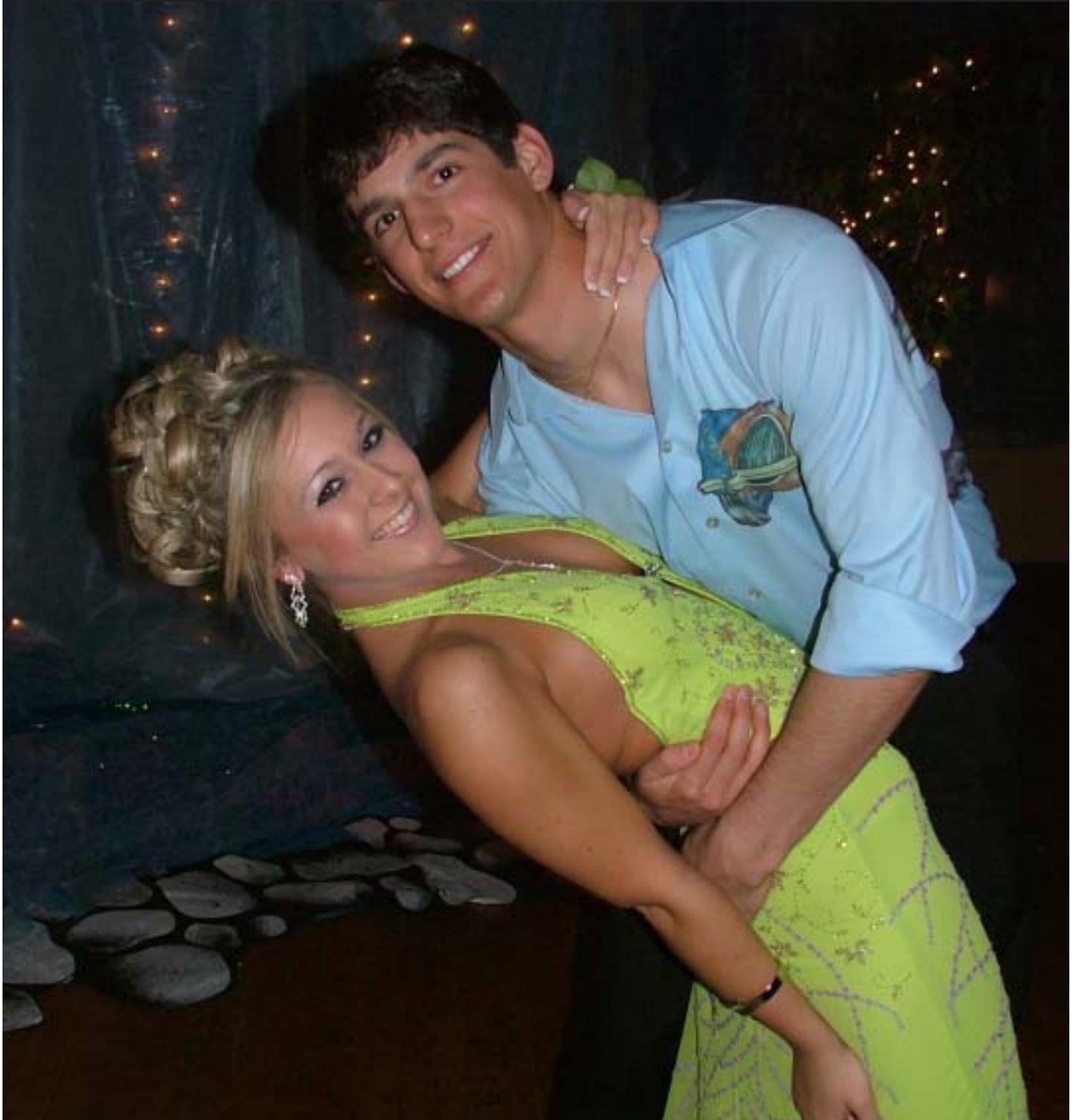


THE TROJOURNAL

April 22, 2005 Southeast of Saline, 5056 E. K-4 Highway, Gypsum KS 67448, Vol. XXI X, No. 8
See The Trojournal on-line and in color at <http://www.usd306.k12.ks.us>



Austin Barnes takes Christina Sparacino for a dip as they dance. Both were at the 2005 SES prom "A Night of Romance." (Photo by Sadie Myers)

Around The Halls

What do you do to release stress?



Tristin Scheel, Jr. – “I go in my room and cry.”



Marcus Pierson, soph. – “I drink me an ice cold Pepsi.”



Sam Hargadine, Jr. – “I read “Lord of the Rings.” Then I jog, cry, and scream into my pillow. After that, I draw pictures of people that are stressing me out, and I draw mustaches on their



Lacey Bruggeman, sr. – “I go and hide in my closet and eat chocolate. Then I go snorkeling in the bath tub!”

faces.

Stress is not worth the worry

By Jessica Conway

Typical teenage lunch table conversation: My cell phone isn't the best model, my car isn't the newest year, and my sandwich isn't toasted on both sides!

As we are sitting there eating our lunch and complaining about the terrible facets of our lives, there is a soldier in Iraq wishing that he had those same problems to be worrying about. Instead, he is looking around him, at the friends he's made, wondering who won't be going home, wondering if he'll leave this place alive, and cherishing the amount of life he has left.

Life is not about whether or not you have a job, car, money or the newest model of phone; it's about living and appreciating the gift that you have been given, the gift to be alive.

There is a famous quote that states, “It's time to stop and smell the roses.” For Americans, it is that time.

As we go through our busy lives, we discover that we never have enough time to get everything done, and we lose our smiles and happiness to the stress that seems like it will never end. With every joy that we are able to find, also comes a sorrow, but it doesn't have to. Perhaps the

problem isn't that life is just throwing us a lemon; perhaps it's our perspective on it. As Charles Swindoll would say, “I am convinced that life is 10% what happens and 90% how I react to it.”

Life is filled with things that are out of our control, such as our computers crashing, our cell phone batteries dieing, our cars breaking down, or even something so little as our sandwich not being made just the way we want it to be, but stressing is not going to help. That's not to say that there aren't things to be worried about, such as paying your bills on time and keeping up with your extreme responsibilities, but stress isn't going to help. Stress only causes things to get worse.

Not only do we stop thinking clearly and get upset, making the problem worse, but if we stress too much, it can cause us to get sick, leading to more stress. This is a vicious cycle that will not end until we let it go. That's right; just let it go.

Americans need to stop running around so crazily and worrying about the “terrible” things that are happening in our lives. The sun will rise again no matter what you didn't quite get done.

When life throws you a lemon, make lemonade, and when you get the chance,



Southeast of Saline

THE TROJOURNAL

Editor Jessica Conway
Managing Editor Clint Spiller
Layout Editor John Christie
Sports Editor Skylar Nosker
Features Editor ... Kelsey Colby
Copy Editor Brent Sweany
Photo Editor Sadie Myers
Reporters Brian Dow,
Samantha Elsasser
Graphic Artists ... Chelsie Green
Sports Writers Amanda
Harding,
John Christie
Columnists Chelsea Thorne,
Kelsey Colby
PR Manager ... Shannon Wilson
Advisor Mr. Gary McClure

THE TROJOURNAL is the official newspaper of Southeast of Saline High School and is published monthly by the journalism staff.

Writers' editorial opinions expressed through this publication do not necessarily reflect the opinion of the entire staff, the advisors, or the administration.

Letters should be 300 words or less

Girl has solutions to rainy day blues

By Kelsey Colby

April showers bring May flowers, but it also brings with it boredom on rainy days.

Do you ever find yourself sitting inside staring at the boring rain pouring endlessly down outside of your window? Of course you probably



have. Who hasn't gotten bored on a rainy day? Boredom seems to be a common side effect of the rainstorms that the month of April brings. I was thinking, what if I could help all of those people out there who are in dire

need of a prescription for the "April Showers Boredom Syndrome."

So I sat down and started listing things to do on a rainy day — like read a book, watch a movie, and write a letter to your best friend. But who doesn't have mother that has suggested those boring boredom fighters over and over again? So I decided to come up with a list of more uncommon and a bit unusual things to do that really have no point but just to take up time.

1) Pretend you're a car, or better yet, pretend you're a *race* car. Pull up a chair, get something that's round and looks like a steering wheel, and you're off. Don't forget your seatbelt!

2) Watch soap operas and repeat everything they say in an Italian accent. If you don't feel like repeating everything, then mute the TV and make up

your own storyline.

3) This one might take an umbrella. But have you ever wondered about what all that trash is in your neighbor's yard? Head over there and take a look for yourself.

4) Koolaid is good. Everyone loves it. Why not find out if your fish loves it, too? See if your fish can survive in Kool_Aid instead of water.

5) Put a lampshade on your head. Pretend you're turning the light off and on. Hey, you never know, the light bulb comes on, it might just bring you a very good idea.

6) Build a house out of toothpicks. See how many times you try before you figure out that it's impossible (unless you use glue).

7) Get out that dusty Christmas tree and set it up in your room. Instead of decorating it with Christmas ornaments, decorate it with "springy" bright things like flowers and bunnies.

8) Count to a million as fast as you can. NOTE: Try it without stumbling and see how many times it takes before you don't stumble at all.

9) Call the City Building and tell them that you forgot how to get a cricket hunting-license and was wondering if they would help you.

10) This one might be quite a chuckle from the spectator's end. Last but not least, find an interesting bug and follow it wherever it goes. If it's going up and down a wall, then go up and down with it. If it's flying around the room, then try flying around with it.

These pointless things may well seem pointless but they will definitely help to pass the time. Caution: Have your family read this so when they walk in the door and see you with a lampshade on your head, they won't be calling the guys that bring the little

Cartoon by John Henry



Say it to Sam

Rumors come between friends

By Samantha Elsassner

Dear Sam,
How do you deal with someone who is constantly bragging about everything they do? I still want to be nice to this person, but I'm constantly annoyed at her bragging. How do I get over her and just be friends?



From Tired of Listening

Dear Tired of Listening,

Let her know personally that you don't like her bragging about everything she has. You can give her a taste of what you feel (just a little one). Do what she was doing to you and see how that makes her feel. Then tell her how you feel about her obsession with bragging. When you do this, try not to be mean about it.

From Sam

Dear Sam,

My best friend and I are having a hard time. There is this other girl trying to come between us. She is starting rumors about us and we don't know what is true anymore. What do we do to get her to leave us alone?

From Rumor Haters

Dear rumor haters,

This is the first time I have heard of a problem like this. If you and your friend are really close, though it may be hard, you should be able to tell what is true and what isn't, so you should gently confront. You might talk to this other girl who is saying all this. Ask her to stop. Yes, I know it sounds weird but you can make a friend with someone who is a gossip.

Did you ever ask her why she started to tell all these rumors? You should. Also, if you want, you can make a deal of some kind for her to be friends or just leave you and your friends alone. Maybe you could become friends with her or help her to find other friends.

From Sam

Spring brings mixed emotions

By Chelsea Thorne

I have a love-hate relationship with spring; I absolutely love some aspects of it, and I wish that some could be shoved off the edge of the earth. This is my list of things about spring I love and hate.

10. Love- School is almost out and summer break is in!

Hate- Teachers constantly remind you that if you don't do well this semester, you get the joy of being in their class next year.

9. It is so much fun going to JC Penney's to look at prom dresses even if you are not going to prom.

Good luck trying to schedule an appointment to get your hair cut on a Friday or a Saturday.

8. Watching the lightning strike during thunderstorms is really fun to do.

The mud is nasty; never wear new shoes right after a rain storm.

7. You always see cute baby birds and squirrels outside.

Baby birds sit in their nests and squawk until they get a worm. This usually occurs on a Saturday morning when you were up late the night before.

6. Since spring is here, it means that you get to go shopping for a spring/summer wardrobe.

Unfortunately, you only have so much money; so sometimes you can't get everything you want.

5. The weather transitions from freezing cold to warm weather.

With the arrival of warm weather, mosquitoes also arrive.

4. We get out of school for Spring Break.

We already had our Spring Break.

3. Spring means longer days.

But it also means shorter nights.

2. The end of the school year means

that you are one year closer to being done with high school.

The end of the school year also means you are one year closer to going to college and saying hello to the real world.

1. Easter is in spring, so that gives you a reason to go shopping.

Easter also brings chocolate, which is good; but if you eat too much of it, you start to feel sick.

Spring is a time to be happy and to think positively. Keep this list posted up until winter comes back, so when you think about the bad things spring brings, you can remember that spring is nothing compared to what winter brings.

Graduate says stress is too much

Letter to the editor

Dear Editor

I have a few things to say about the article "Students shouldn't stress about future". It is true that High school students shouldn't worry about what they are going to do for the rest of their lives. They can do plenty of that during college. Even the students who as freshmen didn't plan on going to college can still go.

It's not about what classes you take, its that you passed. I do suggest that students take whatever college classes are available to them as seniors. It will help them later.

"High school is a period of learning and

growth but in many more ways than just class material" is also true. During high school, students discover who they are and what they want out of life. They become more independent and start making their own decision.

This article is full of good advice for all students not just the seniors. Students need to relax and not worry so much about the future, it'll come soon enough. Fill out the necessary forms and don't worry. If you don't get into the college of your dreams, try another. You might just get more out of this experience than just disappointment. Seniors need to enjoy their final year so they can leave with memories and not regrets.

Ashley Faelber

Freshman prepares for marathon competition



By John Henry

Following in his father's footsteps, Freshman Kody Lynn is going all the way with his running career.

He has steadily improved through his freshman year, participating in both cross country and track. His dad, Mr. Kendall Lynn, who has completed two full marathons and a half marathon, has been both coach and personal trainer to Kody.

Kody has been running for three years now and feels that he is ready for a bigger challenge, a marathon.

Earlier this year they both ran in the Dallas White Rock marathon located in Dallas, Texas. The race starts in downtown Dallas with 10,000 runners divided onto two streets that merge together after three blocks.

They then proceed out of Dallas

and run out around Lake White Rock. At the eight mile marker, the half marathon runners break away from the rest and run a different route than the full runners.

Mr. Lynn completed a whole marathon and Kody ran a half marathon. Kody placed second among the 14-year-olds with five or six others running the half marathon along with him.

"Training has been hard," Lynn said, "but I have gotten used to it."

He trains with his father. In the summer, they usually run two or three times a week for cross country and another two days on their own. During the school year his work-outs at sports practice take place of his training.

"I have learned to keep going and not stop and walk in a race,"

Kody said, "If you walk in the race, it makes you hurt more and you'll regret it later."

He also says that even when losing, you always regret dropping out of a race. In his three years of running, he has never dropped out of a race. He has also never walked in a race.

"You can't compare your first marathon experience to anything else," said Kody. "It's awesome. I was flying the first five miles, but after that I was dead. From there on, it took a lot of effort to just finish the race."

"I plan on doing more marathons," said Lynn. "I'll probably run them in November, between cross country and track."

Colby Stepheson
Kelsey Losey
Brian Dow
Emily Diaz
Jay Bartlett
William Ballou
Ryan Unruh
Sarah Andres
Janie Verhoeff
Lisa Lawson
Mitchell Mugler
Kody Lynn
Brad Hanson

Freshman Kody Lynn runs at the Lions Cross country meet in the fall. He ran a half-marathon last year and hopes to run a full marathon next November. (Photo provided by Mr. Gary McClure)



First place winners in the Chemistry and Anatomy and Physiology division of the SES Science Fair 2005 held Monday, April 11, Kylee Anderson and Mark McClure show off their display. Also, placing first in a tie in the Biology division were Miranda Everhart and Gracia Johnson. (Photo provided by Mr. Gary McClure)

Congratulations to the following Trojan Choice Award Recipients!

- | | |
|---------------------|-----------------|
| ANDERSON, TERRY | Kelsey Losey |
| BAIRD, TODD | Brian Dow |
| BREESE, QUENTIN | Emily Diaz |
| CALAHAN, BRANDI | Jay Bartlett |
| COOPER, REX | William Ballou |
| CORDILL, CATHY | Ryan Unruh |
| DISBERGER, BRANDIE | Sarah Andres |
| EMME, SCOTT | Janie Verhoeff |
| GARRETSON, JUANELLE | Lisa Lawson |
| GIES, BILL | Mitchell Mugler |
| HAXTON, PAT | Kody Lynn |
| KING, DAVID | Brad Hanson |
| KREHBIEL, KURT | Colby Stepheson |
| LILLY, DWIGHT | RanDee Platt |
| MAJOR, BRUCE | James Viar |
| MCCLURE, GARY | Klint Spiller |
| PTACEK, PESHA | Sam Hargadine |
| SAGER, WAYNE | Jeremy Ziegler |
| SAUBER, BOB | Robert Graham |
| SMITH, MELINDA | Chantay Seim |
| TUZICKA, BILL | Kyle Maine |

Greenhands take first in District Contest

By Chelsie Green

The Greenhand livestock judging team placed first in the District Contest at Clay Center on March 30.

Competing against ten other schools, Southeast's FFA team walked away with four participants placing in the top 11.

Sarah Anderes placed fifth, Brent Sweany placed seventh, Charley Staab placed ninth, and Jacob Fehlman placed 11th.

The Senior Livestock team placed 12th.

Music students find their way to state contest with top ratings

By Sadie Myers

Many Southeast of Saline music students recently sang and played their way to the 3A State Music Contest.

Overall, Southeast walked away with 15 one ratings and 21 two ratings at the regional contest on April 9 in Manhattan. All students who received a one rating qualified for the state contest at SES on April 30.

Mr. Quentin Breese, the high school band director, took two ensembles and several soloists to the regional competition.

Both band ensembles earned one ratings and will be performing at state. The brass ensemble consists of Alex Mutschler, Eva Spare, Clinton MacDonald, and Kaleb Feist and the saxophone ensemble consists of Rachael Moon, Robert Graham, Andrew Gies, and Ross Terry.

Band soloists who received a one rating include Kayla Hemphill (Clarinet), Carlie Krager (Flute), Katie Waddle (Flute), Mark McClure (Bassoon), and Kaleb Feist (Tuba).

Instrumental soloists who received a two rating were Shawna Caldwell (Clarinet), Austin Barnes (Snare Drum), Andrea Everhart (Trumpet), Alex Mutschler (Trumpet), Eva Spare (Violin), Rachael Moon (Oboe), Gracia Johnson (Violin), Britten O'Banan (Trombone), Aaron Breault (Bassoon), and Aaron Plymell (Tuba).

Breese thought the band department represented Southeast very well.

"I thought that the kids performed extremely well and competed at a level equal to the larger schools we competed against," Breese said.

Mr. Bill Tuzicka, the high school vocal instructor, and his students also fared well at the regional contest.

The men's ensemble, the women's ensemble, and the madrigal singers all received a one rating and will be performing at the state competition.

The three categories of livestock were beef, sheep, and swine. "Though livestock judging may seem like a simple task, it took a lot of hard work and cooperation," said FFA sponsor, Mrs. Brandi Disberger.

She added that she is very confident with her Greenhand and Senior teams and that they have both worked extremely hard.

"Our success has happened because there has been an outstanding group of individuals all working hard, opposed to a few individuals," she said.

The FFA livestock judging team has done well enough in the district and regional competitions to go on to state. State will be held this year in Manhattan on Tuesday, May 3. A team of six will compete, and the top three scores will count.

Although Disberger has had livestock judging teams in the past, she says there are a few qualities that make this year's teams stand out.

"They are making this a priority. The senior team is setting a good example, and they are very consistent."

Soloists who got one ratings are Ashley Petitjean, Ashley Houchin, Andrew Gies, Chris Weller, and Mark McClure.

Groups who received two ratings were the freshmen women's, men's, and mixed ensembles.

Soloists who received two ratings included Kody Lynn, Jessica Frazier, Kyle Maine, Rachael Hoeffner, Miranda Everhart, Britten O'Banan, Clinton MacDonald, and Rachael Moon.

Tuzicka thought that overall, everyone did a very good job, despite some tough judges.

"I thought that we did very well. The

judges were tough and the competition was hard, but we stepped up and did well all across the board."



Freshman Jessica Frazier performs her solo at the Regional 3A Music Contest with Mr. Bill Tuzicka. She placed with a two. (Photo by Sadie Myers)

Sadie and Shannon's Super Silly Fun Page

Brainiac Edition



Test your IQ

Test how smart you or a friend really is with this fun quiz! Answers are at the bottom of the page

- 1) Do they have a fourth of July in England? _____
- 2) How many birth days does the average man have? _____
- 3) Some months have 31 days; how many have 28? _____
- 4) In baseball, how many outs are there in an inning? _____
- 5) Can a California man legally marry his widow's sister? _____
- 6) Divide 30 by 1/2 and add 10. What is the answer? _____
- 7) If there are 3 apples and you take away 2, how many do you have? _____
- 8) A doctor gives you three pills telling you to take one every half hour. How many minutes would the pills last? _____
- 9) A farmer has 17 sheep standing in a field and all but 9 drop down and die. How many sheep are left standing? _____
- 10) How many members of each animal did Moses take on the ark? _____
- 11) A clerk in the butcher shop is 5' 10" tall. What does he weigh? _____
- 12) How many two cent stamps are there in a dozen? _____

1. Yes, it comes after the third of July 2. One, you are only born once 3. All of them, all months have 28 days in them some just have more 4. six, each team gets three outs 5. No, if his wife is a widow then he is dead 6. 70 just think about what happens when you divide with fractions 7. 2 because you took them away 8. 60 because you take one when you take one when you get them then one 30 minutes later, then again 30 more minutes later you take the third 9. 9 because all but nine drop down 10. zero, Moses didn't take any animals, Noah did 11. He weighs meat 12. there are 12 2-cent stamps in a dozen

Fun Facts

Show of your brain power with these funny facts

- * Dr. Seuss coined the word "nerd" in his 1950 book "If I Ran the Zoo"
- * It takes 3000 cows to supply the NFL with enough leather for a year's supply of footballs.
- * There are an average of 178 sesame seeds on a McDonald's Big Mac bun.
- * The world's termites outweigh the world's humans 10 to 1.
- * Pound for pound (kilo for kilo), hamburgers cost more than new cars.
- * When Heinz ketchup leaves the bottle, it travels at a rate of 25 miles per year.

Lacey the Brainiac

- * On average, 100 people choke to death on ballpoint pens every year.
- * Average lifespan of a major league baseball: 5 pitches.
- * Elephants can't jump. Every other mammal can.
- * The cigarette lighter was invented before the match.
- * Five Jell-O flavors that flopped: vanilla, coffee, cola, apple, and chocolate. (Celebrate where they're thinking???)



Senior Lacey Bruggeman shows off her knowledge in the Extemporaneous speaking contest at the Border wars Forensics meet at Southeast of Saline. Lacey's smarts earned her sixth place at the meet. (Photo by Sadie Myers)

Student finds different life in home away from

home

By Samantha Elsasser

Normal teenagers are supposed to be hanging out with friends, getting good grades, and not getting into trouble. Well, my years were way different. I was hanging out in jail. I wasn't exactly homeless, but I wasn't living at my house either.

When I was 13 years old, I started to hang out with the older crowd of kids. I went to parties, and I pretty much did whatever I wanted. I was a drinker, and I hated to hear my mom telling me what to do, so I never listened to her. One night everyone wanted to go hit the "the night shift," which means you steal car stereos and systems or whatever else we can get.

After I stopped listening to my mom, I learned to drive. Whenever I needed a way to a house, I was driving my mom's car. I got caught twice and received two tickets for underage driving. While we were doing the night shift, we were putting the stuff we got in my cousin's low rider and saw flashing lights.

We ran and after we couldn't run anymore, the cops got the dogs out and caught my cousin but not me. I was too busy to notice, because I was getting away and jumping fences at the same time. I became sore enough to the point I could die.

After awhile I thought I was safe, but all of a sudden a cop with a spotlight on his car flashed it on me, and I was off again. Then I was done. I was caught and thrown to the ground by a big cop. I was put into handcuffs and put into a police car. We got to a building and didn't know where I was at or what was

going on.

All of a sudden, I was being taken out of the car, and the police officer said, "The fun is just about to begin."

While I was being booked into the juvenile detention center, I was being asked a lot of questions. When an officer books you in at the Juvenile Detention Center (JDC), you take off ALL your clothes in front of a female or male officer, whichever that may be.

They give you these orange jumpsuits to put on, and I look really bad in orange. You hear the loud unlocking noise of the door opening as you and the officer walk into an activity room. I started to get cold, because the floors are cement and the air is cold like everywhere else you went.

There are two types of rooms they could put you in, depending on however long you might be staying in the facility. After the officer puts you in the room and locks the door, you start to hear kids crying, yelling, and kicking there door, saying they want out.

After that excitement, I finally got to go to sleep. Not so long after that, I had an officer yelling at me to get up, and I found out what time it was. It was six o'clock in the morning.

The showers are ice cold, and you don't have much to use. All you get is one packet of hotel shampoo, half a bar of soap, and a tiny towel to dry off your body, which doesn't even work.

Then after all that fun, you hear a cart with big trays on it. After a couple of hours, you may get out before lunch but most likely after. Since you are in the juvenile detention center, you have to go to school. You get two hours of free time a day with more on the

weekends. You have to be in your cell by eight o'clock every night even on the weekend. The only good days you have are when you get a phone call, a visit from home, or a court date, which sometimes results into going home and not get into anymore trouble.

On your court date you can either go in at nine in the morning or at 1:30 in the afternoon. You come out of your cell and kneel like an angel praying, and then they put shackles on you feet, around your stomach, and hands. You are still able to walk around though.

The first time I went to jail I was only there for 24 hours, and then I went home.

I got into trouble again to the point I was there for over a period of time, and it started as weeks and then progressed to months until the judge got sick of seeing me. He asked my mom to put me in a girls' home, and she complied. I was sent there for 120 days. When I first got there, I ran the first day, and I was very lucky to be able to go back and finish my time there so I could go home.

Well, I was released from the girls' home, and now I'm living with my grandma.

It's good to have a home.

Homeless abide by rules of Rescue Mission

By Chelsea Thorne

On April 8, Clint Spiller, Brian Dow, and Chelsea Thorne went to the Salina Rescue Mission to check Dow in as a "homeless man" and to interview director Steve Kmetz about what goes on at the Mission. This is what we learned:

- A single person runs the mission from 4 p.m. until 8 a.m. in two, eight-hour shifts.

- The curfew is 9:55 p.m., and mission personnel make bed checks at 10 p.m. The men get up at 6 a.m. Monday through Friday, and they get to sleep in until 7 a.m. on Saturdays

and Sundays.

- Every month they have anywhere between 12 to 35 new men come to the Mission. On a typical night, they have about 27 to 35 men staying at the Mission.

- 75 to 80% of the men who come to the Mission, come back a few months later.

- The approximate amount of time a man stays at the Mission is 45 days

- To be admitted into the Mission, they must first sign in, show proof of identification, read a packet of rules, sign an affidavit stating that they

have read and that they understand those rules, take an alcohol breath test and pass it with a 0.00 BAC, and have no arrest warrants out for them.

- If a man comes to the Mission with a family, mission personnel refer him to the Ashby House.

- The men are allowed to smoke, but they must smoke in a blue canopied area outside.

- No pets are allowed.

- All medicines must be checked in upon arrival, but glucose meters and asthma inhalers may be kept on person.

- The men are asked to perform one chore every day to help keep the Mission clean.

Boy briefly discovers what it's like to live in Mission

Opinion

By Brian Dow

As I approached the front door of the Salina Rescue Mission to check in as a homeless person, I was as nervous as a snowball over a city sidewalk heating grate. I wasn't sure what to expect. I thought it may be like a hospital, white walls and emotionally draining.

As I entered, my suspicions were confirmed, white-walls and emotionally draining. I walked through the heavy metal doors and saw a secretary at a desk. She said that Steve Kmetz, mission director, would be with me shortly. When he came out, he took me to the sign-in desk and took out a small black box with a clear two-pronged straw sticking out of the top. He told me that this was a portable breath test for alcohol.

I breathed hard into it, and he showed my reading, .000. I had made it past the first test. Then I had to read a rule book that was about ten pages long. The rule book explained all the procedures

regarding wake-up, curfew, smoking, and how to avoid getting kicked out of the mission.

I went into their cafeteria and sat down for a good read of the rulebook. The cafeteria is a drab, bleak room with a heavy metal gate in the wall where the food is served from.

After I read the rulebook, I had to fill out a form regarding medical history, personal information, and an emergency contact. When I went back to the sign-in desk, I handed Kmetz back his rulebook and my information card. He then instructed me to sign my name on a roster sheet. The roster sheet was a compilation of names, bed and locker numbers.

Kmetz led me upstairs to the rooms that the inhabitants use. The beds are in a big, empty communal room with rows upon rows of bunk beds. They have a few bathrooms that are off the main dorm room. The beds only have a small quilt and a worn sheet on top of a thin mattress pad.

A different white-walled room is filled with lockers built into the walls. In the lockers, personal items can be stored, except for tobacco and tobacco-related paraphernalia.

The Salina Rescue Mission might not look like the best place to go – unless you are homeless, in need, and in the worst part of your life. In that case, the Salina Rescue Mission is a symbol of hope.

The volunteers are warm and welcoming, and the rescuees actually want to get out and be on their own and self-sufficient. The volunteers are enjoyable to be around even though the facility itself is drab.

The mission, though, I believe, is not and should not be comfortable to be in and around; otherwise the rescuees would not want to leave and would not have an incentive to do their best to become self-sufficient.

You have to want to become independent in order to become independent, and the Salina Rescue Mission is the



Left: Brian Dow walks through the Salina Rescue Mission entrance. Top Middle: Kmetz shows Dow his bed. Top Right: Dow is given a sheet that he must fill out in order to stay at the mission. Bottom Right: Dow takes a breathalyzer test. (Photos by Klint Spiller)

Southeast Experiences



1)The cast of “Romeo and Juliet” poses dramatically for the introduction to the second act.

2) Brent Sweany (Bubba/Romeo) slays Kaleb Feist (Luther/Paris) at the tomb of his beloved Juliet.

3) Shannon Wilson (Noami) shows off her Beauty Belle uniform for everyone.

4) Christina Sparacino (Faye) tries to seduce Andrew Simmons (Delbert)

5) Taylor Garretson (Mildred/Juliet) screams after realizing that Brent Sweany (Bubba/Romeo) “there lies dead!”

6)Sadie Myers (Ruthann/Servant) offers some party snacks to Lady Capulet’s guests.

7) Kassie Bethe (Violet/Director) tells the cast “Curtain in twenty minutes!”

8) Taylor Garretson (Mildred/Juliet) and Brent Sweany (Bubba/Romeo) kiss at Lady Capulet’s party.

“An Evening of Culture”



SES show-goers prepare for an evening of drama

By Shannon Wilson

Tomorrow, many will have the chance to experience an evening of drama, comedy, and culture at the spring play, “An Evening of Culture.” The play made its debut last night and will be showing again Saturday night at 7:30 pm.

The play was cast in March and includes a small cast of nine students. This cast includes Taylor Garretson as Mildred Carson, Brent Sweany as Bubba Bedford, Kassie Bethe as Violet Farkle, Shannon Wilson as Naomi Carson, Sadie Myers as Ruthann Barns, Andrew Simmons as Delbert Fink, Christina Sparacino as Faye McFaye, Kaleb Feist as Luther Carson, and Chelsea Thorne as Myrtelle Birdsong. Lacey Bruggeman

is also helping director Mr. Terry Anderson as the student director.

“An Evening of Culture,” written by Mark Landon Smith, features a group of small-town southern hicks who are producing “Romeo and Juliet.” Even though there are problems with the set, the characters don’t know their lines, and props are missing, they carry on with a “show must go on” attitude.

This year’s play is the sequel to the play “Faith County” which was performed on the Southeast stage in 2001.

“I really liked the characters (of Faith County 1), and I liked the author,” said Anderson, about why he decided to do the sequel to Faith

County.

The characters in the play said that they have had an enjoyable time producing this comedy.

“Since this is my first time in a school play, I didn’t know what to expect, but I really love it,” said Myers (Ruthann).

Anderson and the cast started producing the play right after spring break, giving the cast less than four weeks to memorize the lines, find costumes, and put it all together, but the cast members say that it has come together nicely.

“It was hard to memorize the lines in the short time, but it turned out very good,” said Sweany (Bubba).

The play follows Mildred (Garretson), a grouchy middle-aged mother, in the stress and toils of the

SES trio produces 2005 mock NFL draft

By Skylar Nosker



Opinions from John Christie and Klint Spiller



The off-season is where teams are made and broken. A combination of free agent signing and a good draft usually ends in a Super Bowl win. In this article, we will briefly analyze the good moves that have been made throughout the NFL and even predict the best possible picks for the teams' upcoming NFL draft on April 23-24 on ESPN.

The 2004-05 NFL season was concluded three months ago, and the off-season has really been heating up.

The Indianapolis Colts have been busy trying to hold on to running back Edgerrin James, after placing a franchise tag on him. The AFC West, as a whole, has been busy so far this off-season. The Kansas City Chiefs signed linebacker Kendrell Bell to a seven-year deal. The Oakland Raiders traded a first-round pick and a late-round pick in this year's draft along with linebacker Napoleon Harris to Skylar's favorite team the Minnesota Vikings for wide receiver Randy Moss. Also, the San Diego Chargers slapped a franchise tag on Drew Brees.

Klint's favorite team, the Dallas Cowboys, have been busy nabbing quarterback Drew Bledsoe and other key free agents, such as the much-needed cornerback Anthony Henry and right guard Marco Rivera.

Skylar's Vikings have signed cornerback Fred Smoot, safety Darren Sharper, linebacker Sam Cowart, defensive tackle Pat Johnson and wide receiver Travis Taylor.

John's favorite team, the San Francisco 49ers, have just been looking forward to having the first pick in the draft.

We have worked together to prepare a mock draft of what we believe the teams *should* do in order to better themselves. Here is our 2005 NFL mock draft:

- 1) Alex Smith/Utah QB San Francisco
Smith is a great quarterback with great potential. He is probably the most intelligent and well-rounded quarterback in the draft. The 49ers could use help at every position, but their problems begin with their quarterback. Even with Tim Rattay, don't be surprised if Smith is drafted first.
- 2) Ronnie Brown/Auburn RB Miami
Brown is probably the most talented player in the draft, standing right at six feet tall and 233 pounds. He ran the fastest 40 time out of the top three running back prospects with a 4.48. If Saban plans to make his team happy, he would draft a running back instead of signing Ricky Williams.
- 3) Aaron Rodgers/California QB Cleveland
With the loss of Jeff Garcia and signing of the aged Trent Dilfer, Cleveland is in need of a young franchise quarterback. Rodgers is very similar to Alex Smith in throwing accuracy and power and is the top quarterback on a lot of people's draft boards. If he doesn't go earlier, he'll be a Brown for sure.
- 4) Braylon Edwards/Michigan WR Chicago
Edwards is probably the most explosive playmaker in this draft and in our opinion, the best. He is 6'3", has a 37 1/2" vertical, and ran a 4.48 in the 40 yard dash. If he is still available, Coach Lovie Smith will take him.
- 5) Carnell "Cadillac" Williams/Auburn RB Tampa Bay
The Buccaneers are in desperate need of some playmakers offensively. Cadillac, though only measured at 5'11" and 217 lbs, is fast, running a 4.5 40 yard dash. He has proven that he can catch extremely well and can make defenders miss.
- 6) Antrel Rolle/Miami (FL) CB Tennessee
With the loss of Samari Rolle, the Titan's star cornerback to free agency, the Titans are in need of replenishing their defensive backfield in the draft. Antrel Rolle is physical, 6 foot tall, and has descent speed.
- 7) Derrick Johnson/Texas LB Minnesota
Big 12 defensive player of the year and Butkus award winner, an award giving to the best linebacker, will bring talent and strength to the linebacker core. Johnson will be the capstone to the newly formed Minnesota defense.
- 8) Cedric Benson/Texas RB Arizona
Benson is a tough running back that has gained over 1,000 yards in all four years at Texas. He ran a 4.51 in his 40 yard dash, which is good for a running back that's main strength is trampling defenders.
- 9) Mike Williams/USC WR Washington
He would have been a top ten pick last year, if allowed, but we think he'd be perfect for the Redskins, opposite of Santana Moss. Though Williams is slower than most receiver prospects, he makes up for it with his size 6'5" and his physical play.
- 10) Alex Barron/Florida State OT Detroit
With the loss of Stockar McDougle, the Lions are in need of a big offensive lineman. Barron, 6'7" and 320 lbs, would be the exclamation point for that team.
- 11) Troy Williamson/South Carolina WR Dallas
- 12) Adam "Pac-Man" Jones/WV CB San Diego
- 13) Demarcus Ware/Troy State DE Houston
- 14) Shawn Merriman/Maryland LB Carolina
- 15) Marcus Spears/LSU DE Kansas City
- 16) Erasmus James/Wisconsin DE New Orleans
- 17) Shaun Cody/USC DL Cincinnati
- 18) Mark Clayton/OU WR Minnesota
- 19) Carlos Rogers/Auburn CB St. Louis
- 20) David Pollack/Georgia DE Dallas
- 21) Heath Miller/Virginia TE Jacksonville
- 22) Roddy White/UAB WR Baltimore
- 23) Khalif Barnes/Wash. OT Seattle
- 24) Brodney Pool/OU S Green Bay
- 25) Corey Webster/LSU CB Washington
- 26) Darrell Blackstock/Virginia LB N.Y. Jets
- 27) Travis Johnson/Florida State DT Atlanta
- 28) Matt Roth/Iowa DE San Diego
- 29) Marlin Jackson/Michigan CB Indianapolis
- 30) Fabian Washington/Nebraska CB Pittsburgh
- 31) Dan Cody/Oklahoma DE Philadelphia
- 32) Barrett Ruud/Nebraska LB New England

Golf opens season with third place finish

By John Christie

The Southeast golfers played Tuesday at Belleville. It was a good team performance with the four-man team, finishing in third place out of nine.

The top individual was Senior Alex Mutschler shooting an 89. The scores were then junior Kyle Maine with a 91, senior Scott Wolford with a 96, and junior Zach Tanner shooting a 102.

Trojan men start season 8-2

By Skylar Nosker

The Southeast baseball team has been hot this last month, winning eight of their first ten games.

Last Friday, the Trojans competed against the Clay Center Tigers. The Trojans fell behind early, as the



David Gray pitches the ball against Clay Center last Friday. The Trojans won both games 15-5 and 22-12. (Photo by Sadie Myers)

Other highlight performances so far this season are Wolford who shot a 91 at Minneapolis, placing him 11th as an individual. The four-man team also placed third at Herington.

The Varsity team has competed in four meets to date. Their lowest finish so far is seventh in Minneapolis. Yesterday, they competed in Beloit, but scores were too late for publication. Their next meet will be April 26 at the Salina Municipal Golf Course sponsored by Bennington.

Tigers scored seven runs in the first inning. The Tigers posted an early 12-3 lead over the Trojans heading to the bottom half of the third inning.

This is when the game turned into a slugfest.

The Trojans came back from behind putting up 12 runs on the scoreboard. The strand of runs included a Grand Slam by senior Justin Dupes and a pair of home runs by senior David Gray and sophomore Nick Hardesty.

The Trojans went on to win the first game, 23-12.

Game two was more of the same as the last couple of innings of game one. The Trojans went to work at the plate, hitting two home runs in the game. Senior Joe Rollins hit a two-run homer and sophomore Nick Hardesty hit a solo blast for number two on the day.

The Trojans won the second game, 15-5.

Last Tuesday, the Trojans went up against Chapman. The Trojans kept on the hitting spree scoring a total of 30 runs in both games, 18-0 and 12-0.

Justin Dupes hit his second home run of the year, as senior Austin Barnes got the win in game one, while Gray got the win in game two.

The Trojans take on Beloit here at Southeast at 3:00 pm. Barnes, who's 4-0 with a 5.085 ERA, will start pitching game one, while sophomore Tim Nicholson, who's 1-1 with a 1.556

Sports Box

By Skylar Nosker

Baseball

Mar. 29 @Smoky Valley 13-5, 12-17
Apr. 7 Wilson 18-3, 18-4
Apr. 12 Sacred Heart 4-3, 2-5
Apr. 15 Clay Center 23-12, 15-5
Apr. 19 Chapman 18-0, 12-0

Record 8-2

Upcoming Games:

Apr. 22 Beloit
Apr. 29 @Concordia
May 3 Abilene

Softball

Mar. 29 @Smoky Valley 21-7, 21-2
Mar. 31 Belleville 7-0, 11-1
Apr. 8 Rock Creek 1-2, 2-3
Apr. 12 Sacred Heart 2-12, 7-9

Record 4-4

Upcoming Games:

Apr. 22 Abilene
Apr. 26 Beloit
Apr. 29 Concordia

Track

Guys

Apr. 8 SES Inv. 3rd
Apr. 12 @ Ellsworth 1st
Apr. 15 @ Smoky Valley 3rd

Girls

Apr. 8 SES Inv. 1st
Apr. 12 @ Ellsworth 5th
Apr. 15 @ Smoky Valley 5th

Upcoming Meets:

Apr. 22 @ Halstead
Apr. 29 @ Beliot Relays
May 3 @ Minneapolis

Golf

Apr. 5 @ Herington Inv. 3rd
Apr. 12 @ Minneapolis 7th
Apr. 19 Belleville 3rd

Upcoming Meets:

Apr. 21 @ Beloit Inv.
Apr. 26 @ Bennington
Apr. 28 @ Hesston

Boys take state champs in powerlifting

By Amanda Harding

Matt Myers and Kyle Maine led the boys' power lifting team to a 3A state championship Saturday, April 2.

Myers, who competed in the 220 pound division, not only won his division but was also honored as the heavyweight lifter of the tournament for the second straight year.

Maine, who lifted in the 165 pound division, was the state champion and also the runner-up for the light weightlifter of the tournament.

Travis Sheets was runner-up in the 181 division, missing the championship by 4/10 of a pound.

"Travis Sheets had the same total as the champion in his class, but he weighed 179.8 lbs and the winner weighed 179.4 lbs, which means he got second because he outweighed the kid by .4 pounds, which also means if he would have weighed in naked, like the other kid did, he

probably would have won," weight lifting coach Pat Haxton said.

The boys' SES team, consisting of 28 lifters, ended up with 57 points and two overall champions, Myers and Maine.

In the 114 weight division, Wyatt Hill placed third overall and Cody Lynn placed fourth overall. Todd Gribble placed third overall in the 123 weight division.

Kyle Schmid and Kyle Maine placed in the 165 weight division. Maine got state champion and runner-up for light weightlifter on the tournament and Schmid got third overall.

In addition to Sheets' second place finish in the 181 weight division, Jimmy McDowell got third overall, and Nick Hardesty got sixth overall.

Kyle Moyer placed sixth overall in the heavyweight division.

The girls only had six members and got fourth overall.

Brooke Kent placed second in the 123 weight division and was runner-up for the lifter on the tournament.

Both Colby Stevenson, 114, and Christina Gribble, 165, took third overall.

Miranda Fluke placed fifth overall in the 132 weight division.

"This was the largest, and by far the most competitive, power lifting meet that we have ever been to with 343 total lifters competing and 37 3A schools represented. I'm extremely proud of the effort our kids showed. We received 34 individual medals," Haxton said.

Lifters receive medals for the first three places in each of the three lifts.

Other participants were Jessica McDonald, Katelyn Cyphers, Kale Hill, Josh Tucker, Scott Wolford, Colby Douglas, Ethan Komp, Coy Cox, Chris Shields, Jacob Frazier, Joel Pengra, James Hemphill, Joe Rollins, Gary Hemmy, Matt Hettenbach, Brad Sleek, Jordon Pengra, Andy Clifford, and Cody Melander.

Southeast thinclads head to Halstead today

By Amanda Harding

Distance runner Clinton MacDonald was looking forward to challenging one of the state's top runners, Fredonia's Lane Boyer, when the Southeast of Saline Track team competes at Halstead today. But he recently heard that Boyer and his Fredonia team won't be there.

Boyer won the state cross country title in the fall and has been undefeated in the 3,200 thus far in his season. MacDonald has lost just once - last week at Ellsworth when he was defeated in the 3200 by Cole Ginther from TMP.

"I'm confident in my abilities as a runner to get better and I'm looking forward to meeting the Ginther twins again. But I am even more excited to meet up with Boyer," MacDonald said.

In last Friday's track meet at Lindsborg, the Southeast of Saline girls took sixth place and the boys took third place.

In the 4 x 100, SES took first with a time of 51.34.

In the 3200, Joni Heimer took fourth with a time of 13:21.77.

Taylor Sly took fourth and Holly Henry took fifth in the 400-meter run, and Brandi Pounds took third in the 200-meter dash with a time of 27.87.

Southeast of Saline took third in the 4 x 400 with a time of 4:17.02 and fourth in the 4 x 800 with a time of 10:54.69.

Chelsea Weaver took fourth in the discuss with a throw of 97'10".

In the triple jump and the 100-meter dash, Brooke Kent took first with a jump of 36'3" and a 100-meter time of 12.78.

Clinton MacDonald took first in all three of his events — the 1600-meter with a time of 4:45.92, the 800-meter dash with a time of 2:01.47, and in the 3200 with a time of 10:30.41.

Tony Kirkbride placed third in the high jump with a jump of 5'10".

Colby Douglas placed fifth in the 100-meter dash with a time of 11.65 and sixth in the 400-meter dash with a time of 52.90.

The Southeast of Saline boys relay team took second in the 4 x 800 with a time of 8:42.99, fourth in the 4 x 100 with a time of

46.12, and second in the 4 x 400 with a time of 3:30.23.

Michael Lacy placed fourth in the 300-meter hurdles with a time of 43.46.

Ian Hughes placed second in the 800-meter run with a time of 2:04.40, and James Hemphill placed third in the 400-meter run with a time of 52.37.

The teams there were Abilene, Conway Springs, Concordia, Ellsworth, Hillsboro, Marion, Sacred Heart, Smoky Valley, and Hutch-Trinity.

Teams competing at Halstead today are Berean Academy, Cheney, Conway Springs, Douglass, Garden Plain, Halstead, Haven, Hesston, Hillsboro, Hutchinson -Trinity, Marion, Moundridge, Remington, and Wichita - Independent. Coach Haxton said that Garden Plain is the returning state champion team and is going to be a big competition for the Southeast of Saline Girls.



Michael Lacey and Jimmy McDowell stride over the 100m hurdles at the Southeast Invitational track meet. McDowell finished 5th and Lacey finished second. (Photo by Sadie Myers)

Lady Trojans prepared to fight for better record

By Klint Spiller

The 4-4 Lady Trojan softball team will attempt to bring their record above 50 percent as they take on the Abilene Cowgirls at 3 p.m. tonight.

The Cowgirls were swept by the Trojans last year, but they have a brand new coach. Southeast head coach Peshia Ptacek isn't sure what to expect. She does know that in order to win these games, the team must play up to their abilities.

"We haven't played up to our ability yet, so hopefully this will be the game that we do," Ptacek said.

On April 12, the Trojans faced the Sacred Heart Knights and were swept, losing both games.

In the first game, the Trojans lost 2-12. Though the Trojans out-hit the Knights 12-9 in the second game, the Knights outplayed the Trojans, winning 9-7.

"We played better, worked hard, and almost had a 'W,' but the mental mistakes that we made were too great for us to end the game in our favor," junior Chelsey Mueller

said.

According to Ptacek, the team hasn't yet played up to their potential,

but she believes that the team will finish the season strong.

"We just have to work out some kinks, especially in the mental game," Ptacek said.



Christine Pauley winds up for another pitch during the Sacred Heart game on April 12. The Lady Trojans lost the game. (Photo by Sadie Myers)

Cheer/Dance teams start new season with new traditions

By Samantha Elsasser

Grab your pom poms and dance shoes, and get ready to cheer and dance. The Southeast of Saline 2005 dance and cheer squads have been announced.

Those who made the dance squad are juniors Christina Sparacino, Taylor Garretson, Aubre Nisbeth, and Kristina Lenz; sophomore Chelsey Kincaid; freshman Sadie Myers, Jessica Frazier, and Chelsie Green; and eighth graders Shelby Meyer and Trel Peterson.

Ten of the fifteen girls who tried out made the dance team.

Cheerleaders will be sophomores Amber Barnett and Kristy Mendenhall; freshmen Samantha Elsasser and Taylor Short; and eighth grader Megan Snook.

Both the dance and cheer squads were chosen by a panel of judges.

Dance team tryouts consisted of learning a dance that dancers practice for two days. On the third day, dancers performed what they had learned. They were rated on appearance, remembering the dance routine and precision.

Cheer squad tryouts consisted of cheerleaders learning a dance and two cheers. Cheerleaders are rated on having stiff arms, precision, a smile, and appearance.

All the girls who tried out for the cheerleading squad made the team.

The new cheerleading coach, Rosetta Wiles, has decided to have fall tryouts to recruit new girls for the next school year. Dancers are also now allowed to cheer with the cheerleaders.

The girls who made the squad start practicing and getting ready for next year.



Cheerleading captain for 2004-2005 senior Bridgette Bloumquist and fellow teammate sophomore Amber Barnett practice the dance before 2005-2006 tryouts. All of those that tried out were accepted onto the team. (Photo by Amanda Harding)

Thespians sweep contest with league champs

By Brent Sweany

No autographs please, but this year the SES forensics team has four league champions - Lacey Bruggeman and Britten O'Banan in Duet Acting and Shannon Wilson and Sadie Myers improvised Duet Acting -- and a first place trophy at Lincoln, and the season isn't over yet.

With two more meets to go in the regular season, Southeast thespians are looking forward to the state meet on May 7. Fourteen SES students have qualified to compete in state championships in Wichita on that day.

To qualify for championships, a participant must place either first or second place in any event.

Southeast of Saline has ten State qualifiers, in IDA. Qualifiers are Christina Sparacino and Taylor Garretson, Shannon Wilson and Sadie Myers, Brent Sweany and Chelsie Green, Alex Earles and Ryan Unruh, and Coy Cox and Ashley Petitjean.

Qualifying in Humorous Solo Acting are Sparacino and Garretson, in Serious Solo acting, qualifiers are Bruggeman, Kassie Bethe, and

Kelsey Losey. Those qualifying for Prose are O'Banan and RanDee Platt. Calvin Roesner has also qualified in Poetry. As well as Earles and Amanda Repp in Duet Acting.

Qualifying for Forensics Festival, one step lower than state, is Kaleb Feist in Prose.

At the league tournament on April 7, Bruggeman and O'Banan placed first in Duet acting, and Myers and Wilson also placed first in Improvised Duet Acting.

Placing second at league were Sparacino and Garretson in Improvised Duet Acting, O'Banan in Prose, and Bruggeman in Serious Solo.

The SES Forensics team also placed first at the Lincoln invitational on March 31 and second at Minneapolis on April 16.

On April 14, Southeast hosted the Border Wars Forensics tournament. Placing first at border wars were Unruh and Earles in IDA and Bethe in Serious Solo acting. Placing second in serious solo acting and also qualifying for state was Losey.

Placing first at Lincoln were Sparacino and Garretson in Improvised Duet Acting, Platt,

in Prose, and Bruggeman in Serious Solo. Placing second were O'Banan in Prose, Earles and Amanda Repp in Duet Acting, Myers and Wilson in Improvised Duet Acting, and Sparacino in Humorous Solo.

Those who placed fifth or sixth were Brent Sweany and Green in Improvised Duet Acting, Feist in Prose, Bruggeman and O'Banan in Duet Acting, Bethe in Humorous Solo, and Green in Poetry.

Placing first at Minneapolis were O'Banan in Prose, and Bruggeman in Serious Solo.

Placing second were Sweany and Green in IDA.

Placing third were Roesner in Poetry, O'Banan and Bruggeman in Duet Acting, and Sweany in Informative Speeches.

Placing fifth or sixth were Myers in poetry, Repp in Poetry, Bethe in Serious Solo, Earles and Repp in Duet, and Wilson and Myers in IDA.

Bruggeman, senior, said she is very happy with her season this far and has high hopes for a state championship.

"Britten and I totally rocked the house at the party in December, we will win 5-10," she said. "Forensics was the most fun thing about my high school career. I am going to miss it."

to go to nationals, I pictured myself and my friends laying on the beach hanging out in Cally! I was so excited," said Sadie Myers who competed in the Jr. Parliamentary Procedure event.

"Even though not all the students were awarded top gold, it was really neat

FCCLA prepares for San Diego nationals

By Kelsey Colby

Over a thousand junior high and high school students visited the city of Wichita for the FCCLA State Leadership Showcase held April 3-5. They were all there competing for the top spot in STAR (Students Taking Action with Recognition) Events Competition to go on to nationals to compete in San Diego, California this summer.

"Everybody did their very best and that's all you can ask of them. The judges were more critical this year than they ever have been," said FCCLA Advisor Mrs. Juanelle Garretson.

The top gold medalists who will be competing at the national levels are Shayla Seim, Jessica Frazier, Elissa Stein, Sadie Myers, Chelsie Green, Shannon Wilson, and Sara Anderes for their Jr. Parliamentary Procedure. Miranda Everhart, Ryan Unruh, and Brittani Butler will also be attending nationals for their Chapter Showcase Manual.

The students will be working even more to improve in their events for the national competition July 2-6.

"They'll have to meet and rehearse this summer to tweak the little things to make them better. I believe we will do well at nationals," Garretson said.

Chantay Seim, Seth Stanley, and

Ashley Houchin each received a bronze in Culinary Arts. RanDee Platt was awarded gold for her Job Interview. Ashley Petitjean was given silver for her Illustrated Talk. Meaghan Ryan, Kelsey Colby, and Linsey Bolte were also given silver.

"As soon as I heard our group called



The par-law girls -- Shayla Seim, Shannon Wilson, Sadie Myers, Elissa Stein, Sarah Anderes, Jessica Frazier, and Chelsie Green -- take a break from the State FCCLA competition to chill at a nearby park. They received a gold and are going to The national FCCLA competition this summer. (Photo courtesy of Mrs. Juanelle Garretson)