

# MCPASD COVID-19 Guidance: Experiencing Symptoms, Being a Close Contact, or Testing Positive

Fall 2021/22

## MCPASD COVID Hotline:

Phone: 608-829-9018

Email: [covid19@mcpasd.k12.wi.us](mailto:covid19@mcpasd.k12.wi.us)

### COVID-19 Symptoms:

**Symptoms** are considered consistent with COVID-19 when one class A symptoms or two Class B symptoms listed below are present:

<u>Class A Symptoms</u> – (One or more symptom)	<u>Class B Symptoms</u> – (Two or more symptoms)
<ul style="list-style-type: none"> <li>● New cough</li> <li>● Severe shortness of breath or difficulty breathing</li> <li>● New loss of smell or taste</li> </ul>	<ul style="list-style-type: none"> <li>● Fever of 100°F or higher</li> <li>● Excessive fatigue</li> <li>● Headache</li> <li>● Muscle or body aches</li> <li>● Body chills</li> <li>● Sore throat</li> <li>● Congestion or runny nose</li> <li>● Nausea or vomiting</li> <li>● Diarrhea</li> </ul>

### Guidance for Vaccinated Individuals:

	Student	Staff
<b>Tested Positive for COVID-19</b>	<p>The COVID positive individual is required to isolate at home for 10 days from symptom onset. They may return on day 11 only if they are fever free without the use of fever-reducing medications within the last 24 hours AND symptoms have begun to improve.</p> <ol style="list-style-type: none"> <li>1. Contact the district’s COVID-19 hotline to report the case by either calling 608-829-9018 or emailing <a href="mailto:COVID19@mcpasd.k12.wi.us">COVID19@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. Attendance will be updated to reflect any future required absences from school (you do not need to separately contact your school’s attendance line)</li> </ol> </li> </ol>	<p>The COVID positive individual is required to isolate at home for 10 days from symptom onset. They may return on day 11 only if they are fever free without the use of fever-reducing medications within the last 24 hours AND symptoms have begun to improve.</p> <ol style="list-style-type: none"> <li>1. Contact the district’s COVID-19 hotline to report the case by either calling 608-829-9018 or emailing <a href="mailto:COVID19@mcpasd.k12.wi.us">COVID19@mcpasd.k12.wi.us</a></li> <li>2. Notify the district’s employee benefits department of your required isolation dates by emailing them at <a href="mailto:benefitsmailbox@mcpasd.k12.wi.us">benefitsmailbox@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. To remain in a paid status during isolation, staff will need to use their available reimbursable,</li> </ol> </li> </ol>

	<ol style="list-style-type: none"> <li>2. Work with teachers regarding a learning plan/missing work during the isolation period.</li> <li>3. PHMDC will call to investigate the case; work with them to help identify any close contacts. <ol style="list-style-type: none"> <li>a. PHMDC will contact anyone identified as a close contact</li> <li>b. PHMDC will contact the district if they need assistance with identifying close contacts.</li> </ol> </li> </ol>	<p>personal, or vacation leave balances. If no balances are available, the isolation time will be unpaid.</p> <ol style="list-style-type: none"> <li>3. PHMDC will call to investigate the case; work with them to help identify any close contacts. <ol style="list-style-type: none"> <li>a. PHMDC will contact anyone identified as a close contact</li> </ol> </li> </ol>
<p><b>Identified as a Close Contact</b></p>	<p>Close contacts who have completed a COVID-19 vaccine series two or more weeks before the exposure -OR- were diagnosed with COVID in the last 90 days do not need to be quarantined.</p> <p>Monitor for symptoms. If symptoms appear, isolate and get tested.</p>	<p>Close contacts who have completed a COVID-19 vaccine series two or more weeks before the exposure -OR- were diagnosed with COVID in the last 90 days do not need to be quarantined.</p> <p>Monitor for symptoms. If symptoms appear, isolate and get tested.</p>
<p><b>Experiencing COVID-19 Symptoms</b></p>	<p>Required to stay home until either:</p> <ul style="list-style-type: none"> <li>❖ <b>They get a PCR test and have a negative result:</b> They can return to school when they are feeling better and have been fever free for more than 24 hours without the use of fever-reducing medication.</li> <li>❖ <b>They get a PCR test and have a positive result:</b> They may not return for at least 10 days from symptom onset. The exact return date will be determined by a district COVID team member when the positive result is reported to the district COVID hotline.</li> <li>❖ <b>They do not get tested:</b> They can return to school 10 days after symptom onset, only if they are feeling better and have been fever-free for 24 hours without fever-reducing medication.</li> <li>❖ <b>They are diagnosed with an illness other than COVID by a healthcare provider:</b> They can return once they have completed the recommended initial treatment and have been fever free for more than 24 hours without the use of fever reducing medication (Example: Diagnosed with strep throat, can return after being on antibiotics for 24 hours).</li> </ul> <ol style="list-style-type: none"> <li>1. Call the school attendance line at 608-829-9050 and leave a message which includes <u>your child's symptoms</u> and <u>what your follow-up plan will be</u> (i.e. getting a</li> </ol>	<p>Required to stay home until either:</p> <ul style="list-style-type: none"> <li>❖ <b>They get a PCR test and have a negative result:</b> They can return when they are feeling better and have been fever free for more than 24 hours without the use of fever-reducing medication.</li> <li>❖ <b>They get a PCR test and have a positive result:</b> They may not return for at least 10 days from symptom onset. The exact return date will be determined by a district COVID team member when the positive result is reported to the district COVID hotline.</li> <li>❖ <b>They do not get tested:</b> They can return 10 days after symptom onset, only if they are feeling better and have been fever-free for 24 hours without fever-reducing medication.</li> <li>❖ <b>They are diagnosed with an illness other than COVID by a healthcare provider:</b> They can return once they have completed the recommended initial treatment and have been fever free for more than 24 hours without the use of fever reducing medication (Example: Diagnosed with strep throat, can return after being on antibiotics for 24 hours).</li> </ul> <ol style="list-style-type: none"> <li>1. Call in sick following the normal process</li> <li>2. If you choose to not get tested and will be out for at least 10 days, notify your supervisor and the district's employee</li> </ol>

	<p>PCR test or staying home for 10 days).  <i>NOTE: To avoid extra phone calls, it's important that you leave detailed information on the attendance line.</i></p> <ol style="list-style-type: none"> <li>a. Health Services staff members will note the student is required to be out for 10 days (may return on the 11th day) unless a negative PCR test is received allowing for an early return</li> </ol> <ol style="list-style-type: none"> <li>2. Get tested for COVID-19       <ol style="list-style-type: none"> <li>a. <b>Option 1:</b> Go to one of the district's free PCR testing locations. The PCR test result will be confidently shared with MCPASD health services staff. If the test is negative, you do NOT need to call/send in proof. Health services staff will automatically note that the student is allowed to return when they are feeling better.</li> <li>b. <b>Option 2:</b> Get a PCR COVID test at an alternative location (antigen tests are not accepted). If you receive a negative PCR test result, email a copy to the district's COVID hotline at <a href="mailto:covid19@mcpasd.k12.wi.us">covid19@mcpasd.k12.wi.us</a>. Health services staff will note that the student is allowed to return when they are feeling better.</li> </ol> </li> <li>3. Work with teachers regarding a learning plan/missing work during the absence.</li> </ol>	<p>benefits department by emailing them at <a href="mailto:benefitsmailbox@mcpasd.k12.wi.us">benefitsmailbox@mcpasd.k12.wi.us</a></p> <ol style="list-style-type: none"> <li>a. To remain in a paid status during the absence, staff will need to use their available reimbursable, personal, or vacation leave balances. If no balances are available, the isolation time will be unpaid.</li> </ol>
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### Guidance for Unvaccinated Individuals:

	Student	Staff
<p><b>Tested Positive for COVID-19</b></p>	<p>The COVID positive individual is required to isolate at home for 10 days from symptom onset. They may return on day 11 only if they are fever free without the use of fever-reducing medications within the last 24 hours AND symptoms have begun to improve.</p>	<p>The COVID positive individual is required to isolate at home for 10 days from symptom onset. They may return on day 11 only if they are fever free without the use of fever-reducing medications within the last 24 hours AND symptoms have begun to improve.</p>

	<ol style="list-style-type: none"> <li>1. Contact the district’s COVID-19 hotline to report the case by either calling 608-829-9018 or emailing <a href="mailto:COVID19@mcpasd.k12.wi.us">COVID19@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. Attendance will be updated to reflect any future required absences from school (you do not need to separately contact your school’s attendance line)</li> </ol> </li> <li>2. Work with teachers regarding a learning plan/missing work during the isolation period.</li> <li>3. PHMDC will call to investigate the case; work with them to help identify any close contacts. <ol style="list-style-type: none"> <li>a. PHMDC will contact anyone identified as a close contact</li> <li>b. PHMDC will contact the district if they need assistance with identifying close contacts.</li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Contact the district’s COVID-19 hotline to report the case by either calling 608-829-9018 or emailing <a href="mailto:COVID19@mcpasd.k12.wi.us">COVID19@mcpasd.k12.wi.us</a></li> <li>2. Notify the district’s employee benefits department of your required isolation dates by emailing them at <a href="mailto:benefitsmailbox@mcpasd.k12.wi.us">benefitsmailbox@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. To remain in a paid status during isolation, staff will need to use their available reimbursable, personal, or vacation leave balances. If no balances are available, the isolation time will be unpaid.</li> </ol> </li> <li>3. PHMDC will call to investigate the case; work with them to help identify any close contacts. <ol style="list-style-type: none"> <li>a. PHMDC will contact anyone identified as a close contact</li> </ol> </li> </ol>
<p><b>Identified as a Close Contact</b></p>	<p>Individuals who have been identified as a close contact should quarantine at home following the guidance from PHMDC to either:</p> <ul style="list-style-type: none"> <li>● Quarantine for 10 days after the last exposure to the COVID positive individual (may return on day 11)</li> <li>-or-</li> <li>● Quarantine and get tested for COVID-19 6 or 7 days after last exposure. If the test is negative, quarantine can end after day 7. You must have your negative test result before ending quarantine and the test cannot be before day 6.</li> </ul> <ol style="list-style-type: none"> <li>1. Contact the district’s COVID-19 hotline to report being a close contact by either calling 608-829-9018 or emailing <a href="mailto:COVID19@mcpasd.k12.wi.us">COVID19@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. Share which quarantine option you plan to follow</li> <li>b. Attendance will be updated to reflect any future absences from school (you do not need to separately contact your school’s attendance line)</li> </ol> </li> <li>2. Reach out to teachers regarding a virtual learning plan for the remainder of the quarantine period</li> </ol>	<p>Individuals who have been identified as a close contact should quarantine at home following the guidance from PHMDC to either:</p> <ul style="list-style-type: none"> <li>● Quarantine for 10 days after the last exposure to the COVID positive individual (may return on day 11)</li> <li>-or-</li> <li>● Quarantine and get tested for COVID-19 6 or 7 days after last exposure. If the test is negative, quarantine can end after day 7. You must have your negative test result before ending quarantine and the test cannot be before day 6.</li> </ul> <ol style="list-style-type: none"> <li>1. Contact the district’s COVID-19 hotline to report being a close contact by either calling 608-829-9018 or emailing <a href="mailto:COVID19@mcpasd.k12.wi.us">COVID19@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. Share which quarantine option you plan to follow</li> </ol> </li> <li>2. Notify the district’s employee benefits department of your quarantine dates by emailing them at <a href="mailto:benefitsmailbox@mcpasd.k12.wi.us">benefitsmailbox@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. Share which quarantine option you plan to follow</li> <li>a. To remain in a paid status during isolation, staff will need to use</li> </ol> </li> </ol>

		<p>their available reimbursable, personal, or vacation leave balances. If no balances are available, the quarantine time will be unpaid.</p>
<p><b>Experiencing COVID-19 Symptoms</b></p>	<p>Required to stay home until either:</p> <ul style="list-style-type: none"> <li>❖ <b>They get a PCR test and have a negative result:</b> They can return to school when they are feeling better and have been fever free for more than 24 hours without the use of fever-reducing medication.</li> <li>❖ <b>They get a PCR test and have a positive result:</b> They may not return for at least 10 days from symptom onset. The exact return date will be determined by a district COVID team member when the positive result is reported to the district COVID hotline.</li> <li>❖ <b>They do not get tested:</b> They can return to school 10 days after symptom onset, only if they are feeling better and have been fever-free for 24 hours without fever-reducing medication.</li> <li>❖ <b>They are diagnosed with an illness other than COVID by a healthcare provider:</b> They can return once they have completed the recommended initial treatment and have been fever free for more than 24 hours without the use of fever reducing medication (Example: Diagnosed with strep throat, can return after being on antibiotics for 24 hours).</li> </ul> <ol style="list-style-type: none"> <li>1. Call the school attendance line at 608-829-9050 and leave a message which includes <u>your child's symptoms</u> and <u>what your follow-up plan will be</u> (i.e. getting a PCR test or staying home for 10 days). <i>NOTE: To avoid extra phone calls, it's important that you leave detailed information on the attendance line.</i> <ol style="list-style-type: none"> <li>a. Health Services staff members will note the student is required to be out for 10 days (may return on the 11th day) unless a negative PCR test is received allowing for an early return</li> </ol> </li> <li>2. Get tested for COVID-19 <ol style="list-style-type: none"> <li>a. <b>Option 1:</b> Go to one of the district's free PCR testing</li> </ol> </li> </ol>	<p>Required to stay home until either:</p> <ul style="list-style-type: none"> <li>❖ <b>They get a PCR test and have a negative result:</b> They can return when they are feeling better and have been fever free for more than 24 hours without the use of fever-reducing medication.</li> <li>❖ <b>They get a PCR test and have a positive result:</b> They may not return for at least 10 days from symptom onset. The exact return date will be determined by a district COVID team member when the positive result is reported to the district COVID hotline.</li> <li>❖ <b>They do not get tested:</b> They can return 10 days after symptom onset, only if they are feeling better and have been fever-free for 24 hours without fever-reducing medication.</li> <li>❖ <b>They are diagnosed with an illness other than COVID by a healthcare provider:</b> They can return once they have completed the recommended initial treatment and have been fever free for more than 24 hours without the use of fever reducing medication (Example: Diagnosed with strep throat, can return after being on antibiotics for 24 hours).</li> </ul> <ol style="list-style-type: none"> <li>1. Call in sick following the normal process</li> <li>2. If you choose to not get tested and will be out for at least 10 days, notify your supervisor and the district's employee benefits department by emailing them at <a href="mailto:benefitsmailbox@mcpasd.k12.wi.us">benefitsmailbox@mcpasd.k12.wi.us</a> <ol style="list-style-type: none"> <li>a. To remain in a paid status during the absence, staff will need to use their available reimbursable, personal, or vacation leave balances. If no balances are available, the isolation time will be unpaid.</li> </ol> </li> </ol>

	<p>locations. The PCR test result will be confidently shared with MCPASD health services staff. If the test is negative, you do NOT need to call/send in proof. Health services staff will automatically note that the student is allowed to return when they are feeling better.</p> <p>b. <b>Option 2:</b> Get a PCR COVID test at an alternative location (antigen tests are not accepted). If you receive a negative PCR test result, email a copy to the district's COVID hotline at <a href="mailto:covid19@mcpasd.k12.wi.us">covid19@mcpasd.k12.wi.us</a>. Health services staff will note that the student is allowed to return when they are feeling better.</p> <p>3. Work with teachers regarding a learning plan/missing work during the absence.</p>	
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