelling aggressive

Students have been learning how to identify what Zone they are in and how to use strategies to help regulate their emotions.

Our next unit will cover Making Healthy Choices. We will discuss perseverance, healthy sleep habits, healthy foods, personal hygiene, unhealthy substances (drugs and alcohol), and self esteem. I will also be doing a co-presentation with Mr. Bennett on making safe choices when using technology.

I have a Facebook page where I share resources for parents and updates on some of our fun projects. Check out: [Mrs. Moring is Here to Help](#) and join the fun.



SUBSTITUTE TEACHER TRAINING

\$5 for RSU #3 residents and \$30 for non-residents

UPCOMING CLASSES:	February 9th & 16th	5:30-8pm
	March 9th & 16th	5:30-8pm
	April 13th & 27th	5:30-8pm
	May 11th & 18th	5:30-8pm

Learn the ins and outs of subbing in just two short sessions!

Taught by trained educators and experienced substitute teachers.

Supported by the RSU #3 staff and community and provided by :



College Career Community Diploma
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