



# The Trojournal

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## Band tunes up for sunny California



*All packed up and ready to rock! After spending several rainy days in Kansas, the SES band will head out for a "hopefully sunny" California. They will be performing at Disney Magic Music Days held at Universal Studios in Los Angeles, California. (Photo by Erica Flores)*

*By Erica Flores*

On Monday, the SES Band students will rise at 7 a.m. to leave cold Kansas for sunny California to perform at Disney Magic Music Days and Universal Studios.

"I feel more like an accountant and bookkeeper than a teacher, but nonetheless, the students have managed to learn a little something along the way," Olson said.

The final bill has been paid, but the band is about \$5,000 short in their account. As soon as the rest of the members pay, they will have all the money they need.

The total cost for each band member is \$540. Some have exceeded in earning that amount, and others will have over \$300 to pay from their own pocket.

The top fund-raiser was Emily Hawkes who earned \$950. Her fund-raising will pay for all of her trip with money left over. She will be given \$200 that she earned to spend on the trip as she sees fit. Hawkes is both surprised by the amount she will be given and proud of all the money she earned.

"I feel honored I earned so much money because it shows how hard I worked to go on this trip," Hawkes said

The band will be taking charter busses to get to Santa Monica. The first day will be spent in the city and on Long Island beach to shop and swim.

The band voted on wearing black and white concert attire for their performances. They are staying at the Hampton Inn and breakfast will be provided for the band.

Two meal tickets will be rationed to the members of the band for free dinners in the park.

Some of the other attractions the band will explore will be Hard Rock Café and Catalina Island to ride on the glass bottom boat. The trip will consist of 6 nights and 5 days in California.

"It'll be a blast!" Olson said.

## Juniors, seniors prepare for Romance in Venice

*By Sylvia Sawyer*

Southeast of Saline juniors and seniors and their dates will gather at the decorated Elks Club on April 15 for what seems to some as one of the most enchanting nights of the year -- Prom.

"With the help of Mrs. Gregory, I think we can pull it off successfully," junior class president Emily Stein said.

Carrying the theme Romance in Venice, the club will be decorated in red, silver and black. After the tradi-

tional dance, it's off to All-Star Bowling Alley for After Prom.

The theme of the After Prom will be Millennium Magic. Mothers Karen Thompson and Chris Davis are in charge of the decorations.

"This year's After Prom will have more games, free pinball and free video games," After Prom chairperson Susan Griffin said.

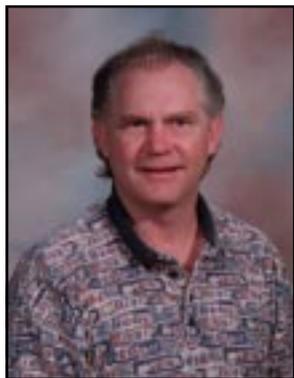
Also, food and drinks are completely free, and all juniors and seniors that stay until 5 a.m. will receive \$50.

To raise money, 30 parents will be bartending after the Tony's banquet on March 25 and 26. The goal is to raise \$15,000.

The cost of the After Prom is usually around \$8,000-\$9,000, and the planners wish to have some money to start next year with. Other sources of income for this event include concession stands, afghan raffles, cash raffles, dinner theater and donations.

"The main goal of After Prom is to provide prom-goers with a drug and alcohol free night," Griffin said.

## Do you think the school should install skylights? Why?



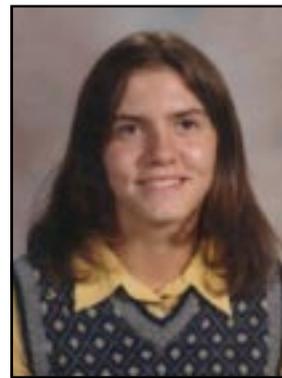
**Don Wagner:**  
*Yes, definitely. I've missed out on 20 years of sunshine so far and I don't want to miss any more.*



**Jamie Giersch:**  
*Yeah. Because there are no windows in the school to let the sun in.*



**Terry Kinsler:**  
*Yes. So we can look at all of the beautiful things God created.*



**Rachel Smith:**  
*Yes. There are only so many hours of sunlight in one day and we might as well take advantage of all that we can get.*



### Southeast of Saline

## THE TROJOURNAL

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## If Amanda and Charly ruled the world

By Amanda Penn and Charly Bloom

Ever wonder what the world would be like if someone else ruled it? Our world might not be like Mr. Rogers' but, we have some good ideas on how to make it a better place.

- When you have to buy embarrassing items, the only checkout open wouldn't be run by a really hot guy that you know.
- People who obviously wear wigs would get them pulled off of their heads and thrown against a wall.
- Fingernail polish wouldn't chip.
- Zits would be considered beautiful.
- School would start at 10 o'clock.
- Desks would be cushioned and recline.
- No item of clothing would be 'dry clean only.'
- You'd never get that feeling you were being watched.
- No one would laugh at you for falling down the stairs, because they've all done it too.
- Bugs that only annoy or frighten people would be tortured.
- You'd never get stuff stuck in your teeth.
- If you are only two seconds late to class, your teachers would understand.
- Theater seats would be couches.
- Everyone would have a special stuffed animal.
- You wouldn't get razor burns.

- Once you pluck your eyebrows, you'd never have to do it again.
  - Dilliard's wouldn't go around in circles.
  - You'd never accidentally buy something that someone else already has.
  - Getting in shape wouldn't take so long and getting out wouldn't only take two weeks.
  - Batteries would last forever.
  - There would be a window in every classroom.
  - Everyone would be allowed at least an hour a day of daydreaming.
  - Cleaning your room would be optional.
  - Men would give birth.
  - Tanning wouldn't cause cancer.
  - Ice cream would be in its own food group.
  - Playing Marco Polo would be an Olympic Sport.
  - Women really would have equal rights.
  - Everyone would be required to have candy stashes.
  - You wouldn't get paper cuts.
  - If you have one of those nights where you can't sleep and toss and turn, you would be able to arrive to school late.
  - All networks wouldn't take commercial breaks at the same time.
  - We would know exactly what part of the chicken is the nugget.
- See "The world" ... on page 3*

## Skylights may prove beneficial to students' psychological health

By Amber Byarlay

Despite what Phil said on Feb. 2, winter is over. The sun is shining, the weather is getting warmer and the students and faculty of Southeast are trapped in the cold corridors of this building. So is there light at the end of our tunnel? Not yet, but there should be.

Southeast of Saline was built over 20 years ago at a time when it was trendy to conserve energy at the expense of other

concerns. The building was, therefore, designed with very few windows or skylights to provide natural light.

With the exception of a few classrooms, the majority of SES remains in the dark, even when the sun is shining. Studies have shown that this continuous darkness causes increased levels of melatonin, a hormone that affects the sleep patterns of animals. This increase in melatonin can cause a common form of depression known as Seasonal Affective Disorder (SAD).

Those suffering from SAD often experience depression at characteristic times of the year; usually the depression begins in the fall or winter and ends in the spring. These episodes of depres-



sion are often characterized by over-eating, weight gain, cravings for carbohydrates and chocolate, hypersomnia (sleeping too much) and anergy (low energy).

Generally younger women are affected the most by this disorder, but people of all ages and either gender can, and are, affected.

There are a few different options for treating SAD. One is using antidepressants, but research showing the negative effects of increased usage of such drugs by children leads me to believe that this form of treatment should be used only as a last resort. Another, more natural, treatment involves exposing the affected person to full-spectrum light. And sunlight is an excellent, inexpensive source of full-spectrum light.

After spending four long winters in Southeast, and experiencing some of the effects of SAD each year, I feel that skylights would be a beneficial investment for the school. The type of skylight that I suggest our school install is better known as a skytube.

Skytubes are small diameter tubular skylights. They consist of two dome-shaped ends, one on the roof of a building that receives sunlight and one in the room that the sunlight is being delivered to. In between these domes is reflective tubing that allows sunlight to bounce off the sides of the tube until it comes to the end dome and enters the room.

Skytubes can be purchased off of

the Internet or at local hardware stores and come in kits that include the flexible tubing, domes and a gasket to seal the tube with, and they are easy to install. The cost of skytubes ranges from \$299 to \$379, depending on the size of the tube.

Skytubes should work well with our building's flat roof, and, if sealed properly should not pose a leakage problem during poor weather.

So what, other than combating the effects of SAD, can we gain by installing these skytubes and allowing natural sunlight into our classrooms? Well, for starters, sunlight is brighter than the fluorescent lights that we have now. Having sunlight in classrooms will lessen the strain on eyes and give things a more natural look, which will help to keep students awake during class. And because skytubes have diffusers in them, sunlight should be spread throughout the room equally and heat spots shouldn't be a problem.

In addition to this, skytubes would provide light without the somewhat annoying humming that the fluorescent lights produce. We would still need to have some artificial lighting, but the use of sunlight could reduce how much we need fluorescent lights. And because sunlight is more relaxing than artificial light, installing skytubes would provide a more relaxed learning environment.

It's time that Southeast install skytubes, leaving its 20-year long winter for the sunshine of spring.

## The world according to Amanda and Charly

(Continued from page 2.)

- Radio talk would be funnier.
- Note-taking would only be allowed in crayons.
- There would be a naptime after lunch.
- When you take trips to college campuses, no advisors would be allowed.
- Snow would be chocolate flavored so if you get your car stuck you would be able to eat your way out.
- The carpet in our school would actually match.
- Lake Wassey would be a nude beach.
- Computers wouldn't be so expensive.
- Drinking fountains would have a button for each kind of soft drink.
- We wouldn't have to eat "unidentifiable" lunches.

- There wouldn't be school on Mondays.
- Stains would actually come out of your clothes.
- If you can't see how a math operation would pertain to your professional career, then you wouldn't have to do it.
- Mr. Anderson would be married to Meg Ryan.
- Ronald McDonald and Wendy (the Wendy's girl) would have a child who would start the ultimate fast food chain.
- Yellow and green eye shadow would be banned.
- Public restrooms wouldn't have that "funny" smell.
- We would get out of school for the really important holidays like St. Patrick's Day, April Fool's Day, May Day, Valentine's Day, Lincoln's Birthday, Washington's Birth-

day and Groundhog Day.

- Remakes of good songs by crappy bands wouldn't be allowed.
  - Foreigners who don't speak English would be deported.
  - Matt Damon and Ben Affleck would be available bachelors at SES.
  - If you can't spell, people wouldn't make fun of you.
  - There would be no such thing as mood swings.
  - You would be able to pick what you look like.
  - Gas would be free.
  - Oreos would be fat free.
  - If you fall asleep during class, instead of teachers slamming your books on your desk, they would hand you a pillow.
- Now that you know our plans for the world, won't you be our neighbor?

## Australian exchange student makes adjustments to life in Kansas

By Sylvia Sawyer

She boarded in nearly 100 degrees Fahrenheit, and got off another plane in the middle of Kansas' winter. Kristine Banks-Smith left Melbourne, Australia in early January to be an exchange student to the United States.

Although the U.S. is not exactly what she expected, she is enjoying her stay here.

"I chose to come to the US, because it is always made to sound bigger and better," Banks-Smith said.

Banks-Smith misses her family in Australia, but she realizes that she is having the opportunity of a lifetime.



"I miss my family, but it's only one year out of my life," Banks-Smith said.

There are a few major differences that Banks-Smith noticed between Melbourne and Salina.

"More emphasis is put on appearance in the US. We didn't even wear makeup to school (in Australia)," Banks-Smith said.

Also, the lack of public transportation is a shock to Banks-Smith.

"We have several different types of public transport, but we usually don't use taxis," Banks-Smith said.

Banks-Smith likes the US, but misses having a beach nearby.

"I used to have to walk five minutes to get to the beach, and in Kansas you have to drive for 45 minutes to get to a lake," Banks-Smith said.

Banks-Smith likes the fact that she can have people her age drive her places. In Australia, the driving age in her state is 18, and Banks-Smith is enjoying having peers, instead of adults, transport her.

Banks-Smith likes the US, but she misses the opportunity of different sports available to students in Australia. Her school, Melbourne Girl's Grammar School, offers 23 different sports.

"Sports aren't as big here as they are

in Australia," Banks-Smith said.

Banks-Smith loves to play sports. Cross country and field hockey are among her favorites.

"I live for sports," Banks-Smith said.

Banks-Smith attends a private all-girls school in Melbourne. Her school year is structured much like ours in the United States, having the year centered around a summer break. The year begins on Feb. 2 with a two-week break at Easter, a three week break in the middle of the year and another two-week break in September. School lets out for a two-month summer break on Dec. 9.

Banks-Smith's favorite class at Southeast is Weight Training.

"I liked Pre-Calculus, but it was rather hard, so I had to drop back into Algebra II," Banks-Smith said.

Before she leaves the U.S., Banks-Smith would like to visit New York City.

"I would like to see the Statue of Liberty," Banks-Smith said.

When Banks-Smith returns to Australia, she will have to make the adjustment to the seasonal differences, but she will be home. And she will have gained knowledge that will stay with her for the rest of her life.

## Forensics team prepares eight events for state competition

By Amber Byarlay

There are two months left to qualify events for state competition and with two more events qualified for state, things are looking good for the Southeast Forensics team.

With eight events already qualified to go on to the next level, coach Mr. Terry Anderson is feeling optimistic.

"I'm very happy about having eight events qualified for state, but I want to have more, too," Anderson said.

On Saturday, March 11, they competed at the Herington tournament where the team brought home the first place prize. Those who placed at the tournament include the following: Nick Sparacino and Darcy Reese (first, duet), Nick Sparacino (third, poetry), Reese (third, informative speaking – informative), Rena Fowles and Martha Bethe (second, improvised duet acting – IDA) and Denea Boyd (fourth, prose).

Also making finals were Michelle Wilson (third, oration and fifth, humorous solo), Melissa Wagner (first, informative), Jennifer Kempton and Shai Elliot (fifth, duet), Meladee Garst (sixth, poetry), Angelina Regan (fifth, serious solo

and first, prose), Ashley Mueller (fourth, poetry and fourth, extemporaneous speaking -- extemp), Leslie Thompson (first, humorous solo and fourth, oration) and Amber Byarlay (fifth, prose and sixth, extemp). Regan's prose was the only event that qualified for state that wasn't previously qualified.

"I think that we did a great job at Herington. We had somebody in finals in every event," Anderson said.

Thursday, Feb. 24 sent the team to Beloit where six events made it to finals. Nick Sparacino (first, poetry), Nick Sparacino and Reese (first, duet), Boyd (second, prose), Stephenson and Reese (fourth, IDA), Boyd and Fowles (fifth, IDA) and Michelle Wilson (fifth, humorous solo) made it into finals. All who qualified for state at Beloit were previously qualified in the same events. The team's overall place was second.

The Ell-Saline meet was the next on the calendar and was held on Saturday, Feb. 26. Those placing there included Nick Sparacino (first, poetry), Wagner (second, informative), Nick Sparacino and Reese (second, duet), Kempton and Elliot (eighth, duet), Joe Sparacino

and Wagner (third, IDA), Reese and Stephenson (fifth, IDA) and Michelle Wilson (sixth, humorous solo). Wager's informative qualified for state at Ell-Saline and was the only event that wasn't previously qualified that did qualify at Ell-Saline.

Five events made it to finals on Saturday, March 4 at the Peabody meet.

Mueller (sixth, extemp), Wagner (fourth, informative), Thompson (third, humorous solo), Martha Bethe and Fowles (third, IDA) and Elliot and Kempton (third, duet) broke finals. Bethe and Fowles' IDA was the only event that qualified for state. The team failed to take a top place overall.

"I think that the team is doing fine, and that they're having a good year. But some of the students are starting to suffer from burn-out. Others have made unwise decisions, and some have commitment

problems. So once we get through those problems, I think we have the potential to achieve at the same, or better, level that we did two years ago when we got fourth at state," Anderson said.

The team's next meet will be Thursday, March 30 at Lincoln.



Forensics team members Adam Stephenson and Joe Sparacino perform their IDA at the Herington meet. (Photo by Ashley Mueller)

# Christians prepare for Easter during Lenten season

By Ashley Mueller

Emily Eilders has given up chocolate for Lent. Jayme Sauber has given up cussing. And Red Lobster has been busier than usual, especially on Fridays because of those who have given up red meat and are eating only fish.

Why the changes? As of today, we are in day nine of the Lenten season and some have chosen items to forego during the next six weeks.

## Lent

According to the dictionary, Lent is "A 40-day period, excluding Sundays, of self-denial, fasting and penitence, continuing until Easter."

In other words, Lent is a remembrance of the death and rising of Christ. Giving up something for the six weeks of Lent symbolizes Christ giving up His life.

Lent is a time period of 40 days, beginning Ash Wednesday (last Wednesday) and concluding Easter Sunday. Sundays are not included in the 40-day period. The original period of Lent was 40 hours, which were spent fasting.

Today the celebration of Lent is 40 days. The 40 days correspond with Christ's 40 days of fasting in the wilderness. The custom of fasting during this time was general at an early date, but the length of the fast varied. The fasting period extended to 40 days after the correspondence

of the period of the Lord's temptation, found in Matthew 4:2.

During this time, many Christians give something up. Catholics, for example, do not eat red meat on Fridays throughout the Lenten season. Instead, fish is substituted.

## Passover

Passover, representing the universal value of freedom, is also celebrated by some. Jesus died during the time of Passover; thus Passover is celebrated beginning at sundown of the Wednesday before Easter.

Passover originated when God's angel killed the first born son of the Egyptians. The angel's killing of the firstborn was one of the 10 plagues inflicted on Pharaoh and his people; Pharaoh was unwilling to let the people of Israel go free, and the death of the firstborn was the most serious of the plagues. The Angel of Death "passed over" the homes of God's people. Passover celebrates this event.

On the first Passover, the blood of a lamb was used to show the angel that the people

who lived there were God's own children. These children's lives were spared.

Throughout the season of Lent, there are many important days. For example, the day Lent begins, Ash Wednesday, is one of significance.

In some churches, ashes are daubed on the foreheads of the worshippers. This custom is a token of penitence and human mortality. The ashes come from burning the past year's palm leaves from Palm Sunday, the Sunday before Easter.

Lent climaxes in the last two weeks of the season called the Passiontide. The first of the two weeks is called the Passion Week. "Passion" refers to the intense sufferings of Jesus Christ following the Last Supper and ending with the Crucifixion.

Holy Week is the second of the two weeks. Beginning Holy Week is Palm Sunday. In some churches, worshippers are given palm leaves, which are laid in the center aisle, much like

the people did when Jesus rode into the city of Jerusalem on a donkey.

The Wednesday of Holy Week was formerly called Spy Wednesday because of the preparations of Judas for betraying Jesus.

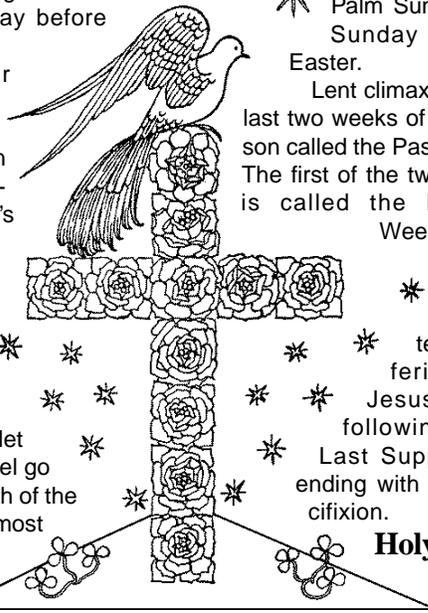
Maundy Thursday, called Holy Thursday, honored the institution of the Lord's Supper. "Maundy" is derived either from the words of John 13:34: *Mandatum novum do vobis (translated "A new commandment I give you...")* or from the custom of carrying gifts to the poor in *maunds* (hand baskets) on that day. It was also known as the Day of Foot Washing.

Good Friday is a day of deep mourning, the day of Christ's death, with a complete fast until three or six in the afternoon.

Easter Sunday is the last day of the Lenten season. Easter marks the celebration of Jesus rising from death.

While some remember the Passover, others celebrate with a different image involving the pretzel. Courtesy of German bakers, we have pretzels. The crossed arms of the pretzel represent a Christian at prayer, with his palms on opposite shoulders, making a crisscross of his forearms.

As the Easter season draws nearer and Christians attempt to keep their Lenten promises, they rejoice for their reason of the Lenten season.



## Columnist shares opinions of changes in church, feelings of rebirth

### Opinion

By Ashley Mueller

Dead. But not resurrected. That's how I felt six months before Easter as a Lutheran at a church where strict Lutheran doctrine was taught and worshipped.

I became easily bored in church, and I needed something new. Now, it wasn't that I didn't want to be there, but it was just that everything was so boring! It was the same service week after week after week.

Then, the Assaria Lutheran Church introduced a new contemporary service at 8:15 in the morning.

8:15!?!?! I was really going to die if I had to get up that early on a Sunday. But, I went one morning and came home feeling totally alive again. Maybe it was because of the worship band from Bethany College. Maybe it was the relaxed atmosphere because the service was held in the Family Life Center, not in the sanctuary. Maybe it was just the fact that I didn't know this service and it kept me entertained. Maybe it was that it was youth oriented with less liturgy and more modern, familiar songs.

This was in late September. Last Sunday, I participated in Youth Sunday. I was a greeter, reader and praise band member.

The youth did everything -- the lecturing, reading, greeting, singing and the sermon.

Not only was this a great investment for me, but for the church as well. Attendance increased immediately and has stayed up.

"We went from an average attendance of 115 to an average of 145 per Sunday. Attendance went up immediately and has stayed up since September," Pete Earles, volunteer youth director, said.

I've really enjoyed this service because it's on a level that is easier for high schoolers to understand. Often times, the readings are put into skits so they are more easily comprehended. Also, having a live band really makes you feel like you can truly participate in the service.

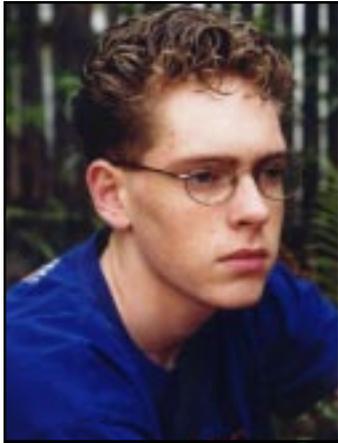
"We think the contemporary service is a service where the people truly participate in the service and not just sit, listen and leave," Earles said.

Alive. That's how I feel now going to a church where Lutheranism has been taken to a new level. A level that reaches me. A level that makes me feel alive.

## Bishop takes strides toward recovery; plans to return to SES

By Amber Byarlay

The thought of undergoing a grueling hour and a half surgery that would involve removing part of the femur, inserting pins into the bone and connecting those pins to a Ilizarov fixator which would stretch the muscle, tissue, bone and skin of the leg would make many of us cringe. But for senior Curtis Bishop, this was the solution to the leg length discrepancy that he was born with.



Bishop underwent the surgery to attach the Ilizarov to his right femur on Tuesday, Nov. 30 at the Texas Scottish Right Hospital for Children in Dallas.

Since that time, he has undergone much therapy that has allowed his bone to stretch six and a half centimeters, roughly, 2.4 inches. It is an im-

provement that Bishop welcomes.

"My leg needed to stretch seven and a half centimeters, but I only got six and a half. I'm not disappointed, though, because there's a huge difference between three inches and one centimeter," Bishop said.

Bishop's family noticed the difference in his legs when he began crawling. Until he was 10, Bishop wore shoe lifts to try to correct the problem. But then his family found out about a medical procedure that could correct the discrepancy.

"We didn't know about the procedure until I was seven or eight, and it wasn't up until six years ago that we knew all of the options that we had," Bishop said.

Choosing to have the operation is a decision that many would think would be tough to make, but for Bishop, there was never any doubt in his mind.

"A lot of people would probably have just lived with the discrepancy, and I could have; it was a personal preference. It meant more to me to have my legs equal lengths than going through life without having done the procedure. I just wanted them (his legs) to be equal," Bishop said.

The operation that Bishop underwent involved cutting away a part of his bone and exposing the marrow, then attaching pins through the tissue to the remaining part of the bone. These pins are attached to rings that had four telescopic rods on them.

Bishop had to use a wrench to turn the pins  $\frac{1}{4}$  of a turn four times a day. When he did this, it caused the rings to pull apart, which caused the bone, muscles, tissue and veins to stretch. Bishop said that while the pain was not a problem, his skin ripping and muscles tightening was.

"I didn't have too much pain until the last week and that was because my muscles couldn't be stretched any farther. My only real problem was with my skin. It can only stretch so far before it rips, and it ripped around the pin sights because it was tighter there and couldn't be lengthened," Bishop said.

At first Bishop was given morphine to relieve his pain, but after two and a half days he was moved to Tylenol 3 because he

reacted badly to the morphine.

The pain that Bishop experienced toward the end of his treatment with the Ilizarov was due to the tightening of his muscle, which couldn't be stretched any further. At that time, Bishop had only completed six of the seven and a half centimeters difference and his leg had become somewhat bowed. To stretch his bone further and straighten his leg, the doctors attached hinged rods to the rings and removed all of the other rods, making the Ilizarov less stable and his bone more susceptible to injury.

The removal of the extra rods and addition of the hinge allowed Bishop to turn a wheel that moved one side of the ring, so that the ring was diagonal, and his leg was straightened. Bishop had to turn the wheels a half turn four times a day and was able to gain an additional half-centimeter this way.

"Using the hinge was actually easier than turning the pins because the hinge was only one thing, where there were four rods (with pins attached to them) before. I'm going to have to leave the Ilizarov on for the rest of a nine-month period because my bone is still growing and the rings provide support for it. If they were to come off, everything (muscles, tissue, and veins) would contract and break or bend the bone. The bone needs to be solid before the rings are removed," Bishop said.

Providing support for his bone means that when Bishop returned to school for a couple hours on Tuesday, the Ilizarov was still attached to his leg.

But Bishop didn't find this to be a problem. And he doesn't anticipate any problems when he returns to school for good.

"I don't think it will be a problem to return to school with the



Senior Curtis Bishop's leg has been in an Ilizarov fixator since Nov. 30, 1999. The Ilizarov is correcting the leg discrepancy that Bishop had. (Photo courtesy of Curtis Bishop)

Ilizarov still on. I think that everything will go okay; I can only hope for the best," Bishop said.

Bishop is currently studying most of each day at home to catch up in his classes. He is hoping that after four weeks he will be able to return to school for half days and then, after another four weeks, full days.

"Right now I'm catching up with my school work at home. It was difficult to do homework at the hospital because of all of the therapy and activities that I had, but I'm eager to get back to school. I should still be able to graduate in May with the rest of my class," Bishop said.

## Madrigals celebrate Dr. Seuss' birthday

By Tammi Verhoeff

Melodramas, concerts, contests and Dr. Seuss hats were all on the agenda for the vocal department through the past month, and there are more upcoming events.

The Madrigal group performed for the elementary donned in 'Cat in the Hat' hats, in honor of Dr. Seuss' birthday on March 3.

"It was a lot of fun to do," director Mr. Bill Tuzicka said.

The Madrigals were also invited to Wichita to perform with the Wichita State University Chambers and other schools from Wichita and surrounding areas on March 14. They performed at the Weidemann Hall.

"This is a really important performance. It's an honor to be invited to something so important. I was really surprised. This will open the door for more opportunities in the future," Tuzicka said. "Any time you perform for competition or contest, the higher the standards, the better you will try to perform. This will help us at perform at a higher level."

The Madrigal Singers will also perform at the Isis Shrine Potentate's Ball on April 1 at the Bicentennial Center in Salina.

"We'll sing a variety of different songs that will provide dinner music," Tuzicka said.

Over spring break, members of the music department will serve for the Tony's banquet, held Saturday, March 25, to raise money for the music trip to Washington D.C. in the year 2002.

The freshman will be per-

forming a melodrama, The Trial of the Big Bad Wolf. They will be performing it near the end of the school year.

The Trial of the Big Bad Wolf is a musical play about what would happen to the Big Bad Wolf if he were on trial. The music is based on the fifties and sixties.

The cast is as follows: The Wolf, Adam Stephenson; Hogney Dangerfield, Joe Sparacino; Propriety Pig, Rena Fowles; Prudence Pig, Stephanie Tinkler; Patience Pig, Amanda Preston; Bailiff, Eric Tweedy; Weasel, Roy Riffel; WeaselToo, Tucker Weese; Judge Malady, Jason Korbelick; Jury, Casey Krager, Katie Geisler, Kelsey Short, Erin Rogers, Jennifer Gimeson, Heather Bright, Tamara Roush, Alicia Pavkov, Molly Carter, Amanda Ziegler, April Torske, Laura Reed, Emily Henry, Haylie Colby, Tammi Verhoeff, Jesse Banks, Jennifer Kempton and Shai Elliot; Little Red Riding Hood, (Will be chosen from the jury); Peter, (Will be chosen from the wolfpack); Boy Who Cried Wolf, (Will be chosen from the wolfpack); Wolf pack, Mitcher Barnes, Casey Bowman, Daniel Carr, Vernon Cathey, Kyle Clifford, Jeremy Kaylor, Justin Lockhart, Ben Ryan, Michael Sims and Broc Tanner; Grandma, (Will be chosen from the jury).

They also will be attending music regionals along with the select vocal choir held in Manhattan on April 8.

## Getting ready to party...



French students Alex Harbin, Zach Dains and Jacob Wrench prepare food for the class' Mardi Gras celebration. (Photo by Erica Flores)

## Lift-A-Thon ends today

By Andrea Keeler

The weight room, sports teams and Power Lifting team will have some added additions in a few weeks. These additions of new equipment are the result of the Lift-A-Thon which concludes today and will provide money for new equipment.

The students lifting weights for Mr. Pat Haxton's Physical Development classes and the students in Coach Tim Douglas' after school weight lifting program participated in this fund raiser.

Southeast patrons were encouraged to make a donation. It could either be a flat donation

or they could donate a per-pound amount.

The students tested on three lifts. Those lifts used were the bench press, the parallel squat and the hang cleans. The total weight was then calculated from these three.

Patrons were also encouraged to come out and watch the students while they lifted for this event.

"They have been working extremely hard to improve themselves as students and as athletes and they deserve support and encouragement," Haxton said.

The event began March 13.

## Four high school girls to spend spring break in Mexico

by Ashley Mueller

Traveling is a big part of Spring Break, especially this year with the band's trip to California. Four high school girls are traveling for a different reason, though.

Jasmin Koroll, Angela Myers, Rachel Smith and Emily Stein are joining Myer's church, First Southern Baptist, in traveling to Mexico.

"We're going to Imuris Sonora," Smith said.

The girls are clear on what they're going to do.

"We're going to help those less fortunate as well as spread the word of God to those who haven't heard," Stein said.

Not only will the girls be witnessing, but they will be doing physical labor as well.

"We will be working at an orphanage, witnessing to the children, as well as doing other odd jobs, including painting and building," Myers said.

Because they are doing hands-on labor, Myers and Stein will

get to use their Spanish speaking skills. Both girls are in Spanish II.

"I am really excited to implement my Spanish speaking skills," Stein said.

Myers is the only one of the four who has done a similar project.

"A few years ago, I went to inner-city Denver with First Baptist. We worked in two different groups and made much progress. One group worked at a children's center for the homeless and another worked for a local church," Myers said.

The help of fundraisers decreased the cost of the trip, \$150 per person.

"We had a Mexican dinner and a soup supper," Smith said.

All the girls agree they will benefit from the trip.

"The witnessing and serving experience will also help me in further endeavors," Myers said.

"It will make us aware of how grateful we should be as well as give us the opportunity to witness to others," Stein said.

# Eventual 3A champion eliminates boys' basketball team

By Charly Bloom

The Southeast of Saline Trojans faced the Osage City Indians Thursday, March 2 in the regional semi-final and lost 56-42 after their win against Mission Valley 64-50.

The loss ended the Trojans' hope for state tournament play but the Trojans were vindicated when Osage City went on to win class 3A state tournament final game against a much taller and stronger Thomas More Prep-Marian team last Saturday.

"We had been playing with a lot of confidence and we had the ability to beat Osage City. I'm really proud of the way the guys pulled through this season," forward Thomas Stein said.

The game was much closer than the final score made it appear. The Indians made 13 of 16 free throws in the last four minutes of the game and the Trojans couldn't do anything except watch their season end.

"Overall I was pleased with the way the guys fought back during the season and turned it around. Even though we didn't win against Osage City we played hard up until the fourth quarter," guard Cole Eilders said.

The loss ended an 8-14 season that was capped with strong play at the end of the season. The Trojans were 6-4 in their last 10 games and knocked off Mission Valley to compete against Osage City in the second round of sub-state.

"The guys didn't ever quit even when things were rough, I'm really proud of them," Head coach Dee Kolzow said.

The top scorers of the evening were Eilders and Stein with 12, followed closely by Mark Troutfetter with 11, Chaid

Schwarz with three, and Terry Kinsler and Adam Ptacek with two.

Southeast also shot 30 percent from the field. There were three pointers from Eilders with two and Troutfetter with one.

"They never gave up and gave it all that they had. They really turned this season around when they looked completely out," Kolzow said.

In the Mission Valley game, the Trojans, who were 8-13, were led in scoring by

Stein with 22. Other scorers included Troutfetter with 14, Eilders with 13, Ptacek with six, Kinsler with five and Dustin Kruse and Casey Noonan with two. Eilders had two three-point goals on the evening.

"I think we really picked it up defensively and were more patient on offense," Kolzow said.

The Trojans lost to the Beloit Trojans 55-71 on Friday, Feb. 26.

The top scorer was Stein with 24. Other scorers included Troutfetter with 14, Eilders with 10, Kinsler with four and Schwarz with three.

The Southeast girls team consisted of Troutfetter with three and Eilders with one against 1A-4A schools.

The boys and girls will compete together this spring and until the girls have enough members (probably six-10) to compete on their own.

Currently there are eight normal tournaments scheduled, as well as one NCAA meet, a regional and then state.

"I expect us to improve from the beginning to end immeasurably. Not just in playing, but in understanding what the game is," Coach Bill Gies said.

There will be teams of six to compete in each tournament. Positions will be decided through both qualifying rounds and the coach's decision.

Several Southeast patrons have donated a combined total of 30 dozen balls for the team to use in practice.

Another donor has been Dr. Gary Harbin. Harbin has committed \$1000 per year for the next five years to help finance the team.

By Andrea Keeler

As students walked through the halls a few weeks ago, some may have exercised a little more caution than usual.

Not only were there extra people in the halls, but these extra people were armed with golf clubs and golf balls. The hallway was their practice area for a few days, as they started practice by putting in the hallways.

For the past few weeks, the newly founded SES golf team has been practicing for their upcoming meets. Locations of practice rotate among the Salina Municipal Golf Course, the Country Club, the Elks Club, the Lindsborg Municipal Golf Course and Riverbend Golf Course.

Students provide their own transportation to and from the practices, sometimes car pooling.

As soon as golfers return from Spring Break, the team will compete for its first time. Their first meet will be April 4 at Herington at 3:00.

Not all of the meets include only 3A schools. Mostly they will be competing

## Coaches postpone baseball contest

By Charly Bloom

Today's baseball game that was scheduled against Salina South has been postponed until Tuesday, March 28.

"Our teams just aren't ready yet. We've only had a few more than 10 practices and four of those have been inside," coach Dee Kolzow said.

Kolzow said that he and South's coach agreed that the pitchers were not yet ready to play.

"We'd hate to play this early and have someone get hurt because they weren't in condition yet," Kolzow said.

When South and Southeast play on March 28, they plan to play a single game.

## First-year golf team gets ready to play

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### Golf Schedule

4/4 Centre @ Herington 3:00  
4/8 @ Ellinwood JV 9:00

4/11 @ Minneapolis 3:00  
4/18 @ Belleville 11:00  
4/18 @ Marion JV TBA  
4/20 @ Beloit 3:00  
4/27 @ Hesston 9:00  
4/28 @ Council Grove TBA  
5/11 NCAA @ Beloit 3:00  
5/15 Regional @ Smith Center 8:00  
5/22 State Hoisington TBA



## Varsity Score Box Basketball

### Girls:

#### Sub-State Trny.

Mission Valley 42-29

Northern Heights 48-70

Girls' record: 9-12

### Boys:

#### Sub-State Trny.

Mission Valley 64-50

Osage City 42-56

Boys' record: 8-13

### Wrestling

Regionals 10th

## Tonight's softball game features pitching battle

By Amanda Penn

In a game that could be a dual between two strong pitchers, the Southeast of Saline Lady Trojan softball team will be hosting the Salina South Cougars today at 3:00.

South has a returning pitcher, Amanda Campbell, who pitched the first and half of the second game last year while Southeast returns senior Chelsie Schwarz, who pitched a no-hitter at State last year.

This will be the first game of the season for the Trojans.

"Salina South is always one of the best teams in the state at any classification. They have outstanding pitching and will be a tough test for us," head coach of the softball team Mike Garretson said.

Last year in the doubleheader against South, the Trojans lost the first game 3-9 and won the second game 8-7. The Southeast team returns most of its state-contending team from last year.

"Last year we won 19 games and we have seven seniors, all starters, back," Garretson said.

He added that there were several younger girls who should also benefit the team.

Garretson said that top returning hitters were Anne Johnson, Heidi Ptacek and Shala Bloomberg.

"On the varsity level, we will have plenty of experience; we just need to practice and get better and then go have some fun on game days," Garretson said.

## Girls miss final round of basketball action

By Amanda Penn

The Southeast of Saline Lady Trojans' state tournament hopes were dashed by number one-seeded Northern Heights on Friday, March 3 at Hillsboro with a 70-48 loss.

The game was closer in the first half than the final score indicated. With five seconds left in the first quarter, Heidi Ptacek hit two free throws for Southeast to pare the Northern Heights lead to 31-30 at halftime.

Southeast remained close for the first five minutes of the third quarter, but Northern Heights increased their score by 10 points (49-39) heading to the fourth quarter.

Chelsie Schwarz led Southeast with 16 points, while Anne Johnson had 12 and Ptacek had 10 points and eight rebounds.

"I told the girls we just got beat by a better team tonight," Southeast coach Wayne Sager said. "We played hard and that's all you can ask. Northern Heights defended us very well and are a very good ballclub."

A 49-29 victory in the first round of sub-state against Mission Valley advanced the Lady Trojans to the Northern Heights game.

"We have four seniors on the team and we said this is the tournament portion of the season that we needed to step up and play hard," Sager said. "Plus we shot about 40 percent (in the second half) which is a confidence builder."

At the midway point, Southeast led by just 18-11 although Mission Valley didn't make one field goal in the final 10 minutes

of the half.

The Trojans sank the first 10 points after the break. Ptacek and Nikki Messersmith had two baskets apiece as Southeast headed to a 28-11 lead.

"Our shots started falling," said Schwarz. "We kept up our intensity and played hard and they let down a little when they got behind."

While Schwarz and Ptacek carried the offense, Messersmith led a Trojan defense that limited Mission Valley to 25 percent shooting.

The Vikings never reached double digits in any quarter and at one point missed 19 consecutive shots and turned the ball over 21 times.

Mission Valley's top two offensive players, guard Carie Sowers and center Lacey Childers, were held to 12 and seven points respectively and made a combined eight of 29 shots.

"I had film on them and I was impressed. I thought they had a good man to man defense and I was watching No. 35 (Childers) and I thought she was a good ballplayer and she is a good ballplayer," Sager said, "but Messersmith did a real good job on the inside of keeping them from getting the ball to her."

The Lady Trojans suffered a loss of 45-37 to the Beloit Trojans on Friday, Feb. 25.

Southeast led 11-6 after the first quarter and 16-15 at halftime but failed to hold the lead after Beloit untracked after half.

Southeast received eight points each from Emily Eilders and Johnson and seven apiece from Schwarz and Ptacek.

## Track Schedule

March 31 @Hays 3:30

April 7 @ SES Inv. 3:30

April 11 @ Abilene (JV) 3:30

April 14 @ Smoky Valley 3:30

April 18 @ Chapman 4:00

April 21 @ Abilene Inv. 3:30

April 28 @ Beloit relays 10:00

May 1@ Ellsworth (JV) 4:00

May 12 @ NCAA Tr. Meet

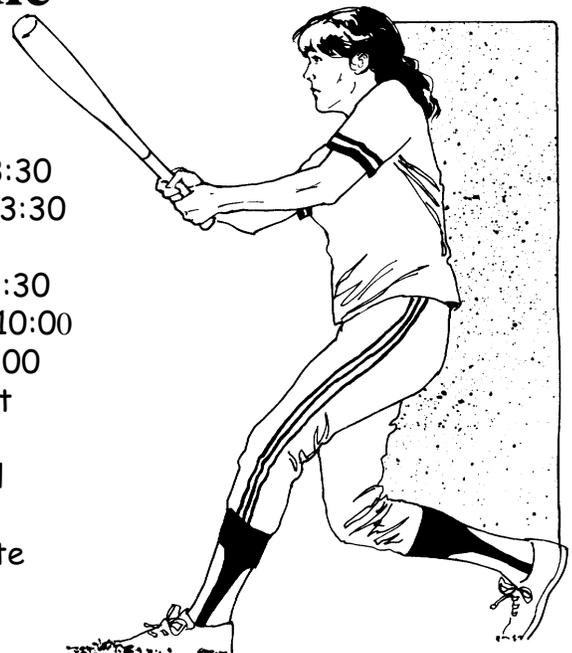
4:00

May 19 KSHSAA Regional

TBA

May 26-27 KSHSAA State

TBA



## Par-Law teams to compete for right to go to Orlando

By Ashley Mueller

Finals are here. At least for the two Parliamentary Procedure teams they are. On April 3 and 4, members will strive to prove themselves Orlando worthy at the State Meeting in Wichita.

"We're practicing hard and we think we're going to do well," senior Par-Law President Angela Wilson and senior secretary Lindsey Shirack said in unison.

Should either team win State competition, they'll be Orlando-bound for the National Meeting.

"We've had a team go the past three consecutive years, but five times in the 90s," advisor Juanelle Garretson said.

This adds some pressure to the senior team, who went to Nationals last year as a junior team.

"It adds a little pressure. We'd really like to do as well as we did last year. But, we'll try our hardest and whatever happens, happens," Angela Wilson and Shirack said.

The Par-Law teams aren't the only ones feeling the pressure. Emily Stein,

Ashley Mueller and Jayme Sauber are, too. Sauber's test will come the day before State. She is competing for a State office. This is challenging because Garretson received the information packet Feb. 29, with the deadline March 1. The packet explained the new process for choosing a State officer. Sauber will go through a written test over FCCLA, Family and Consumer Sciences and current events; an interview with seven people; give a three minute speech; and have an informal meet and greet session with the other delegates and the voting committee.

"Instead of knowing if I was a State Officer right away (at District competition) I now have to compete at the State level. There's more anxiety, but more time to prepare," Sauber said.

Mueller and Stein will be attending State Meeting for District Officer training. They also competed and were accepted as State Peer Education Members. Stein is a previous member, but Mueller is new to the organization.

"I felt like it was a good learning experience and it helps improve my public speaking skills. Also, I plan to go into education and this has helped prepare me for that road," Stein said of her previous experience.

Also being recognized at State Meeting will be Shala Bloomberg, Amy Giersch and Rachel Smith, all who Garretson submitted for Honor Roll Millennium.

"Honor Roll Millennium is part of the Membership Quest 2000, a National program of FCCLA that encourages membership of FCCLA and recognizes those who meet their standards. These three girls each recruited five new members who had not previously been an affiliated member," Garretson said.

Michelle Wilson applied for the State FCCLA Scholarship. She will find out at State Meeting if she received the scholarship. Michelle Wilson is eligible for a minimum of \$500.

"I had to be involved in FCCLA and be going into a career in FCCLA," Michelle Wilson said.

## 'Deadwood Dick' takes the stage

By Shawna Macy

Calamity Jane is back, along with Wild Bill Hickock and the gang in the melodrama "Deadwood Dick."

Tryouts for the play were held March 6-8, and the play will be presented April 27 and 29 at 7:00 p.m. in the SES theater. The play will also be performed April 28 in the afternoon for grandparents, who are visiting for grandparents day.

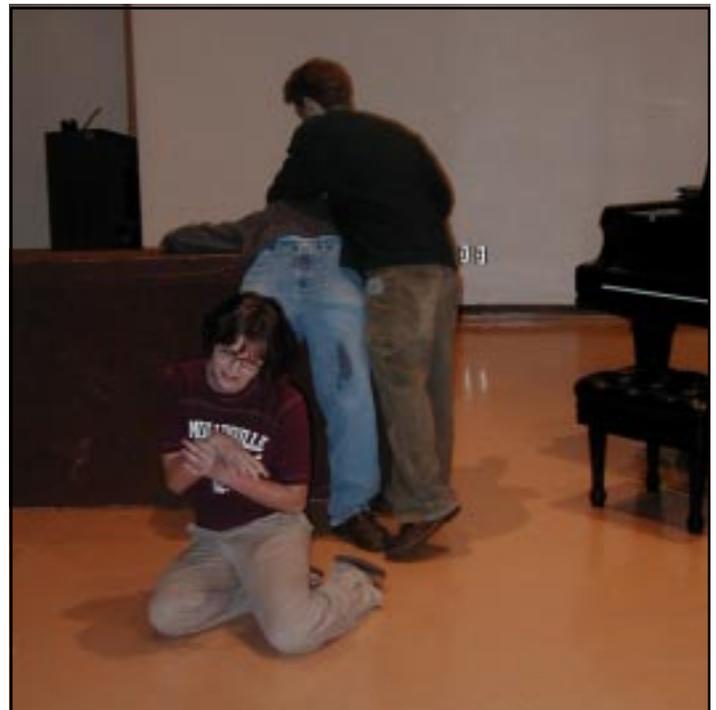
Tickets will be \$3 and \$4, depending on the location of the seat. Tickets may be purchased at the door.

According to the script, this dashing western romance, which takes place in the North Dakota territory, has all the essentials -- love, betrayal, gunfights, greed and of course, the bartender! There's a villain, two heroines and two heroes, not to forget the rest of the cast, which adds excitement to the play.

The rootin', tootin' melodrama was cast last week and will be directed by Mr. Terry Anderson.

"The last time I did a melodrama was ten years ago. I'm really looking forward to doing this production, it will be really fun," Anderson said.

The cast includes: Ned Harris, Justin Verhoeff; Wild Bill Hickock, Nick Sparacino; Lily Blossom, Darcy Reese; Rose, Shannon Davis; Black 'n Red, Jacob Wrench; Judge Nix, Michelle Wilson; Calamity Jane, Angelina Regan; La Paloma, Melissa Wagner; Pong Ping, Leslie Thompson; Chet Pussy, Jesse Hanson; Sheriff Loveless, Tyson Dahl; Molly, his wife, Angela Wilson; Teetotal Tessie, Sylvia Sawyer; First Miner, Jon Parnell; Piano Annie, Shai Elliot; Hatcheteers, Jennifer Roe, Candice Broshar; Mistress of Ceremonies, Amber Byarlay; Olio Committee, Amber Byarlay (head), Shai Elliot, Jennifer Roe, Candice Broshar; Musical Director, Karen Leiker.



*Keeping the peace in Deadwood. Wild Bill Hickock (Nick Sparacino) gets his point across to villain Blackman Redburn (Jacob Wrench) as La Paloma (Melissa Wagner) nurses her injured wrist. The three are cast members of 'Deadwood Dick' which will be performed April 27 and 29. (Photo by Amber Byarlay)*