## COVID-19 Protocol for Students \& Parents 2021-2022

## Isolations for COVID-19 positive cases:

- If a student is COVID-19 positive, they must isolate for 10 days.
- Students may return to school following a 10-day quarantine if fever-free for 24 hours and symptoms have improved. See below for COVID-19 symptoms.


## Isolation due to close contact (options for non-vaccinated):

- If a student is a close contact with a COVID-19 positive case, they must quarantine for 10 days away from the COVID-19 positive case. This means day 1 of a 10-day quarantine begins the day after the last contact with the COVID-19 positive case.
- Or, the student who is a close contact with a COVID-19 positive case can quarantine for 7 days, test on days $5-7, \&$ return to school on day 8 , ONLY if the COVID test is negative.
- Close contact (definition per LA Dept. of Health): defined as less than 6 feet of distance between yourself and another person who could have the coronavirus for a minimum of 15 minutes over a 24 -hour period.


## Requirements for vaccinated individuals:

- No quarantine is required for exposure/close contact to COVID-19 unless the vaccinated individual exhibits COVID-19 symptoms.
- Students may return to school with a diagnosis, given by the care provider, differing from COVID-19, if fever-free and/or symptom-free for 24 hours.
- Students who are vaccinated, but test COVID-19 positive can also test on day 5-7 of quarantine and return on day 8 if the COVID-19 test is negative.

Requirements for students who have tested positive for COVID-19 within the last 90 Days:

- No quarantine is required unless exposure/close contact occurs following 90 days post COVID-19 infection. The school must have documentation from the doctor's office of positive COVID-19 diagnosis within the last 90 days to be exempt from quarantine.
- Students who become symptomatic within the 90 days following COVID-19 diagnosis, should be evaluated for an alternate diagnosis.


## *COVID-19 symptoms to monitor for per LDOH (La Department of Health):

- Fever of 100.4 or greater
- Loss of taste or smell
- Shortness of breath
- Chest pain
- Increasingly non-productive cough
- Headache, body aches, fatigue
- Gl symptoms (nausea, diarrhea)
- Other flu-like, cold symptoms such as headache, sore throat, or congestion

