

Approved 8-23-2021

# LAKOTA TECH HIGH SCHOOL

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## LTHS Activities COVID-19 Reentry Plan

### Activities & Athletics – General Provisions:

1. Guidance provided by the South Dakota High School Activities Association and orders/standards from State of South Dakota and Oglala Sioux Tribal Health Officials will be strictly observed. Determined plans will be responsive to sudden changes in viral transmissions or agency recommendations.
2. District personnel supervising activities will observe the following general provisions:
  - a. Face coverings will be required when social distancing cannot be maintained.
  - b. Quarantine protocols will be followed in the event of an exposure or positive case.
  - c. Hand sanitizer will be provided at each activity site/facility.
  - d. Students and staff should stay home if not feeling well.
  - e. Coaches and sponsors will ensure that only district equipment is used (volleyballs, footballs, etc.).
  - f. Sports equipment and weight room equipment will be sanitized with district approved sanitizer between participant sessions.
  - g. Sponsors and coaches will conduct outdoor practices/rehearsals as much as possible.
  - h. Sponsors/coaches will develop seating charts for activity trips and provide a copy to the department in the event contact tracing should be necessary.
  - i. Student participants will observe the following procedures:
    - i. Will sanitize hands prior to entering facilities or athletic/activity event, and as often as possible.
    - ii. Will provide their own water bottle and will not share water bottles.
    - iii. Will only use district provided equipment (volleyballs, footballs, etc.).
    - iv. It is highly recommended that students observe social distancing when congregating in shared spaces.

3. Athletic teams will cohort for the purposes of contact tracing. Varsity/JV and Sophomore/Freshman groupings are recommended when participant numbers allow. Other divisions will be allowed upon approval from the Athletic Director.
4. Coaches and sponsors should maintain detailed practice plans and attendance logs to share in the event contact tracing occurs.

## Activity & Athletic practices

II. Pre-season Protocols: The following are guidelines intended to be in play for the first two weeks of Fall camps. As more information becomes available adjustments and clarifications will be shared and protocols may be refined routinely. *At present, no team dinners, family nights or tailgate activities should be scheduled. Additionally, avoid mixing across cohorts (i.e., bringing teams and/or parents from various teams together).*

- a. Outdoor Sports—Football, Golf, Cross Country
  1. Students, coaches and spectators are masked indoors when not able to observe 6' social distancing including team meeting rooms and locker rooms.
  2. Staff that are not fully vaccinated or do not wish to show proof of vaccination shall wear face coverings when unable to maintain 6' social distancing indoors.
  3. Student support staff will wear face coverings when working with athletes and when unable to maintain 6' social distancing.
  4. Bring own water bottle
  5. Staff should monitor filling to avoid stacking-managers are encouraged to do the filling
  6. Students should observe 6' spacing on the sidelines to locate their gear, water bottle, etc.
  7. Strongly encourage students not to congregate after practice
  8. If sick students and staff should stay home
  9. Proper hand & equipment hygiene should be observed throughout practice
- b. Volleyball
  1. Students are highly recommended to be masked when not engaged in rigorous activity while indoors.
  2. Staff that are required to wear face coverings when unable to maintain 6' social distancing indoors.
  3. Coaches are encouraged to use electronic whistles.
  4. Bring a personal water bottle.

5. Students should observe 6' spacing on the side court to locate their gear, water bottle, etc.
6. Student support staff wear face coverings when working with athletes and when unable to maintain 6' social distancing.
7. Strongly encourage students not to congregate after practice.
8. If sick stay home.
9. Proper hand & equipment hygiene should be observed throughout practice.


## 2. Cheer & Dance

1. Groups will cohort between varsity and JV squads.
2. Face coverings are highly recommended when 6' social distancing is not possible.
3. Face coverings will not be required during stunting.
4. Staff that are not fully vaccinated or do not wish to show proof of vaccination shall wear face coverings when unable to maintain 6' social distancing indoors.

## 3. Games, Events & Performances

OLCSD intends to open events to spectators based on the most current CDC recommendations. Event and performance guidelines may be subject to additional restrictions if available data dictates a more restrictive approach. Restrictions could include, but are not limited to, reductions in spectator numbers, limiting occupancy to family members only, mandatory face coverings, closing of concession areas, etc.

1. Spectators – face coverings are required when 6' social distancing cannot be observed.
2. Spectators are asked to sit in family groupings and separate from adjacent groups by 6'.
3. Proper hand hygiene will be observed.
4. Participants will follow all district protocols.
5. Live streaming of events will be made available to the public to the extent possible through Livestream. The primary limitation to streaming is the availability of staff.
6. Concessions will be allowed. All items will be individually wrapped and prepackaged. Only bottled beverages will be sold. Staff will wear gloves and face coverings.

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- I. Activity & Athletic Trips: OLCSD will follow SDHSAA, State and Tribal guidelines - additional information pending.
- a. Sponsors, coaches, and students will follow guidelines outlined in Transportation section.
  - b. Overnight trips shall be minimized as much as possible.
  - c. Overnight stays – Up to 4 students to a room. Due to this limitation, the number of individuals participating in overnight stays should be limited to essential staff and participants. No extras.
  - d. Sponsors/coaches shall follow appropriate district protocols for social distancing during mealtimes, social gatherings and while at the event and/or hotel
- APPROVED