

SEPTEMBER 2021

Fairfield City Schools

BREAKFAST



School Information: Dietary Forms are available on the District's website and at Child Nutrition Department in the Central Office. Due to nationwide shortages menus are subject to change.



Offer versus serve or OVS allows students to decline a certain item.

For breakfast students may decline 1 item but must take ½ cup of fruit or vegetables. For lunch students may decline 2 items but must take at least 3 components and ½ c of fruit. Two varieties of milk are offered daily.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Mini French Toast
Sausage Link
Fruit
Fruit juice
Milk choices

1

Cereal w/ Toast
Fruit
Fruit Juice
Milk Choices

2

Assorted Muffins
Go-gurt
Fruit
Fruit Juice
Milk Choices

3

Labor Day

6

Breakfast Pizza
Fruit
Fruit Juice
Milk choices

7

Sausage Biscuit
Fruit
Fruit Juice
Milk choices

Cereal (2)
Fruit
Fruit Juice
Milk choices

9

Mini Waffles
Go-gurt
Fruit
Fruit Juice
Milk choices

10

Breakfast Burrito
w/salsa
Fruit
Fruit Juice
Milk choices

13

Cereal Bar
Go-gurt
Fruit
Fruit Juice
Milk choices

14

Ham & Cheese Biscuit
Hash brown
Fruit
Fruit Juice
Milk choices

15

Cereal w/Toast
Fruit
Fruit Juice
Milk choices

16

Strudel
Sausage Link
Fruit
Fruit Juice
Milk choices

17

Cinnamon Roll
Sausage
Fruit
Fruit juice
Milk choices

20

Pop-tart
Go-gurt
Fruit
Fruit Juice
Milk choices

21

Mini French Toast
Sausage Link
Fruit
Fruit juice
Milk choices

22

Cereal w/Toast
Fruit
Fruit Juice
Milk Choices

23

Assorted Muffins
Go-gurt
Fruit
Fruit Juice
Milk Choices

24

Breakfast Pizza
Fruit
Fruit Juice
Milk choices

27

Sausage Biscuit
Fruit
Fruit Juice
Milk Choices

28

Cereal (2)
Fruit
Fruit Juice
Milk Choices

29

Mini Waffles
Go-Gurt
Fruit
Fruit Juice
Milk Choices

30

