



Dear Parent or Guardian,

It's time for the American Heart Association's Kids Heart Challenge™! When your student joins your school's KHC team, they will learn how to keep their hearts and brains healthy, get moving with fun activities, meet kids with special hearts and raise funds for the health of all hearts. Plus, they'll feel good for doing good!



SIGN UP TODAY!

Download our Kids Heart Challenge app or visit heart.org/KHC to register.



Help your student choose a daily health challenge: MOVE MORE or BE KIND.

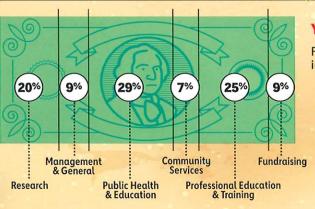


Set a fundraising goal with your student and send emails to invite friends and family to support it.



Finn has worked for years with KHC to help raise awareness and support of kids with special hearts—like him. This year, he set a goal to get 1.8 million families to learn Hands-Only CPR, in honor of the 18 procedures he has had. You can help. Join KHC and take Finn's Mission to learn this lifesaving skill in under two minutes!

Complete Finn's Mission online to earn his exclusive Finn's Lifesavers Award!



YOUR IMPACT

Funds raised support initiatives including:

- scientific research & accelerating science
- improving quality of medical care
- preventing e-cigarette and tobacco use in youth
- · improving nutrition security



SCAN YOUR CHECKS!

Use the KHC app to scan checks (and then shred them), and funds will immediately appear in your total online!



DOUBLE YOUR DONATION!

Ask your donor if their company provides matching gifts.
Go to matchinggifts.com/AHA to search company names.





For nearly 100 years, the American Heart Association has been fighting heart disease and stroke, helping families and communities live happier, healthier and longer lives.

Visit heart.org/KHCforME for resources in other languages.