

# THE FRANKFORDIAN

2021-2022

# A NEWSPAPER BY THE STUDENTS OF FRANKFORD TOWNSHIP SCHOOL

Vol. 1



### What's In This Issue.

- Branchville Scarecrows
- Welcome Ms. Pomponio!
- FTS Halloween Parade
- Dangers of TikTok & Social Media
- LGBTQ+ and Schools
- 100 Years Ago
- Zodiac Signs
- Soccer Highlights
- Artists Corner
- DSP Corner & more

# THE BRANCHVILLE SCARECROWS ARE BACK! AN INTERVIEW WITH JEANNE HEINKE

Written by Skye Silverthorne and Charlotte Teira

Once again, the people of Branchville have taken scarecrows to another level. Our "little" town has made a name for itself with imaginative scarecrows and our friendly neighborhoods. Each year in October, the homes and businesses on the streets of Branchville are filled with over 260 amazing scarecrow, attracting people from all over to visit. Frankford Township School also participates adding fun pieces to the display in Frankford Park.

Do you know how scarecrows came to be? They started as far back as in 2,500 B.C.

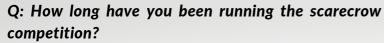
These straw creations were first made because farmers needed a way to scare crows away from their farms, so their crops would not be eaten. Hence the name *scarecrows*. Today, scarecrows are an everyday part of the season.

We had a chance to interview former educator and event founder, Mrs. Jeanne Heinke, who runs the annual Branchville Scarecrow Competition. We were thrilled to have the chance to speak with her to get her perspective on this amazing tradition.

#### Our interview with Mrs. Heinke:

### Q: How did you get involved with the scarecrows in Branchville?

A: Seven years ago, on vacation in Cape Cod, I noticed scarecrows displayed on the streets from my car window. They were beautiful and I was immediately interested in seeing if we could do that in our town. When I was back in New Jersey, I presented the idea to the Town Council, and after a lot of hard work and much "convincing", we were able to start it in Branchville.



A: Incredibly, I've been running the scarecrow competition for six years now. It hasn't been easy, and we had to do a lot to get all the permissions and the approvals, but we never gave up, and now I couldn't be prouder of what we've accomplished.

#### Q: What is your connection with Frankford?

A: Being a [former] teacher at High Point High School, I wanted my children to go somewhere relatively close, and when I found Frankford Township I knew it was the perfect place for us! I love the school and I think it's neat to give back.

### Q: What is your favorite thing about the scarecrows in town?

A: Watching kids walk around and smile. I like seeing people enjoy them. I love seeing the kids run and take their families. Seeing the kids grab their parents and 'drag' them to go see their favorites, just warms my heart.













# Q: Can you explain Frankford Township School's involvement?

A: After some convincing, Mr. Hirsch, school superintendent, allowed us to invite the teachers and their students to participate. We donate the frames used for the scarecrows and my husband, Brad, assembles them. Your scarecrows show how diverse our school is. The park is barren, but when we start to fill it up, it starts coming alive, so I love it!

#### Q: Can you explain how the winner is chosen?

A: There are two divisions to select winners. One is based on official judges, and the other is a 'People's Choice', based on which scarecrows earn the most votes by local residents.

# Q: What was your inspiration for co-writing the book, "Do Scarecrows Sleep at Night? with Mrs. Agnes Rizzo?

A: The inspiration came from Mrs. Rizzo's grandson, Niko, who continually asked the question, "Do scarecrows sleep at night?" Even though the book is not directly related to the annual competition, it is a beautiful story about the wonder of children.

In her book, there is a line that perfectly captures the spirit and the meaning of this tradition, "Although we look

different there's one common thread. Do you know what it is? It's our pumpkin head!" This tradition reminds us that we all share common experiences and that we are all more alike than we think. Our scarecrow competition brings us together in a special way.

As sixth grade students, speaking to Mrs. Heinke was an amazing experience. Actually getting to meet the head of the scarecrow competition was something we will not forget. She is generous and talented, and really inspired us to make our dreams come true no matter what! Right before we finished our interview, she shared this wisdom, "No matter how many times you get pushed down, stand back up and look at other options to see how to accomplish your dreams." We are grateful for her time and can't wait to see what's in store for next year!

### **WELCOME TO FRANKFORD!** Meet Ms. Pomponio

Written by Claire Gushea and June Pecoriello

As we start a new school year at Frankford Township School, we are joined by so many new faces. Let's meet Ms. Pomponio first. It turns out that there's more to teachers than meets the eye! Did you know that one of them has been a veterinarian for the past thirteen years? Learn what fascinating information your teacher has to share!

#### Ms. Pomponio:

Ms. Pomponio's favorite color is yellow, and her favorite food is pizza. She added, "Oh, but I also love ice cream. They are the way to go!" When asked about her favorite place, she replied, "I love to visit a cabin on a lake in New Hampshire." She explained that she loves that it's very calm, beautiful, and has so much nature. When asked if she had kids, she replied with enthusiasm, "No, not unless you count the furry ones!" She then explained that she has two dogs, Levi and Maude, and four cats! Before becoming a teacher, she played the piano, did a lot of art, and currently, her part-time job outside of school is a veterinarian, which is one of the reasons she has a lot of pets. We found it very inspiring that she pursues her dream of being a veterinarian (which she has been for the past 13 years!), while working hard in school as a teacher. Her love of animals and pets also relates to her biggest fear. She said, "that's hard, but I think my biggest fear would be losing a loved one." When asked what else she enjoys, she replied, "hanging-out with friends."

We asked how she got into teaching, and more about her career Frankford. asked. "What here When your inspiration/motivation for becoming a teacher?", she responded, "A lot of my friends are teachers, but also my mom was a teacher, so I decided to become one too." Ms. Pomponio shared that she teaches fifth grade and that she loves to teach math because she likes to see how kids' minds turn, thinking of all of the possible answers. She explained that math helps the mind think better, which is another reason why she enjoys it so much. Ms. Pomponio is getting a Ph.D. in Mathematics Education, so good for her! Make sure to look-out for her warm smile in the halls, or standing outside the building when you get off the bus! We hope she enjoys teaching at Frankford School. We are so glad to have her here!





Meet Ghost Pepper, one of Ms. Pomponio's cats. What a pretty kitty!



Meet Levi! So cute, right?



Meet Maude! Look at that pug face!

### SPOOKY FUN AT THE FRANKFORD SCHOOL HALLOWEEN PARADE!

Written by Leila Hatzinas, Daniella Masker and Morgan Pasieka



On October 29th, the priceless Halloween tradition came back to our school! Our Halloween Parade had students from Pre-K through 4th grade wearing their favorite costumes and showing a lot of Halloween spirit. Some costumes were adorable and others were spooky and scary. Something that we always found funny were the blow-up dinosaurs - and this year did not disappoint! Other great costumes were: Chucky, witches, blow-up-dinosaurs, zombie cheerleaders, fairies, unicorns, "bloody" costumes, Superman, book characters, Harry Potter, Halo, S.W.A.T., police officers, robots, and The Joker.

"Having our parade back is a sign of hope."





Last year, 5th graders didn't get the chance to be a part of the Halloween Parade, so we were especially excited this year. Even though the fifth through eighth graders didn't participate, they cheered for all the kids and added to our Halloween spirit. Some of the older students still dressed-up, which added to the fun of the day. Some of the older kids' costumes included characters from Charlie and the Chocolate Factory, cute animals and eighth grader, Wyatt Sheaffer, who dressed up as a 5th grade teacher!

We had an opportunity to speak with our superintendent, Mr. Hirsch, about our parade. Here is what he shared:

#### Q: When did the parade tradition start?

A: That started before I was Principal.

#### Q: How is the parade route for the kids decided?

A: The route has been the same since it began.

# Q: Why are only Pre-K through 4th grade students participating in the Halloween parade? Do you think older kids would want to participate too?

A: Almost all elementary kids dress-up for Halloween, while the older kids don't, so that's why the younger kids are the ones to form the parade.

#### Q: What is your favorite part about the parade?

A: Seeing all the kids' awesome costumes.

# Q: Why was this year's parade so special for everyone?

A: It is special because it shows that we are slowly getting back to normal and it is "a sign of hope."

# SOME FUN COSTUMES SEEN AROUND OUR FRANKFORD SCHOOL HALLOWEEN PARADE! Who do YOU recognize?

Photocredits: Leila Hatzinas, Daniella Masker and Morgan Pasieka

Meet "The "Wicked Witch of the West", AKA Middle School Principal, Mrs. Librizzi

&

Middle School Guidance Counselor, Mrs. Ripatrazone, as "Wednesday" from the Addams Family

















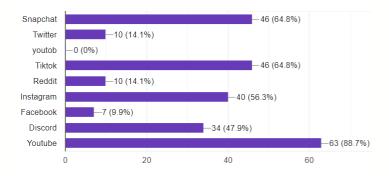
#### THE DARKSIDE OF TIK TOK & SOCIAL MEDIA

Written by Chase Longberg, Kevin Symons and Nikolas Thornton



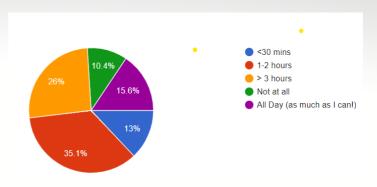
Nowadays, it seems like everyone uses social media. Well, not all of us, but it sure seems like it. Can you believe that over 50 million people use TikTok each month in the United States? Today, so much of what we do involves technology and social media apps. These can be useful, and even fun, but there can also be dangers.

We wanted to find out what kids thought about TikTok, and other social media in our school, so we surveyed students from 5th to 8th grade. We had over 70 students respond to our survey, and our results are based on those responses. Here is a chart that shows the most popular apps used by Frankford kids.



The top apps are: YouTube, SnapChat, TikTok, Instagram and Discord. Does any of this surprise you? Have you heard of all of these? Do you know what people are using these apps for? These are just some things to keep in mind as the number of apps available grows every day.

A student shared, "I don't see the point. Obviously keep maybe email and text messaging, but I don't see the point why you need eight different things to post photos on. And I also think that TikTok is just plain stupid." She also said, "I think that TikTok gives some girls a lot of attitude and overconfidence." Another student said, "We should get rid of Facebook because it listens to you. My mom was talking about something one day, then it showed up on her feed the next day." Here is a chart that shows how long our students use their apps each day. The results may surprise you!



Have you ever considered that there could be a dark side to social media? Most of us know about cyberbullying and that people often post things that aren't true on social media. So, trusting what you see or read can be tricky. People "hide" behind a screen and post all sorts of things. The recent "TikTok Challenges" have gotten a lot of attention, and are getting kids in trouble. Kids are video recording themselves doing all sorts of "challenges" just to get a few "views" on social media. This is a problem for the community. One student shared:

"TikTok: It's super addicting"

### THE DARKSIDE OF TIK TOK & SOCIAL MEDIA

When kids do these challenges they can endanger themselves, hurt others, and see and learn things not meant for them. These challenges are disrespecting properties, people, and creating bad influences. Parents should be on the lookout for these challenges, talk to their kids and stop children from watching them on their devices. If you watch TikTok, then think about it, do you want to risk hurting someone and getting into serious trouble, just for a few views? Seriously kids, be smart. We are not trying to place any shame on anyone, or on Tik Tok or social media, but there are bad influences out there, like these challenges. It is ok if you like the apps, and use them sometimes, but don't make it your life, and please don't do these challenges. There is so much more to do, aside from social media and these apps. Here's our advice: If you come across one of these challenges, just scroll away and don't do them. The less people that do them, the less popular they'll be.

TikTok really needs to step-in and try to stop these types of videos from being posted. Please don't be a "by-stander" and help those of us who don't agree with this. Stop these challenges, and if you hear of someone planning one, talk to a trusted adult to help put a stop to it. The more of us that speak up, the quicker this dangerous trend will end.





Here are a two quotes from the Middle School students about social media and TikTok.

"I'd get rid of Tiktok because of the horrible trends and the pressure it's putting on people to be perfect. Rich people are constantly flexing on there and making other people feel bad."

"Too much social media can hurt your brain, so try to "".""

THIS CLASSROOM IS A

**DIVERSE** 

### **LGBTQ+ AND SCHOOL**

Written by Emma Cooper



Have you ever given any thought to whether we have LGBTQ+ students or staff in our school? I bet you there are many, and in other schools too! LGBTQ+ stands for; lesbian, gay, bisexual, transgender, and questioning/queer. While some people believe it is a choice or a trend to be LGBTQ+, others feel members are born this way just like any other trait.

One study found that middle-school students that did not feel supported in their school were more likely to be bullied, experience continuous sadness, and even have thoughts of harming themselves. (Cerna) From that same study, approximately 800,000 students in grades 7, 9, and 11 were surveyed with about 111,000 identifying as having an orientation other than straight (like a boy with a boy and a girl with a girl, instead of a girl with a boy.) About 24,000 of these students feel they are different from what they were originally born as (example: girl to boy or boy to girl.) Another survey showed that more elementary teachers than high school teachers were worried about being out to their students. (Wright)

Additionally, schools in different parts of the country have different school policies that handle the use of offensive language and both students and teachers might be bullied more.

In the first study, it also mentioned that not showing support to LGBTQ+ students may negatively affect their grades and make them not feel as safe. Additionally, LGBTQ+ teachers often fear that they could lose their jobs for being out to administrators and/or students. The support (or lack thereof) makes all the difference for students and staff alike. While posters, signs, and flags (like the ones here in some classrooms at Frankford) are a step forward in the supportive direction, there are many more ways to show support to the LGBTQ+ community in schools.

Some ideas of increasing support for this community are; education about gender and orientation, throwing small pride events, using supportive and encouraging language, starting an LGBTQ+ organization/club, etc. Many students feel that there should be more safe zones within schools with genuine staff allies, straight, cis, or otherwise.

#### Works Cited

<sup>&</sup>quot;5 Things You Can Do to Support Your LGBTQ Students." Hey Teach!, 16 June 2021, www.wgu.edu/heyteach/article/5-things-you-can-do-support-your-lgbtq-students1809.html. "Inclusive Curriculum." GLSEN, www.glsen.org/inclusive-curriculum."LGBTQ Educators: What We Know and What They Need." GLSEN, www.glsen.org/blog/lgbtq-educators-what-we-know-and-what-they-need.

<sup>&</sup>quot;Shedding Light on the Experiences of LGBTQ Students: Sobering Data and Reasons for Hope." WestEd, www.wested.org/rd\_alert\_online/lesbian-gay-bisexual-transgender-queer-students-experiences-data/#.

#### **100 YEARS AGO**

Written by Wyatt Sheaffer

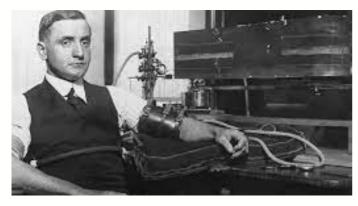


Did you ever think about what life was like 100 years ago? Even though 100 years seems like a long time, in reality, it is only one century. In many ways, the world has been transformed into something unrecognizable by the standards of years past. From inventions to prices, and from geography to sports - all aspects of our lives have changed. Let's take a look at what things were like "100 years ago". Ask yourself, "How different would the world be now if some, or all, of these things hadn't happened?" Great question! You are sure to be surprised!

In 1921 Ireland became a new country in the world. After many years of being a British Colony they were able to have a successful revolution.



The first lie detector was created in 1921 by policeman and medical student, John Larson.



An average family home cost around \$6,300, and rent for an apartment in NY would cost \$60 per month. That's less than what one night at a hotel room costs today!



Albert Einstein won a Nobel Prize in 1921 for his discoveries in physics.



In 1921 stamps cost 2 cents. Today, they cost 58 cents.



The average price for a car in 1921 was \$300, which is over \$4,000 in today's money!

Babe Ruth hit a Home Run Record. His record was 714. The Yankees didn't win the World Series that year, however, the record wouldn't be broken until 1974, by Hank Aaron.



### THE ZODIACS: What are they and what do they tell us?

Written by Violet Baker, Grace McEvoy, Charlotte Teira and McKaela Xirouchakis

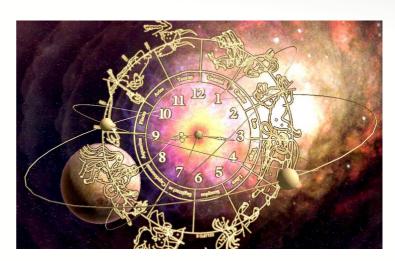


Have you ever heard of "zodiacs" and "astrology"? This is an interesting topic that many people around the world deeply believe in, but what is it? *Astronomy* is the scientific study of the universe beyond the earth. It is really the study of cosmic objects like planets and stars. *Astrology* is a study that interprets the effect of these planets and stars on people. Many believe that Astrology originated in Babylonia, around 3000 B.C. After that, many cultures took on the Babylonian beliefs, following similar rules.

Astrology developed out of a belief that since the Gods in the heavens ruled man's fate, then it was logical to also think that the stars and planets controlled the fate of people on earth.

The zodiac refer to the sky where the sun, moon and planets move. The zodiac contains groups of stars, called constellations. It is believed that the position of planets and stars could be used to predict the future. The Babylonians divided the zodiac (sky) into twelve equal 'constellation parts', many named after an animal. These are the "zodiac signs" that we often hear about.

Many believe that astrology can influence people's lives, depending on birth date. The zodiac connects constellations with times of the year, so depending on the date of your birth, it is believed that certain predictions can be made about your life. Astrology is often used by people who believe the stars influence their lives. You need to know your exact birth date and time to predict your zodiac sign. Even though babies can be born on the same exact day, their zodiacs still depend on the timing of their birth. All zodiac signs are linked to the sun, so what really determines your zodiac is the position of the sun while you were born. Some people believe that your sign predicts your personality, and some astrologers even believe that it can also be connected to how you look!

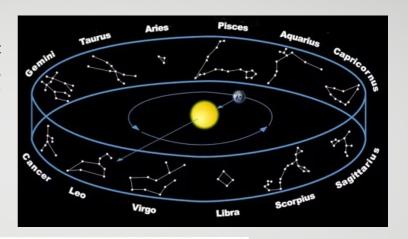


We were interested in seeing what the most popular zodiac signs of our Middle School students were, so we surveyed them. It turns out that it is Taurus, with 15% of students born between the dates of April 20 and May 20. Another 40% of our students were born in these other four zodiacs: Cancer (June 21-July 21), Leo (July 23-August 22), Virgo (August 23-September 22) and Capricorn (December 22-January 19). These are popular months!

#### THE ZODIAC SIGNS

Here is one chart that shows some common personality traits by zodiac sign. It is important to remember that there are many zodiac charts, and sometimes, the traits may be slightly different from one another.

So, which Zodiac sign are you? But the real question is, "What sign do you think fits you the best?" Let's find out!



#### Aries mar 21-apr 20

Adventurous and energetic Pioneering and courageous Enthusiastic and confident Dynamic and quick-witted

Selfish and quick-tempered Impulsive and impatient Foolhardy and daredevil

Cancer

### june 22-july 22

Emotional and loving Intuitive and imaginative Shrewd and cautious Protective and sympathetic

Changeable and moody Overemotional and touchy Clinging and unable to let go

#### Leo july 23-aug 21

Taurus

apr 21-may 21

Patient and reliable

Warmhearted and loving

Persistent and determined

Placid and security loving

Jealous and possessive

Resentful and inflexible

Self-indulgent and greedy

Generous and warmhearted Creative and enthusiastic Broad-minded and expansive Faithful and loving

Pompous and patronizing Bossy and interfering Dogmatic and intolerant

#### Gemini may 22-june 21

Adaptable and versatile Communicative and witty Intellectual and eloquent Youthful and lively

Nervous and tense Superficial and inconsistent Cunning and inquisitive

#### Virgo aug 22-sep 23

Modest and shy Meticulous and reliable Practical and diligent Intelligent and analytical

Fussy and a worrier Overcritical and harsh Perfectionist and conservative

#### Libra sep 24-oct 23

Diplomatic and urbane Romantic and charming Easygoing and sociable Idealistic and peaceable

Indecisive and changeable Gullible and easily influenced Flirtatious and self-indulgent

#### Scorpio oct 24-nov 22

Determined and forceful Emotional and intuitive Powerful and passionate Exciting and magnetic

Jealous and resentful Compulsive and obsessive Secretive and obstinate

#### Sagittarius nov 23-dec 22

Optimistic and freedom-loving Jovial and good-humored Honest and straightforward Intellectual and philosophical

Blindly optimistic and careless Irresponsible and superficial Tactless and restless

#### Capricorn dec 23-jan 20

Practical and prudent Ambitious and disciplined Patient and careful Humorous and reserved

Pessimistic and fatalistic Miserly and grudging

#### Aquarius ian 21-feb 19

Friendly and humanitarian Honest and loyal Original and inventive Independent and intellectual

Intractable and contrary Perverse and unpredictable Unemotional and detached

#### Pisces feb 20-mar 20

Imaginative and sensitive Compassionate and kind Selfless and unworldly Intuitive and sympathetic

Escapist and idealistic Secretive and vague Weak-willed and easily led

#### THE ARTS AT FRANKFORD

Written by Violet Baker and June Pecoriello

Earlier this year, our 7th-grade art students designed Haunted Houses under the direction of Middle School Art Teacher, Mrs. DelVecchio. The houses were made completely out of recycled materials, such as cardboard boxes, plastic wrap and plastic tubes. Our featured artists also used hot glue to create spider webs, and acrylic paint to decorate the outside of their haunted houses. Incredible!

featured Artists



Artist: Natalia Thornton



Artist: June Pecoriello

### THE "DSP" CORNER

Written by Violet Baker and Claire Gushea

The Distinguished Scholars Program (DSP) has become a special part of Middle School for many students at Frankford. We want to give a shout-out to a few 'scholars' whose projects have been really creative and memorable this year. From therapy dogs to optical illusions and even sea creatures, these projects never cease to amaze us. Let's take a look.

# featured Scholar

6th Grade: Meadow Davis is a newcomer to DSP, as a 6th grader. Her project was to train her 4-year-old black lab, border collie, to become a therapy dog! When asked about her inspiration, she said, "I chose this project because I really love animals and always have. I also like helping people too! The way I could incorporate both of these things was by making my dog, Ramsey, a therapy dog!" We asked her what she learned from this project and she answered,

"I learned to never give-up and that you could do anything, if you put your mind to it!"

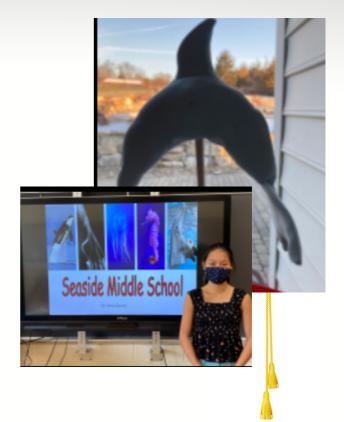


# featured Scholars



7th Grade: Kenley Pierson is a 7th grader and this is her 3rd DSP project! For her project, Kenley chose the topic of optical illusions. For her inspiration, she shared, "I thought it would be a fun topic to research and present. I enjoy trying to figure-out optical illusions, so I thought it would be interesting to learn more about them." We asked what she learned from this project and she answered, "I learned more about the conditions that create optical illusions. I also learned about the different types of optical illusions." Kenley presented her project to Mrs. Mulligan's third grade class, and the kids loved it!

8th Grade: Jenna Gianuzzi is an 8th grader, which makes this project, her 5th! For her final project, she selected sea creatures and their 'superlatives'. We asked her what her inspiration was for her project. She answered, "My inspiration was actually about YouTube. I was really interested in Orcas, although Mrs. Culmone gave me the idea to pick five different types of creatures, instead of just one. I decided to pick creatures that would make good superlatives and also, ones that I thought were really cool." When talking about what she learned from this project, she answered, "I think that you should definitely manage your time. Putting-in at least 10 minutes into your DSP project each day, makes a big difference. Feeling that you have completed your DSP project is thrilling, and it makes you feel like you've achieved something."



As you can see, all of these scholars are so interested and excited about their projects, and about being a part of this program. Each project is unique and so creative in its own way. Mrs. Culmone, Program Director, shared this message with us, "I treasure working with students on their DSP projects. These kids are amazing! I especially love when students go outside of their comfort zone, are successful, and see new potential in themselves. It's a great achievement!" If you are a fifth-grader and you are interested in DSP you can sign- up next year!

### **SPORTS: Soccer Recap**

Written by: Maliani Bello

# The Players







2021 saw the return of soccer action for the Frankford Bulldogs. Grit, hard work, enthusiasm and determination propelled these athletes to complete a great season back on the field. For our players, this year marked the first time playing for the school team since 2019. In Varsity action, the final record for this season was 6 wins, 1 draw, and 2 losses. The Frankford JV soccer team finished their season undefeated after beating a tough Kittatinny team 5 - 2. Goals scored by Tommy Jaust (2), Turner Sansone, Holden Bosma, and Juliette Matti in the final game. The JV team had a great season with some outstanding wins and inspired play.

# The Coaches Take

JV Coach Symons loves the game of soccer and enjoys coaching his athletes. It is something that he has been doing for over 20 years! WOW! He says that he enjoys watching the players get better as the soccer season progresses, and that he enjoys how well his team played this year with different players stepping in and out, during different games. Coach Symons shared his favorite soccer quote:

"It's the little details that are vital. Little things make things happen." Amazing!

Varsity Coach Faherty says that he coaches at Frankford because it is fun. "Even though we are a competitive team, we still have fun with the games. It is a great way to get to know my students in a setting that is different from a classroom." Coach has traveled all over, including Europe, to watch soccer games. He wants his players to love it as much as possible, so that whether they go on to play competitively, or just want to support another team, it is something that will always be with them. The best part of the whole experience, according to Coach Faherty, was just getting out on the field and playing.

### **RECIPES: Delicious! Give it a try ...**

# Peppermint Hot Cocoa

Original recipe created by: Chase Longberg and Nikolas Thornton



#### Ingredients:

1 Hot Cocoa Powder Packet 8oz. Water ½ Cup Milk (optional for richer taste) 2 Drops Peppermint Oil ½ Crushed Candy Cane ½ Cup Chocolate Sauce

Whipped Cream (to taste)

#### **Directions**:

- Boil water
- In a mug, stir-in boiling water with hot cocoa powder, after stirring in milk (optional)
- Stir in peppermint oil
- Add whipped cream
- Drizzle chocolate sauce, and crushed candy canes

Enjoy!

# **Fletzenbrot**

### Traditional German Christmas fruit Bread

Recipe recommended by: Lilliana Serrano

#### Ingredients:

5/8 cups dried apricots 1 cup + 1 tbsp. dried pears 1 cup + 1 tbsp. dried figs 1 cup + 1 tbsp. prunes 5/8 cups currants 1 cup + 1 tbsp. sultanas (raisins) 1 cup + 1 tbsp. sugar 1 cup water 1 cup liquid for 1 packet of dried yeast 1 cup + 1 tbsp. flour 1 tsp cinnamon 1 pinch of ground cloves 1 pinch of ground cardamom (seeds) 1 pinch of ground ginger 1 cup + 1 tbsp. chopped hazelnuts 4 tbsp. chopped candied orange peel 4 tbsp. chopped candied lemon peel Butter for the baking tray



#### **Preparation**:

- Chop the apricots, pears, figs, and prunes and place them in a bowl. Add the currants and sultanas. Soak the fruit in warm sugar water and leave it to stand for 24 hours.
- The following day, place the fruit and marinade in a saucepan. Add water. Bring to the boil for approx. 5 mins. Sieve the fruit and collect the juice. Bring the juice to a boil again. Take one cup of the juice, allow it to cool slightly, and add the yeast.
- Mix the flour with the spices and sieve onto the work surface/board. Create a well in the middle and pour the yeast mixture into the well. Mix to a firm dough adding a little more of the liquid if necessary. Wrap the dough and leave to rise for 30 mins.
- Gradually, add the nuts, candied orange and lemon peel, and the dried fruit and knead well into the dough. Form the dough into a loaf. Leave to rise for an hour again. Preheat the oven to 350°F. Butter the baking tray and bake the loaf for about an hour.

### FRANKFORD FUN! WORD SEARCH

Created by: Skye Silverthorne

Have fun finding the hidden words and acronyms relating to our school! Go bulldogs!

Bull cult Fan gree Libr	ketba dog ure nily ek rizzi mpics			arts buddies caring day field holiday Mrs Play sing trustworthy										band Buford chorus DSP Frankford kind NewspaperClub pta sports Washington					
D	Т	G	К	Υ	Р	ν	S	L	L	В	I	Т	I	Υ	Р	Т	К	C	D
F	N	Т	Р	Q	М	G	Z	D	N	0	F	Z	N	R	Α	D	٧	Ε	×
0	В	Α	D	R	0	F	U	В	G	R	Z	Ν	W	Ε	Α	Ε	Ν	Ε	×
D	А	К	В	Т	Ρ	В	R	R	Υ	I	F	S	0	I	L	Ν	$\subset$	I	Н
В	S	Р	А	J	Ρ	R	L	Α	R	Т	0	R	Н	0	А	А	٧	J	К
Z	Т	Ρ	Ν	L	Α	U	D	В	К	М	Q	М	S	Ν	А	В	Т	Υ	М
Α	Z	L	А	Υ	W	G	Ι	L	А	Н	٧	Υ	0	F	W	S	×	Н	G
Z	В	Υ	$\subset$	J	×	L	S	Z	Ν	Ε	Ρ	Т	М	А	Υ	Р	G	Т	F
×	C	А	G	Ν	Ι	S	Ρ	F	U	Κ	G	Н	Н	М	F	Ν	Ε	R	В
U	К	Ε	S	S	U	R	0	Н	$\subset$	Ν	W	0	×	I	М	Z	А	0	U
0	Н	М	Н	К	М	Q	R	К	Ι	×	L	L	Ε	L	U	Ν	R	W	D
S	L	Ρ	G	F	Ε	R	Т	Н	S	Ι	Q	R	G	Υ	К	Α	Ε	Т	D
Ι	Ε	Υ	М	0	W	Т	S	М	D	М	U	Т	$\subset$	F	D	G	D	S	Ι
К	٧	٧	М	Z	D	А	В	А	F	Т	٧	F	0	Ε	L	Ε	М	U	Ε
Н	Z	F	К	Ρ	W	L	Υ	А	L	×	D	R	×	Ρ	Ε	Н	×	R	S
G	R	Ε	Ε	К	Ι	Ε	L	U	L	0	D	J	Q	W	Ι	Α	R	Т	S
C	Q					C													×
Z		N	Ι			C			В	В			Υ				F		Р
М		Т				W										В	Z	D	К
N	Ε	×	В	L	N	В	U	D	0	L	Ε	S	Ε	٧	C	F	L	В	S



### FRANKFORD FUNNIES!

Created by: Jack Geaney and Maksim Sapsai

