

 **BREAKFAST**

ADULT BREAKFAST: \$3/Breakfast



# SEPTEMBER 2021

Rincon Valley Union School District

ALL STUDENT MEALS  
ARE FREE FOR THE  
'21-'22 SCHOOL YEAR

**Monday****Tuesday****Wednesday****Thursday****Friday****1**

Assorted Cereal  
Fuji Apple  
Milk

**2**

Nutrigrain Bar  
Melon  
Milk

**3**

Yogurt & Grahams  
Banana  
Milk

**6**

**LABOR DAY  
NO SCHOOL**

**7**

Turkey Pancake Wrap  
Orange Slices  
Milk

**8**

Assorted Cereal  
Fuji Apple  
Milk

**9**

Pancakes  
w/ Berries  
Milk

**10**

Breakfast Pizza  
Melon  
Milk

**13**

Biscuit & Berry Jam  
Orange Slices  
Milk

**14**

Breakfast Pizza  
Melon  
Milk

**15**

Assorted Cereal  
Fuji Apple  
Milk

**16**

Blueberry Mini Loaf  
Canned Fruit  
Milk

**17**

Cinnamon Churro  
Melon  
Milk

**20**

Chocolate Muffin  
Orange Slices  
Milk

**21**

Apple Filled Pancake  
Banana  
Milk

**22**

Assorted Cereal  
Fuji Apple  
Milk

**23**

Turkey Pancake Wrap  
Canned Fruit  
Milk

**24**

Blueberry Bread  
Melon  
Milk

**27**

Blueberry Muffin Top  
Orange Slices  
Milk

**28**

Breakfast Pizza  
Canned Fruit  
Milk

**29**

Assorted Cereal  
Fuji Apple  
Milk

**30**

Banana Bread  
Melon  
Milk

WE OFFER FAT FREE CHOC.MILK & 1% MILK WITH EACH MEAL. SELECT HALF CUP OF FRUIT, VEGGIE OR MORE.  
EACH STUDENT IS ENTITLED TO ONE LUNCH EACH DAY. MENU IS SUBJECT TO CHANGE.  
ANY QUESTIONS? CONTACT ALI SMITH AT (707)542-7375 EX 4137 or [asmith@rvusd.org](mailto:asmith@rvusd.org)  
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