

## 8/24/2021 Directed Health Measure Procedures

The following procedures will be followed during the current Directed Health Measure (DMH):

- All school personnel and students should continue to self screen every morning. School personnel and students who do not pass the self screening process should stay home.
- Isolation and quarantine guidelines shall continue to be followed for any positive cases or close contact with positive cases.
- All school personnel and students will be required to wear face coverings when indoors and unable to maintain a distance of at least six feet of separation between any other individual at all times.
  - For practical purposes, this means all school personnel and students should wear face coverings at all times when in the school building unless they are in a classroom where social distancing is possible.
  - Exceptions to this include when actively exercising during a PE class, eating lunch while seated at a lunch table, or making a presentation in a class when social distancing is maintained.
  - Face coverings do not need to be worn outside.
  - Social distancing is defined as maintaining a distance of at least six feet of separation between any other individual at all times.
  - Exemptions to the face covering requirement will only be granted for documented medical conditions, documented mental health conditions, or documented disabilities that prevent the wearing of a face covering.
- Face coverings:
  - Must cover the mouth and nose
  - Must be multilayered (2 or more layers)
  - Bandanas and plastic face shields are not allowed
  - Gaiters may only be used if they are doubled up
- Remote learning will continue to be an option for students who are required to isolate or quarantine. Remote learning may be an option for students in other circumstances with administrative approval.
- Middle School students should continue to go to the Small Gym if they arrive at school before 7:50. High school students should go to the Commons if they arrive at school before 7:50. Middle school students will be dismissed a couple of minutes before 7:50 to reduce hallway crowding.
- Desk and Hand Sanitizing
  - Student's hands will be sanitized at the beginning of each class period.
  - Desks will be sanitized at the end of every class period.
  - School personnel and students are encouraged to sanitize or wash hands at other times as needed.

- Drinking Fountains and Water Bottles
  - Water bottle fillers will be available. Students should bring a water bottle with them to school to use during the day.
- Chapel will continue to be held on Tuesdays and Fridays. The current Chapel seating arrangement will be used.
- Lunch
  - Students will continue to eat in either the Small Gym or Commons as designated.
  - Small Gym - Four students per table
  - Commons - Six students per lunchroom table
  - Seating will be the same every day to enable contact tracing if needed
  - Students should wear face coverings any time not seated at their lunch table
  - Students are encouraged to put their face coverings on after they are through eating to limit contact time with other students and limit close contact to under 15 minutes
  - High school students will continue to be allowed to use the picnic tables by the west entrance
  - Senior students will continue to be allowed to eat lunch in the courtyard.
  - Open Lunch will be discontinued during the DHM.
- Lockers will continue to be used. Students are encouraged not to hang around the locker areas or in the hallways.
- Parent/Teacher conferences will be held remotely.
- Retreats/Field Trips/Off Campus Trips
  - May be allowed on a case-by-case basis.
- Mask Breaks
  - Students will be provided five minute mask breaks during classes.
  - Mask breaks will be outside when possible. Three feet of distance between students will be encouraged while outside for a mask break.
  - If inside, students should maintain social distancing at all times while not wearing face coverings.
  - Teachers will have a mask break schedule.
- Middle School Breaks
  - Will be held outside when possible.
  - Three feet of distance between students will be encouraged during breaks.
  - If breaks occur inside, students should remain masked at all times unless social distancing is followed.
- Assemblies will be held as necessary following the Chapel guidelines
- Outside Guests and Visitors will be allowed as long as all guidelines are able to be followed
- Extracurricular Events

- Face coverings are required at any indoor extracurricular event when social distancing is not possible
- Homecoming Week/Dance
  - Homecoming Week activities will continue as long as all guidelines are able to be followed
  - The Homecoming Dance will be limited to only Lincoln Lutheran students. All face covering guidelines should be followed

#### Extracurricular Activity Practice

- All students and adults will be required to wear a face covering during extracurricular activity practices when indoors and not able to effectively social distance from others.
- The exception is when individuals are actively engaged in physical activity and exercise.
- This policy includes the weight room.
- Equipment will be sanitized after every use.

#### Locker Room Guidelines

- Locker Rooms and the showering facilities will continue to be used under close supervision of coaches.
- Students are expected to wear their face covering at all times in the locker rooms.
- The only exception is when showering. After returning to their locker, students are expected to immediately put their face covering back on.
- Students are expected to be efficient in their use of the locker rooms.

#### School Transportation

- All students and coaches/adults are required to wear face coverings while using school transportation (Van or Bus).
- Consumption of food will not be allowed on any school vehicles.