



Hey girls! Coach Wollman here. I hope you're having a great summer! It always goes by too fast, doesn't it?

I'll again be coaching middle school volleyball next fall for the Marion/Freeman Academy Bearcats co-op middle school volleyball team. I love teaching the game of volleyball to young players.

On Monday-Wednesday July 26, 27, and 28 I'll be running a three-morning beginner volleyball camp for Marion and Freeman Academy girls going into grades 6, 7, and 8 next fall. The camp will run from 9:00-noon each morning in the Marion gymnasium, and the cost is just \$10 per person. Just bring the \$10 camp fee with you to the camp.



I hope to teach and review the fundamental skills that you can then work on individually during the rest of the summer to be ready for the fall volleyball season. You should wear court shoes and comfortable gym clothes. Participants may bring your own volleyball knee pads, but they're not required.

***Why volleyball is a great game for young girls:***

- 1) Size and speed aren't huge factors for beginners. Learning to control the ball when you hit it is what really counts.
- 2) Basic volleyball rules and strategies are simple to grasp.
- 3) Your opponent is not "in your face." The other team is all on the other side of the net.
- 4) Volleyball isn't as physically demanding as sports that require a lot more running, and no one is trying to steal the ball out of your hands!

To register, please either call, text or email me with your name by Saturday, July 24.

Call or text your registration to  
**605-760-9657**  
or email to  
**[cwollman@freemanacademy.org](mailto:cwollman@freemanacademy.org)**

Girls, even if you've never played volleyball before, come give it a try. It's a great game!



**Go  
Bearcats!**