

February 3, 2023

Dear Parents,

The law mandates that all students between the ages of ten and eighteen be screened for scoliosis every other year. Students in Cresskill will be screened starting in in grade 5. In communities where scoliosis screening has been done, spinal variations have been detected in about 5% to 10% of the population screened and 2% have required treatment or continued observation. The purpose of this program is to recognize the problem at its earliest stages so that the need for treatment can be determined.

Examinations will be done by the school nurse the month of February, during their respective physical education period. The procedure for screening is simple. The school nurse will inspect the child's spine as he or she stands and bends forward. Parents of students whom exhibit signs of a possible spinal abnormality will be notified.

If your child is currently under active treatment for a spinal problem, or if you would rather not have your child screened, please notify the school in writing. Any students shall be exempt from the inspection upon written request from a parent or guardian.

If you have any questions, please contact Mrs. Riley at 201-569-8381, ext. 3037.

Sincerely,

Sean Conlon  
Principal