



Monroe Newsletter

September 6, 2022

Notes from the Principal, Mrs. Roux ...

Welcome Back Monroe Families!!!

What an amazing first week of school! It was so great to see our students. Everyone arrived with a smile and positive attitude and we have already begun settling into our normal routines. As a reminder, we spend a lot of these first few weeks focusing on our PBIS efforts (**p**ositive **b**ehavior **i**nterventions and **s**upport). We have already had our first assembly and students are excited to know that they are already working toward a school wide goal. More information about this will come out throughout the year in this weekly newsletter.

Another very important focus during these first weeks and then throughout the year is our safety drills and protocols. Last week I visited classrooms and had students show me what they already knew about responding to a fire drill. Later this week, I will hold another whole school fire drill and we will continue to review the importance of being prepared just in case there is ever an actual emergency. This year we will be talking about another type of emergency drill similar to how we use to do lock down drills. All staff have had multiple trainings with a program called ALICE (**A**lert, **L**ockdown, **I**nforn, **C**ounter **E**vacuate) and we will be following the district approved protocols to help our students understand that while it is very unlikely, we need to be prepared to respond to different types of emergencies such as someone being in the building that shouldn't be there. I recognize that this is a heavy and potentially scary topic but we are prepared to approach it in an age appropriate way with the emphasis being on just thinking of ways we could all work together to stay safe. I will be visiting each classroom in the next couple of weeks to share a read aloud that is a very appropriate children's book about a little ant who's teacher is teaching the class about the many ways they can be safe at school. The title of this book is **I'm Not Scared, I'm Prepared.** (linked here is a youtube overview of this book: <https://www.youtube.com/watch?v=F4vmSsgkhHc>). I encourage all families to reach out to me if you have questions or concerns about this topic and I would be happy to provide more details about the ways we will be incorporating these safety drills into our routines.

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 525-3504 home phone: 568-3980 cell: 323-0990)

Notes from the Office:

Please send back completed beginning of the year paperwork as soon as possible.

Important Upcoming Dates.....

September 12 - School Board Meeting
6:30 pm at Walker School

September 28 - Early Release Day

October 18 - School Picture Day

Check out what's happening at Monroe School ...

Week of 8/30

<p>K</p>	<p>The Kindergarten class has been busy getting to know our school and classmates. We have been learning about following our P.A.W.S. while using the materials in our classroom. We are being Polite, Responsible, Safe, and Respectful.</p> 
<p>1</p>	<p>The First Grade class has been getting used to our new Teacher, new classroom and how to be flexible with the many changes from last year. We are working on our P.A.W.S. in interactions with our friends. We are working on problem solving together and new classroom expectations.</p>
<p>SEL</p> 	<p>All classes got to know their new teacher and what we will be learning about in SEL. We have also been learning about the Zones Board and what each zone means as a way of checking in on our feelings.</p>
<p>Garden</p> 	<p>It feels great to be back in the garden with award winning student gardeners! For the first time since the pandemic, we entered our produce into the Windsor Fair including Russian Red Garlic, Over the Rainbow Carrots, and some other vegetables for a combined RSU3 farmer's basket. We came home with two first place ribbons as well as a second place ribbon!</p>



Help Your Child Succeed in School: Build the Habit of Good Attendance Early

DID YOU KNOW?

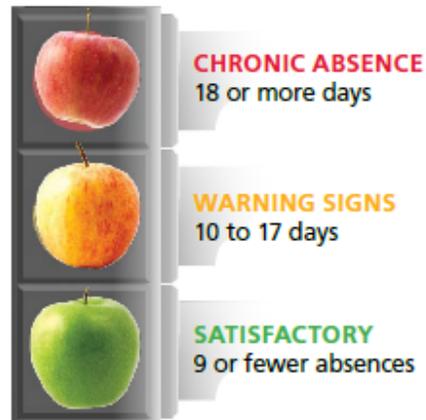
- Starting in preschool and kindergarten, too many absences can cause children to fall behind in school.
- Missing 10%, or about 2 days each month over the course of a school year, can make it harder to learn to read.
- Students can still fall behind if they miss just 1 or 2 days every few weeks.
- Being late to school may lead to poor attendance.
- Absences and tardiness can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Eventually good attendance will be a skill that will help them succeed in high school and college.

WHAT YOU CAN DO

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before.
- Keep your child healthy and make sure your child has the required shots.
- Introduce your children to their teachers and classmates before school starts.
- Develop backup plans for getting to school if something comes up. Call on a family member, a neighbor or another parent.
- Try to schedule non-Covid-19 related medical appointments and extended trips when school isn't in session.
- If your child seems anxious about going to school, talk to teachers, school counselors and other parents for advice on how to make your child feel comfortable and excited about learning.
- If you are concerned that your child may have Covid-19, call your school for advice.
- If your child must stay home due to illness or quarantine, ask the teacher for resources and ideas to continue learning at home.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

Youth Field Hockey is going to happen again this fall. There will be a travel team league for 3rd through 5th grade girls. League games will be held on Sundays in September and October with dates and times yet to be determined. We will be using a 6v6 format with a goalie. Practices will be held on the high school field on Wednesday's after the conclusion of the high school practice at 5:00.

We will also offer a Wednesday night K-2nd grade practice every week as well.

Wednesday night practices will start on Wednesday, September 7th and will run from 5:00-6:00. Please let me know if you are able to help with the practices or the travel team.

Please join the TeamReach App if you are interested in field hockey for your daughter. The group is called RSU3 Youth Field Hockey and the group code is YFH. You can also join the RSU3 Youth Field Hockey page on Facebook.

Questions: email ghewett@rsu3.org.