

Middle School Sports available for 5th Graders

Fall Sports: Volleyball = Practices and games are held at the high school gym. Practices run everyday except game days from 3:00-5:00. The season runs from Aug. 23rd to Oct. 14th.

Flag Football = Practice will be twice per week on Mondays & Wednesdays from 3:00-5:00 at the Grade School practice fields. Games will be played on Saturdays and Wednesdays most of the time. The season runs from Aug. 30th to Oct. 16th. Games are held on the HS football field.

Winter Sports: Boys Basketball = Practice will begin on Oct. 18th and the season runs until Dec. 16th. Practice will be everyday except game days from 3:00-5:00 in the HS gym. Games are held in the HS gym.

Girls Basketball = Practice will begin on Jan. 6th and the season runs until March 3rd. Practice will be everyday except game days from 3:00-5:00 in the HS gym. Games are held in the HS gym.

Wrestling = Practice will begin on Jan. 6th and the season runs until March 12th. Practice times TBA. Practices are held in the HS Auditorium meets are held in the HS gym.

Spring Sports: Track = Practice will begin on March 21st and the season runs until May 13th. Practice is everyday from 3:00-5:00 at the Grade School on the track or surrounding field event stations.

Sports fee for MS sports is \$60.00 per sport. Flag Football is \$75.00.

There may be practices called on Saturdays but never on Sundays.

Current sports physical must be on file in the MS/HS office.

Fees and physicals can be turned in and paid at the MS/HS office.

Game schedules and practice schedules will be posted on the school web site.

If you have any questions, please feel free to call or email Coach Lalor at 815-648-1662 office phone or 815-404-3705 cell phone or email jlalor@ah19.org.