

CRESSKILL HIGH SCHOOL

SPIRIT DAY 2022

CLASS THEMES

Seniors: Basketball 🏀
Juniors: Football 🏈
Sophomores: Soccer ⚽
Freshmen: Baseball ⚾

THEME DRESS-UP DAYS

Wear clothes in the theme of the day. **All outfits must adhere to the school dress code.**

- **Wednesday, May 18th:** Bring Anything but a Backpack! Get creative and trade in your backpack for a household item for the day. Students will get to fill out a form and vote for the funniest backpack. Some important rules to note about your “backpack”:
 - It needs to be something that you can carry on your own – no multiple-person backpacks!
 - You must be able to carry it in both hands or on your back, no wheels are allowed. It should not be dragged on the floor.
 - If your backpack is considered inappropriate, you’ll have to leave it at the Main Office for the day.
- **Thursday, May 19th:** Theme Thursday, wear clothes in your grade’s sport! Clothes only, no props allowed.
- **Friday, May 20th:** Spirit Day! Wear your Spirit Day T-Shirt!

NON-ATHLETIC EVENTS

PLEASE CLICK THE LINKS FOR ADDITIONAL INSTRUCTIONS

- [Spirit Day Commercial:](#) Create a Public Service Announcement on why your grade should win spirit day. Videos must be submitted for review by 3pm on Monday, 5/16 and will be played on Spirit Day. (1-4 people per grade)
- [Banner and Stands Decorating:](#) Each grade is to decorate one plain white banner that will be provided to you. It should be based on your grade’s sport theme. You may also decorate the stand (bleacher) in your theme. (6 people per grade)
- [Dance off:](#) The dance-off participants from each grade will select one song to dance to together as a group. **One member will sign the entire team up.**
- [Karaoke:](#) The karaoke participants from each grade will select one song to sing together as a group. **One member will sign the entire team up.**

MONDAY, MAY 16TH (PRELIMINARY ROUNDS)

- 12:15pm: Participants arrival
- 12:30pm: Activities with Preliminary Rounds (Finals will be played in the Gym on Spirit Day, 5/20)
 - **Dodgeball:** (4 boys and 4 girls per grade) *Preliminary Round*
 - **Volleyball:** (3 boys and 3 girls per grade) *Preliminary Round*
 - **3 on 3 Basketball:** (3 boys and 3 girls per grade) *Preliminary Round*
- 12:30pm: Activities with no preliminary round, played completely on 5/16
 - **Badminton:** (2 students per grade)
 - **Cornhole Tournament:** (2 students per grade)
- 12:45pm: Rehearsals for Karaoke and Dance off (specific times will be on google classroom)

FRIDAY, MAY 20TH (SPIRIT DAY!)

- 8:00am
 - Student Organization reports to help set up
 - **Banner and Stands Decorating** team hanging banner in Gym
- 9:00am - 11:00am (Non-Athletic Events)
 - **Quiz Bowl:** (2 boys & 2 girls per grade)
 - **Dance off:** (1-4 students per grade)
 - **Karaoke:** (1-4 students per grade)
 - **Commercial Contest Viewing**
- 11:00am- 11:45am Lunch: Rolling Yatai food truck & open campus option
- 11:45am- 2:00pm (Athletic Events)
 - **Obstacle Course:** (1 boy & 1 girl per grade)
 - **Hula Hoop:** (2 per grade)
 - **Push-Up Contest:** (1 person per grade)
 - **Balloon Pop:** (6 people per grade)
 - **Three-Legged Race:** (2 boys & 2 girls per grade)
 - **Knock Out:** (2 boys and 2 girls per grade)
 - **3 on 3 Basketball:** (3 boys & 3 girls per grade)
 - **Football Throw:** (1 student per grade)
 - **Home Run Derby:** (1 student per grade)
 - **Soccer Juggling:** (1 student per grade)
 - **M&M Challenge:** (2 students per grade)
 - **Musical Chairs:** (3 students per grade)
 - **Dizzy Bat** (3 boys and 3 girls per grade)
 - **Tug of War:** (6 boys and 6 girls per grade)
 - **Dodgeball:** (4 boys and 4 girls per grade) Final Round
 - **Volleyball:** (3 boys & 3 girls per grade) Consolation and Final Rounds