

Dear Families,

Your student is being sent home due to illness. We ask that you please keep the school informed of illness related absences and/or COVID-19 diagnosis or exposure, contact the Health Office for any questions at (608) 423-9727 Ext. 1117.

*Symptoms and conditions requiring absence from school:*

Infectious Disease Symptoms	Other Conditions:
<p><b>Any 1 of the following:</b></p> <ul style="list-style-type: none"> <li>Fever of 100.4 F</li> <li>Cough, shortness of breath or difficulty breathing</li> <li>New loss of smell or taste</li> <li>Diarrhea</li> <li>Nausea or vomiting</li> </ul> <p><b>Any 2 of the following:</b></p> <div style="display: flex; justify-content: space-between;"> <span>Fatigue</span> <span>Headache</span> </div> <div style="display: flex; justify-content: space-between;"> <span>Muscle or body aches</span> <span>Sore throat</span> </div> <p>Congestion or runny nose</p>	<ul style="list-style-type: none"> <li>Confirmed non-COVID viral infectious disease</li> <li>Contagious infections requiring antibiotic treatment</li> <li>Undiagnosed, new, and/or untreated skin rash or condition</li> <li>Health Care Provider’s note requiring an individualized plan of care to stay home due to medical concerns.</li> </ul>

### *Procedure for Return to School*

<p><b>Infectious Disease Symptoms</b></p> <ol style="list-style-type: none"> <li>1. Upon showing symptoms of COVID-19, <b>stay home for 3 days</b>. If symptoms persist, worsen or new symptoms present within the 3 days, <b>stay home for 7 additional days</b>.</li> <li>2. If the illness becomes prolonged, students may have access to one or more of the following academic supports: google classroom, limited video/livestream, assignments to be picked up at the school office.</li> <li>3. Call Health Care Provider for guidance.</li> <li>4. If <u>presenting</u> with symptoms, please test student for COVID-19 and/or provide a note from health care provider for other treatment-specific guidelines. If you choose <b>not</b> to test student, student must remain home 10 days after onset of symptoms, be fever-free for 24 hours without the use of medication, and their symptoms improved.</li> <li>5. If notified to quarantine due to <u>close contact to a COVID + case</u> (definition on next page), <b>stay home and monitor symptoms for 14 days</b>. Families may reach out to the School Health Services team to discuss the shortened quarantine options (see table next page). Call your County Health Department for specific guidance.</li> <li>6. If <u>NEGATIVE</u> for COVID-19, please remain home for 24 hours symptom-free without the use of medication. Contact Health Care Provider if symptoms worsen.</li> <li>7. If <u>POSITIVE</u> for COVID-19, student must stay home for 10 days after onset of symptoms and return when fever-free for 24 hours without the use of medication, and their symptoms improved.</li> </ol>	<p><b>Other Conditions:</b></p> <ul style="list-style-type: none"> <li>• If confirmed that a student has non-COVID viral illness, please provide a health care provider's note to confirm then the student may return once 24 hours symptom-free without the use of medication.</li> <li>• After the first 24 hours of various antibiotic treatments for contagious infections (i.e. strep throat, pink eye, etc.)</li> <li>• Health Care Provider's note requiring an individualized plan of care to stay home due to medical concerns as specified.</li> </ul> <p><i>Guidance for Dane County K-12 school - updated 8.9.2021</i>  <i>Guidelines for Prevention, Investigation, and Control of COVID-19 Outbreaks in K-12 School in Wisconsin - updated 8.2021</i></p> <p><i>CDC Symptom checker</i>  <a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</a></p> <p>Updated: 8.26.21</p>
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## School District of Cambridge - Quarantine Options

If your student has been identified as a close contact to a positive case who lives in your household, they must follow the 14 day quarantine.

Quarantine Options	Return To School	COVID-19 Test Required (PCR only)	Parent Responsibility
14 days after the last exposure <i><b>This is the safest option and best practice to help prevent the spread of COVID-19</b></i>	Day 15	No	Monitor student's symptoms (2 times per day) for entire 14 day period
10 days after the last exposure	Day 11	No	Monitor student's symptoms (2 times per day) for entire 14 day period
7 days after the last exposure	Day 8	Yes. Students need to be tested on day 6 or 7 from the last exposure. If the test is negative and your child is symptom free, quarantine can end after day 7	Provide the school with documentation of the negative test prior to returning to school on day 8. Email documentation to <a href="mailto:lrumpf@cambridge.k12.wi">lrumpf@cambridge.k12.wi</a> or fax to (608) 423-9869. Continue monitoring child's symptoms (2 times per day) for entire 14 day period

## School District of Cambridge - Close Contact Definition

An individual is considered a close contact if any of the following are true:

- Students in a PK-12 classroom setting: Were within 3 feet of a positive person for more than 15 minutes total in a day and/or either student was not wearing a well-fitted mask.
- All other individuals (including school staff), situations, and non-classroom settings: Were within 6 feet of a positive person for more than 15 minutes total in a day and/or either individual was not wearing a well-fitted mask.
- Had physical contact with a covid positive individual
- Had direct contact with the respiratory secretions of a covid positive individual (i.e., from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, or other personal items)
- Lives with or stayed overnight for at least one night in a household with a covid positive individual.
- Students/staff in situations such as lunch or outside activities who were unmasked, and in close contact *less than 3 ft (students) or 6 ft (staff)*, for 15 minutes or more within 24 hours with a covid positive individual will be considered a close contact and be asked to quarantine. Parents of impacted students will be notified.

Individuals who completed a COVID vaccine series two or more weeks before the exposure to a covid positive individual, do not need to quarantine (unless showing symptoms) but it is recommended that they get tested 3-5 days after exposure and should continue to wear a mask in public indoor settings. Individuals who were diagnosed with COVID in the 90 days before the exposure to a covid positive individual also do not need to be quarantined (unless showing symptoms). These individuals should not be tested after exposure and should follow county-wide or school-specific masking guidance.