

The RSU #3 School Nutrition Program participates in the National School Lunch Program (NSLP) and federally funded After School Snack Program (CACFP) and Summer Lunch Program (SLP). This allows us to serve breakfast, lunch and snack at participating schools daily and food during the summer break. All meals continue to be FREE this school year.

The food and beverages we serve at all schools meet the state and federal requirements, which are based on the USDA Dietary Guidelines and Smart Snack guidelines.

For more information check out the [School Nutrition Page](http://www.rsu3.org/page/school-nutrition-program) on our website! www.rsu3.org/page/school-nutrition-program or Scan this QR Code with the camera on your mobile device.



You May Be Eligible

Although school meals are available at no cost to students this school year, filling out the income survey is still very important! By filling out your income survey you may be eligible for the following:

- P-EBT funding
- Reduced or waived fees for SATS
- Reduced or waived fees for College applications

Your income survey effects funding in many areas!

- School Funding
- Access to Grants
- Internet & Technology
- Resources for Classrooms, Teachers, & Children!



Food Allergies or Special Dietary Needs?

Schools participating in the federal Child Nutrition Program are required to make accommodations for children who are unable to eat school meals because of a disability that restricts their diet. In order to make substitutions or modifications to the school meals, the school must have a written Medical Statement on file signed by a licensed physician. Only a physician can declare if a student has a disability and must list food or choice of food to be provided as a substitute.



Medical Statement
Form

All special dietary considerations must be requested each year.



Milk Substitution
Request Form

CLASSROOM PARTY SNACK PACKAGE

Let us help you celebrate your child's birthday, or any other special event in their life.



- Eliminate the hassle of baking and delivering snacks to school.
- Stop worrying that the snack you provide is nutritious & safe for students with food allergies.
- Package come with a card that has a personalized message written on it for your child.
- All snacks are "smart-snack" compliant!

Order your "Party Snacks" package today!



Pick 3 FREE



Bringing a lunch from home?

Try our FREE home lunch companion option to go with your meal from home.

If your child prefers to bring their favorite lunch from home, they can pick three of the foods we offer and one must be a fruit or a veggie. For example, your child can get a milk, veggie and a fruit each day to go with their lunch from home for FREE!

Lunch Account Deposits:

- Deposits may be made by sending cash or a check to the school with your student. Students are asked to please make deposits in the morning before homeroom.
- The online system, www.family.titank12.com can be easily set up and used to receive low balance notices, monitor student spending and make deposits to their accounts. If you need your student's ID or further instructions, please contact the school.

Cafeteria Debt

- Per School Board Policy, a student account must have a positive balance to purchase any a la carte items such as an extra entrée, ice cream, extra milk, etc.
- In the case a student reaches a negative balance a parent/guardian will be notified on a weekly basis. When a student account reaches -\$10.00 the parent will receive written notice and the building principal will be notified of the debt.

Lunch Information

- In order for a student's meal to be free they must take 2 components at breakfast and 3 components at lunch, one of which must be a fruit or vegetable. Extra entrees, a la carte items, milk or ice cream do not qualify for free or reduced meals and the students account will be charged.

Student Accounts

- The student's numerical District ID is also used for their lunch ID for all cafeteria deposits and purchases.
- Parents may submit in writing, a request that their child is not permitted to purchase a la carte items. Please contact the Food Service Director with questions or concerns.
- In even of student withdrawal with funds in their lunch account, a written request with the student's name, parent name and mailing address must be submitted to the Food Service Director.
- Senior accounts with a positive balance will be transferred to a sibling's account or if requested, will be returned to the student at graduation practice the last day of school. Seniors with a negative balance will be referred to the building Principal for collection.

This establishment is an equal opportunity employer and provider.

Questions: Please contact Tina Fabian, School Nutrition Director at tfabian@rsu3.org or 207-568-4607.