



Parker Junior High

September
2021

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Soft Beef Tacos Salsa Refried Beans Fresh Mixed Fruit 1% Milk	2 Crispy Chicken Sandwich Golden French Fries Fresh Mixed Fruit 1% Milk	3 Cheese Pizza Steamed Broccoli Baby Carrots Fresh Mixed Fruit 1% Milk
6 NO SCHOOL	7 Sloppy Joe on a Bun Baked Beans Baby Carrots Fresh Mixed Fruit 1% Milk	8 Hot Turkey Ham & Cheese Sandwich Steamed Carrots Romaine Lettuce Fresh Mixed Fruit 1% Milk	9 Crispy Chicken Tenders Whole Grain Dinner Roll Steamed Broccoli Red Peppers Fresh Mixed Fruit 1% Milk	10 Cheese Pizza Steamed Green Beans Cucumber Slices Fresh Mixed Fruit 1% Milk
13 Spicy Chicken Patty on Bun Baked Beans Romaine Lettuce Fresh Mixed Fruit 1% Milk	14 Soft Beef Tacos Lettuce, Tomato and Cheese Salsa Baby Carrots Fresh Mixed Fruit 1% Milk	15 Crispy Chicken Nuggets Whole Grain Dinner Roll Steamed Corn Red Peppers Fresh Mixed Fruit 1% Milk	16 Cheeseburger on Bun Steamed Broccoli Cherry Tomato Fresh Mixed Fruit 1% Milk	17 Cheese Pizza Steamed Green Beans Baby Carrots Fresh Mixed Fruit 1% Milk
20 Pasta with Meat Sauce Whole Grain Dinner Roll Steamed Green Beans Fresh Mixed Fruit 1% Milk	21 Crispy Chicken Nuggets Whole Grain Dinner Roll Broccoli Florets Cucumber Slices Fresh Mixed Fruit 1% Milk	22 Sloppy Joe on a Bun Corn Celery Sticks Fresh Mixed Fruit 1% Milk	23 Beef Hotdog on a Bun Baked Beans Baby Carrots Fresh Mixed Fruit 1% Milk	24 Cheese Pizza Romaine Lettuce Carrot Sticks Fresh Mixed Fruit 1% Milk
27 Cheeseburger on Bun Broccoli Florets Fresh Mixed Fruit 1% Milk	28 Crispy Chicken Tenders Whole Grain Dinner Roll Potato Wedges Fresh Mixed Fruit 1% Milk	29 Soft Beef Tacos Salsa Refried Beans Fresh Mixed Fruit 1% Milk	30 Crispy Chicken Sandwich Golden French Fries Fresh Mixed Fruit 1% Milk	1

PRICES

EXTRA INFO

1% Milk (white) and Skim Milk (white & chocolate) available daily
A variety of fresh and canned fruits available daily

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.